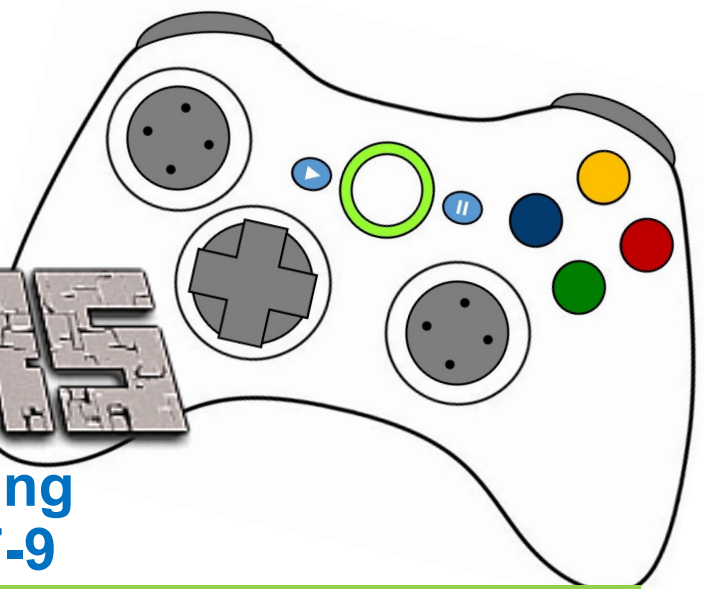


# MIND CRAFTERS

An activity based counseling  
group for children, ages 7-9



## Group Goals:

- Improve skills in self-regulation and using effective coping strategies
- Identify personal stress responses and individual coping needs
- Build self-esteem and increase self-awareness
- Gain appreciation of similarities and differences with others
- Improve conflict resolution skills
- Establish group unity and have fun!

**MONTCLAIR**  
STATE UNIVERSITY

Mind Crafters is facilitated through  
**Center for Autism and Early Childhood Mental Health**

**Fall 2026 group will meet for eight sessions**

**Mondays 5:15pm-6:45pm**

**October 19, 2026 - December 7, 2026**

**at The Center for Clinical Services**

**147 Clove Rd. Little Falls, NJ 07424**

**\$50 per session (sliding scale available upon request)**

For more information or to register for a group,  
please scan here or visit the following link,  
to complete the "Mind Crafters Interest Form"

<https://inside.montclair.edu/community-resources/center-clinical-services>



Any questions, please contact:

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