



find your voice

Social Anxiety Self-Help/Support Groups

Overcoming Social Anxiety Workshop Participant Registration Form

Find Your Voice is a peer-run, nonprofit organization dedicated to helping people to help themselves overcome social anxiety disorder. We believe that every person who suffers from S.A.D. can overcome this barrier to achieve their full potential in life. We believe that participating in a support/self-help group, such as the Find Your Voice workshop, can help significantly in this process.

Registration for the workshop is finalized at the first meeting. At that time please return this completed registration form, along with a total of \$30 (this covers your printed materials). If you are an existing member of one of the following organizations, please check the appropriate box below. Registration fees are covered under your membership with that organization:

NAMI (National Alliance on Mental Illness)
CSPNJ (Collaborative Support Programs of New Jersey)

Date of Intro Workshop:

Location Attended:

Your Contact Information:

Name:

Email:

Phone:

Address:

PRIVACY NOTICE: We collect and share various data anonomously for the purposes of research and improving the program. Find Your Voice will not sell, trade, or otherwise disclose any of the information that you provide on this form without your prior consent.

Participant represents that they have social anxiety and their primary reason for attending the workshop is personal recovery. Participant agrees to respect the privacy/confidentiality of others. FYV retains the right to dismiss a participant from the workshop, at any time and for any reason, at its sole discretion. Recourse of participant is limited to a refund.

*NOTICE: This is a peer-led support/self-help group. The facilitators are not psychologists, nor any other kind of health care professional. We are here to facilitate the meetings because we've made progress with our social anxiety and want to help others to do the same. This workshop is not meant to be a replacement for professional medical care or advice. **Find Your Voice meetings are not intended to substitute for professional advice. If you or someone you know is suicidal, call 911 or call the Suicide Prevention Hotline at 1-800-273-8255.***

Please sign here to indicate that you have read, understand and agree with the above notice.

Signature: _____

Date: _____