



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



GET IN THE GAME!

Youth Basketball Leagues 2016 METROWEST YMCA

Small Shots BOYS ONLY Grade 1-2

Skills, drills and team play. Half-hour practice followed by half-hour of team play. Games on Saturday between 8:30am - 3:30 pm

\$107 Members/\$158 non-members 03218-21

Mighties, Girls & Boys -Ages 3

Skills, drills and team play. Half-hour practice followed by half-hour of team play. Games on Saturday between 1:15am - 5:00 pm

\$90 Members/\$110 non-members 03218-51

Big Shots BOYS ONLY Grade 3-4

Hoops are set at regulation height. Practices will emphasize beginner level plays for games. Half-hour practice followed by half-hour of team play Games on Saturday between 8:30am - 11:00 am

\$107 members/\$158 non-members 03218-31

Rookie, GIRLS & BOYS -Pre K-Kindergarten

Skills, drills and team play. Half-hour practice followed by half-hour of team play. Games on Saturday between 1:15am - 5:30 pm

\$102 Members/\$149 non-members 03218-11

Hot Shots BOYS ONLY Grade 5-6

Hoops are set at regulation height. Practices will emphasize beginner level plays for games. Teams will practice once a week and play games on Saturday. Games on Saturday between 1:00pm - 7:00 pm

\$115 members/\$173 non-members 03218-41

Lady's Small Shots, GIRLS ONLY Grades 1-3

Emphasis on skills, drills and team play. Half hour practice followed by half hour game.

Games on Saturday between 8:30am - 12:00 pm

\$107 Members/\$158 non-members 03129-22



VOLUNTEER COACHES NEEDED

All Teams are coached by parent volunteers. Parents interested in volunteering to coach a team should contact Karl Knipple by email at kknipple@metrowestymca.org

All coaches need to attend a Coaches meeting. Please watch for the meeting notice.

METROWEST YMCA

280 Old Connecticut Path, Framingham MA 01701
(508) 879-4420 www.metrowestymca.org

YMCA 2016 Youth Basketball Registration Form

About: MetroWest YMCA Youth Basketball League for **boys and girls in ages 3-11.**

Games are played at the YMCA and Framingham School's Gymnasiums. **Registration is going on now and the deadline is October 31.** Any players registered after October 31 will be placed on a waiting list and may be assigned to a team if space is available. Open to Members and Non-members.

Dates & Times:

Games begin on Saturday, December 3rd, The season runs from December-March.

Schedules will be available by mid November on our website and at the Member Service Desk.

Volunteer Coaches Needed! ALL Teams are coached by parent volunteers. Parents interested in volunteering to coach a team should contact Karl Knipple, Sports Director, by email kknipple@metrowestymca.org 508-879-4420 x30.



Important Registration Information:

One of the primary missions of YMCA Youth Sports is to create balance in play. Due to this reason we are unable to accept requests for practice times. All divisions play a rotating schedule so game times will rotate through the time slots indicated in the division details. Team placement requests are accepted and we will do our best to honor each team placement request.

Todays Date: _____

PLEASE PRINT CLEARLY

League Name _____

Class Code _____

Price _____

\$ _____

BASKETBALL LEAGUE—PLEASE CHOOSE ONE

<input type="checkbox"/> Mighties GIRLS & BOYS – Age 3	<input type="checkbox"/> Rookie GIRLS & BOYS –Pre K-Kindergarten
<input type="checkbox"/> Boy's Small Shots BOYS ONLY Grades 1-2	<input type="checkbox"/> Lady's Small Shots GIRLS ONLY Grades 1-3
<input type="checkbox"/> Boy's Big Shots BOYS ONLY Grade 3-4	

Parent/Guardian Name _____ Date of Birth _____

Participants Name _____

Participants Gender _____ Participants Birthdate _____

Address _____

City, State, Zip Code _____

Daytime Phone _____ Evening Phone _____

Email address _____

****Be sure to give us your email address, communication will be done by email****

Mandatory YMCA Waiver

I understand that the MetroWest YMCA assumes no responsibility for injuries or illnesses which I may sustain as a result of my physical condition or resulting from my participation in any athletic activities, sports programs, the use of any equipment, exercise or other activities. I expressly acknowledge on behalf of myself and my heirs that I assume the risk for any and all injuries and illnesses which may result from participation in these activities. I hereby release and discharge the MetroWest YMCA, its agents, servants and employees from any and all claims for injury, illness, death, loss or damage which I may suffer as a result of my participation in these activities. I understand that the MetroWest YMCA is not responsible for personal property lost or stolen while members and/or program participants are using YMCA facilities on YMCA premises. I give my permission for the MetroWest YMCA to take photographs/video or myself/my child while involved in the daily activities of the YMCA programs or special events. I understand that these photographs/video may be used for media purposes or in MetroWest YMCA videos, newsletters, brochures, website and other promotional vehicles. **I acknowledge the WAIVER set forth above.**

Signature of Participant or Parent: _____ Date: _____