



THINK+change, in partnership with Realm of Caring, presents

FINDING HEALTH

A Conference on the Intersection between Disability and Nutrition
July 28-29, 2018
Aurora, Colorado

Nutrition Faculty - Meet Molly Carroll, RD



My name is Molly and I am thrilled to speak at THINK+change's **Finding Health** conference. I graduated from Colorado State University with a Bachelor of Science in Nutrition and Food Science and a concentration in Dietetics and Nutrition Management. In 2017, I completed a dietetic internship through Messiah College in Pennsylvania and obtained my Registered Dietitian's license in July. In October, I began working at Cooking Matters Colorado as an AmeriCorps Program Coordinator where I coordinate six-week cooking courses and events that provide individuals with the skills they need to shop for and prepare healthy, affordable meals. I believe that food is medicine, and that eating nutritiously doesn't have to be difficult or a burden, but can be fun, enjoyable, and freeing – and I hope to share how to do this with all of you.