



Steve King©

Liberty Lightning Swim Team 2016

HISTORY of the LIBERTY LIGHTNING SWIM TEAM

The Liberty Lightning Swim Team was established in 1991 and has been going strong ever since! Our program offers the opportunity for all swimmers to thrive and succeed in an upbeat and fun atmosphere. One of our primary goals is to motivate swimmers to achieve the most from their efforts, not by being the best, but by trying their best. With a focus on individual improvement, teamwork and good sportsmanship, your kids are sure to have a great time.

The Liberty Lightning Swim Team is part of the Washtenaw Interclub Swim Conference (WISC). The conference is made up of other area clubs including Chippewa, Forestbrooke, Georgetown, Orchard Hills, and Vets Park. There are five swim meets throughout June and July. The season culminates with the league championships in late July.

Fun, Fun, Fun!

The Liberty Lightning Swim Team believes that an important part of the season is to have FUN! That is why we offer separate social events for different age groups throughout the season. Pizza and inflatable's parties, along with motivating pep rallies and end of season party are just a few of the fun social events swimmers will participate in.



Ray Zheng©



MISSION STATEMENT

To provide the realization of swimming potential in each age group child in a constructive atmosphere of instruction and encouragement. Our focus is on individual improvement in each child, development of teamwork and good sports cooperation.



2017 SWIM TEAM General Information

revised March 16, 2017

**Registration Open
May 1 - May 31**



2975 W. Liberty Rd., Ann Arbor, MI 48103
Phone 734.665.3738 • Fax 734.665.6353
www.libertyathletic.net



LIBERTY LIGHTNING

SWIM TEAM REQUIREMENTS

- The Liberty Lightning Swim Team is available to all Liberty Athletic Club members ages 5-17.
- Children should be comfortable in large groups and in the water
- Children should have a good swimming foundation to ensure their safety and success on the team
- Each swimmer must be able to tread water for one minute, swim 25 yards of front crawl and 25 yards on their back without stopping
- It is not necessary for children to know all four competitive strokes before the season begins
- New swimmers age 8 and under are required to have an evaluation. Evaluations are free of charge. New Swimmer Evaluations will be held on Sunday, May 7th at 12:30pm at Liberty's indoor lap pool

IMPORTANT PRESEASON DATES

Sunday, May 1

Swim Team Registration OPENS

Sunday, May 7 - 12:30pm

New Swimmer Evaluations

Wednesday, May 31

Swim Team Registration CLOSES

Sunday, June 4 - 12:30pm

Mandatory Parent Meeting/Volunteer Meeting

SWIM MEET SCHEDULE

Saturday, June 24	Liberty at Vets Park
Saturday, July 1	Liberty at Chippewa
Saturday, July 8	Orchard Hills at Liberty
Saturday, July 15	Forestbrooke at Liberty
Saturday, July 22	Liberty at Georgetown

CHAMPIONSHIPS *(at Skyline High School)*

Monday, July 24	Ages 13 thru 17
Tuesday, July 25	Ages 9 & 10
Wednesday, July 26	Ages 8 & under
Thursday, July 27	Ages 11 & 12



LIBERTY LIGHTNING

COACHES COMMITMENTS

- To promote high self-esteem, the value of hard work and good sportsmanship
- To provide the best possible instruction, training and competition for each individual
- To motivate swimmers to achieve the most from their efforts, not by being the best, but by trying their best

SWIMMERS COMMITMENTS

- Attend at least three practices per week
- Attend at least three swim meets
- Participate 100% in practices, meets and team social events
- Demonstrate good sportsmanship at all times
- Attend Championships
- Have fun!

PARENTS COMMITMENTS

- Parents are required to sign up for at least two volunteer positions during the season. You will be contacted via e-mail with sign-up instructions.
- Attend the Mandatory Parent Meeting
- Mandatory Parent Meeting held at Liberty on Sunday, June 4th at 12:30pm
- Support the team
- Be respectful of the Coaches' ability to coach



LIBERTY LIGHTNING

SWIM TEAM FEES

Parent Association Fee \$50 per child

This fee assists with the special team events and extracurricular activities throughout the eight week swim season.

Liberty Athletic Club Program Fees

\$130 1st child

\$120 2nd child

\$110 3rd child

These fees assist in providing the facilities, equipment, instruction and coaching staff for the swim team.

TEAM APPAREL

Swimmers may purchase a Liberty Lightning Team Swimsuit from Sun & Snow, where the LAC logo will be screen printed on-site.

Other team apparel (sweatshirts, t-shirts, and sweatpants) are not required but may be ordered when registering for the swim team.



Sun & Snow

462 Jackson Plaza *(off Wagner)*
Ann Arbor, MI 48103
734.707.0130