

# THE ARC OF NEW JERSEY FAMILY INSTITUTE PRESENTS

## TELL US ABOUT... PODCAST

*This podcast features the different organizations that specialize in providing services and supports for a specific diagnosis. Topics include Asperger Syndrome, Rett Syndrome, Fragile X, Prader-Willi Syndrome, and many more. Listeners will learn about how and when each diagnosis is usually identified, and what resources are available to individuals and their families.*

**January 18th**

**Topic:** Asperger Syndrome

**Guest:** Lori Shery, ASPEN

**February 9th**

**Topic:** Cerebral Palsy

**Guest:** Dr. Steven Pasterick,  
Pillar Care Continuum

**February 23rd**

**Topic:** Fragile X Syndrome

**Guest:** Cara Capela, National  
Fragile X Foundation

**March 8th**

**Topic:** Rett Syndrome

**Guests:** Gerard and Judy Saydah,  
New Jersey Rett Syndrome Association

**March 23rd**

**Topic:** Tourette Syndrome

**Guests:** Charlotte and Sam Regen, New  
Jersey Center for Tourette Syndrome

**April 5th**

**Topic:** Autism Spectrum

**Guest:** Dr. Suzanne Buchanan, Autism  
New Jersey

**April 20th**

**Topic:** Prader-Willi Syndrome

**Guests:** Paige Rivard, CEO  
Dorothea Lantz, Community Engagement  
Specialist  
Prader-Willi Syndrome Association

**May 10th**

**Topic:** Down Syndrome

**Guest:** Dr. Melissa Burgos, Down  
Syndrome Association of Central NJ

**VISIT:**

<https://bit.ly/tellusaboutpodcast>

