



buy better
toss smarter™



An initiative to support
Falmouth restaurants in
their efforts to adopt
better purchasing and
recycling practices.



Buy Better for Your Business

- Buy products that are made of **renewable** materials.
- Buy products that are **safe** and don't leach chemicals into food.
- Buy products that are **recyclable**.
- Buy products that are best for your **customers**.

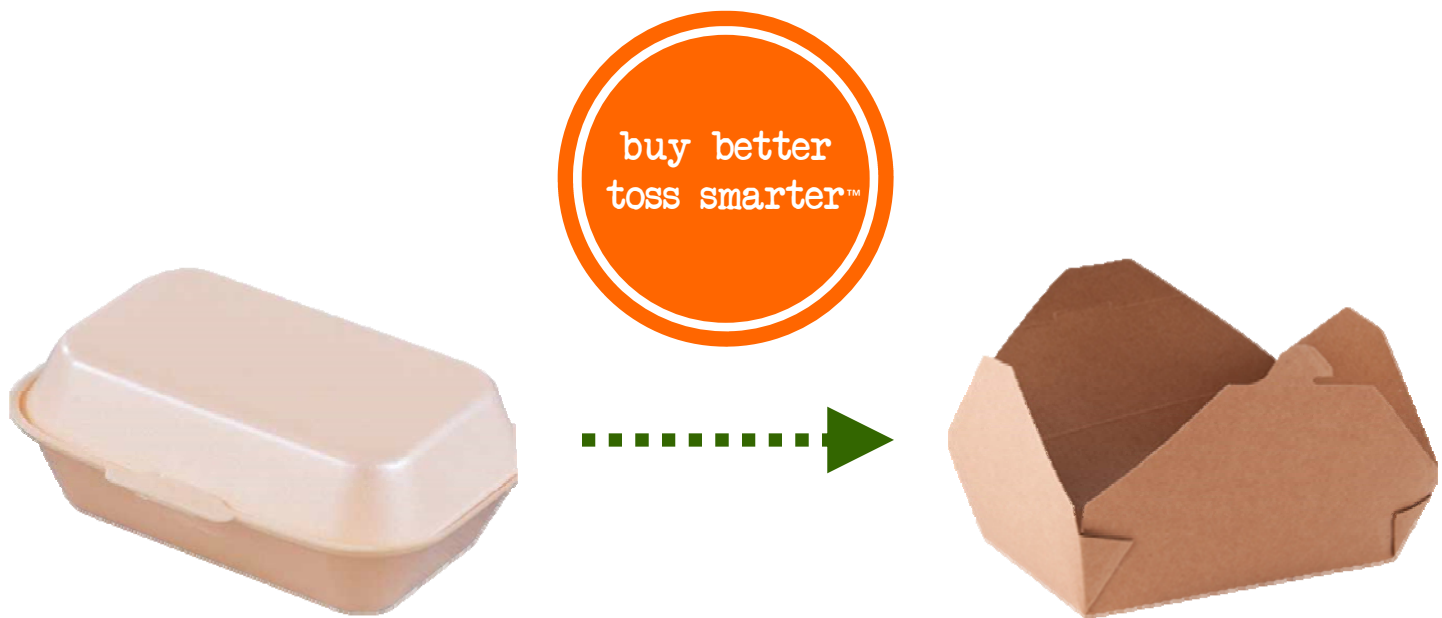
Statistics Corner

Every ton of recycled paper products made from 100% post-consumer waste saves:

390 gallons of oil
12 trees
3 cubic yards of landfill space
1,087 pounds of solid waste
1,196 gallons of water
1,976 pounds of greenhouse gases
1,560 kilowatts of energy
9 pounds of HAPs, VOCs & AOXs

Source: earthsource.org





Your Container Choice Matters

Styrofoam

- Plastic made from petroleum oil.
- Not recyclable on the Cape.
- Toxic chemicals leach into hot food (especially in a microwave).
- Shown to cause health issues.
- Least environmentally responsible option.

Source: earthsource.org

Recycled Cardboard

- Made from 100% recycled paper.
- Recyclable/compostable on the Cape.
- No toxic chemicals.
- No adverse health risks.
- Most environmentally responsible option.

Source: soopak.com

Cape Cod Paper Co.

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1142 Main Street
Dennis, MA
Sales Rep: Eric Bohlin
774-353-7012

BioPak Carry-Out Containers

Available in black, white, and kraft. Recyclable. ★



5" x 4.5" x 2.5"
450 Count \$84.42
Unit Price 19¢
8.5" x 6.25" x 2.5"
250 Count \$64.08
Unit Price 26¢
8.75" x 6.5" x 3.5"
160 Count \$61.65
Unit Price 39¢

Fold-Pak BioPlus Earth Food Container

Made from 100% recycled paper. Leak resistant. Microwavable. Poly-coated interior. Clay-coated exterior. Cut resistant. One-piece design requires no assembly. Recyclable. ★



Size 1: 2.5" x 4.5" x 3.5"
450 Count \$80.38
Unit Price 18¢
Size 2: 2.5" x 7.75" x 5.5"
200 Count \$55.42
Unit Price 28¢

GreenWave Bagasse Boxes

Biodegradable. Compostable. Microwavable. Non-toxic. 100% natural. No bleaching. Renewable resource. Withstands oil to 302°F. Withstands water to 212°F. Certified biodegradable by BPI and USCC.



9" x 6" x 3"
300 Count \$46.63
Unit Price 16¢
9" x 9" x 3"
300 Count \$64.73
Unit Price 22¢
9" x 12" x 3"
150 Count \$58.58
Unit Price 39¢



GreenWave Bagasse Burger Box

Biodegradable. Compostable. Microwavable. Non-toxic. 100% natural. No bleaching. Renewable resource. Withstands oil to 302°F. Withstands water to 212°F. Certified biodegradable by BPI and USCC.

6" x 6" x 3"
400 Count \$44.12
Unit Price 11¢

Ice Cream Containers

(more information for ice cream shops available separately)

Fabri-Kal® indulge™ Dessert Container

Biodegradable. Made entirely from PETE. 20% post-consumer recycled material. Recyclable.

8-Ounce Size
1,000 Count \$73.10
Unit Price 7¢

12-Ounce Size
1,000 Count \$81.52
Unit Price 8¢



Fabri-Kal® indulge™ Dessert Container Lid

Attach to containers for to-go orders. Biodegradable. Made entirely from PETE. 20% post-consumer recycled material. Recyclable.

1,000 Count \$51.39
Unit Price 5¢

W.B. Mason

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Brockton, MA
888-926-2766



Green Wave ★ 3- Compartment Microwavable Biodegradable Container

9" x 9" x 3" Item GNWTWB013
300 Count \$100.79
Unit Price 34¢



Green Wave ★ 1-Compartment Bagasse Container

9" x 6" x 3" Item GNWTWB003
300 Count \$82.79
Unit Price 28¢



Eco-Products Renewable & Compostable Rectangular Deli Containers

32-Ounce Item ECOEPRC32
200 Count \$116.69
Unit Price 58¢



Eco-Products Renewable, Compostable Salad Bowl & Lid

24-Ounce Item ECOEPSB24
150 Count \$78.49
Unit Price 52¢



Eco-Products Renewable & Compostable Sugarcane Clamshells

9" x 9" x 3" Item ECOEPHC91
200 Count \$80.69
Unit Price 40¢



Dixie EcoSmart Molded Fiber Food Containers

Item DXEES9CSCOMP
250 Count \$148.39
Unit Price 59¢

Dine-In Options

Baumgartens Conserve Sugarcane ★ 3-Compartment Plate



Sugarcane fiber. Sturdier and more rigid than paper. Cut-resistant. Safe for microwave and freezer.

9" Item BAU10216
100 Count \$31.39
Unit Price 31¢

Eco-Products Renewable & Compostable Square Sugarcane Plates



Made entirely of sugarcane fibers. Safe for microwave and freezer. Grease and cut resistant.

6.5" Item ECOEPP021
500 Count \$124.99
Unit Price 25¢

Eco-Products Renewable & Compostable Sugarcane Plates Convenience Pack



Made entirely of sugarcane fibers. Microwave and freezer safe. Grease and cut resistant.

6" Item ECOEPP016PK
50 Count \$6.29
Unit Price 13¢

Green Wave Bagasse Plate



100% compostable and biodegradable. Made from renewable and sustainable resources. Handles high heat and cold temperatures. No plastic based resins used in manufacturing. Built in venting. Third party certifications for composting ability.

9" Item GNWTWP010S
500 Count \$61.99
Unit Price 12¢

W.B. Mason



Brockton, MA
888-926-2766

Stalk Market Compostable Pearl White Cutlery



Made from compostable, fully renewable CPLA bio-plastic.
Compostable in commercial facilities. Heat-resistant to 185°F.

Spoon Item STMCPLA003
1,000 Count \$111.08
Unit Price 11¢

Fork Item STMCPLA002
1,000 Count \$110.83
Unit Price 11¢

Knife Item STMCPLA001
1,000 Count \$111.07
Unit Price 11¢

Eco-Products® 100% Recycled Content Cutlery



Strong and heat tolerant to 200°F. Comparable to conventional plastic. Excellent for hot foods and liquids.

Spoon Item ECOEPS113
1,000 Count \$79.79
Unit Price 8¢

Fork Item: ECOEPS112
1,000 Count \$79.79
Unit Price 8¢

Knife Item ECOEPS111
1,000 Count \$79.79
Unit Price 8¢

Eco-Products® Plant Starch Cutlery

Made with 70% renewable resources. Heat resistant to 200°F. Reinforced, ribbed handles.

Spoon Item ECOEPS003
1,000 Count \$74.59
Unit Price 7¢

Fork Item ECOEPS002
1,000 Count \$93.39
Unit Price 9¢

Knife Item ECOEPS001
1,000 Count \$75.59
Unit Price 8¢

Eco-Products® Renewable Individually Wrapped Plant Starch Cutlery

Made with 70% renewable resources. Heat resistant to 200°F. Reinforced, ribbed handles.

Spoon Item ECOEPS073
750 Count \$104.99
Unit Price 14¢

Fork Item ECOEPS072
750 Count \$74.59
Unit Price 10¢

Knife Item ECOEPS071
750 Count \$104.99
Unit Price 14¢

Don't Forget
About the
Cutlery!



Trimark

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505 Collins Street
South Attleboro, MA
508-339-2400

Bio-Pak ★

Made from 100% recycled paper. Offered in natural Kraft or with our stock print design. Recyclable.



Size #1: 5" x 4.25" x 2.5"

450 Count \$71.21

Unit Price 16¢

Size #3: 8.5" x 6.25" x 2.5"

200 Count \$56.26

Unit Price 28¢

Size #4: 8.75" x 6.5" x 3.5"

160 Count \$55.41

Unit Price 35¢



Shopping Bags with Handles

Recyclable.

13" x 7" x 13"

250 Count \$76.91

Unit Price 31¢



Kraft 2-Ply Biodegradable Napkins

3,000 Count \$82.11

Unit Price 3¢

More Statistics!

- The production of plastic accounts for about 8% of the world's oil production, adding greenhouse gases into the atmosphere.
- Billions of pounds of plastic can be found across the oceans.
- 80% of pollution enters the ocean from the land.
- Annually, over one million sea birds and 100,000 marine mammals are killed due to the plastic in our oceans.
- Plastic chemicals can be absorbed by the body.

Source: EcoWatch.org



Toss Smarter for Your Customers

- Recycling benefits your **community**.
- Recycling saves **resources** and conserves **energy**.
- Recycling demonstrates your commitment to the **environment**.
- Recycling is what **customers** are looking for.

How to Get Started

1. Contact your supplier and ask about alternative packaging options.
2. Reach out to local waste haulers that serve businesses and contract for recyclable materials.
3. Look into local composting options.
4. Educate employees on the importance of recycling practices.
5. Advocate for recycling on Falmouth's Main Street.



Cape & Islands Green

Cape & Islands Green is a Cape-based self-certification program. The Community Development Partnership offers a 3-part workshop series that has conservation, energy efficiency, and renewable resource components. In order to receive verification and Cape & Islands marketing materials, participants must complete the Cape & Islands Green Workshop and comply with the verification worksheet.



Consider joining other Cape Cod businesses by pursuing certification. Call or email Pam Andersen of the Community Development Partnership at pam@capecdp.org or 508-240-7873, extension 18.

For more information, to see a list of participants, or to download a copy of the Level I checklist, visit the web site at:

<http://www.capecodchamber.org/capeandislandsgreen>

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Food for Thought



Falmouth's beautiful villages and coastline draw visitors from around the world each year. In addition to its history, flora, and fauna, Falmouth is home to a vast array of marine life and some of the world's most highly regarded institutions of marine research.

The volume of plastic we use and discard every day threatens the very environment that entices people to visit and live here.

Rethinking what you purchase for your business will reduce adverse environmental impact in Falmouth and beyond.

Some restaurants choose to not serve their meals on real dishes. Obstacles include not having the equipment or staff to clean the dishes at a level that meets the demand and health code requirements. As a result, disposable plates and silverware made of styrofoam and non-recycled plastic are often used, but these materials have a large carbon footprint in their production and after only a few minutes of use, they end up in the landfill or local environment, where they will sit for 500-1,000 years before breaking down.

Making the switch to compostable, recycled, or recyclable disposables now will have a significant impact on the future of Falmouth and Cape Cod for generations to come!



Resources

Recycling Services

Republic Services

781-834-7004

republicservices.com



Nauset Disposal

508-255-1419

nausetdisposal.com

Cape & Islands Green Member

Cavossa Disposal Corporation

508-563-5070

cavossa.com

Recycling Works Massachusetts

8888-254-5525

recyclingworksma.com

Composting Services

Compost with Me

774-392-1440

compostwithme.com

Green Restaurant Association

617-737-4422

dinegreen.com

Manufacturers

Green Wave International

718-499-3371

greenwave.us.com

West-Rock (Fold Pak)

fold-pak.com

Eco Products

866-402-1831

ecoproductsstore.com

Fabri Kal

800-888-5054

fabri-kal.com

Local Agencies

Falmouth Department of Public Works

508-457-2543

www.falmouthmass.us

Falmouth Board of Selectmen

508-495-7320

www.falmouthmass.us/selectmen/

Barnstable County Cape Cod Extension

508-375-6974

<http://www.CapeCodExtension.org/hazardous-waste-water-quality/waste-reduction-recycling>

Cape & Islands Green

508-240-7873

<http://www.capecodchamber.org/capeandislandsgreeneen>



Printed on paper made from FSC certified 100% post-consumer fiber. Neutral pH and chlorine free.



Feedback? Suggestions?

Project Sponsor:

Jill Neubauer

jneubauer@jnarchitects.com

Intern:

Jillian Macura

greenadvocate@jnarchitects.com

Administrator:

Meredith Hunnibell

jna@jnarchitects.com

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