



At the Historic Boone Tavern Hotel
February 2-4, 2019



Join us for a weekend of creativity AND learn new skills through a wide variety of workshops. Instructors from across the country share their knowledge of knitting, spinning and quilting. Bring your bestie, or make new friends! Retreat registration fee of \$255 covers all instruction, welcome luncheon buffet, continental breakfast each day, afternoon snacks and so much more! Save your evenings for show and tell, swaps, desserts and a few surprises. Just want to come for the party? Register but take NO classes the fee for \$155 (welcome luncheon and continental breakfasts are included in this price). Guests can make reservations by calling Boone Tavern at 859-985-3701 and asking for the group block Fiber Frenzy Retreat OR by visiting the Boone Tavern website www.boonetavernhotel.com and selecting the Reservations tab. From that screen select "Check Availability and Book Now" blue button. Use the group code of: 164918 in GROUP ID. Then, follow the reservations prompts to complete the reservations. Retreat Registration opens August 15, 2018 at www.fiberfrenzy.net.

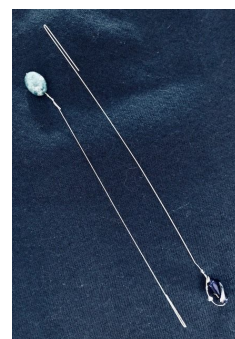
Workshop Descriptions KNIT & CROCHET TRACK

Friday 9:00 - 11:15 a.m. and 1:30 - 3:15 Dotty Double Knits Coyle B. Expert knitter Susan Hope is back to help us master double knitting. This gorgeous cowl will keep you fashionable and toasty warm at the same time. It is worked in double knitting, using 2 colors of DK yarn, and a 16" size 6 circular needle. Because of the double knitted technique it is totally reversible. Once you master the technique, this will fly off your needles and become your new favorite way to knit. This is part 1 of a 2 part class. Materials fee \$18 includes 2 hanks of Nako Calico in coordinating colors



Friday 3:30 - 5:30 p.m. Mosaic Mitts Coyle B Susan Hope has a fun and fast mosaic project knit in the round using fingering weight yarn that also features a baby cable pattern. Learn (or improve) the Magic Loop method of circular knitting, using Size 3-40" circular needles.. Materials fee of \$18 includes 1 hank of Knit Col and 1 hank of DK Merino SW from Plymouth in coordinating colors.

Friday 3:30 - 5:30 p.m. DIY Beading Tool Dunseth Parlor Joan has your brain candy for the weekend - low stress, no prior knowledge required! With a guitar string as the base, play with an assortment of



beads to create your one-of-a-kind implement to add beads to your handwork. Bring a pair of needle-nose pliers if you have them, and any special beads you might want to include in the decoration of your tool. Spinners, you might want to create a spare orifice hook while you're at it Materials fee of \$5.00 covers the cost of strings and an assortment of beads.

Saturday 9:00 - 11:15 a.m. Mosaic Mitts part 2 Coyle B. Continuation of the Friday class.



Saturday 9:00 - 11:15 a.m. Hooked! With Jessica Dunseth Parlor Refresh your recollection of those crochet stitches! This is a primer on the 5 basic crochet stitches that are the foundation for most everything. Consider this if you are taking the Free Form class, for which good crochet skills are necessary. Bring size G or H hook and 50 yards, more or less, of worsted weight yarn. No materials fee.

Saturday 1:30 - 5:30 p.m. Fair Isle with Whitney Coyle B. Whitney Harmon is back with Spring Dew, her original pattern, to share for a great Fair Isle project. Make this cool hat - or a cowl using size 6 needles, either circular or DPN's. Materials fee of 28.00 includes 2 hanks of



Mirasol Llama Una in coordinating colors.

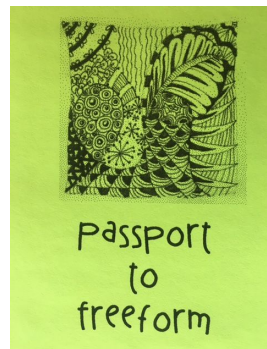
Saturday 1:30 - 3:15 p.m. Finishing Fast: Simple Seams with Cyd Robinson Room You've



completed the sweater, now the fun part - finishing it! Don't wing it! Learn four methods of creating the perfect final finish for seams. Perfect your technique on small swatches and then go finish your UFO's. Bring 5 small (4" x 4") stockinette stitch swatches (two with live stitches on the needles) all in the same light color worsted weight yarn - this is what you'll be seaming together. Invisible horizontal seam, the perfect mattress stitch, and three-needle bind off included. When you really know what you're doing and you have a game plan, finishing is actually enjoyable because the results are so lovely! Prerequisites: basic knitting skills Bring tapestry needle and scissors.

Saturday 3:30 - 5:30 p.m. Passport to Free Form Knit & Crochet part 1 Robinson Room Stretch your textile creativity! In this fast paced creative

workshop you'll learn how to mix very basic knitting and crochet stitches to make stunning "scrumbles" with all those odds and ends and specialty yarns that gather in your stash. Pick up a hook, grab some needles and learn how to "play" with no rules, no patterns, and no limits. Cyd is bringing oodles of scrumbles for you to play with and she'll show you how they can be used singly or in groups to adorn accessories, garments, or become a beautiful shawl or wrap. Cyd designed this one to be the ultimate play date of a workshop! Once you get going, it's hard to stop! No two look alike Prerequisites: strong basic knitting AND crocheting skills. Materials fee of \$15 includes Cyd's "Cookbook" and an assortment of yarn gumballs. Bring a selection of needles and hooks and any



novelty yarns you want to use and share. NOTE: if you need a crochet refresher, sign up for Jessica's Hooked! Saturday morning

Sunday 9:00 a.m. - 3:15 p.m. Beads with Whitney Coyle B The sparkle of beads can transform your garment from Okay to Ooh la la! Forget threading all those beads on at the beginning of the project. Whitney will teach us how to add beads as you go, using a great little tool This is a game changer. Note: be sure to also sign up for the Beading Tool workshop Friday at 3:30, to create your very own custom, one of a kind tool for adding beads to your work! Materials fee of \$17.00 includes a Sulka Legato merino, alpaca and silk yarn and beads.

Sunday 9:00 - 11:15 a.m. Passport to Freeform part 2 Robinson Room Continuation from Saturday afternoon.



Sunday 1:00 - 3:15 p.m. Map Your Knitting with Cyd Dunseth Parlor You can't take a road trip without a good map, why try to knit without a good "map" of your pattern? In this unique non-knitting workshop, you'll learn how to preview a pattern, create a map to simplify your project and keep you on track. This will make your knitting time more productive, enjoyable and **SUCCESSFUL**. Cyd's original book Map Your Knitting is included. Over 500 knitters have taken this fast track workshop to unravel complicated patterns - it's a huge game changer for all levels of knitters! Prerequisites: basic knitting skills. Materials fee of \$5.00 for Cyd's Map Your Knitting booklet

SEW & QUILT TRACK

Friday 9:00 a.m. - 11:15 a.m. Hands on & Get Acquainted Coyle A This is the class for people who say, "I don't sew." Learn what basic tools should be in your sewing kit, and a few must-know sewing techniques to help you 'fake it until you make it'. Whatever your sewing project, knowing the proper hand stitching techniques will make all the difference. Spend some time with Teresa mastering these skills, then get ready for your next sewing adventure with your machine. Try out fancy machine stitches, adjust tensions, change needles, fill bobbins - helpers will be on hand to assist you with all that fussy stuff. Bring an assortment of threads, sewing machine notions (bobbins, needles, threads, scissors, seam ripper, specialty feet). Materials fee of \$7 covers hand sewing materials.



Friday 1:30 - 5:30 p.m. Humbug Bags Coyle A Susan Goins is a Master Seamstress and is bringing her skills to us! The Humbug Bag is a sweet pyramid shaped, zipped bag for all those special trinkets! Materials fee is \$30 which covers pattern, fabric, batting, zipper and ribbon. Bring your machine, zipper foot, cutter & mat or scissors and standard sewing notions. Note, this workshop spans 2 sessions, with a break. Materials fee of \$ 18.00 includes the pattern and everything you need to make 4 medium Humbug bags!



Saturday 9:00 a.m. - 11:15 a.m. Folded Star Hot Pad Coyle A Your kitchen won't be the same! These hot pads are beautiful and easy to make with Susan G leading us. Along the way you'll

perfect bias binding. Materials fee of \$ 30.00 includes pattern, fabric, insulated batting and binding. Bring an open toe walking foot if you have it, an iron and the normal sewing notions.

Saturday 1:30 - 5:30 p.m. P3 Travel Case Coyle A A place for everything and everything in its place! This sweet case has compartments for all your notions and needles. Materials fee of \$20.00 includes the pattern, all fabric and batting and hook and loop tape for closure. Bring your sewing machine, rotary cutter and mat or scissors, and normal sewing notions. Note, this workshop spans 2 sessions with a break.



most popular classes to Pins & Needles! An apron will save a hundred tears by keeping your clothes nice while you bake. This one is especially fun and functional, with pretty fabrics on both sides and in-seam hidden pockets! Note, this workshop spans 2 sessions with a lunch break in between. Materials fee of \$25 covers all fabric and pattern; bring your normal sewing notions.



SUNDAY 9:30 A.M. - 11:30 A.M Darn It! Darn it! There's a hole in a my hand knit sock! Believe it or not, you can fix it. In the spirit of 'make do and mend', take a few minutes to learn a skill that everyone should know. Teresa will take the mystery out of sock darning so you can get your cold tootsies back in your favorite socks. Bring a holey sock (clean please!). You can also bring a small ball of similar yarn or choose from one of ours. Materials fee of \$7.00 covers darning egg, needle and assorted yarns.



SPINNING TRACK

Friday 9:00 - 11:15 a.m. Spinning 101 with Teresa (spindle) and Jessica (wheel) Dunseth Parlor Learn how to make yarn with Teresa and Jessica. In this class, you will learn how to prep your fiber depending on the type of yarn you want to make. Then you will learn how to turn that fiber into single strand yarn. Several methods will be taught, and you will leave feeling confident you can spin. Note: At signup, specify Spindle vs. Wheel. Materials fee of \$30 includes fiber, Spinnamon Stick, and Spindle for those who choose that option.



Friday 1:30 - 3:15 p.m. BATTER UP - Hands on Fiber Prep Dunseth Parlor Get your hands in some wool! Preparing your fiber well is the key to successful spinning, but fiber tools can be a bit overwhelming. Jessica will show you different ways to prepare your fiber for spinning or felting. Learn to enjoy the process while keeping it simple. Material fee \$20.



Saturday 1:30 3:15 p.m. SPINNING 201 Dunseth Parlor Plying and finishing your yarn. Turn your handspun singles into the finished yarn you want. The technique you choose will affect the final product. From firm sock yarn to fluffy thick & thin yarn, learn how to take your spinning to the next level. Experiment with techniques such as traditional 2-ply from a center pull cake/ball, plying from bobbins and a lazy-late, chain or Navajo plying, managing multiple plies and plying with thread or novelty materials. No materials fee!



Saturday 3:30 - 5:30 p.m. GETTING TO THE ART OF THE MATTER- Spinning Art Yarn Dunseth Parlor

In this class you'll have the opportunity to see and learn the process of different types of art yarns. So be prepared to get creative and make some great funky yarns. For this class you should know how to spin single ply yarn and be able to make a 2 ply yarn. Material fee of \$20 includes 2 oz of combed top and access to lots of fun add ins. Spindle or wheel.

