

Patients with High-Risk Conditions Eligible for Personalized Help

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Providers do not have to go it alone when it comes to helping patients navigate a complex and difficult treatment plan. Support is available from the Case and Disease Management Department at Prevea 360 Health Plan.

Disease Management

Whether a patient suffers from heart failure, CAD, diabetes, asthma or COPD, coaches provide support to him or her via phone or online in three important self-management areas:



- Medication: Focus on adherence to goal setting for long-term health outcomes.
- Monitoring: Educate regarding key numbers related to tests that are important to tracking one's progress.
- Lifestyle: Registered nurse or certified health coach discuss health behaviors, goal setting and developing healthy habits.

Support is available to Prevea360 Health Plan's Commercial and BadgerCare Plus members, in partnership with WebMD.

More

Case Management

When patients with complex, acute or chronic health conditions have high emergency department usage, are frequently hospitalized or just have a complex care need, Case Management helps them better navigate the system.

"My case manager gives me peace of mind. It is great having her review my options of care with me," wrote a patient in a member satisfaction survey.

Nurses and social workers work with provid ers to best meet the patient's needs while also supporting high-quality, cost-effective care.

Case Managers:

- Provide education to promote a healthy lifestyle.
- Offer support to help patients meet their health care goals.
- Find community resources that may be helpful.

Now, more than ever, medicine needs a team approach and Case and Disease Management is here to assist.

To refer a Prevea360 Health Plan patient into the program, call 877.230.7555, option 5, ext. 4132.