

**Saint Catherine of Siena School**  
**HEALTHY CHOICES SCHOOL LUNCH PROGRAM**  
**SAMPLE MENU FOR EACH DAY**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Entrée	Large Sub – 5.5 inches - \$3.50 Small Sub – 3.5 inches - \$3.00 Choices are: Italian, Turkey, Tuna	Large chicken tenders – 4 - \$3.50 Small chicken tenders – 3 - \$3.00	Large Mac & Cheese – 6 ounces - \$3.50 Small Mac & Cheese – 4 ounces - \$3.00	Large chicken tenders – 4 - \$3.50 Small chicken tenders – 3 - \$3.00	3 slices pizza - \$3.50 2 slices of pizza - \$3.00
Alternative Main Entree	5 ounces plain penne pasta - \$3.50	Caesar salad - \$3.50	5 ounces plain penne pasta - \$3.50	Entrée garden salad - \$3.50	5 ounces plain penne pasta - \$3.50
Ala Carte Items available every day					
Breadsticks (2) - \$1.00 Yogurt - \$1.00 Cookies - \$1.00 Apple - \$1.00 Carrots - \$1.00 Lays snack chips - \$1.00 Side Caesar salad - \$2.00 Side Garden salad - \$2.00					
Beverages: White milk - \$.60 Chocolate milk - \$.60					