

## CAMPS

### Camps

**Register for one day or for all of them!**

If you are looking for fun during school vacations, Liberty is the place to be! Kids will be participating in sports, activities, crafts, free swim, rockwall climbing, organized games and playtime in our 3-story obstacle play park. Lunch will be provided each day to full and morning half day campers. Liberty will also provide two snacks to full day campers and one snack to half day campers. Camps meet in the Conference Room. Every camper must have a current emergency form on file.

*48-Hour cancellation policy applies to each day of Camp*

#### MLK Jr. Day Camp

Ages 5-7 & 8-12

January 16

#### President's Day Camp

Ages 5-7 & 8-12

February 20

#### Spring Break Camp

Ages 5-7 & 8-12

April 3, 4, 5, 6, & 7

### Camp Pricing

#### Half Day – AM

9:00am-1:00pm; \$40 (\$48) per day

#### Half Day – PM

1:00-5:00pm; \$40 (\$48) per day

#### Full Day

9:00am-5:00pm; \$66 (\$79) per day

#### Pre-Camp Option

8:00-9:00am; \$5 (\$6) per day

#### Post-Camp Option

5:00-6:00pm; \$5 (\$6) per day



## EVENTS



# Jumpin' Jamboree

## Summer Expo

SATURDAY, MARCH 11<sup>th</sup>

1:00 - 3:00PM

*Free Event for Members  
& One Guest Family\*  
(Kids Ages 3-12)*

*Registration Required  
Space is Limited*

Learn what Camp Liberty, Liberty Tennis and Liberty Swim School has to offer and receive great incentives when you register for camps, tennis & swim clinics during the event.

Games  
& Activities

Special  
Incentives

Prize  
Drawings

\* Must be present to receive incentives  
\* For guest families up to 4, a \$9 guest fee applies for each additional guest. Fees will be billed to member's account.

For information, contact Meaghan Kennedy,  
Camp & Youth Programs Director  
734-665-3738 ext. 157  
[meaghan.kennedy@libertyathletic.net](mailto:meaghan.kennedy@libertyathletic.net)

# Youth Programs

## Winter 2017

*revised January 12, 2017*



LIBERTY

ATHLETIC CLUB

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[www.libertyathletic.net](http://www.libertyathletic.net)

## YOUTH PROGRAMS

### Shake-Rattle-Roll

**FREE!**

**Ages 2-4**

This playtime is designed to include a variety of activities for children ages 2-4. Obstacle courses, ball games, movement and music activities will all help to improve strength, flexibility, and coordination. If your child is in the Treehouse we can escort them to and from class!

<b>Mondays</b>	<b>9:45-10:30am</b> Conference Room
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1/9-3/27 For members only Excludes 2/20  
**Registration is required**  
24-Hour Cancellation Policy / \$5 no show fee

<b>Fridays</b>	<b>9:45-10:30am</b> Conference Room
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1/13-3/31 For members only  
**Registration is required**  
24-Hour Cancellation Policy / \$5 no show fee

### Kid Fit

**Ages 4-6**

Kid Fit introduces conditioning, obstacle play, group games and more to children ages 4-6. With different activities each week, it's sure to keep them moving. If your child is in the Treehouse we can escort them to and from class!

**FREE!**

<b>Tuesdays</b>	<b>6:30-7:15pm</b> Lagoon Activity Center
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1/10-3/28 For members only  
**Registration is required**  
24-Hour Cancellation Policy

### Tween Fit

**Ages 7-11**

Tween Fit introduces sports, conditioning, group games and more to tweens ages 7-11. With different activities each week, it's sure to keep them moving.

**FREE!**

<b>Thursdays</b>	<b>6:30-7:15pm</b> Lagoon Activity Center
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1/12-3/30 For members only  
**Registration is required**  
24-Hour Cancellation Policy

### Bounce House Days

**January 28 & February 25**

**FREE!**

<b>Saturdays</b>	<b>2:00-4:00pm</b> Adult Basketball Court
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Come join us for some inflatable fun! We will have a bounce house for participants under 40" and an inflatable obstacle course for those above. This program is free for members of all ages, bouncers 8 & under must be accompanied by an adult.

## YOUTH PROGRAMS

### Family Yoga

**For all ages & their parents**

This class will teach basic yoga poses to help improve focus, relaxation and self-awareness. Parents are encouraged to participate with their children, but are not required to do so. Children 8 & under must be accompanied by an adult.

<b>Saturdays</b>	<b>11:15am-12:00pm</b> Group Fitness Studio
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1/7-3/25 For members only Excludes 2/18  
**Registration is required**  
24-Hour Cancellation Policy



**NEW!**

### Homeschool Fit

**Ages 5 & up**

Homeschool Fit introduces sports, conditioning, group games and more! With different activities each week, it's sure to keep them moving. Registration required.

<b>Wednesdays</b>	<b>1:00-2:00pm</b> Lagoon Activity Ctr.
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1/11-3/29 \$5 (\$8) per class  
For members and non-members  
48-Hour Cancellation Policy

### Youth Basketball

**Ages 6-12**

Youth Basketball is designed for children 6-12 years old that want to focus on developing their basketball skills. This three-week program introduces players to fundamentals and encourages them to explore balance, movement, hand-eye coordination, and skill development. Equipment provided. Registration required.



<b>Sundays</b>	<b>1:00-1:45pm</b> Adult Basketball Court
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1/15-2/5 4 mtgs \$32 (\$39)  
For members and non-members  
48-Hour Cancellation Policy

## YOUTH PROGRAMS

### Tumbling

**NEW**

**Ages 2-4**

Tumbling is for children ages 2-4 years that are learning how to stay with a group, beginning to understand and follow directions and focuses on gross motor skills such as coordination, strength, spatial awareness and body control. Our lesson plans build on these concepts while introducing your child to physical activities that will engage their imagination. Must be potty trained. Registration required.

<b>Saturdays</b>	<b>3:00-3:45pm</b> Group Fitness Studio
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1/21-2/4 3 mtgs \$24 (\$29)  
For members and non-members  
48-Hour Cancellation Policy

### Gymnastics

**Ages 5-7**

Gymnastics is for children ages 5-7 who love to be challenged! This class introduces early gymnastics fundamentals and may introduce skills such as backward and straddle rolling, cartwheels, handstands and bridges. Registration required.

<b>Saturdays</b>	<b>2:00-2:45pm</b> Group Fitness Studio
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1/21-2/4 3 mtgs \$24 (\$29)  
For members and non-members  
48-Hour Cancellation Policy

### Annual Egg Hunt

**Ages 10 & under**

This event is a Liberty favorite and free for members and their immediate family. Two age groups will hunt simultaneously, beginning promptly at 12:45pm. The Bunny will be available for photos – be sure to bring your camera! No need to register – just drop in.

<b>Saturday, April 8</b>	<b>12:45pm Sharp</b> Lagoon Activity Center
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