

## CAMPS

### Preschool Camp Preview Ages 3-5

For campers who are interested in summer Preschool Camp! Kids will be participating in crafts, interactive activities, and story time. A snack will be provided to all preschool campers. Please register for one day only. 48-Hour Cancellation Policy.

| Thursdays | 9:00am-12:00pm | Birthday Party Room |
|-----------|----------------|---------------------|
| 6/1       | 1mtg           | \$24 (\$28)         |

| Fridays | 9:00am-12:00pm | Birthday Party Room |
|---------|----------------|---------------------|
| 6/2     | 1mtg           | \$24 (\$28)         |

### Spring Break Camp - April 3, 4, 5, 6, & 7 Ages 5-7 & 8-12

Liberty is the place to be! Kids will be participating in organized games, crafts, free swim, rockwall climbing, and more. Lunch will be provided each day to full and morning half day campers. Liberty will also provide two snacks to full day campers and one snack to half day campers. Camps meet in the Conference Room. Register for one day or for all of them! Every camper must have current emergency paperwork on file. 48-Hour Cancellation Policy.

#### Camp Pricing

##### Half Day – AM

9:00am-1:00pm; \$40 (\$48) per day

##### Half Day – PM

1:00-5:00pm; \$40 (\$48) per day

##### Full Day

9:00am-5:00pm; \$66 (\$79) per day

##### Pre-Camp Option

8:00-9:00am; \$5 (\$6) per day

##### Post-Camp Option

5:00-6:00pm; \$5 (\$6) per day



## INFORMATION

Contact Camp & Youth Programs Director,  
Meaghan Kennedy for further information.  
734-665-3738 ext. 157 or e-mail her at  
meaghan.kennedy@libertyathletic.net

Program fees are based on the participant's  
membership status. 1st fee = Member rate;  
2nd fee (in parentheses) = Nonmember rate

## CAMPS



### FULL DAY CAMP Ages 5-7 & 8-12

Monday-Friday, 9:00am-5:00pm

Register per week \$330 (\$395)

June 19th – August 25th

### HALF DAY CAMP Ages 5-7 & 8-12

Monday-Friday, 9:00am-1:00pm or

Monday-Friday, 1:00-5:00pm

Register per week \$200 (\$240)

June 19th – August 25th

### PRE-CAMP & POST-CAMP Ages 5-12

Monday-Friday, 8:00-9:00am and/or

Monday-Friday, 5:00-6:00pm

Register per week \$25 (\$30)

June 19th – August 25th

### PRESCHOOL CAMP Ages 3-5

Monday-Friday, 9:00am-12:00pm

Register per week \$120 (\$140)

June 26-30, July 24-28 and August 14-18

### SABER CAMP Ages 7-up

July 17-21, 1:00-5:00pm \$200 (\$240)

August 21-25, 9:00am-5:00pm \$330 (\$395)

# Youth Programs Spring 2017

revised March 1, 2017



2975 W. Liberty Rd., Ann Arbor, MI 48103  
Phone 734.665.3738 • Fax 734.665.6353  
www.libertyathletic.net

## FREE YOUTH PROGRAMS

### Shake-Rattle-Roll **Free Class** Ages 2-4

This playtime is designed to include a variety of activities for children ages 2-4. Obstacle courses, ball games, movement and music activities will all help to improve strength, flexibility, and coordination. If your child is in the Treehouse we can escort them to and from class! *24-Hour Cancellation Policy*

|                |                                     |
|----------------|-------------------------------------|
| <b>Mondays</b> | <b>9:45-10:30am</b> Conference Room |
|----------------|-------------------------------------|

4/10-5/22 For members only / Registration is required

|                |                                     |
|----------------|-------------------------------------|
| <b>Fridays</b> | <b>9:45-10:30am</b> Conference Room |
|----------------|-------------------------------------|

4/14-5/26 For members only / Registration is required

### Kid Fit **Free Class** Ages 4-6

Kid Fit introduces conditioning, obstacle play, group games and more to children ages 4-6. With different activities each week, it's sure to keep them moving. If your child is in the Treehouse we can escort them to and from class! *24-Hour Cancellation Policy*

|                 |   |
|-----------------|---|
| <b>Tuesdays</b> | <b>6:30-7:15pm</b> Lagoon Activity Center |
|-----------------|---|

4/11-5/23 For members only / Registration is required

### Tween Fit **Free Class** Ages 7-11

Tween Fit introduces sports, conditioning, group games and more to tweens ages 7-11. With different activities each week, it's sure to keep them moving. *24-Hour Cancellation Policy*

|                  |   |
|------------------|---|
| <b>Thursdays</b> | <b>6:30-7:15pm</b> Lagoon Activity Center |
|------------------|---|

4/13-5/25 For members only / Registration is required

### Family Yoga **Free Class** Parents & Kids of all ages

This class will teach basic yoga poses to help improve focus, relaxation and self-awareness. Parents are encouraged to participate with their children, but are not required to do so. Children 8 & under must be accompanied by an adult. *24-Hour Cancellation Policy*

|                  |   |
|------------------|---|
| <b>Saturdays</b> | <b>11:15am-12:00pm</b> Mind Body Studio |
|------------------|---|

4/8-5/20 For members only / Registration is required  
Excludes 4/15

### Bounce House Days **Free Class** Ages 2 & up

Come join us for some inflatable fun! We will have a bounce house for participants under 40" and an inflatable obstacle course for those above. Children 8 & under must be accompanied by an adult. For members only.

**April 22 & May 20**

|                  |   |
|------------------|---|
| <b>Saturdays</b> | <b>2:00-4:00pm</b> Adult Basketball Court |
|------------------|---|

## YOUTH PROGRAMS

### Homeschool Fit Ages 5 & up

Homeschool Fit introduces sports, conditioning, group games and more! With different activities each week, it's sure to keep them moving. Registration is required, 48 hour cancellation policy.

|                   |   |
|-------------------|---|
| <b>Wednesdays</b> | <b>1:00-2:00pm</b> Lagoon Activity Ctr. |
|-------------------|---|

4/12-4/26 \$5 (\$8) per class

### Youth Basketball Ages 5-7

Youth Basketball is designed for children 5-7 years old that want to focus on developing their basketball skills. This three-week program introduces players to fundamentals and encourages them to explore balance, movement, hand-eye coordination, and skill development. Equipment provided. Registration is required, 48 hour cancellation policy.

|                |   |
|----------------|---|
| <b>Sundays</b> | <b>1:00-1:45pm</b> Adult Basketball Court |
|----------------|---|

4/9-5/14 4 mtgs \$32 (\$39) Excludes 4/16, 5/7

### Youth Basketball Ages 8-12

Youth Basketball is designed for children 8-12 years old that want to focus on mastering their basketball skills. This program refines players fundamentals and challenges them to improve skill development. Equipment provided. Registration required. Registration is required, 48 hour cancellation policy.

|                |   |
|----------------|---|
| <b>Sundays</b> | <b>2:00-2:45pm</b> Adult Basketball Court |
|----------------|---|

4/9-5/14 4 mtgs \$32 (\$39) Excludes 4/16, 5/7



## YOUTH PROGRAMS

### Tumbling Ages 2-4

Tumbling is for children ages 2-4 years that are learning how to stay with a group, beginning to understand and follow directions and focuses on gross motor skills such as coordination, strength, spatial awareness and body control. Our lesson plans build on these concepts while introducing your child to physical activities that will engage their imagination. Must be potty trained. For members and non-members. Registration is required, 48 hour cancellation policy.

|                  |   |
|------------------|---|
| <b>Saturdays</b> | <b>3:00-3:45pm</b> Group Fitness Studio |
|------------------|---|

4/29-5/13 3 mtgs \$24 (\$29)

### Gymnastics Ages 5-7

Gymnastics is for children ages 5-7 who love to be challenged! This class introduces early gymnastics fundamentals and may introduce skills such as backward and straddle rolling, cartwheels, handstands and bridges. For members and non-members. Registration is required, 48 hour cancellation policy.

|                  |   |
|------------------|---|
| <b>Saturdays</b> | <b>2:00-2:45pm</b> Group Fitness Studio |
|------------------|---|

4/29-5/13 3 mtgs \$24 (\$29)

### Kids Tri Training

For kids interested in Triathlons, this five week training program will insure kids are prepared to have a fun and successful race. During the program our USAT certified coach will help kids build and expand their swimming, biking and running capabilities as well as provide all the need-to-know pieces for competing in a Triathlon. Classes will include a mix of swimming, running and biking. Meets in the Adult Lap Pool. A FAQ sheet will be provided to parents upon registration. 48-Hour Cancellation Policy.

#### Ages 5-7

The 5-7 year olds will also have the ability to practice running, biking and transitions outside (*weather permitting*).

|                |                                    |
|----------------|------------------------------------|
| <b>Fridays</b> | <b>5:45pm-6:30pm</b> Barb Figurski |
|----------------|------------------------------------|

4/21-5/19 5mtgs \$54 (\$64)

#### Ages 8-10

The 8-10 year olds will also have the ability to practice running, biking and transitions outside (*weather permitting*).

|                |                                    |
|----------------|------------------------------------|
| <b>Fridays</b> | <b>6:45pm-7:45pm</b> Barb Figurski |
|----------------|------------------------------------|

4/21-5/19 5mtgs \$59 (\$69)

#### Ages 11-14

For our oldest group, the kids will spend most time training indoors, but will have an opportunity in the last session to practice outdoor transitions (*weather permitting*).

|                |                                    |
|----------------|------------------------------------|
| <b>Fridays</b> | <b>4:30pm-5:30pm</b> Barb Figurski |
|----------------|------------------------------------|

4/21-5/19 5mtgs \$59 (\$69)