

Sacred Ground Deeper Dive Syllabus

Session 1: Stepping onto Sacred Ground

Films and Videos:

- ["Understanding Anti-Racism"](#) - from PBS series "Above the Noise" (10 minutes)

Handouts:

- [TOUCHSTONES](#)

Podcasts:

- ["Opening to the Question of Belonging"](#) - John A Powell (May 2018), "On Being" radio show/podcast with Krista Tippett

Core Book *Living into God's Dream* - read Forward and Introduction (pages v - x)

Session 2: The Roots of Whiteness and Deeper Roots

Films and Videos:

- [Expanding the Definition of Whiteness](#) Big Think interview with Nell Irvin Painter (6 minutes)
- [What is White Racial Identity?](#) (2021) Video by The Washington Post (5 min. 22 sec.)
- [Talking About Race](#) Dr. Robin De Angelo, topic on the National Museum of African American History and Culture Website (22 min.)

Documents:

- [Privileges of Racial Power](#)

Core book: *Living into God's Dream* - Read chapter 1, "Living into God's Dream of Community" by Luther E. Smith Jr

Session 3: Whose Land? Exploring Indigenous History

Films and Videos:

- [Telling the Truth About California Missions](#) (23 minutes)
- [Bay Area Native American Woman](#)
- [Telling the Truth About California Missions](#)
- [Indigenous People Answer Questions](#)

Articles:

- [Seven Essential Understandings CA Indian History](#)

Books:

- Core Book: *Living into God's Dream*, chapter 2, "Dissecting Racism: Healing Minds, Cultivating Spirits: by Lerita Coleman Brown

Session 4: Transatlantic Slave Trade and Slavery: Exploring Black History

Films and Videos:

- [History of Slavery in the US](#) (20 minutes)
- [Atlantic Slave Trade](#) (25 minutes)
- [Life on a Slave Ship](#) (4 minutes)

Articles:

- [An American Tragedy: The Legacy of Slavery Lingers](#)
- [The Most Damaging Myths about Slavery, Debunked](#)

Core Book: *Living into God's Dream*, chapter 3, "Why is this Black Woman Still Talking About Race?" by Catherine Meeks

Session 5: Whose Land? More Layers: Exploring Latino History”

Films and Videos:

- [Harvest of the Empire](#) (an hour and a half)

Articles:

- [The Brutal History of Anti-Latino Discrimination in America](#)
- [Afro-Latino: A Deeply Rooted Identity Among US Hispanics](#)
- Core Book: *Living into God’s Dream*, chapter 4: “Mama, It is So Hard to be Black in America: by Catherine Meeks

Session 6: Americans, Not Foreigners: Exploring Asian/Pacific American History

Films and Videos:

- [Injustice at Home: Looking Like the Enemy](#) PBS film (1hour)
- [The Dark History of the Chinese Exclusion Act](#) Ted-Ed film (6 minutes)
- [The Immigrants of Angel Island/History You Didn't Learn](#) (12 minutes)
- [Are You AAPI or Asian American? It's Complicated.](#) (11 minutes)

Articles:

- [We Think Of Asian Americans as a Single Block. Here's How Complex They Are.](#)

Core Book: *Living into God’s Dream*, chapter 5: “Diary of a Spoiled White Guy” by Don Mosley

Session 7: Selective Access to the Melting Pot and the American Dream: 18302 - 1960s

Films:

- [Jim Stewart's Tonic for Fragile White Folks](#) (6 ½ minutes)
- [Dakota 38](#) (1 hour 17 minutes)
- [Segregated by Design](#) (17 ½ minutes)

Articles:

- [The Mendez Family Fought Segregation Eight Years Before Brown vs. Board of Education](#)
- [Racial Identity of US Jews](#)

Core Book: *Living into God's Dream*, chapter 6: "A White Lens on Dismantling Racism" by Diane D'Souza

Session 8: Divisions in Present-Day White America

Films:

- [Dr. Robin DeAngelo Discusses White Fragility](#) (1 hour 23 minutes)

Articles:

- [Race and Anti-Fragility](#) Wendell Berry's "The Hidden Wound"
- [Loss, Fear and Rage: Are White Men Rebelling Against Democracy?](#) (Berkeley News)

Core Book: *Living into God's Dream*, chapter 7: "Architects of Safe Space for Beloved Community" by Lynn Huber

Session 9: Racism's Long Life

Films:

- [Tell Me More With Kelly Corrigan/Bryan Stevenson](#) (56 min.)
- [Bystander Intervention](#) (90 seconds)

Article:

- [How to Fight Racism: A Conversation with Jemar Tisby](#)

Podcasts (Listen or Read):

- [The Hidden Cost of Racism for Everyone](#)

Core Book: *Living into God's Dream*, chapter 8: "The American South is our Holy Land" by Robert C. Wright

Session 10: Becoming Beloved Community: Grief, Reckoning and Repentance

Films:

- [Native Voices: A Response to the Episcopal Church's History with Indian Boarding Schools](#) (33 minutes)
- [Bishop Curry Preaches in Response to Events in Charlottesville 2017](#) (30 minutes)

Articles:

- [Let's Talk About Healing before Reconciliation](#) by Catherine Meeks

Podcasts:

- [Where Does it Hurt? Ruby Sales](#)

Core Book: *Living into God's Dream*, chapter 9: "Getting Dismantling Racism Right in Atlanta" by Beth King and Catherine Meeks

Session 11: What Comes Next

Podcasts:

- [Trabian Shorters: A Cognitive Skill to Magnify Humanity](#)

Booklet:

- [Becoming Beloved Community Where You Are](#)

Meditation:

- [Catherine Meeks: More Than an Ally](#)