

## **Shoebox for Soldiers Requested Items**

*Use this list to create a package for a soldier. All items listed do not need to be included. Consider choosing a couple items from each section. Bring all items for your package donation to The Summit fourth grade class by Friday, November 15.*

*Please do not include any glass, aerosol, homemade food items, or pork products per postal and Customs regulations.*

### **Healthcare**

- Body lotion
- Toothbrush
- Toothpaste
- Contact lens saline solution
- Band-aids
- Surgical tape
- Gauze
- Tylenol
- Tums
- Allergy/cold medicine
- Gold Bond foot powder
- Lotriman Ultra
- Baby wipes
- Sunscreen
- Chapstick
- Deodorant
- Razors
- Eye drops
- Bengay
- Icy Hot
- Q-tips
- Feminine hygiene products

### **Snacks**

- Beef jerky
- Dried fruit
- Pop-Tarts
- Hard candy
- Mixed nuts
- Granola bars
- Fruit Roll-ups
- Ramen noodles
- Tuna in a pouch
- Gum
- Mints
- Powdered drink mixes
- Nonperishable food items

### **Morale and Supply**

- AA and AAA batteries
- Board games
- Word search books
- Sudoku puzzles
- CDs
- DVDs
- Pens and pencils
- Handheld games
- Duct tape
- Electrical tape
- Super glue
- Flip flops
- White socks
- Army green socks
- Hats
- Gloves
- Blankets

*Please consider including a "Thank You" card in the box. A personal letter or a simple thank you card is a great way to let our troops know we are thinking about them and appreciate their service.*