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Undressed Press

HOW TO TELL YOUR SIGNIFICANT OTHER?

NAKED WANDERINGS



We can consider ourselves lucky about this as we've discovered nudism together and we both enjoyed it equally. But what if you're already a nudist and your significant other isn't? Or you've been wanting to give it a shot but you don't know how to tell him/her?



The key to failure

You know the saying "Throwing a kid into the water is the best way to make him swim"? Well, we don't know how it works out for those kids, but we can assure you that it's a bad idea when it comes to nudism.

Seriously, surprising someone into nudism is really NOT done.

"We arrived at our holiday resort baby. Oh yeah, I didn't tell you before but it's clothing prohibited so please take off all your clothes"





Really, we can't stress this enough, NOT done!

Going naked for the first time in front of others is a big deal and takes you way out of your comfort zone, so everything else should be as comfortable as possible. Having a husband or wife who suddenly pronounces to be a nudist doesn't add to the comfort at all.

So we'll say it again: NOT done!



A variation to this is to be naked when your husband or wife comes home. Then you have already an ice breaker for saying that you're actually a

nudist and love being naked around the house.

This may sound like a good idea, and it is

way better than the previous one. However, there is a big chance that when your partner comes home and sees you naked, he/she will link this immediately to sex. Because for many people who don't know about nudism nudity equals (at least a desire for) sex. And you will have serious troubles removing that link again.

The key to success

If you only remember one word of this article we want it to be "conversation".

FEEL THE FREEDOM


Now say that out loud! "CONVERSATION".

Conversation, conversation, conversation!

In our relationship everything can be talked about as long as there's no pressure, but things like this do need a bit of preparation.

A good way to test the water is by asking if your partner has ever gone skinny dipping. Many people have done that at least once in their life. If so, you can talk a bit about that before announcing that you would like to try it again. If not, at least the ice is broken and you can tell about your





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lucky you, you can find most of the answers on this site!

It all depends on who your partner is.

If you know that he/she is not very happy with their body shape, you can tell them that there will be people of any shape and that naturist places are the only places in the world where literally nobody cares.

If he/she has been raised up conservatively, you can talk about how nudity has no direct link with sex.

And so on, we're sure you can find this out by yourself.

She said yes!

Congratulations! He or she wants to give it a shot!

What do you do now?

A good way to start is by being naked around the house. Don't be afraid by making some kind of event of it, pick a date when you both have nothing to do and agree to spend the day naked in and

around the house together.

Or just take off all of your clothes right after the conversation if you both feel like it. It doesn't really matter.

The next step will be public nudity.

A good way to start with this is by going to a clothing optional (not clothing prohibited) beach, campground or resort. In this way your partner can first adjust to the nudity around you and then decide when he/she is ready to take off some clothes.

He said no!

Unfortunately there is also a chance that your partner really doesn't want to try nudism. Or did give it a shot but didn't enjoy it.

If they don't feel comfortable being seen naked by others, you could agree on only visiting clothing optional places where you can go naked but your partner can remain clothed.

If, on the other hand, your partner doesn't want YOU to be seen naked by other men or women you will have to ask about their concerns and try to address them.

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FIRST TIME VISIT TO CYPRESS COVE NUDIST RESORT

OUTDOORSY DIVA

Last month I embarked on an adventure that took me the farthest out of my comfort zone that I've ever been. When I say far, I mean uber far, like in another galaxy far. I was invited to stay at the [Cypress Cove Nude Resort and Spa](#) in Kissimmee, Florida, a preferred location for nudist vacationers from around the world. Yep, Outdoorsy Diva went to a nude resort. I bet you never thought you would read a



story like that on my blog did you? Trust, me I never thought I would be sharing a tale, I mean tale like this one. (Yes this post will be



riddled with cheesy nude puns because I'm a geek and still somewhat immature even at age thirty-whatever-I-am.) *Special thanks to Cypress Cove Resort for providing my accommodations in exchange for sharing my honest experience and review of their property. ([Full disclosure](#))*

The few people I told ahead of time had the same questions. "Are you going to accept the invitation?" Well, duh! Heck yes. How can I constantly preach to my readers the importance of taking risks and stepping out of their comfort zones and not being afraid to experience something new and then chicken out of this? I have to live what I preach. I saw this as an

opportunity to learn up close about another way of life that I honestly knew nothing about. It was also an opportunity to confront some of my personal hang-ups and insecurities with my own body. The next question I was asked was "Will you participate?" At the time the jury was still out on that one. I was assured that it was clothing optional but not mandatory to be naked, although preferred so that I could get the full experience. I decided to bring along my adventure buddy Niki because I knew that she would push me to be braver than I am and I knew this was on her bucket list.

I fully admit that I had preconceived notions and misconceptions about what the nude or naturist community is all about before I read up on the website. However, after reading up on it many of those assumptions and fears were put to rest immediately. They stress to first time visitors that Cypress Cove's goal is to maintain a safe, non-threatening, non-sexual environment where our guests can truly relax and feel comfortable. So this isn't



Hedonism or an orgy fest and it's not for swingers as I know many people incorrectly assume. We equate nudity with sex, but in fact in the first time visitors welcome packet, it is stressed that the clientele is primarily couples and families and PDA should remain discreet and innocent. Discussions of swinging and recruiting are not permitted.

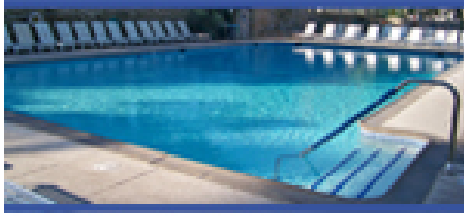
I breathed an immense sigh of relief when I read that because I'm not about that life at all and I certainly didn't want to find myself in an uncomfortable conversation. Because you know, in my mind my friend and I would be hot commodities and we certainly didn't want to spend the whole weekend turning people down. [Insert hysterical laughter here]. Clearly that would not be an issue for us at Cypress Cove.

Upon arrival to the property we had to stop at the guard's house to check in and be granted access. They take the safety and security of their guests seriously so already I had a great first impression. Once we drove through the gates and beyond the entrance walls, we encountered the RV area and butts. There's no warm up or slow introduction. Once you pass through those gates you are in nudist land and there were butts and boobs and other things everywhere! It's a little bit daunting initially. It's like driving into an alternate universe where there are zero damns given. We couldn't help but giggle to ourselves in the car.

At check in, the front desk staff was all clothed in case you were wondering. We certainly were. The grounds staff and waiters and waitresses are all clothed as well so it's easy to identify staff members versus guest. Everyone was very friendly and welcoming. We were greeted by Carolyn, who I coordinated with to make the arrangements, and she gave us a short tour of the property and showed us where our apartment was located.



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Our accommodations were the recently renovated apartment villas. It had 1 bedroom with two comfortable queen size beds, a living room with sofa sleeper, kitchen and 1 large bathroom. The living room had a sofa and table and large flat screen TV and nicely appointed decor. The kitchen had a full size refrigerator, stove, sink, and dishes in the cabinets. There was also a dining table and chairs in the kitchen area. The bedroom was large and spacious, with another large flat screen TV

and a desk as well as a large closet. The cool colors of turquoise and greens gave the apartment a calm vacation feel, without being too "old tropical" looking as I encounter in a lot of Florida resorts. The entire apartment was tile. We were definitely pleased and impressed with the accommodations. In addition to the apartment villas Cypress Cove has RV camping, tent camp sites, and hotel rooms. If you are planning a stay I highly recommend asking for a remodeled room.

There are 3 restaurants on property, the Lakeside Restaurant, Cheeks Bar & Grill by the pool, and Scuttlebutts which is more of a bar. Yes, people dine nude. I admit I never quite got used to this concept. I have a touch of germaphobia so it's just one of those things that grosses me out. The resort definitely stresses good hygienic policy. It's resort policy to bring a towel with you everywhere that you go to sit on. We elected to dine in our cover-ups at all of our meals as neither of us were totally comfortable with the notion of dining in the buff. For my meal at Lakeside I had stuffed shrimp, yellow rice, and ratatouille. The shrimp was large and tender. It was an enjoyable meal for sure and our server was very friendly. Service was a bit on the slow side so if you want to save time it helps to charge your meals to your room instead of paying with a card as we did. Breakfast is served in Lakeside as well and it was delicious. There was a large variety of omelettes and fresh juice and breakfast sides to choose from. Cheeks Bar & Grill is popular for lunch time since everyone is near the pool during the day on the weekends. We decided to order at the bar and take it with us. I had a tasty Italian sausage and sweet potato tater tots and Niki had a burger and fries. I also ordered a frozen drink. Our last meal was in Scuttlebutts where we had personal pizza and bang bang shrimp.

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