



FINDING HEALTH 2018: The Intersection between Disability and Nutrition

DRAFT agenda

Doubletree Denver-Aurora

Saturday, July 28

7:15-8:00 – Check in and breakfast

8:00-8:30 – Welcome and Opening Plenary

Presenter: Christy Thiel, Director of Business Development, Elixinol

8:30-10:15 – Foundation of Nutrition – evidence-based, best practices

Presenter: Molly Carroll, RD

10:15-10:30 – Break

10:30-Noon – Making Nutrition Work for You – taking the science of nutrition and tweaking it for REAL life, including life with disability

Presenter: **Marva Jolly, PE, MNT, HTP, HTAP**

Noon-12:15 – Break

12:15-1:30 – Lunch and Tying It All Together

Presenters: Guided discussion with Molly and Marva

1:30 – 5PM – Expo – application of learning with our speakers and vendors selected to help you find health

Sunday, July 29

7:30-8:00 – Check in and breakfast

8:00-8:30 – Welcome and Day 2 Plenary

Speaker(s) TBD

8:30-10:15 – Foundational Info on Hemp/medical cannabis/CBD – evidence-based, research supported

Presenter: Barbara Brett, Ph.D., Associate Professor of Psychology, Colorado State University – Pueblo (CO)

10:15-10:30 – Break

10:30-Noon – Making Hemp/Medical Cannabis/CBD Work for You –applying the science in REAL life

Presenter: Heather Jackson, CEO, Realm of Caring

Noon-12:15 – Break and Lunch

12:45 - 1:30 –Closing Plenary - tying it all together/a QUALITY life to find health

Presenter: TBD

1:30 – 5PM – Expo – application of learning with our speakers and vendors selected to help you find health



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