



Don't forget
to eat your
vegetables

St. Jerome

Lunch

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily
on the Fruit and Vegetable Bar

March

2019

MONDAY

All menus meeting Federal
Nutritional requirements.
Menus are subject to
change but will always
meet these requirements.

TUESDAY

In accordance with federal
civil rights laws, the USDA
programs are prohibited
from discrimination based
on race, color, national
origin, sex, disability or
age.

WEDNESDAY

THURSDAY

FRIDAY

Cheeseburger on a Bun
or Macaroni and Cheese

Romaine, Cherry
Tomatoes, Cauliflower,
Fresh Apple, Diced
Peaches

Pasta w/Meat Sauce &
Garlic Bread or Deli Sub

Romaine, Baby Carrots,
Peas, Cubed Cantaloupe,
Apple Slices

Ash Wednesday

Cheese Nachos w/Lettuce,
Salsa
or Fish Sandwich w/Tartar
HOT Refried Beans
Romaine, Cucumber
Slices, Green/Red Pepper
Mix, Banana, Juice Cups

Sloppy Joe on a Bun or
Chicken Patty on a Bun
Hot Wedged Potatoes
WG Rice Krispie Treat
Romaine, Radishes,
Celery Sticks, Fresh
Apples, Diced Pears

Homemade Cheese Pizza
or Fish Sticks w/Tartar
Sauce

A variety of fruits and
vegetables are offered
daily on our FV Bar

Cheesy Italian Flatbread
or
Black Bean Burger on a
Bun

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Chicken Nuggets w/Ranch
Sauce and a Dinner Roll
Roast Beef and
Cheddar Sub
Hot French Fries
Romaine, Baby Carrots,
Peas, Apples, Chilled
Mixed Fruit

Pizza Casserole or
Chicken Ranch Wrap

Romaine, Cucumber,
Cherry Tomatoes,
Pineapple Tidbits, Diced
Pears

Beef Nachos w/Melted
Cheese
or Italian Sub
Refried Beans
Salsa
Romaine, Broccoli,
Zucchini, Bananas,
Applesauce

Diced Chicken w/Gravy
over Mashed Potatoes
and Dinner Roll
or Mozzarella Dippers
w/ Marinara
Romaine, Green & Red
Pepper Mix, Celery Sticks,
Fresh Pears, Peaches

Homemade Cheese Pizza
or Homemade Green
Pepper/Onion Pizza

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BBQ Rib on a Bun or
Popcorn Chicken w/Honey
Mustard and Dinner Roll
Hot Tater Tots
Romaine, Cherry
Tomatoes, Cauliflower
Fresh Apple, Pineapple
Tidbits

WG Rotini w/Meatballs
w/Garlic Bread or All Beef
Hot Dog on a Bun

Romaine, Baby Carrots,
Peas, Fresh Pears, Diced
Peaches

Baked Potato w/Taco
Meat/Cheese or Hot
Turkey and Cheese
HOT Baked Beans
Romaine, Cucumber
Slices, Green & Red
Peppers, Fresh Banana,
Diced Pears

Swedish Meatballs over
Buttered Egg Noodles
and Dinner Roll or HOT
Ham and Cheese Sliders
Romaine, Sliced Radishes,
Celery Sticks, Oranges,
Pineapple Tidbits

Homemade Cheese Pizza
or Fish Sticks w/Tartar

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Grilled Cheese w/Tomato
Soup or Chicken Tenders
and Dinner Roll
Peanut Free Cookie
Romaine, Baby Carrots,
Peas, Fresh Apple, Diced
Peaches

Max Sticks w/Marinara or
Beef Steak Burger on a
Bun

Romaine, Cucumber
Slices, Cherry Tomatoes,
Fresh Orange, Apple
Slices

Chicken Fajitas w/ Flour
Tortillas and Salsa
or Turkey and Cheese Sub
HOT Black Beans

Romaine, Fresh Broccoli,
Julienne Zucchini,
Fresh Banana, Juice Cups

Salisbury Steak w/Gravy
w/Dinner Roll or Spicy
Chicken Patty on a Bun
Hot Mashed Potatoes
Romaine, Green & Red
Peppers, Celery Sticks
Fresh Grapes, Diced
Pears

Cheesy Italian Flatbread
or Fish Sandwich w/Tartar

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Prices

Lunch \$2.85
Milk \$.50

Contacts

If you have questions or comments, please
call Chef Brian at 414-442-5854.

Got Milk?

