



# May 2018 Addictions Symposium

Day 2 - Friday, May 4, 2018



## The Presenter:

Jennifer P. Schneider earned her Doctorate in Philosophy in Molecular Genetics from the University of Michigan and her Doctorate in Medicine from the University of Arizona College of Medicine. She is certified by the American Board of Internal Medicine, the American Society of Addiction Medicine, and is a Diplomate of the American Academy of Pain Management. For many years she practiced internal medicine, addiction medicine, and pain medicine, and has had extensive experience in educating health care providers internationally on the appropriate use of opioids for chronic pain.

For several years she has been teaching a live national remedial prescribing course, “Opioids, Pain Management, and Addiction” to physicians, physician assistants, and nurse practitioners who have been mandated by their state medical licensing boards to attend such a course. She also does medicolegal consulting in this area.

The author of the book, *Living with Chronic Pain*, and of many articles on pain and opioids in medical journals, Dr. Schneider has also lectured and written many books

Friday Presenter Biography & Related Program Information

and articles in another addition field, sex addiction and cybersex addiction, its impact on the family, and on couple recovery from sex addiction.

### Workshop Schedule:

8:30 a.m. - 9:00 a.m. Registration & Continental Breakfast (included)

9:00 a.m. - 4:30 p.m. Workshop

12:15 p.m. - 1:15 p.m. Annual Board Meeting Lunch (on site & included) and Vendor Expo

6:00 p.m. - 8:00 p.m. Awards Dinner

### Workshop Description:

The current ongoing media attention to the “opioid crisis” and the simplistic solutions recommended highlight the misunderstanding and misconceptions that exist among professionals and the public about pain, addiction, and their treatment. A comprehensive understanding of these concepts is required for more effective treatment solutions, particularly for behavioral health and medical professionals. The goal of this workshop is to provide front-line clinicians and medical providers essential mastery of effective treatment approaches, particularly for those who treat complicated, chronic pain.

This workshop is designed for a multidisciplinary audience and will answer commonly asked questions regarding the nature of pain and current treatment options, the differences between acute and chronic pain, and the impact of trauma and psychosocial issues can have on the treatment of chronic pain. Participants will learn more about addiction, understanding the nuances between addiction and physical dependence, drug tolerance and pseudoaddiction. In addition to cultivating a solid knowledge base, participants will acquire the necessary tools to conduct risk assessments, identify compliant clients and patients, and approaches to actively engage them in treatment. Based on Dr. Jennifer Schneider’s extensive experience treating those with chronic pain, case examples will highlight illusions regarding -addiction and pain, and cultivate the necessary knowledge required to effectively understand and treat complicated pain.

## Learning Objectives:

*This workshop is designed to help participants:*

1. Define pain and the difference between acute and chronic pain
2. Assess the role of psychosocial issues in chronic pain, including childhood and adult trauma
3. Utilize DSM-5 criteria to differentiate addiction, pseudoaddiction, and physical dependence
4. Understand and explain to clients the basic characteristics of opioids, including the difference between short-and long-acting drugs, their safety, and what compliance on the part of the patient consists of
5. List the elements of risk assessment when evaluating the role of opioids in chronic pain treatment and its outcome
6. Discuss the need for patient engagement in the treatment process in order to it to succeed
7. Design an effective approach for treating complicated/difficult chronic pain patients