

# **SUMMIT PREPARATORY SCHOOL**

## **NEW COVENANT ACADEMY**

### **Athletics News 2017-2018**

Here is information that should help with getting your son (and/or) daughter ready for the upcoming school year for athletics. Please read through the sections with the titles in red carefully and then find each section that your son (and/or) daughter may be interested in participating in. More information will be given out for winter and spring sports once we get closer to those seasons.

- **\*Please note that the High School Fall Season first practice is two weeks before the first day of school. The Middle School Basketball is the Monday before the first day of school.**
- \*Must have the MSHSAA Physical Form turned in by the first day of practice. (see attachment)
- \*Each player must have 14 practices (MSHSAA requirement) in before they are allowed to participate in a match or game.

#### **Sports Offered:**

High School:

<b><u>Fall Season</u></b>	<b><u>Winter Season</u></b>	<b><u>Spring Season</u></b>
<b>First Practice July 31st</b>	<b>First Practice Oct 30<sup>th</sup></b>	<b>First Practice Feb 26<sup>th</sup></b>
Volleyball (Girls)	Basketball (Girls)	Track and Field (Girls/Boys)
Soccer (Boys)	Basketball (Boys)	Golf (Girls/Boys)
Cross Country (Boys/Girls)	Cheerleading	Baseball (Boys)
*Cheerleading	*Swimming (Girls)	Soccer (Girls)
		Tennis (Boys) **

**\*Will start at a later date that will be decided by the coach.**

**\*Girls Swimming 1st practice November 6th**

**\*\* Girls have the option to play on the boys team**

Middle School:

<b><u>Fall Season</u></b>	<b><u>Spring Season</u></b>
Aug 14 <sup>th</sup> Basketball (Girls)	Jan 30 <sup>th</sup> Volleyball (Girls)
Aug 14 <sup>th</sup> Basketball (Boys)	March 5 <sup>th</sup> Soccer (Girls) <b>grades 6<sup>th</sup>-8<sup>th</sup></b>
Aug 14 <sup>th</sup> Cross Country (Boys/Girls) (Girls/Boys)	March 19 <sup>th</sup> Track and Field
<b>Aug 16<sup>th</sup> Soccer (Boys) <b>grades 6<sup>th</sup>-8<sup>th</sup></b> (meeting with the parents at 3:45pm)</b>	
<b>Aug 16<sup>th</sup> Cheerleading (meeting with the girls at 3:45pm)</b>	

Elementary/Intermediate:

**Fall Season**

Track & Field Oct 3<sup>rd</sup>

Volleyball Camp Oct 10<sup>th</sup>

**Winter Season**

Basketball Jan 5<sup>th</sup>- 30th

Cheer Camp Jan 12<sup>th</sup>

**Spring Season**

Soccer April 5<sup>th</sup> – May 14<sup>th</sup>

**Sports Physicals:** Middle School and High School Level

- \*Players must have sports physical turned in by the first practice. Players will be unable to participate until completed.
- \*Student athletes must meet the **14 practices MSHSAA requirement** before the first game. These requirements can be found at [www.mshsaa.org](http://www.mshsaa.org).
- \*Please use the link or the attachment to make a copy to give to your doctor.
  - <http://www.mshsaa.org/SportsMedicine/>
  - www.newcovenant.net

**Mandatory Information for Parents and Athletes.** There will be mandatory information for parents and athletes to review and sign off on prior to participating in MSHSAA governed athletes. The information includes eligibility requirements, transfers, practice and game requirements to name a few. I will send out the information once I have the rosters of the participants for each sport.

**Affiliation:**

- \*Missouri State High School Activities Association (MSHSAA)
- \*Mark Twain Conference (MTC)
- \*Lake Country Soccer (LCS)

**Transfers:** MSHSAA

- \*A student will forfeit their eligibility (not be able to play sports) if the transfer from one school to another is because of undue influence (recruitment to play sports).
- \*A student will be ineligible for 365 days if they transfer schools and their parents do not move into the district of the new school.
- \*A transfer must have been academically eligible at the school in which they transferred from in order to be eligible at a new school. A transfer of eligibility form provided by the Missouri State High School Activities Association (MSHSAA) office must be expedited for any transfer student before they may be considered eligible without establishing a 365 days period of attendance from the date of enrollment. A student will not be permitted to compete until the principal receives the information provided on this form from the school in which they transferred, verifying they meet the standards of eligibility to compete.
- \*[http://www.mshsaa.org/resources/pdf/1213Handbook\\_web.pdf](http://www.mshsaa.org/resources/pdf/1213Handbook_web.pdf)

**High School Fall Sports**

## **Soccer**

**First practice is Monday, July 31st at 6:30pm.** We will have a cookout at NCA. Please bring a side dish to be shared with others.

- Meet the coaches
- Team Rules, Game Schedule
- MSHSAA Sports Physicals are due
- MSHSAA Mandatory Parent Meeting

Tues, Aug 1st practice is 9:00-11:30am each day up to the first day of school

Once school starts, practice time will be 3:45-5:30pm except on Wednesday when it will end at 5pm.

**Questions contact Eric Crain at [ecrain@newcovenant.net](mailto:ecrain@newcovenant.net)**

## **Volleyball**

**First practice is Monday, July 31st 1:00-4:00pm.**

Practice Time is 1:00-4:00 July 31-August 4 and August 7-14 practice will be 2:00-5:00.

MSHSAA Sports Physical is due July 31.

Once school starts, practice time will be 3:45-5:30pm except on Wednesday when it will end at 5pm.

There will be tryouts and cuts this year. Final cuts will be made Tuesday, August 8th.

Any questions please contact Lindsey Letsinger at [lletsinger@newcovenant.net](mailto:lletsinger@newcovenant.net)

## **Cheerleading**

Practice will start a later date contact Jaime Cruz by email at [ncacheermail@yahoo.com](mailto:ncacheermail@yahoo.com) for more information if you are a new student at NCA.

## **Cross Country**

**First practice is Monday, July 31st 6:30-8:15am at Chesterfield Park (meet at pavilion).**

Practice Time is 6:30-8:15am each day up to the first day of school

Once school starts, practice time will be 3:50pm at various sites (Nathaniel Green Park, Chesterfield Park, Rivercut).

Any questions please contact Angie Workmen at [aworkman@thesummitprep.org](mailto:aworkman@thesummitprep.org)

## **Middle School Fall Sports:**

Any questions please contact Eric Crain at [ecrain@newcovenant.net](mailto:ecrain@newcovenant.net)

MS Pre-Season Basketball Camp:

Boys Basketball Aug 10<sup>th</sup>, 11<sup>th</sup> & 13<sup>th</sup> 1:00pm-3:00pm at NCA

(Aug 12<sup>th</sup> at 9-11am)

Girls Basketball Aug 10<sup>th</sup>, 11<sup>th</sup> & 13<sup>th</sup> 3:30-5:30pm at NCA

(Aug 12<sup>th</sup> No Camp)

## **Girls Basketball**

**First practice is Monday, August 14<sup>th</sup> from 3:30-5:30pm at NCA.** There will be a meeting for parents and players at the end of practice.

Starting Tuesday, Aug 15<sup>th</sup> we will be using our new gym at Life 360. The girls will board a NCA school bus and be driven over to 360 where the parents will pick their daughters up at 5:30pm. Life 360 is located [3581 S Kansas Ave, Springfield, MO 65807](http://3581 S Kansas Ave, Springfield, MO 65807)

## **Boys Basketball**

**First practice is Monday, August 14<sup>th</sup> from 1-3:00pm at NCA.** There will be a meeting for parents and players at the end of the practice

Starting Tuesday, Aug 15<sup>th</sup> to the end of the season the boys will practice from 5:30-6:30pm at NCA most of the time but there are some dates that they will practice right after school. It all depends when the HS volleyball has games.

\*This will help with the lack of gym space and the players that are also participating in MS soccer.

## **Cheerleading**

**Meeting Wednesday, Aug 16<sup>th</sup> in room 107 at 3:45pm**

## **Boys Soccer**

**First practice is Wednesday, August 16<sup>th</sup> in the Library at 3:45.** We will use this time to turn in paperwork and to answer any questions.

LCS uses their website to register. Here are the steps for you to take so we can get your son signed up and for NCA to have a team. If your son is going to play please email Eric Crain at [ecrain@newcovenant.net](mailto:ecrain@newcovenant.net) so we can keep track of numbers. Please don't wait until the last minute to get registered.

- \*Follow the steps to sign up your son for soccer by **Wednesday, Aug 16<sup>th</sup>**.
- \*Email Eric Crain at [ecrain@newcovenant.net](mailto:ecrain@newcovenant.net) with the following information:
  - Student Name
  - Grade
  - T-Shirt Size (LCS provides each team with a shirt for the games)
- \*This link will take you to the "Player Registration" from the LCS website.
  - <http://lcs-middleschool.sportsaffinity.com/reg/index.asp?sessionguid=>
  - \*If your son has played club soccer or played last year in the MS program through the LCS then you are already in the system, just login. Do not make a new profile.
  - \*What you will accomplish through this website.
    - Registering your son under "New Covenant Academy" (**print**)
    - Paying the \$75 fee online one registered (**print the receipt**)
    - Signing the Waiver (**print**)
    - **I need copies all of the above and a copy of your son's Birth Certificates by the Wednesday, Aug 16<sup>th</sup> parent's meeting at 3:45 in the school Library.**

- \*All games will be on Tuesday nights unless make up games are needed to be rescheduled on other days.

Any questions please contact Eric Crain by email [ecrain@newcovenant.net](mailto:ecrain@newcovenant.net) or by phone 417-380-9264

### **Cross Country**

**First practice is Monday, August 14<sup>th</sup>** at Chesterfield Park pavilion 6:30-8:00 a.m..

- An optional running group for junior high runners will meet at the same time and location as high school practice starting July 31st.

Practice Time is 6:30-8:00am each day up to the first day of school

Once school starts, practice time will be 3:50pm at various sites (Nathaniel Green Park, Chesterfield Park, Rivercut).

Any questions please contact Angie Workmen at [aworkman@thesummitprep.org](mailto:aworkman@thesummitprep.org)



