



NDB SPRING SPORTS TRYOUTS
(lacrosse, softball, swimming, track & field)

Lacrosse

All tryouts will be held on the Notre Dame Elementary Athletic Field

Interested Freshman/Sophomores/Juniors/Seniors
<u>Monday, January 30</u> 3:30 – 5:00 p.m.
<u>Tuesday, January 31</u> 3:30 – 5:00 p.m.
<u>Wednesday, February 1</u> 3:30 – 5:00 p.m.
<u>Thursday, February 2</u> 3:30 – 5:00 p.m.
<u>Friday, February 3</u> 3:30 – 5:00 p.m.

Should you have any questions, please contact Coach Phil Huth at phuth@ndhsb.org

Softball

All tryouts will be held on the Notre Dame Belmont High School softball field.

Interested Freshman/Sophomores/Juniors/Seniors
<u>Monday, January 30</u> 3:30 – 5:30 p.m.
<u>Tuesday, January 31</u> 3:30 – 5:30 p.m.
<u>Wednesday, February 1</u> 3:30 – 5:30 p.m.
<u>Thursday, February 2</u> 3:30 – 5:30 p.m.
<u>Friday, February 3</u> 3:30 – 5:30 p.m.

Should you have any questions, please contact Coach Tara Straube at tvanmeter12@gmail.com

Swimming

Monday – Wednesday at NDB Pool

Thursday at Serra High School

(please arrive at Serra at 5:45)

Returning Sophomores, Juniors, & Seniors
<u>Monday, January 30</u> 3:30 – 5:00 p.m.
<u>Tuesday, January 31</u> 3:30 – 5:00 p.m.
All Freshmen & Students New to the Swim Program
<u>Wednesday, February 1</u> 3:30 – 5:00 p.m.
All Freshmen, Sophomores, Juniors, & Seniors
<u>Thursday, February 2</u> 6:00 – 8:00 p.m.

Should you have any questions, please contact Coach Rachel Wiebe at rwiebe@nde.org

Track & Field
All Athletes to meet in front of the Moore Pavilion on Monday.
Monday/Wednesday at NDB
Thursday/Friday at Serra High School

Transportation will be discussed on Monday

Interested Freshmen, Sophomores, Juniors & Seniors
<u>Monday, January 30</u> 3:00 – 4:00 p.m.
<u>Wednesday, February 1</u> 3:00 – 4:30 p.m.
<u>Thursday, February 2</u> 3:30 – 5:00 p.m.
<u>Friday, February 3</u> 3:30 – 5:00 p.m.

Should you have any questions, please contact Coach Mike Benedetti at mbenedetti@ndhsb.org

full-time commitment, and the commitment equals the academic commitment. Your daughter chooses to play athletics, which indicates they choose to commit themselves to their academics as well as their athletics. Practices are Mondays-Fridays with competitions scheduled throughout the week as well as on Saturdays. Our athletes are required to attend all events scheduled throughout their season, and any club sport, extra-curricular event, or other that takes away from their athletic commitment – is put on hold during the high school season of sport.