



# THE UNIVIEW

February - March 2018

**Unitarian Universalist  
Church of Lexington**

**ACTION. LOVE. JUSTICE.**

3564 Clays Mill Road  
www.uucl.org  
859-223-1448

**Sunday Services 11:00 AM**  
Childcare Available 9-12

Office Hours 9-3  
Mo/Tu/Th/Fr

**Minister**

Rev. Brian Chenowith  
[minister@uucl.org](mailto:minister@uucl.org)

**Director of  
Religious Exploration**

Stacey Stone  
[uucldre@uucl.org](mailto:uucldre@uucl.org)

**Director of Music**

Sally McCord  
[music@uucl.org](mailto:music@uucl.org)

**Office Manager**

Kim Bennett  
[office@uucl.org](mailto:office@uucl.org)

**Community Minister**

Rev. Diana Hultgren  
[community@uucl.org](mailto:community@uucl.org)

**Minister Emerita**

Hon. Rev. Kelly Flood

**Board of Directors**

[board@uucl.org](mailto:board@uucl.org)

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## Our Journey Together

*Stacey Stone*

Director of Religious Exploration for Children, Youth, and Families



Safety has been weighing on my mind lately. As a parent, the safety of my children has always been a concern. In today's world, safety means more than avoiding stepping on a rusty nail and looking both ways when crossing the street, which seem to be the biggest lessons of my childhood.

We live in a world where children and adults may face life-threatening danger in places of learning and worship. What can we do?

1. We can be involved in the discussion and let our elected officials know what concerns we have.
2. We can offer support to other parents. These are anxious times in which we live. We need community and connection to help us look out for each other. *On Sunday, February 25 from 12:30 PM - 2:00 PM, families are invited to our first Circle of Parents! Childcare will be provided, but please bring a sack lunch for you and your children.*
3. We can listen to our children and the children around us to be sure they have the help and support they need to thrive.
4. We can work as a church to create a safer place for people of all ages.

I am participating in the UU Leadership Institute's "Fostering Safer Congregations" webinar series. There will be many discussion points for the whole church to share involvement in the conversation and planning. If this is your field of expertise, or you would like to be involved, please contact me at [uucldre@uucl.org](mailto:uucldre@uucl.org).

We are growing together, creating connections and making a difference. Thank you for being part of our chosen family!

And welcome to all of our new families! [Here](#) is the link to register your family, and join our secure closed Facebook parents' group for support, resources, and up-to-date info on classes and projects. It is also where any pictures of our children are posted.

Wishing You Peace and Wonder,  
Stacey Stone

## RE In Action

Stacey Stone

Director of Religious Exploration for Children, Youth, and Families

**February RE Service Project:** When I look back at past RE pictures, I am reminded that those bright children are now in college and beyond! If your young adult is in college or newly out in the world, we would like to send a care package of love and treats from UUCL. Please send the mailing address to me at [uucldre@uucl.org](mailto:uucldre@uucl.org). We also order Girl Scout cookies to include in the care packages. If your grown child has a favorite flavor, please let us know. We will assemble the care packages on Sunday, February 11. Donations of treats and lightweight fun items are helpful.

**PreK:** Becky Wallace is our coordinator and lead teacher. Adults read stories and our group of amazing young children participate in activities based on the seven UU principles. We always need parents and other caring adults to volunteer to help. Contact Becky at [becky.wallace@hotmail.com](mailto:becky.wallace@hotmail.com) for more information.

**1<sup>st</sup>/2<sup>nd</sup> and 3<sup>rd</sup>/4<sup>th</sup>/5<sup>th</sup>:** Our RE Studios will be exploring Bahai faith, Catholicism, Judaism, and Humanism in February and March. If you have experience in any of these beliefs, we would love to have your help as a Leader for 2 Sundays. Contact me at [uucldre@uucl.org](mailto:uucldre@uucl.org) if you would like to volunteer.

**6<sup>th</sup>/7<sup>th</sup>/8<sup>th</sup>:** Our Middle School class will be visiting the [Lexington Friends Meeting](#) on February 4, and on February 18, our Quaker youth friends will be visiting UUCL! We look forward to Building Bridges together. We have more visits planned this Spring. Contact me at [uucldre@uucl.org](mailto:uucldre@uucl.org) to receive more details.

**High School:** February 11 will be our multigenerational family-friendly worship service led by our High School youth. Our teens have put a lot of energy and more thought than you can imagine into the planning of this service on the theme of "Love." Please join us for this heart-felt exploration of Love with stories, songs, and more. I know you will be impressed, as I always am, with the depth of their thoughts on all aspects of Love.

### *Spring is just around the corner, and Easter is April 1!*

Every year we do an egg hunt on the playground directly after service for all children who want to join in on the fun. We ask that you bring a dozen filled eggs for each child who will participate. You can get creative on egg fillings with alternatives to candy, like: packets of flower and vegetable seeds, bubbles, stickers, small toys, etc. We have separate areas for children under 3 years old and for older children. This year, we will need a few adults to volunteer to oversee the egg hunt. Contact me at [uucldre@uucl.org](mailto:uucldre@uucl.org) for more information. If your children and youth are interested in participating in the Easter Children's Choir, please see the practice schedule below or contact Sally McCord at [music@uucl.org](mailto:music@uucl.org).

### Spring Music Makers Practice Schedule

Sunday, February 18, 12:30 PM - 1:30 PM

Tuesday, March 6, 6:00 PM - 7:00 PM

Sunday, March 18, 12:30 PM - 1:30 PM

Wednesday, March 28, 5:00 PM - 6:00 PM

Sunday, April 1, 10:00 AM

## Music Notes

Sally McCord  
Director of Music

*"For each child that's born a morning star rises and sings to the universe  
Who We Are.*

*We are our grandmothers' prayers. We are our grandfathers' dreamings.  
We are the breath of our ancestors. We are the spirit of God."*

-Ysaye M. Barnwell

Dr. Barnwell (1946-present) wrote the lyrics to this stirring hymn entitled "We Are," that reaches in and grabs you in music and verse. An African American woman who came of age during the heart of the Civil Rights Movement, she was a longtime member of Sweet Honey in the Rock, and has remained a committed Unitarian throughout her prestigious career. Working out of DC by way of New York, Dr. Barnwell combines her public health background with the arts through public service and amazing musical contributions as a musicologist, composer, arranger, lyricist, performer, singer, actress, writer, and "Building a Vocal Community" workshop coordinator.

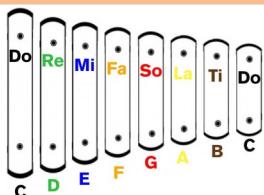


Unitarian British poet and hymnist, Sarah Fuller Adams (1805-1848), is best known for penning the words to the hymn "Nearer My God to Thee." Friends with Elizabeth Barrett and Robert Browning, she was also an early women's rights advocate.

Béla Bartók (1881-1945) first began collecting songs from Eastern Europe, especially in his native Hungary, and felt compelled to secure as many styles and tunes as possible. He realized how quickly they were disappearing due to industrialization, globalization, homogenization, and war. Ahead of his time as a musicologist, he collaborated with Turkish composer Ahmed Saygun (1907-1991) to accomplish his goal. As an immigrant to the United States, his long-held Unitarian roots and progressive thoughts made for a difficult adjustment to his new homeland, but he was a faithful Unitarian for the remainder of his life.

Rev. Dr. Christopher Moore (1929-1987), was hired to start a children's choir for the First Unitarian Church of Chicago, in 1956. There were 12 children in this first choir. The church wanted to publicly stand with the Civil Rights Movement and Rev. Moore was deeply committed to including young people from all areas of Chicago. He envisioned a multiracial, multicultural choir. He believed children could learn to understand each other by making beautiful music together. Today, this same choir that started in a small, simple way like every other children's church choir, draws members from every zip code in Chicago. The Chicago Children's Choir travels the world as musical ambassadors, and has over 3,000 young members. Participating in this choir as children has also had a profound impact on the lives of several UU Ministers!

It is easy to see the commonalities of these incredible musicians. Their love for humanity is inextricably connected to their love of music. It brings them to the certainty that music enlightens us and a conviction that acts of social justice can be propelled and directed through music and the arts. Music was the vehicle with which they worked to create lasting social change, and they all excelled in their fields. They never stopped working and growing as people or musicians. They did not let anything stop them from pursuing their goal and creed of bringing music and people together. These amazing artists inspire us daily in our work here at UUCL. With leaders like these, we can take courage as we work to grow as Unitarian Universalist musicians. Join the Music Program at UUCL and make your voice heard.

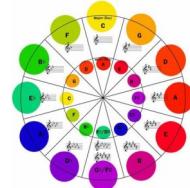


## FREE Music Theory Class

Wednesdays, January 31 - May 16

Great Hall, 6:00 PM - 6:30 PM

Contact: Sally McCord, [music@uocl.org](mailto:music@uocl.org)



Directly before Adult Choir Rehearsal, our Music Director Sally McCord will be offering this free class each Wednesday for UUCL members and their families (children age 12 and up). You will need to bring only a notebook, pencil, and your eyes and ears.

The Orff instruments will sometimes be used for demonstration. More advanced students who are relatively able to read music or understand intervals might wish to participate by being the assistant and playing the Orff instruments.

Basic sight reading and musical challenges will be provided, beginning with the absolute basics plus a little history of Western written music. We will progress each week throughout the semester and focus on the following areas: reading treble, ABC, and bass clef notation; recognizing and applying rhythmic notation; basic intervallic ear training and understanding the concepts of intervals; understanding the differences between major and minor intervals; understanding sharps and flats; understanding the concept of what "key" songs are written in; and the basics of scales and chords and how most of Western melody and harmony is created.

This is an interactive class whereby you will be asked to put rhythms into your body through movement and gesture, and you will be asked to sing and actively, intentionally listen. Join us for this great family activity which is also perfect for the teen or adult learner as well. We are never too old or too young to enjoy and benefit from the sacred wisdom that is Music!

## UUCL Conversation Circle

Scott Combes' Eagle Scout project is to create an outdoor conversation circle at UUCL. This will be a great addition to our grounds as an outdoor classroom and meeting place. If you would like to find out more about how you can support his efforts, please talk to Scott!

## Learn More about Unitarian Universalism

Are you new to UUCL?

Would you like to know more about our church and about Unitarian Universalism?

All are welcome to join us for UU 101, childcare is provided, and we would love to see you there!

**Sunday, February 25, Purple Classroom, 12:45 PM**

*Please Note: This will be the last UU 101 before the New Member Orientation on Sunday, March 18.*

Contact: Linda Porter and Steve Stone, [membership@uocl.org](mailto:membership@uocl.org).

## First Sundays at UUCL

### Give Away The Plate

February 4

### [Kentucky Refugee Ministries](#)

This outreach community advocates for and provides resettlement services to refugees to encourage hope and an increased sense of belonging and inclusion to our future American citizens.

### First Sunday Potlucks

February 4 & March 4

Fellowship Hall, 12:30 PM

Please bring a hearty dish to share, and join us for fellowship. This is a great time to meet people in the community. As always, visitors and newcomers are invited to be first in line!

### Give Away The Plate

March 4

### [DV8 Kitchen](#)

### [Vocational Training](#)

This restaurant operates as a second-chance employment opportunity for people in the early stage of substance abuse recovery who are trying to redirect their lives.

## UUCL Mentoring Program

*Liz Hansen*

Mentoring at Cardinal Valley Elementary Co-Chair

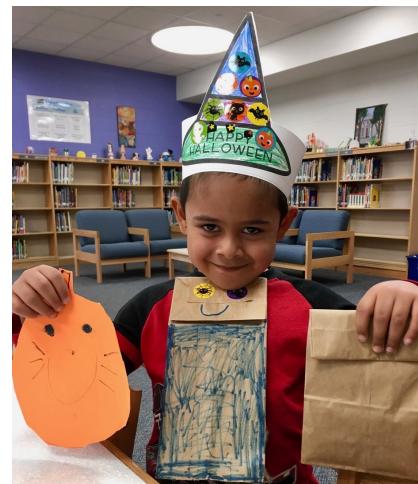


UUCL's mentoring program at [Cardinal Valley Elementary](#) is going strong. Nineteen mentors are working with about 35 children, including 22 mentees, 3 children in a creative writing/art group, 8-10 chess club participants, and 1 "graduate" of the mentoring program who is now in middle school and continuing to meet with his mentor.

Mentors provide a variety of activities for the children. The overwhelming favorite among the children in the Fall was making slime, with mentors and mentees experimenting with a variety of slime recipes. UUCL mentors also helped with Science Night at the school.

Cardinal Valley teachers and child guidance specialists continue to tell us that the mentoring program makes a significant difference for the children involved, because the mentor is a consistent, caring adult in the child's life.

There is always a need for more volunteers who can spend an hour a week with a child. If you would like more information or would like to volunteer to mentor, please contact Liz Hansen and Pat Bennett at [cve@uocl.org](mailto:cve@uocl.org).





## UUCL Arts Initiative

### All events are open to the public!



### An Evening with Remi Bellocq: Cartoons for Our World

*Friday, February 2*  
*Fellowship Hall, 7:00 PM - 8:30 PM*

Join Remi at this free exhibit of his published cartoons, as he shares stories and we collaborate to create cartoons based on current events. Contact: Stacey Stone, [uucldre@uucl.org](mailto:uucldre@uucl.org).



### “Art of Love” Exhibit

*February 4 - March 15*  
 We invite UU members and friends of all ages to bring your art to UUCL! All mediums are welcome: photography, prints, paintings, drawings, sculpture, fiber, and more.



### Fair Trade Chocolate, Music, & Art Night

*Saturday, February 17*

*Fellowship Hall, 7:00 PM*

There will be chocolate, more chocolate, music, and art! [MidLife Harmony](#) will take the stage beginning at 8:00 PM with acoustic songs from the 60s and 70s.

Tickets are \$5 at the door, or [sign up](#) to bring a Fair Trade Chocolate recipe in exchange for free admission.

Chocolate passes are \$5 for 5 items. We will also be accepting donations of artwork for our silent auction which will help fund future art projects at UUCL and in the community.



### UU Community Art Project

A new project of acrylic paint pouring made by many hands will be unveiled soon!

*Thank you to all of the courageous, creative people who participated!*



### Coming in April

Matt Reno and the Printmakers Guild will host a Monoprinting Workshop.

# Get Involved

## Groups, Teams, and More

### Adult Choir

Wednesdays, Great Hall, 6:30 PM

Join the UUCL Singers as they rehearse and have a blast!  
Contact: Sally McCord, [music@uucl.org](mailto:music@uucl.org).

### Breakfast at the Catholic Action Center

3<sup>rd</sup> & 4<sup>th</sup> Saturdays, 1055 Industry Road, 8:30 AM

We provide, prepare, and serve breakfast. Contact:  
Marion Joseph, [marionjoseph@sbcglobal.net](mailto:marionjoseph@sbcglobal.net) or Pat  
Lake, [pal9972@gmail.com](mailto:pal9972@gmail.com).

### Caring Shawls Group

Offer your knitting and crocheting to those who need  
comfort. Contact: Betsy Packard, 859-433-3256.

### Covenant Groups

Participate in deep conversations on a variety of topics.  
Contact: Eric Huffer, [ehuffer13@yahoo.com](mailto:ehuffer13@yahoo.com).

### EMBERS

Sundays (schedule varies), Green Classroom, 1:00 PM  
Family-friendly group focusing on honoring the Earth.  
Contact: Rachel Wade-Harper, [redewrwh@gmail.com](mailto:redewrwh@gmail.com).

### Game Night

2<sup>nd</sup> & 4<sup>th</sup> Thursdays, Fellowship Hall, 6:00 PM

Join us for board games, card games, word games, etc.  
Contact: Erika Emrick, [erikaemrick@gmail.com](mailto:erikaemrick@gmail.com).

### Holley Book Club

1<sup>st</sup> Sundays, Green Classroom, 1:30 PM

Reading [UUA Common Read](#) and [Goodreads](#). Contact:  
Rachel Wade-Harper, [holleybookstore@gmail.com](mailto:holleybookstore@gmail.com).

### Holley Bookstore

Sundays (except 1<sup>st</sup>), Fellowship Hall, 12:30 PM

Selling books and fair trade items. Contact: Rachel  
Wade-Harper, [holleybookstore@gmail.com](mailto:holleybookstore@gmail.com).

### LexCUUPS

Sundays, Allen House, 1:00 PM

Promoting Pagan spirituality in a UU environment.  
Contact: Charity Greentree and Linda Ratliff,  
[lexcuups@uucl.org](mailto:lexcuups@uucl.org).

### Membership Team

Help make UUCL a welcoming community. Contact:  
Linda Porter and Steve Stone, [membership@uucl.org](mailto:membership@uucl.org).

### Men's Night Out

2<sup>nd</sup> Tuesdays, 7:00 PM

All UU men and friends are welcome. Contact: Van  
Underwood, [mensnight@uucl.org](mailto:mensnight@uucl.org).

### Mentoring at Cardinal Valley Elementary

Spend an hour a week with a third, fourth, or fifth  
grader. Contact: Liz Hansen & Pat Bennett,  
[cve@uucl.org](mailto:cve@uucl.org).

### Penny Circle Women's Group

All UU women and friends are welcome. Contact: Liz  
Hansen, [liz.hansen13@gmail.com](mailto:liz.hansen13@gmail.com).

### Property Council

Help maintain the building and grounds of UUCL.  
Contact: Gary Bennett, [gbennett12847@yahoo.com](mailto:gbennett12847@yahoo.com).

### Sitting Meditation

Sundays, Allen House, 9:00 AM

Meditation in the tradition of Thich Nhat Hanh. Contact:  
Kari O'Connor and JoAnn Prosser, [meditation@uucl.org](mailto:meditation@uucl.org).

### Sunday Sangha

Sundays, Allen House, 9:45 AM

A group-led, adult Buddhist discussion hour. Contact:  
Kari O'Connor and JoAnn Prosser, [sangha@uucl.org](mailto:sangha@uucl.org).

### Young Adults

Connect with other UUs age 18-35. Contact: Tim Pillar-  
Little, [timothy.little.chem@gmail.com](mailto:timothy.little.chem@gmail.com).

### Groups Using Our Building

#### Fayette Cooperating Preschool and Kindergarten

This non-profit, non-discriminatory, independent  
institution shares our facilities, and UUCL follows a [Safe  
Congregation Policy](#). Contact: [info@coopschool.org](mailto:info@coopschool.org).

#### Humanist Forum

1<sup>st</sup> Thursdays, Fellowship Hall, 7:00 PM

Promoting the use of rational inquiry and compassionate  
human interaction without supernatural considerations.

#### Nia

Tuesdays, Fellowship Hall, 6:30 PM

A grounded, cardio movement class for all fitness levels.  
Special rates available for UUCL members and new  
students! For cost information, contact Marie Conger,  
[mccconger@gmail.com](mailto:mccconger@gmail.com).

#### Open Door Zen

Thursdays, Great Hall, 6:30 PM

Zen for Real Life with [David Parks](#). Exploration and  
transformation of life through meditation, koan practice,  
and community. Contact: [dparkram@gmail.com](mailto:dparkram@gmail.com).

#### Taoist Tai Chi

Mondays, Fellowship Hall, 11:00 AM

Wednesdays, Fellowship Hall, 7:00 PM

This internal art of health provides benefits to mind and  
body. All ages and abilities are welcome. For cost  
information, contact [taoisttaichilexington@gmail.com](mailto:taoisttaichilexington@gmail.com).

Please check the  
[The Weekly eNews](#)  
for more details on groups and events.

**Member Columns:** 300 word limit**Announcements:** 50 word limit**Artwork/Photos:** re-sizeable to fit our pages and submitted with permission

The Uniview is published every two months. Articles should be of a reflective nature and engage the coming monthly themes, congregational life, or Unitarian Universalism. The Uniview is also a resource for upcoming and ongoing events within the congregation.

**DEADLINES**The April - May Uniview deadline is: **March 19**.The Order of Service & Weekly eNews submissions are due: **Thursday by 9:00 AM**.
[www.uua.org](http://www.uua.org)

Find UUCL on social media!  
Have a church-related photo or event  
you'd like to share on social media?  
Contact the church at [office@uocl.org](mailto:office@uocl.org).


[www.midamericaaua.org](http://www.midamericaaua.org)
UUCL is a [Green Sanctuary](#) and [Welcoming Congregation](#).

We are committed to preserving and protecting the environment, and creating a welcoming space for all.

[UUCL Covenant of Right Relations](#)

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The Unitarian Universalist Church Of Lexington  
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CHANGE SERVICE REQUESTED