



Establishing the Link: Assessment and Effective Intervention for Children and Adults

October 23, 2018

- 7:30** Registration/Breakfast
- 8:00** Welcoming Remarks: Tony Anderson, Executive Director, Valley Mountain Regional Center
- 8:15** Me Too! Presentation
- 8:30** Dr. Fletcher (Keynote Speaker)
Mental Health Aspects in Persons with Intellectual/Developmental Disabilities
Assessment and Diagnostic Practices
- 12:00** Lunch/Networking
- 1:00** Dr. Tompkins (Adult Track)
Modified CBT for Adults with Depression and Anxiety
- 1:00** Dr. Vertucci (Child/Adolescent Track)
Autism Spectrum Disorders and Comorbid Anxiety Disorders in Children and Adolescents
- 4:30** Group Breakout

October 24, 2018

- 7:30** Registration/Breakfast
- 8:00** Dr. Dykstra (Adult Track)
Dialectical Behavior Therapy for Special Populations: Enhancing Treatment Approaches for Individuals with Developmental Disabilities and Mental Health Needs
- 8:00** B. Tallant, LPC (Child/Adolescent Track)
Adapted Trauma Focused Cognitive Behavioral Therapy for Youth who have an Intellectual or Developmental Disability
- 12:00** Lunch/Networking
- 1:00** Dr. Dykstra (Continued)
- 1:00** B. Tallant, LPC (Continued)
- 4:30** Group Breakout