

# Hastings -on- Hudson Union Free School District Food and Nutrition News

Fall 2023

## What's Happening in Your Schools?

Welcome to your food and nutrition newsletter from your school food service team! It's hard to believe it's already fall. This newsletter will recap a few of the exciting things which happened in the world of food service so far and share some upcoming news as well. We are excited to serve up healthy and delicious menu offerings to go along with our fun educational activities planned for the new school year.



### We are Team Hastings

Here at the Hastings School District, we have several returning food service team members plus a few new motivated workers. **Each of our associates are dedicated to ensuring students leave the cafeteria happier and healthier than they came in. We all have the same goal- delivering the best foodservice possible.** At the heart of Chartwells is a strong team of motivated, caring and conscientious individuals who are dedicated to ensuring Hastings's students leave the cafeteria happier and healthier than they came in. We look forward to seeing returning and new faces in our Cafes.

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### Nutrislice Menu Viewing

Menus are available to view at:

<https://hohschools.nutrislice.com/menu>

**Elementary Schools-** Meals will be available to view for the whole month. Ordering online is encouraged but will be cut-off by 10:30pm the night before service. Alternate meals always available. No cash. Students pay with student ID.

Check your online payment portal at

**My Payments Plus.** Ensure to have adequate funds in account prior to placing lunch orders. Accounts will be charged at time of service.

**Middle & High School-** Menu available to view for the whole month. Hot meals change each day, but alternatives always available. Deli-line and salad bar open daily. No pre-ordering, cash option available.

**New to Nutrislice?:** [how to create an account](#)



Egg



Wheat



Soy



Fish

←Check allergens in nutrislice prior to ordering.

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# Hastings Middle & High School

It has been wonderful to see our Middle and High school students back in the cafeteria this year to enjoy lunch. We continue to update our menus to provide the best quality food possible, while listening to valuable feedback from parents and students along the way. We continue to use more whole grains, fresh, and local products when possible to create our delicious and nutritious meals. Our staff is trained on safe food handling and proper cooking techniques. Menus are planned using fresh ingredients that are prepared daily. Look at some of the meal offerings thus far below in pictures. Our meal choices are extensive, and we are always looking to improve.

## What's for lunch?



# Hillside Elementary School

Hillside Elementary continues to serve happy and healthy meals to all students who want it.

Pre-ordering is strongly recommended, and open until 10:30pm the night prior to service. Pre-ordering is required for cookies served on Tuesday and Thursdays.

\*Please make sure to change the teacher name at checkout to reflect the correct teacher\*

## October Menu



## Discovery KITCHEN

At Chartwells, we introduce a new Discovery Kitchen theme each month featuring at home or in school lessons, possible events and culinary demonstrations. These themes are designed to bring a fun and inspiring sense of food discovery to our students and school communities. October's theme is "seed to table". Our team Dietitian is hosting the first event of the year on Oct 31<sup>st</sup> at Hillside Cafe. Try this healthy recipe at home. →



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