



LEXINGTON MEDICAL SOCIETY

Physicians caring for the community since 1799

July 2017

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Upcoming Events:

August 23
**LMS Foundation Golf
Tournament, Houston
Oaks Golf Course**

August 25-27
**KMA Annual Meeting
Hyatt Regency,
Louisville**

September 4
**Nominations for LMS
Officers & Awards due**

October 10
**LMS General Mtg
Hilary J. Boone Ctr**

October 13-14
**LMS Bourbon Team
raises money for the
American Cancer Soc**

November 14
**LMS General Mtg
Hilary J. Boone Ctr**



Robert P. Granacher, Jr., MD, MBA

President's Message:

I am announcing that the Lexington Medical Society (LMS) will be initiating its new Medical Student Mentorship Program, in conjunction with the University of Kentucky, College of Medicine, during August 2017. We are asking as many LMS doctors as possible, or any other interested doctors in the Central Kentucky area, to provide a mentorship opportunity to our medical students. The first launch of this program will enable LMS to work out the bugs in the system.

LMS has obtained a sophisticated software system that will match mentor with mentee by use of a simple online screening of mutual interests so that compatibilities can be matched between the mentor and the mentee. This software will also enable the mentor to monitor the mentee relationship and log contacts with the mentee. This is a very sophisticated system that LMS purchased and it is emerging across the United States to assist with mentorship programs.

A number of studies have been published recently on the benefits of mentoring. A Durham University study in the United Kingdom (www.dur.ac.uk/mentoring/, site accessed 06.09.2017) found that mentees received from their mentors in part: advice and encouragement, and both were part of a supportive relationship. The mentor was able to assist the mentee with problem-solving, improve their self-confidence, offer professional development, and encourage reflection on practice.

This survey also noted that mentors received substantial personal benefits, such as an opportunity to reflect on one's own practice, enhancement of job satisfaction, the development of professional relationships with future physicians, enhancement of peer recognition, and offering the clinician's experience to a new person. It widened the understanding of the organization (e.g., UKCOM), and the way it functions, enabled the mentor to practice interpersonal skills, and provided personal satisfaction through supporting the development of mentees.

A research article by Frei, Stamm, and Buddeberg-Fisher of Zurich University in 2010 reviewed the PubMed literature from 2000 to 2008 (BMC Medical Education [2010] 10:32 DOI:10.1186/1472-6920-10-32). The authors reviewed 438 publications and identified 25 papers that met the selection criteria for structured programs and medical student mentoring surveys. This study noted that mentoring is obviously an important career advancement tool for medical students, but in Europe, more mentoring programs should be developed. The authors suggested that any new programs needed to be rigorously assessed based on evidence of their value in terms of both their impact on the career paths of junior medical students and their benefit for the mentors.

Please assist LMS in this important endeavor. We are developing stronger and stronger relationships with UKCOM on a yearly basis, and this is certainly an opportunity for us to en-

hance the stature of LMS *vis-à-vis* the University of Kentucky College of Medicine students. Remember, some day they may become LMS physician members. If you wish to help, please contact Chris Hickey, CEO at LMS.

Robert P. Granacher, Jr., M.D., MBA

NOMINATIONS NEEDED:



LMS is now taking nominations for 2018 LMS Officers: President-Elect, Vice President-Elect & Judicial Committee & for the 2017 Jack Trevey Award for Community Service & the Carolyn Kurz Lay Person Award for Distinguished Service.

- ♦ The Jack Trevey Award for Community Service recognizes a LMS member who performs outstanding service to the community by direct involvement in the community beyond his/her role as a physician. Such individuals might include physician volunteers in the community, physicians service on school boards, or involved in local or state government.
- ♦ The Carolyn Kurz Lay Person Award for Distinguished Service recognizes individuals other than physicians who reside or work in Fayette County who perform distinguished services in the area of medical science, medical education, medical care, or other areas which directly impacts the health & well-being of Fayette County citizens.

For more information visit www.LexingtonDoctors.org.
Nominations can be submitted to Chris Hickey (859) 278-0569
or cmhickey@lexingtondoctors.org.

The deadline for nominations is September 4.

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Mission:

The Lexington Medical Society is the principal voice & resource for Central Kentucky physicians to enhance their professional lives & improve the health of the community.

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Cindy Madison
Newsletter Editor/Membership
cmadison@LexingtonDoctors.org

LMS NEWSLETTER

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2628 Wilhite Court, Suite 201
Lexington, KY 40503-3328

(859) 278-0569; fax (859) 277-3919
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