

FITNESS & FUN FOR ALL AGES

# Freaky Fun Family Fitness Day!

**Sunday, October 21**

**2:30-4:30 Games & Activities**

**4:30-5:00 Striped Circus Show**

## Costume Contest

Wear your costume to the event and stop by the judging table to enter the contest for a chance to win a month of dues & more!

**2:30-4:00 Family & Kid's Costume Entry** *(Track)*

*Best Look Alike, Most Creative, Staff Favorite*

**4:15-4:30 Winners Announced**

*(Basketball Court)*



**Registration Required by October, 18 | Space is Limited**

Open to Members & Their Immediate Family | Free to Members | \$12/Non-Member *(Parent, Grandparent, Child, Grandchild)*

No Guest Passes | Fees Charged to Member's Account | Children under 12 must be accompanied by an adult



### BEAST IN A BUCKET

**2:30-4:30** (Track)

Step back once, twice, thrice or more  
Catch the beast in the bucket  
And you'll be the winner galore



### GHOSTBUSTERS GAGA BALL

**2:30-4:30** (Lagoon Activity Center)

Last one in the pit wins!  
But beware of the big white puff  
He'll be there....strangely enough



### BOUNCE HOUSE - Ages 5 & under

**2:30-4:00** (Basketball Court)

### OBSTACLE COURSE - Ages 5 & up

**2:30-4:00** (Basketball Court)



### GORDO BALLOON SCULPTING

**2:30-4:00** (Track)

Balloons in fun shapes  
Oh what a treat  
And Gordo is always  
A fun guy to meet



### CAPTAIN JACK'S SCALLYWAGS

**2:30-4:30** (Lap Pool)

Pirates brave & bold  
Diggin' for treasure, searching for gold  
Look up high and look down low  
Still singing along with a "Yo Ho Ho!!"



### ITTY BITTY BOO

**2:30-4:30** (Wellness Studio)

Dancing and treasures  
Monsters and fun  
Apples and Frog  
For your littlest one



### CAST-A-SPELL

**2:30-4:30** (Track)

Double, double toil and trouble  
Fire burn and cauldron bubble  
Toss your orb into the brew  
and win a prize for a special you



### MINION MARCH

**2:30-4:30** (Track)

Minion March to cupcake happiness  
No screeching, screaming or crocodile tears  
Everyone's a winner here



### COSTUME CONTEST

**2:30-4:00 Costume Entry** (Track)

**4:15-4:30 Winners Announced** (BB Court)

Prize categories for both family and kid's costumes are: Best Look Alike, Most Creative, Staff Favorite. All family winners receive one free month of dues!



### SPIDER SPLAT

**2:30-4:30** (Track)

The spider crawls  
Eight legs and furry  
Grab your prize  
And run away in a scurry!



### DEVILISH DANCE PARTY

**2:30-4:30** (Mind Body Studio)

Fee-fee, fi-fi, fo-fo, fum  
Dance with Lori.....  
You never know what you'll become



### SPOOKTACULAR SKELETON SPRINT

**2:30-4:30** (Track)

Ghosts and goblins and creatures of fright  
Don't miss the call of Halloween night  
Run through the dash  
Please try not to fall, trip or crash



### ENCHANTED FOREST

**2:30-4:30** (Group Fitness Studio)

Walk, weave and climb your way through  
our enchanted forest floor;  
Unicorns, frogs, ladybugs and butterflies  
Will keep you coming back for more



### STRIPED CIRCUS

**4:30-5:00** (Basketball Court)

Tumblers and acrobats  
Action galore  
Come join in the fun  
On the basketball floor



### FORTUNE TELLER

**2:30-4:30** (Track)

Sit for a speller with our fortune teller  
And see what your future holds  
No scary witches, ghosts or goblins...  
Just Madame Calypso and her crystal ball  
Bringing good luck to all!



### TAT - A - TOMB TATTOOS

**2:30-4:30** (Track)

This is the night when things are seldom  
what they seem...  
Get inked at our tattoo shop  
It'll be a scream



### FREAKIN' FUN PHOTO BOO-TH

**2:30-4:30** (Track)

Ghosts and goblins, spooks galore, scary  
witches at your door. Take a photo, send it to  
[liberty@libertyathletic.net](mailto:liberty@libertyathletic.net) and a guest pass  
you will get (During event only)



### WARTS & ALL CLIMBING WALL

**2:30-4:30** (Lagoon Activity Center | 45lbs. & up)

Can you make it to the top?  
Be assured if you do  
Once you're down on the floor  
A prize awaits you