



Military Family Resources

Version 10.2020

Here at MPACT, we recognize that as a military family you face unique challenges. This fact sheet is for you. MPACT is a statewide, federally funded not-for-profit that exists because of the Individuals with Disabilities Education Act or IDEA. MPACT's goal is to empower families to advocate for themselves so that their sons and daughters with disabilities can reach their full potential in education and life through support, training, and education.

How can MPACT help you?

- We can help you become more familiar with our state's process. If you have recently moved to Missouri, are new to navigating the special education process, or want to gain more knowledge, we have over 30 free trainings!
- Being a military family may mean you are not near family support, or that you possibly have a spouse away from home. MPACT has mentors who can help you prepare for and offer personal support during educational meetings.
- We offer one to one assistance, resources, and transition focused events. We have over 100 fact sheets and sample letters as well as a bimonthly disability related newsletter.

Have you recently relocated or will be relocating soon? Get connected with your state's Parent Training and Information Center.

Find other state centers by going to: <https://www.parentcenterhub.org/find-your-center/>

Helpful Resources for Military Families with Special Needs

BRANCH (Military Parent Technical Center):

This website has information specifically for military families with special needs children including information regarding DODEA schools: <https://branchta.org/departments-of-defense-education-activity-dodea-school-system/>

Exceptional Family Member Program:

EFMP can help you find out what services are available at your present or new duty station, as well as support your family with information, referrals and non-clinical case management to access services.

<https://www.militaryonesource.mil/family-relationships/special-needs/exceptional-family-member/the-exceptional-family-member-program-for-families-with-special-needs>

Directory for Education for Children with Special Needs:

This document provides resources to make informed assignment decisions and experience easier transitions. <https://efmpeducationdirectory.militaryonesource.mil/>

DOD Special Needs Parent Tool Kit:

This document can be downloaded and has over 100 pages of resources and guidance specific to military families including Tricare and transition.

https://download.militaryonesource.mil/12038/EFMP/PTK_SCORs/ParentToolkit_Apr2014.pdf



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Military Special Needs Network

<http://militaryspecialneedsnetwork.com/main>

This network strives to facilitate and coordinate community support for Military EFM families by providing information, education, support, social opportunities, referral, and advocacy.

Military Child Education Coalition

Helps military children cope with being transferred from school to school around the world.

www.militarychild.org/

The Wounded Warrior Parents' Guide: How To Talk With Your Child About Physical And Invisible Injuries - <https://info.1in5minds.org/blog/the-wounded-warrior-parents-guide-how-to-talk-with-your-child-about-physical-and-invisible-injuries>