JUNE 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Create a visual schedule	2 Making cooking a family affair	3 Create a social story	4 Explore a reading program at the library	5 Visit an Aquarium
6 Pick a summer theme	7 Ask about Extended School Year (ESY)	8 Think about camp	9 Beach accessibility where and how	10 Theme Parks with special needs access	11 Go to the movies	12 Get up and exercise
13 Become an intern on the farm	14 Visit a farm and pick your own fruit	15 Check out a wheelchair accessible trail in NJ	16 Visit a cool and accessible playground	17 It's raining? visit an indoor gym	18 Visit a cool museum	19 Start a new hobby
20 Think about volunteering	21 Visit a planetarium	22 Take care of a horse	23 Learn how to swim	24 Make a splash at Dorbrook Recreation Area	25 CSOC Summer Camp services	26 Make a fort
27 Have a picnic	28 Join a facebook group	29 Brush up on your social skills	30 Take time to relax			

The Arc of New Jersey Family Institute

Advocacy • Empowerment Resources • Education

30 for 30 Summer Time!

Are you looking for a cool activity to do with your loved one with IDD this summer? Are you interested in bringing the family to a petting zoo or maybe you want to ride some rides at a theme park? Here is a handy summer calendar with these activities and more. 30 activities for 30 days.



www.thearcfamilyinstitute.org