

Keynote Speaker:



Reverend Mary Bogan, MSW

Featured in the Seattle Times "A Lifetime Putting Things Back Together Again," Mary Bogan (she/her) is often described as having a sense of humor and being an empathetic listener. She is nationally recognized for her ability to move clients beyond blaming, judging to embracing mutual accountability.

She is principal of The Philippian Group, an organizational development firm providing education, coaching, and consulting services. Her practice specialized in the areas of interpersonal communication, diversity issues, and institutional racism. Her clients have included, King County, Seattle Public Utilities, City of Bellevue, Safeco and British Petroleum.

Prior to establishing her own firm, she spent over 25 years as a project manager, trainer, facilitator, and a coach for executives, mid-level managers, and first line supervisors for a major telecommunication company. She also served as the Director of Advising for the Office of Minority Affairs at the University of Washington. In her position as an adjunct professor at the University of Washington Graduate School of Social Work, she taught courses on Workplace Diversity, Intergroup Dialogue, and Race and Social Justice. As a native of Mississippi and a member of the largest class to integrate the University of Southern Mississippi gives her a unique perspective. She is currently rebranding her company's work to focus on personal and professional transitions -The Next Step.

A graduate of Texas Southern University, a historically black college and university, she later received a Master of Social Work from the University of Washington. She is a member of Alpha Kappa Alpha Sorority, Inc. where she formerly served as chaplain. She is a member of Damascus International Fellowship where she currently serves as associate pastor. To connect with Rev. Mary Bogan, email: boganpg93@gmail.com.



Katherine Jordan

Katherine Jordan (she/her) brings a long-standing commitment to human services, serving diverse communities and those most vulnerable - and to building collaborative partnerships while delivering culturally-sensitive programming, resources, and services. Her non-profit leadership experience of 24+ years has been primarily within operational and change management, fund development, and program evolution, while advocating for, and advancing, aspects of community inclusion and social justice. To connect with Katherine, email: katherine@spseniors.org.



G De Castro, MAEd

G De Castro (he/him) is the Deputy Director of Asian Counseling and Referral Service (ACRS). He previously served as Director of Aging and Adult Services at ACRS for over six years where he led a department of over 70 staff members across multiple programs which included nutrition, long term care, health and wellness, and information and assistance, that were focused on serving seniors and adults with disabilities from the Asian and Native Hawaiian, Pacific Islander communities. He holds a master's degree in Mental Health Counseling from Seattle University and is a first-generation Filipino immigrant. To connect with G, email: GDC@acrs.org.



Tanya McGee

Tanya McGee (she/her) has been with sound Generations Pathways program for almost 20 years. She has a BSW from Central Washington University. Her passion is outreach, community networking and wraparound services to support and prevent community members from falling through the cracks of complex systems. To connect with Tanya, email: tanyam@soundgenerations.org.



Bradley Carlos

Bradley Carlos (he/him, they/them) currently serves as a Community Resources Manager for Neighborhood House's Community Health Department, focusing on Resource Navigation, Care Coordination, and Citizenship. Bradley has been in their position for two years. Previously, they worked in Assisted Living and Memory Care Facilities, serving the aging population. Bradley has a huge passion in serving this demographic. To connect with Bradley, email: Bradleyc@nhwa.org.



Diana Mena, LICSW

Diana Mena (she/her), LICSW is a first generation Nicaraguan American raised in Seattle, WA. Diana has a Masters in Social Work from the University of Washington and is the proud owner of Esperanza Counseling & Consulting, PLLC. As a clinical activist, she focuses on trauma, the psychological consequences of oppression, healing and resilience. She provides consultation on issues of race and social justice with the hope of leaving a better world for the next seven generations. To learn more about Diana's work, visit www.esperanzaplnc.com.

Panel Speakers:



Lynda Greene

Lynda Greene (she/her) has been interested in improving the lives of seniors since she was a teenager. Lynda is the mother of one son and the grandmother of three children, ages 18, 16 and 11. She was also the Executive Director of the SouthEast Seattle Senior Center for 13 years, retired for 6 months, and returned in February 2023 as the Interim Executive Director. Although Lynda loves her work with seniors, she looks forward to retirement life...again! To connect with Lynda, email: lyndag@sessc.org



Jobyna Nickum

With a background in Aging Studies and direct service-Jobyna Nickum's (she/her) career spans over 30 years. As a Senior Center Director for 30 years, speaker/workshop facilitator on Aging issues, numerous Dementia Support Group facilitator, Community College class instructor-Jobyna is passionate regarding Aging/Senior Services. Jobyna's own retirement has been filled with rediscovery and growth. To connect with Jobyna, email: jobyna61@gmail.com.



Cecily Kaplan

Cecily (she/her) began working for Phinney Neighborhood Association (PNA) in 2006. She manages the Greenwood Senior Center and oversees the leadership staff of the PNA Village and Memory Loss Program. She was the Program Director at Temple Beth Am for 15 years and the Senior Adult Department Director of the Stroum Jewish Community Center from 1984-1991. Her background is in religious studies and gerontology. Her passion is community and the importance organizations like the PNA can be in the lives of individuals and society. To connect with Cecily, email: cecily@phinneycenter.org.



Joanne Donohue

Joanne (she/her) has been working in the field of aging for over 40 years. Her career has included work in Portland, OR, Milwaukee, WI and Seattle, WA. She started her career doing direct service work and along the way decided that the best use of her skills were areas of administration and community organizing. She has worked in the government, health care and non-profit sectors. She will be wrapping up her career at the end of 2023 and has loved every minute of it. To connect with Joanne, email: joanned@soundgenerations.org

