GLOBAL AUTISM STUDY

NAET ONLINE SEMINARS ARE HERE

SPEAKERS OF THE SYMPOSIUM 2016

TESTIMONIALS FROM NAET PRACTITIONERS

NUTRITION CORNER

TESTIMONIALS FROM NAET PRACTITIONERS

TESTIMONIAL FROM A NAET PRACTITIONER

Reports from the NAET® Office:

Compliments of the Season
From NAET & NAR Foundation

https://www.gofundme.com/AutismCanBeCured

NAET GLOBAL AUTISM STUDY

The study is going slowly but surely. Many children are applying to enroll into the study but due to abnormal levels of immunoglobulin-E in their blood, many get rejected from the study. One of the inclusion criteria for this study is to have low levels of circulating immunoglobulin-E or no circulating immunoglobulin-E in the blood. We need more qualified subjects to enroll in the study. Please pass this message about our NAET Global Autism study to your family and friends. Hopefully we will receive more enrollment from qualifying subjects into the study so that we can complete the study on time as planned. If you know any child suffering from autism spectrum disorders, if he/she is below the age of 10, please refer the parents to our website:www.naet.com.

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The 22nd ANNUAL NAET® SYMPOSIUM
-A Grand Celebration at the Crowne plaza Hotel, 3131 Bristol street, in Costa Mesa, Ca.92626.

The 22nd Annual NAET® Symposium was a great success. The symposium was hosted by NAET® and NAR Foundation (Nambudripad’s Allergy Research Foundation) at the Crowne Plaza Hotel, Costa Mesa, CA, during October 22-23, 2016. Over 190 people including NAET® practitioners, speakers, vendors, and volunteers attended the symposium this year.

By now, over 16,000 plus medical professionals have been trained in NAET® worldwide and they are encouraged to attend the annual event once in three years. Since the total numbers of NAET practitioners are increasing globally, we have decided to assign the responsibility of organizing symposiums in other countries as well, so that practitioners from Canada, Europe, Japan, Mexico, and Asia, etc. won’t have to travel to USA to attend the event every three years. We will continue to hold the annual symposium in the USA. But other countries like Asia, Canada, Europe and Mexico will hold symposiums in alternating years such that each location will be once in three years or once in four years. Europe will host a symposium in October 2017 in France. Location is yet to be finalized. Please check the www.naet.com website periodically for the location.

ABOUT THE 2016 SYMPOSIUM IN COSTA MESA, CALIFORNIA

This year we had an open topic for presentation. That gave an opportunity for the presenters to present the topics of varied interest. Speakers from around the world prepared unique and excellent case presentations to share with the audience. A number of excellent speakers from around the world presented items of interest to all who are involved with the NAET® program.

A welcome speech was given by Dr. Devi S. Nambudripad, the developer of NAET® and founder and president of NAR Foundation. She updated the progress of new events taking place in the field of NAET. All licensed acupuncturists were overjoyed when they received 21 license renewing credits for We
**NAET® ONLINE SEMINARS ARE HERE**

**N.A.R.F.**

---Foundation---

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**To Register for NAET On-line Seminars:**
Please go to www.naet.com, go to “for practitioners,” go to “seminar information” go to “On-line class.” You will be guided appropriately to register for these classes below:

1. **Basic-Adv-1 Combined NAET Online Class;**

2. **Adv-2A (Autism-ADD/ADHD Class).**

3. **Adv-2P (Managing Severe Allergies)**

4. **Adv-2C (Balancing your energies and NAET Detoxification)**

To register for the Adv 2 A, P and C classes, if you are not a USA NAET association member, then you will be asked to upload a scan of your adv-1 NAET certificate to the site to verify your qualification to enroll to attend the class. Several practitioners from USA as well as from Europe and other countries have successfully completed these online classes.

**For NAET Classes in other countries**

Please visit: www.naet.com, then go to respective NAET Associations:

- NAET Asia
- NAET Europe
- NAET Japan
- NAET Mexico and NAET India

NAR Foundation Message is the official publication of Nambudripad's Allergy Research Foundation, which is dedicated to research in holistic medicine (including Acupuncture, Kinesiology, Chiropractic, Allopathy, Naturopathy and herbal medicine), founded by Doctors Devi S. and Kris K. Nambudripad in July, 1993, with office at 6714-36 Beach Blvd., Buena Park, CA 90621. Foundation applied for the non-profit status in 1997, and received the approval in October 2001. (33-0750192). NAR Foundation Newsletter is published six times a year as a service to NAET® Practitioners, NAET® patients, other health care professionals and people at large who are interested in the development of NAET® (Nambudripad’s Allergy Elimination Techniques. Copyright 2016. All rights reserved).
PLANNING FOR 23RD ANNUAL NAET® SYMPOSIUM

Planning for the 23rd Annual NAET® Symposium is underway. The symposium is going to be a two-day event giving ample of opportunities for more speakers to present their excellent papers to the audience. Rest of the week is for you to enjoy the St. Louis, MO, along with your family. Come and celebrate our 23rd NAET Family reunion. It will take place in St. Louis, MO, but the date or exact location is still not finalised yet. You can expect the final date and additional details in the Jan/Feb Newsletter. We are excited about a new location and look forward to seeing you all there! It is going to be an open Topic. All NAET Practitioners who are interested to secure a spot for their speech, please get ready to mail the speech outline by the end of January 2017 to the organizer.

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50 KIT INDEX
Available at the October 2017 Symposium Cost: $40
In order to insure that there will be enough copies please place your order at: dgrstevenson@gmail.com
OR contact:
Margaret Stevenson
101 Pass Run Drive, Luray, Virginia 22835
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ABOUT THE NEW NAET WORLDWIDE WEBSITE:
WWW.NAET.COM
This world-wide website will launch on the first week of January 2017. From January 2017, there will be only one NAET website: www.naet.com. NAET Practitioners and patients from all countries will be able to log in to find actively practicing NAET practitioners from all countries right on this website. If any practitioner from any country has not provided your practice location and information to include in the www.naet.com, please contact the webmaster at: webmaster@naet.com and update your information so that your name will be listed on our official NAET website. Looking forward to having a fantastic, user friendly website for NAET practitioners and patients in 2017 and onwards.

(1) had to limit to four vendors this year to avoid long breaks so that we could get 21 units during the two-day symposium and event.

This year’s talk of the event was again about the NAET Global Autism Study. Thanks to our enthusiastic NAET volunteer practitioners and other behind the scene artists. Even though our study officially launched in the first week of December 2014, actual study did not begin until March of 2015 due to changes and amendments included with the original plan. But we had a few hard-working practitioners who began their work right away and by now several practitioners have successfully completed treatments on several children. That is still not enough to meet our minimum requirement to close the study. We need a few more hundreds of qualifying children to enroll in the study and complete the treatments successfully. Children are getting enrolled in the study, but more than 50% enrolled children are being rejected during the selection process due to abnormal blood results in their laboratory work. the entire weekend, including the class on Sunday. Licensed acupuncturists were not the majority among the symposium attendees this year.

Dr. Devi then concluded her speech after expressing sincere thanks from NAET® and NAR Foundation to all attendees of the symposium, supporters of NAET® including speakers, volunteers, vendors, fundraisers, NST Instructors, and our NAET® emissaries from other countries.

NAR Foundation also expressed its heartfelt thanks to all donors of ASD study. NARF also conveyed its thanks to the hotel catering management and their assistants for providing best variety of food, and assisting the attendees spend two days in total comfort. Dr. Devi announced that this was the last year for her office to hold the NAET/NARF annual symposium since she has 100 percent retired from her clinical duties and unable to organize the annual symposium. She invited other NAET practitioners to join hands and continue the legacy. Liezl Apante, RN, HHP, is one of the directors for fundraising. She and a group of volunteer-NAET practitioners have volunteered to take over the organization of annual symposium from 2017 onwards.

SYMPOSIUM CLOSED WITH A SURPRISE RETIREMENT PARTY FOR DR. DEVI THAT WAS ORGANIZED BY OUR NAET FUNDRAISERS AL CHERNOFF, MARYLynn CHERNOFF, BARBARA CESMAT, LIEZL APANTE AND ROY NAMBUDRIPAD.

ABOUT THE SPEAKERS AND THE PRESENTATION
John Crandall, DC from New York and Tom Anderson, DC from Utah were the MCs this year. They used the time very wisely cracking a few jokes between the speakers keeping the audience in good humor.

Jenny Brook, MS. Statistician, UCLA, CA
Jenny Brook is the statistician managing the NAET Global Autism Study that began in 2015. She explained about various types of clinical trials to the audience and discussed how they are set up and why we need them. She also discussed about the randomized versus non-randomized trials and discussed the reason behind using placebo.
in trials. Her explanation also included how the study participants, other patients with allergy based autism as well as other health disorders arising from allergy-related causes will benefit from this study when we publish the study. It was an excellent presentation on a least understood topic to most audience.

Helen Bowman, ND, UK
Helen Bowman talked about Down Syndrome, a genetic condition, caused by the presence of an extra copy of chromosome 21. She discussed in detail about the types of Down syndrome, features associated with Down Syndrome and NAET protocol to manage Down syndrome. She presented before and after NAET treatments of video presentation of a few recovered children with Down syndrome through NAET protocol. Amazing presentation!

Sue Anderson, D.C., F.I.A.M.A.
Sue Anderson’s topic of presentation was about “Transforming Lives with N.A.E.T.- it is a wonderful life.” Most of you who are practicing NAET do not need much explanation of the title of the topic, do you? You see this type of transformation of lives in your practice everyday. But it is an eye opener with “Aaha” moments to most new NAET practitioners. This year we did have many new and first time symposium attendees who sat and listened to dr. Anderson’s every word with wide open eyes and ears. Great Topic! Dr. Sue Anderson is an impressive and excellent speaker. Practitioners eagerly look forward to her unique presentation every year with great interest.

Susan Cunningham, DC
Dr. Susan Cunningham presented an excellent paper on Congestive Heart Failure. She discussed what is heart failure, the mechanism of a normal, functional heart, symptoms of the disease, the possible causes leading to heart failure, the symptoms of heart failure, conventional treatments and NAET protocol. She discussed how her young patient with stage IV heart failure with no hope of recovery in sight was assisted through NAET to overcome her heart failure through NAET treatments and appropriate nutritional supplementation. She also shared the NAET protocol that helped this young lady through her amazing journey to well-ness. Excellent presentation of the incredible recovery of this case left the audience breathless. Great Presentation Indeed!

Rene Kimberling, RN, ND
Fighting Lyme Disease with NAET was the topic Dr. Kimberling selected to speak at this symposium. Couldn’t have chosen a better topic of interest. Lyme disease is becoming like an epidemic lately. The patients who have Lyme disease, the families and their doctors are all puzzled and worried about the progression, treatment and outcome of this disease. Diagnosing Lyme disease is the hardest part. Once diagnosed, proper NAET treatments will provide better outcome to these patients. Renee Kimberling shared the Lyme protocol she uses successfully in her practice. Very useful information presented to the adience who could put to work as soon as they return to work. Excellent presentation!

Sharon Havis, DC
Dr. Sharon Havis shared her unique NAET protocol to eliminate Alopecia. She explained to the audience about what is Alopecia, possible causes, symptoms of alopecia, conventional treatments and NAET protocol to treat alopecia. She shared the NAET protocol in detail through a case presentation. She also shared the before and after NAET treatment photograph of her patient who was treated successfully through NAET. Great speaker and excellent presentation!

Tom Anderson, DC
A successful NAET® practitioner for 19 years, Dr. Tom Anderson decided to teach a practice building class on the eve of the symposium. It was very well attended, the attendees praised Doctor Anderson’s useful practice management tips. He also generously donated the entire sales amount of $420.00 to NARF ASD study.

Dr. Anderson also presented his paper on various successful NAET case studies from his practice. NAET results are effectively shared with other practitioners through case studies from the speaker’s practice. Tom Anderson also shared NAET Protocol on the cases he presented. Very useful information and excellent presentation!

Kristen Coutre, Ph.D.
How uniquely Dr. Kristen Coutre thought about presenting the topic on Labour and delivery at a NAET Symposium! People do not think how important the prenatal life, labor and delivery affect people all over the world. If a child had a stress-free, normal prenatal life, stress and anxious free labor and delivery, then the rest of it’s life is going to be an easy sail. Through several cases in our NAET practice it has come to our attention that most health problems in people that we see around us and among us have the roots at prenatal period, then more happens just before and during labor, and immediately after delivery. If there was no physical or emotional trauma inflicted to the fetus and then to the new born, one may not see too many allergies and sicknesses among people all over the world. Great Topic! Wish everybody in the world will pay attention to this topic and do something about it. Excellent presentation!

Roya Nikzad, L.Ac., Ph.D
More and more people are realizing lately that the expression of genes is influenced by the environment and lifestyle choices. Your DNA code is fixed for life but the epigenome is flexible and could rapidly change by environment and lifestyle choices. Expression of your genes is affected by nutrition, environment, stress, genetics, and the body’s internal chemical and hormonal state. This is why NAET stresses the importance of treating not just basic -15 but the whole NAET Energy balancing master Kit-1 with 78 groups of allergens, then choose right nutrition, live in a stress free and loving environment then
NAET Testimonials From Practitioners

This is a follow up on patient Joni Reeves who was treated for Lyme disease in Spring 2016. Her treatment consisted of NAET plus some big doses of Lipospheric vitamin C. You distributed her personal testimonial. Today she was examined and continues to do well. She continues to test negative to the Lyme test vial. She is a happy patient.

Paul Honan, MD
Indiana

I have helped three patients who were suicidal...They are leading a very happy life.

A 62 year old female patient suffered from severe headache for the past 10 months. She was unable to sleep and suffered severe depression. The patient was unaware that emotions could lead to headaches. Her emotional blocks were due to family issues. After the basic food allergies and emotional clearance she is completely free from headaches. She says “I sleep like a baby now”. She is very grateful to NAET.

I have many cases where patients could not sleep, had severe headaches, stomach issues, aches and pains where the root cause was emotional blocks. Those who could not sleep for years are enjoying life now. No sleeping pills.

A 40 yr. old female patient who suffered from severe arthritis, and was on wheelchair for years, is now walking. She had married a male not of her choice and the male was intellectually subnormal. This made her feel very depressed. After working with her for over an year, clearing her allergies and her emotional blocks, she is walking and enjoys her life. She can take care of herself, eat on her own, can even go for parties. She is ever grateful to NAET.

Emotional allergy to money

A 68 yr. old female patient who suffered from multiple problems, had gone to best doctors in the world for her health issues finally came to me for NAET. Initially she cried for hours in my office on each appointment. I had to call her before clinic hours because she would take a lot of time narrating her stories. She has very severe family problems with her mother, children, daughters-in-law, and anyone one could think of. Always, she said that others are torturing her, she was always right. Money was the main issue. She felt much better after she passed the money related emotions. We worked on her allergies and emotional blockages. We had to treat her for several emotions. Now, she is in perfect health, including all her blood works show a very healthy individual. She is very grateful to NAET. She always says “Dr. Devi is a genius. How could she ever think of all that she has discovered.”

Sister Naina, Bangalore, India

A 4-year old little girl came to me, because she had terrible problems with her lung, a lot of allergies and also some emotional problems. She really worried about her mother, this was her biggest problem.

Very often the girl got pneumonia. The doctor told the mother it would be useful if they can visit a salt-radon gallery as therapy. As they visited the gallery, the girl got a pneumonia again, although she was healthy when they were on the way to the gallery. This gave me a very helpful hint what to treat. I treated the salt! She was really allergic to salt, but nobody knew this before. Therefore she ate the salt of course everyday. I also treated the salt with emotions and since then the girl has not had any pneumonia again.

A young lady came to my office, because of her really terrible neurodermitis. It was the worst neurodermitis, that I have ever seen. She wore long clothes, so that nobody could see her wounds. Very often she was in the hospital for different treatments with salves, where she had to stay for about 3 weeks, lying in a bed, because otherwise her skin would break and bleed.

I treated the NAET basics and found out that she had some emotional problems. I tested different emotions and treated them. The neurodermitis was gone completely and the young, beautiful women got a new healthy life. In her first summer without the skin problem she wore short trousers and shirts, she was tanned and very very happy! Now she is a sunshine person and very happy with her husband and her children. Before she cam to me, she tried a lot of different treatments and therapies, but nothing helped her.

When I think about this story, I still have tears in my eyes! I hope you like this cases and find them interesting too! Cont’d on page 7
In this book, Dr. Devi writes about the remarkable treatment of allergies which are highly influenced by specific emotional factors. Most of us are essentially ignorant of the fact that emotions can severely affect allergic reactions. With NAET®, some of these emotional factors can have a lasting effect on the individual patient.

**NAET® BOOKS :**
1. Introduction to NAET®
2. Say Goodbye To Illness-English 3rd. ed. also Available in Spanish, French, German, and Japanese.
3. Living Pain Free
4. Say Goodbye to ADD & ADHD
5. Say Goodbye to Allergy-related Autism
6. Say Good-bye to Children’s Allergies
7. Say Good-bye to Your Allergies
8. Say good-bye to Asthma
9. Say Goodbye to Headaches
10. Freedom From Environmental Sensitivities
11. Freedom From Chemical sensitivities
12. Eliminate Your Pet’s Allergies
13. Freedom From Eczema
14. NAET® Pain Relief
15. Help is Here for the Injured
16. The NAET® Guidebook, 9th Ed
17. Book Audio CD of: Say Goodbye to Your Allergies”
18. Resetting Your Emotions

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**NUTRITION FOR ALL**

**Nutrition Corner**

Holiday Pumpkin Muffins

By Rajsree Nambudripad, MD

These are grain-free "paleo" muffins that come out moist and delicious! They deliver all the flavors of pumpkin pie and are quite filling and satisfying. Because they are grain-free, they have a lower glycemic index and a very reasonable carbohydrate content. Great for breakfast, dessert, or an energizing snack on-the-go. Pumpkin is high in fiber, beta-carotene, potassium and other trace minerals. Coconut oil is wonderful for baking since it is stable at high temperatures. It has immune- and brain-boosting properties and helps to keep blood sugar levels stable.

- ½ cup coconut flour
- ¼ cup coconut oil
- ¼ tsp salt
- 1 tsp baking soda
- 4 eggs
- 1 can of 100% pumpkin (check can to make sure no other ingredients) (15 oz)
- 1 can of sweetened condensed milk (14 oz)
- 1 tsp vanilla extract
- ¼ cup of brown sugar packed
- 1 ½ tablespoons of pumpkin pie spice
- ½ cup chopped pecans
- Coconut oil spray

**Instructions:**
1. Preheat oven to 375 degrees.
2. In a large bowl, mix together all the dry ingredients (coconut flour, baking soda, salt, pumpkin pie spice).
3. If your coconut oil is solid at room temperature, you will need to melt it first. If it is in a glass jar you can microwave it for 30 seconds. Or you can place the jar in a pot of hot water for a few minutes. You want the coconut oil to be liquid, but NOT hot.
4. Mix together the wet ingredients in a large bowl (eggs, coconut oil, condensed milk, brown sugar, pumpkin, vanilla extract).
5. Add the dry ingredients to the wet ingredients in batches and stir to combine.
6. Add ½ cup chopped pecans to the batter.
7. Prepare a cupcake tray with 12 cupcake liners, sprayed with coconut oil spray.
8. Ladle the batter into the cupcake liners and bake for about 15 minutes, or until golden brown on the top and a knife inserted comes out clean.
9. Enjoy with a cup of tea or coffee!
Thank you and all the best,
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More Testimonials from Practitioners

Case 1: Mother in her early 40s came to NAET for treatments. She had suffered from digestive issues, fatigue, headaches since her early 20s and doctors could not find a cause for her increasingly worsening conditions. She obtained significant relief when she cut out dairy and gluten from her diet and “proved” to her family that her conditions were not made up or “in her head”. Upon clearing her for gluten and dairy, she continued to have symptoms of dairy and gluten allergies. QRT consistently revealed that her immune system was not having allergic reactions to either of those food groups, yet she continued to experience discomfort upon consumption. Curiously, she traveled away from her home (friends and family) for work and was accidentally given gluten and dairy containing meals for 3 days. She experienced absolutely no symptoms and was amazed that she was able to enjoy gluten and dairy! Upon returning home, however, she began too have the symptoms again on exposure to these items.

She had become identified with the label of “dairy free” and “gluten free” as a guarantee that in her earlier years, she was not making up her illnesses and that her symptoms were not “in her head”. Clearing these items put her integrity at risk with their friends and family, whom, after many years, she had finally been able to convince as to the cause of her illnesses. We treated for the need to be “right”, for her need to have justifications in her conditions, for her fear of having her family and friends think that she was making things up all along, and various other emotional programs regarding her insecurities.

She was able to clear all of those emotional issues and found the courage to be genuine in her experiences with diet and health. She now consumes gluten and dairy with no adverse effects and has no regards or anxiety resulting from the thoughts of others as to her conditions.

Case 2: A female in her 20s arrived at the practice for NAET to manage extreme anxiety, sudden weight loss, and inability to digest and process foods. At the first office visit she was treated for BBF, and we identified several issues triggering her symptoms. On the second visit, she was cleared for fear, insecurity, and anxiety/panic relating to her parents’ relationship (they had divorced several years prior) and her incapacity to maintain friend/colleague/romantic relationships. Her weight loss stabilized and she returned to having more normal digestion as she progressed in clearing the Basic Mixes.

She was able to expand her diet significantly and in eating more food, she experienced horrible nausea upon eating bananas. She had an emotional allergy to banana. As a nervous child, anytime she had to take any medication, her father would insert the pill or capsule into a piece of banana so that she would not know that she was taking a medicine. She always had sensitivities to medicines and would refuse to take them so the father tried to “trick” her so that she would not know she was taking medicine. Her body associated banana with the allergy to medications, and any time she ate banana, her body would react as if medication was being taken. We treated her for the banana and for the memories of being given banana by her father when she was ill. She cleared the treatment and was able to eat bananas with no reactions.

Case 3: Female in her early 30s came for NAET treatments to address severe itching and skin rashes. QRT revealed she was highly allergic to eggs, sugar, caffeine, environmental allergies and dust, among other allergies. Upon treating Egg Mix, QRT showed that she had an emotional allergy to eggs, chicken and feathers. Through muscle testing we identified the age of the emotional allergy and she recalled visiting family at a farm when she was 9 years old. She was playing hide and seek with their cousins and ran into the barn, accidentally tripping over the eggs that had been collected for the next day to sell. She was reprimanded, embarrassed and felt very sad following the visit. After clearing for the emotions surrounding that memory, she was able to clear the Egg mix and each individual component item. She was able to eat eggs and chicken with no itching, and QRT revealed that her clearing for the feathers was the reason her skin inflammation subsided significantly after the treatment for Egg Mix.

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Testimonials from a NAET® Practitioner:

Warts (verrucae vulgaris) seemingly are trivial compared to the serious conditions that can be treated by NAET successfully. They are associated with the human papilloma virus infection. However, for the patient with warts it can be a problem. Their location can be painful, unsightly or bothersome. Fortunately, warts can be treated successfully with NAET. It is interesting that sometimes warts disappear after NAET for some of the basic allergens even before they are treated with the wart vial. After NAET therapy the warts may disappear within a few weeks after treating the basics and sometimes after 2 or 3 months.

A truck driver had a wart under his thumbnail treated with liquid nitrogen on two occasions. He said the treatment was painful. The wart reappeared. After NAET therapy, it has not returned after 10 years. A dentist had a painful plantar wart for 10 years. Surgical removal had been repeated a few times. She said the treatment was painful. After NAET therapy several years ago the wart disappeared and has not returned. An anxious father was concerned about the warts on his 5-year old daughter’s face and rather demanded surgical removal. At the hospital and under general anesthesia I removed the warts with electro-cautery. Another wart appeared on her face. The anesthesiologist said he would refuse to administer another general anesthesia for a trivial wart. After NAET therapy the wart disappeared.

A 5-year old boy had 7 warts on his face. His dermatologist advised surgical removal. After NAET therapy the warts fell off. Two years later a wart appeared on his penis. It was removed with NAET therapy.

The technique used in this office is to use NAET to remove the basic allergens that test sensitive. Then a tissue rubbed on the patient’s wart plus the wart vial are used for a NAET treatment. Sometimes the wart test vial is used in addition to other NAET treatments. Most warts disappear 2 or 3 months after NAET therapy.

Patients greatly appreciate the painless wart removal with NAET therapy.

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For more Information on NAET: please visit:
www.naet.com