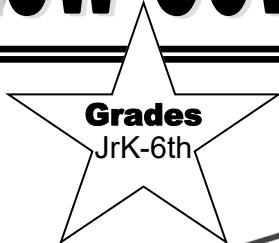


# New Covenant Academy Intramurals



**NCA**

## **TRACK**

**&**

## **FIELD**

### **WHY PARTICIPATE?**

- ◆ Only Cost **\$20.00** per child to register.  
(Fee is **\$25.00** if registering the day of the event)
- ◆ WIN-WIN event with every boy and girl having the opportunity to support each other and the NCA teams!
- ◆ Builds self-confidence, self-esteem and improves physical conditioning!
- ◆ Competitive event where boys and girls grow and challenge themselves in a very positive environment!
- ◆ It is a sport that builds school spirit and a sense of community at school and in their lives.
- ◆ Fun event for all levels of athletic abilities!

**Saturday, Oct. 20th**

**10:00am-1:00pm**

**Location: NCA Soccer Field**

Four Divisions

JrK-Kindergarten

1st—2nd Grades

3rd—4th Grades

5th—6th Grades

(boys and girls combined)

### **AWARDS**

1st, 2nd, 3rd place medals

### **Notes:**

- 3 entries per event (Track and Field)
- 3 trials in shot, discus, long jump
- Medals will be passed out during chapel on Oct 24th

### **ORDER OF EVENTS:**

- Long Jump, Shot Put, Discs
- 50-meter Dash
- 100-meter Dash
- 1600-meter Run (5th/6th only)
- 400-meter Dash
- 800-meter Run (3rd grade and up)
- 200-meter Dash

Student Information:

Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent Information:

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Please circle the events you will be participating in.

Phone: \_\_\_\_\_

**Field Event: (Circle up to 3)** Long Jump   Shot Put      Discuss

**Running Events: (Circle 3)** 50m   100m   1600m(5/6 grades)   400m  
800m(3rd and up)      200m

Turn in to the office along with your Entry Fee.

Paid (Circle one): Check or Cash

Date Submitted: \_\_\_\_\_