

NORTH TEXAS HEALTHY COMMUNITIES

Partnership Opportunities



BLUE ZONES PROJECT
by sharecare

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Texas Health®

SUPPORT WELL-BEING IN OUR SCHOOLS

More than ever, students in our community need your help. The vast majority of students in public school districts across our community come from families considered economically disadvantaged. The events of the past few years have made the need even greater. You can help by partnering with North Texas Healthy Communities (NTHC), a community outreach arm of Texas Health Resources that implements well-being initiatives such as Blue Zones Project throughout Tarrant County.

WAYS YOU CAN HELP

NTHC supports students and families in hundreds of schools across our community through such programs as: Good For You Pantries, fresh produce distribution, backpack and school supplies drives, school learning gardens, nutrition education, clothing drives, literacy programs, downshifting zones, walking and biking to school events, and other special initiatives. This variety provides equal opportunity for you to customize your support for what best fits your organization's priorities, budgets, and area of interest.

- **Monetary Donations**
 - ☐ All contributions to NTHC and the Texas Health Resources Foundation are tax-deductible. Donations can be generic or earmarked for a specific program or school.
- **In-Kind Donations**
 - ☐ Have a special area of interest or time of year when you'd like to focus your support? Or perhaps something your organization produces? Choose from one of our many programs and needs for your in-kind donation. Consider hosting an internal or external food or supply drive. As with monetary donations, the value of your in-kind support is a tax-deductible contribution.
- **Volunteering**
 - ☐ Does your organization have a corporate volunteer program? Or simply want to serve the community as a team-building activity? Consider volunteering at one of our many partner school campuses.





OPPORTUNITIES TO SUPPORT CHILDREN AND THEIR FAMILIES

North Texas Healthy Communities provides year-round support for children and their families at hundreds of area schools and community centers. Does your company have a specific interest you wish to support? Financial, in-kind, and volunteer support is always welcome in these areas. Have something else in mind? Let us know so we can match you up with a school in need.

All financial and in-kind donations to NTHC and the Texas Health Resources Foundation are tax-deductible.

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| ☐ After-school physical activity clubs/equipment | ☐ Musical instruments |
| ☐ Art supplies | ☐ Playground equipment/improvements |
| ☐ Backpacks/school supplies | ☐ Fresh produce/healthy snacks |
| ☐ Literacy programs/book fairs | ☐ Reading buddies/tutoring |
| ☐ Family resource rooms | ☐ Recess equipment refresh |
| ☐ Garden supplies/maintenance | ☐ School transformations |
| ☐ Mentoring | ☐ School uniforms/clothing |
| ☐ Mindfulness rooms, equipment & games | ☐ Teacher appreciation events |
| ☐ Movement mazes | ☐ Water bottles/bottled water |
| | ☐ Professional services/other |
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For more information about opportunities for supporting children and their families in our community, contact us at

BlueZonesProject@TexasHealth.org