31 MUSIC RESOURCES FOR INDIVIDUALS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

MARCH 2026

MON	TUE	WED	THU	FRI	SAT	SUN
						1 Blue Light Music Program Homepage
2 Blue Light Music Ages 6-20 Demo	3 Blue Light Music Ages 21+ Demo	4 Programs at Blue Light Music	5 Pricing Info at Blue Light	6 Studios of Blue Light Music	7 The Listening Room Podcasts	8 A Neurodiverse Journey in Music
9 Introduction to Music Therapy	10 Teaching Music to Students on the Autism Spectrum	11 Inclusive and accessible music-making with adaptive musical instruments	12 Music Teaching for Blind Children	13 Disabled people deserve the access and support to realise their musical ambitions	14 How Music Therapy Can Support Cognitive Skill Development	15 Musical Activities
16 8 Ideas for Using Music for Therapy and Exercise	17 Space Dance Class - Inclusive	18 Handy Handouts Musical Handouts	19 Music Game: Crank it Up	20 Music and Autism: Music Activities and Music Therapy	21 Prodigies Musical Activities	22 Music for Adults with Learning Disabilities
23 Chrome Music Lab	24 33 Music Therapy Activities, Interventions & Tools	25 Activity: Sound Scavenger	26 Groove Pizza	27 Aumi	28 Music For Special Education	29 Special Needs Music Kits
30 Integrating Music into Family Life: Fun Activities to Do Together	31 Music Therapy For Adults With Developmental Disabilities					

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