



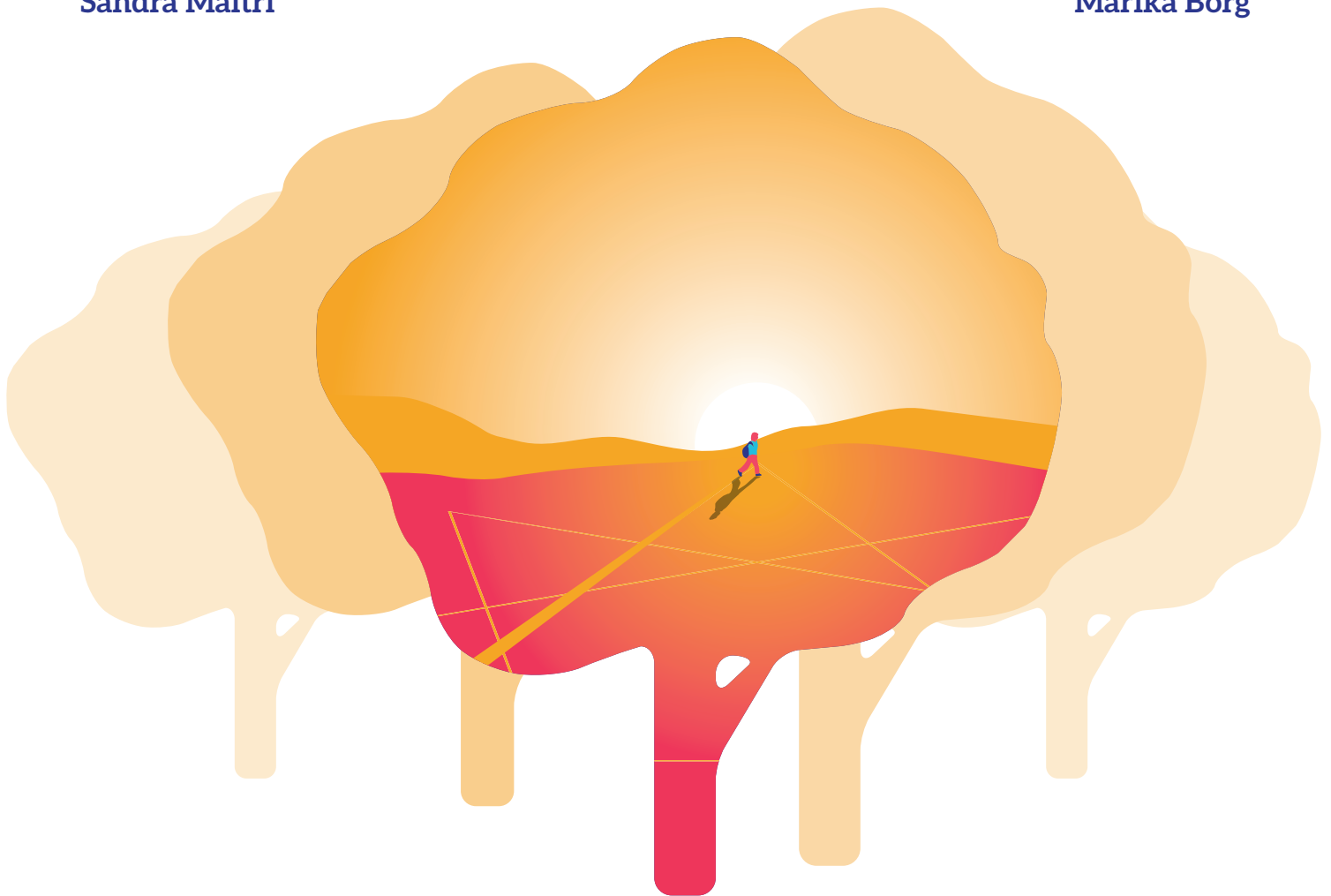
International  
**ENNEAGRAM**  
Association

Conference 21-23 July, 2017  
Pre-Conference Day 20 July, 2017

**2017 IEA Global Conference**  
**Transformative Practices**  
Continuing Transformation and Change

**Keynote Speaker**  
**Sandra Maitri**

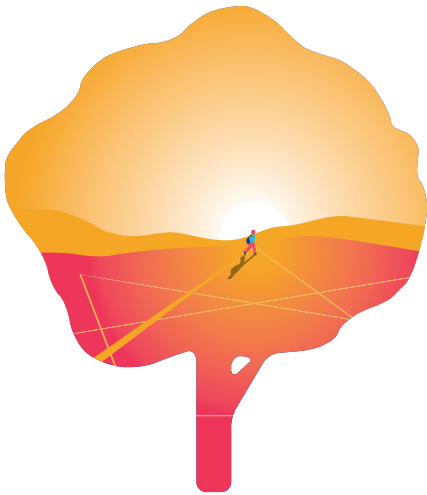
**Endnote Speaker**  
**Marika Borg**



**Pre-Conference Day Speaker**  
**Philip Shepherd**

**Pre-Conference Day Speaker**  
**Sheva Carr**





# 2017 IEA Global Conference

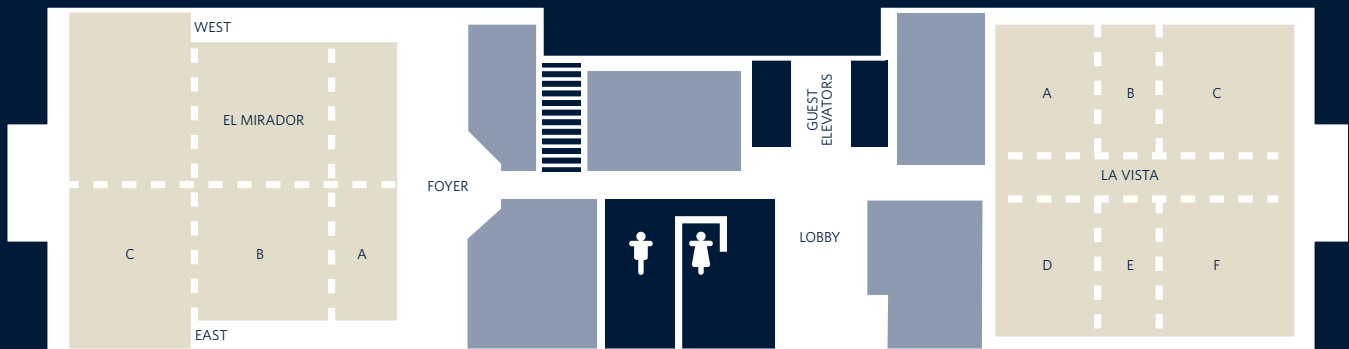
## Transformative Practices

Continuing Transformation and Change

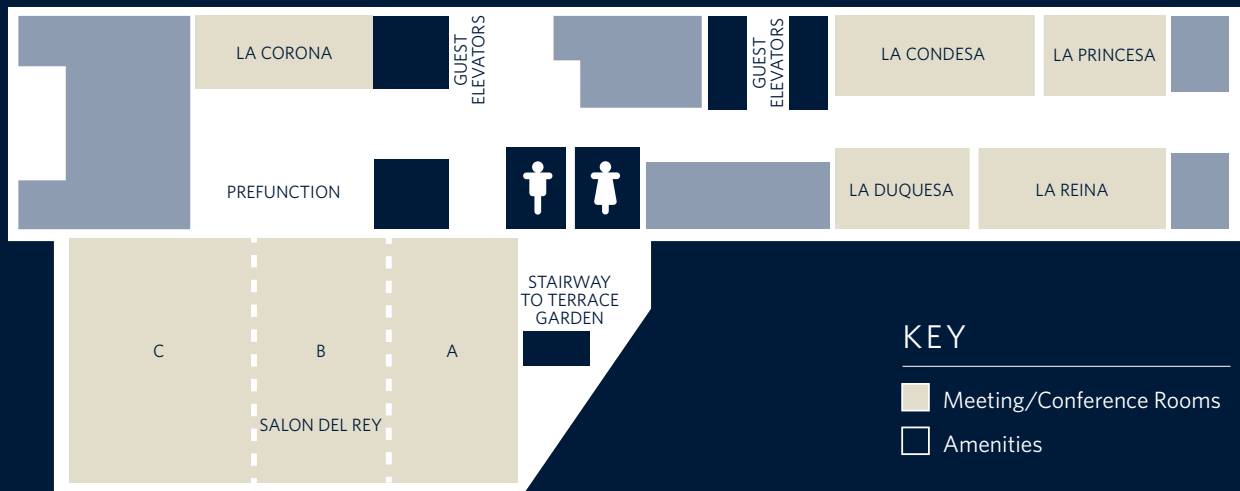
**Hilton Palacio del Rio**  
200 South Alamo Street  
San Antonio, Texas 78205, USA

### Hilton Palacio del Rio

#### CONFERENCE CENTER - 22nd Floor



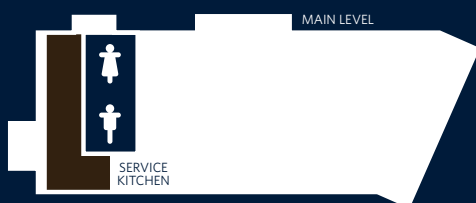
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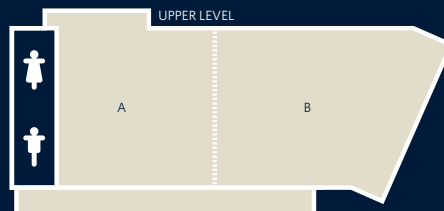
#### KEY

- Meeting/Conference Rooms
- Amenities

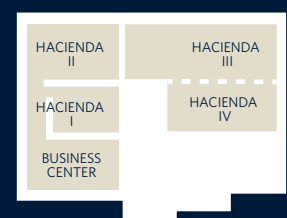
#### PAVILION - Across the Street from Hotel



#### UPPER LEVEL



#### LOBBY



# *Welcome!*

## **IEA Global Conference**



International  
**ENNEAGRAM**  
Association

*Engagement. Education. Excellence.*

## **OUR VISION**

**A world in which the Enneagram is widely understood and constructively used.**

## **OUR MISSION**

**To support our members by providing opportunities for:**

**Engagement with  
an international  
community of  
shared interest  
and diverse  
approaches**

**Education in  
theory and  
application  
of the  
Enneagram**

**Developing  
greater  
excellence  
in the use of the  
Enneagram**



International  
**ENNEAGRAM**  
Association

*Engagement. Education. Excellence.*

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IEA Conference 2018: Cincinnati, OH	Inside Back Cover

**Note to Participants:** All sessions, events and activities, including the open space that is being used by the IEA conference, are subject to being recorded by video, audio, still image photographs and other media forms by vendors listed in this program booklet. By attending the Conference you give consent to being video/audio recorded and photographed by authorized vendors in all media formats and have those recordings and/or images used by the IEA and authorized vendors for sale, marketing and/or promotional purposes.

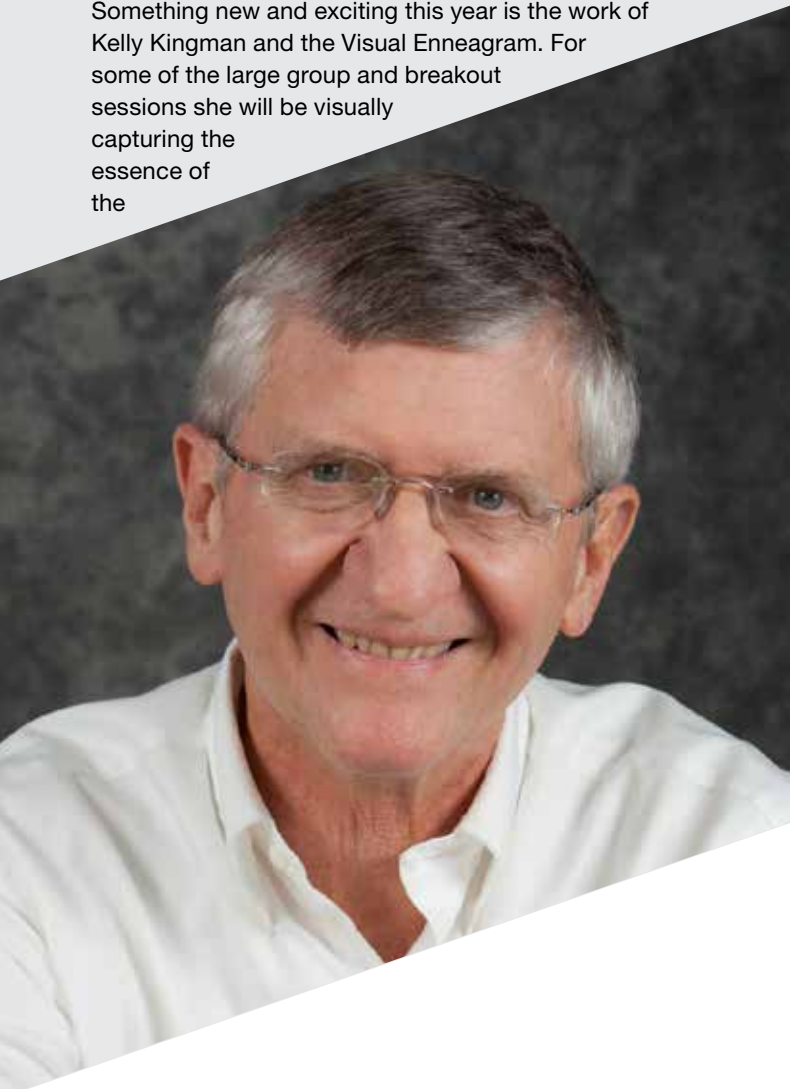
# WELCOME FROM THE IEA PRESIDENT

**O**n behalf of the IEA's Board of Directors, I welcome you to the 2017 IEA Global Conference. We're excited about being in San Antonio and are sure that you will enjoy the many opportunities that this historic city has to offer. Have fun as you explore the 15 mile long RiverWalk, the Alamo, art galleries, and much more!

I'm grateful for this opportunity to gather again with fellow Enneagram professionals and enthusiasts from around the world. This is a great opportunity to meet new people, learn how others are using the Enneagram in their professional work and personal development, and reconnect with old friends and colleagues.

If this is your first IEA Global Conference, we extend to you a very warm welcome. This year the Conference Engagement Committee, organized by Board member Jan Shegda, will be there to greet you and be available to answer any questions you may have. Look for them. They'll be looking for you!

If you have attended previous Conferences, welcome back! We appreciate your attendance and commitment to the IEA. Something new and exciting this year is the work of Kelly Kingman and the Visual Enneagram. For some of the large group and breakout sessions she will be visually capturing the essence of the



presentation/session! Be sure to stop by, say hello, and see what Kelly is doing. We're sure that you will enjoy and benefit from it.

And be sure to take advantage of our Conference App. You can use it to locate the sessions you want to attend, connect with other Conference attendees, receive Conference announcements, provide real-time feedback on sessions and the Conference in general, and download Conference presenters' handouts.

Also, stop by the IEA Board table in the foyer at some point during the Conference. Here you can meet and chat with IEA Board members, ask questions about what the IEA Board is doing, learn about the IEA Accreditation process, provide feedback about Conference sessions, and share your ideas about what the IEA could do to better meet your needs. And for sure visit the bookstore. It contains a wealth of Enneagram-related books, videos, and more.

And my thanks to all the presenters/speakers for coming to San Antonio to share their knowledge, insights, and experience. And my thanks to each and every one of you for being here and being part of our Enneagram community. Finally, my thanks to all of the IEA Board. Members include Mette Hvied Lauesen, Brian Mitchell-Walker, Belinda Gore, Tina Tornell, Kathryn Grant, Patrick Kayrooz, Earl Wagner, Leslie Hersherberger, Jan Shegda, Carla Smith, and Bart Wendell. They all bring dedication, time, energy and professionalism to their work on the Board. I'm honored and delighted to be working with them.

In addition, my heart-felt thanks to the IEA Founders -- Maria Beesing, David Daniels, Theodorre Donson, Andreas Ebert, Russ Hudson, Kathy Hurley, Patrick O'Leary, Helen Palmer, Don Riso, and Jerry Wagner -- the people without whom the IEA would not exist.

And finally, the Conference Committee, led by Belinda Gore, Jan Shegda, and Sandy Hatmaker, have worked long and hard to make this Conference a rich and rewarding experience. The Conference theme, Transformative Practices, is relevant to both our professional and personal work. Enjoy and hopefully you will leave somewhat transformed by what you have experienced!

*Curt*

Curt Micka  
President, IEA Board of Directors



# WELCOME FROM THE 2017 CONFERENCE CHAIR

## CONVERSATIONS THAT TRANSFORM

Welcome to the 2017 IEA Global Conference! Our theme for this year's conference, Transformative Practices, is close to my heart. When I began studying the Enneagram back in 1990, I recognized it as a powerful tool for my own development and for my psychotherapy clients. Fast forward 27 years and I am reflecting on the many applications of the Enneagram that have changed my life and the lives of my coaching students and clients. What made the difference was the translation of Enneagram theory into practices that work.

Foundational to these practices, and to our understanding of the Enneagram system as a whole, is the teaching of the three centers of intelligence. The grandfathers of the contemporary Enneagram, George Gurdjieff and Oscar Ichazo, both emphasized the importance of the centers in the structuring of each of the nine Enneagram types. We know that balancing the centers is one approach to development into higher levels of functioning within our type.

Our pre-conference speakers, Philip Shepherd and Sheva Carr, will take us into deeper understanding of the Belly Center and the Heart Center, respectively. And most importantly they will be sharing practices for awakening and expanding access to the center as it relates to the whole person.

Our keynote speaker is Sandra Maitri and she will guide us in the practice of Inquiry, a tool for using our curiosity to explore and integrate belly, heart and head in coming to greater understanding about who we truly are.

After two full days of presentations that introduce and develop various practices for using the Enneagram to help us transform, we will have a special session Sunday morning, led by Terry Saracino. Terry will speak about what transformation means and basic guidelines for using practices in a transformative way, then will invite us to join others who share our special area of interest in applying these practices to discuss and digest what we have been learning. A panel of representatives from each group will give us all an opportunity to debrief the experience. And Marika Borg will give us an inspiring send off in her endnote speech.

Throughout the conference we will be having receptions and parties to give us all a chance to renew old friendships and connections and to meet new colleagues and make new friends within the IEA community.

The Welcome Reception on Thursday evening - upstairs in the El Mirador Ballroom - will give those of us who participated in the Pre-conference presentations a chance to talk it all over, as well as to greet the rest of you who will just be arriving for the conference. It's a gathering you won't want to miss!

The following evening, Friday, is the Professional Members' and Presenters' reception where we can meet and network with other Enneagram professionals. It's one of the great benefits of becoming a Professional Member of the IEA.

And then Saturday night is our traditional Party and Dance - with our favorite DJ, Russ Hudson. Food, drinks, dancing

and FUN!! You won't want to miss it. Plus, the drawing for the raffle prizes will take place about 9:00.

The new Auction committee has promised to knock our socks off with an exciting array of exciting and beautiful items to buy while supporting the IEA at the same time. And Gregg will once again be creating the conference Bookstore with books, CDs, DVDs and other Enneagram items.

On behalf of myself and Jan Shegda as conference co-chairs, as well as the Global Board of Directors, countless volunteers and speakers, thank you for joining us! We hope you enjoy the friendship and learning at this year's conference as much as we have enjoyed planning it.

Glad you are here. Enjoy!

*Belinda*

Belinda Gore  
2017 Conference Chair



# IEA FOUNDERS

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## Maria Beesing

Maria C. Beesing, OP, was the first President of the IEA. A Dominican Sister, she spent eighteen years in elementary education and began ministering as a spiritual mentor, retreat director and facilitator of seminars on spiritual and personal growth. In 1984, she co-authored *The Enneagram: A Journey of Self-Discovery* with Patrick O'Leary and Robert Nogosek. She has presented Enneagram workshops in the USA, Canada, Latin America, Pakistan, and Europe. Currently, she is the co-director of the Collaborative Dominican Novitiate in St. Louis.



## Deceased David Daniels

David Daniels, MD, Clinical Professor, Department of Psychiatry at Stanford, maintained a private psychiatric practice in Palo Alto for over 30 years. Together with Helen Palmer, he created the Enneagram Professional Training Program in 1988. Dr. Daniels served as co-director of the first US Enneagram conference at Stanford University in 1994. He now teaches the Enneagram worldwide. He is also co-author of *The Essential Enneagram* and co-producer of the DVDs "The Nine Paths to a Productive and Fulfilling Life" and "The Enneagram in the Workplace."



## Deceased Theodorre Donson

Theodorre Donson, MDiv was a lecturer and author in psychology and spirituality. Donson drew upon the spiritual masters and leading psychologists while stressing the importance of personal renewal and healing. Theodorre was co-author with Kathy Hurley of three Enneagram books: *Discover Your Soul Potential: Using the Enneagram to Awaken Spiritual Vitality*; *My Best Self: Using the Enneagram to Free the Soul*; and *What's My Type? Use the Enneagram System of Nine Personality Types to Discover Your Best Self*.



## Andreas Ebert

Andreas Ebert was born in Berlin, Germany in 1952. He studied Protestant Theology at Neuendettelsau, Tübingen, Würzburg, and Heidelberg. He is pastor of St. Luke's in Munich and also (since 2004) the Director of Spiritual Center "St. Martin am Glockenbach," also in Munich. He is also author (with Richard Rohr) of *Das Enneagramm: Die Neun Gesichte der Seele* and author or editor of seven other books on the Enneagram.



## Russ Hudson

Russ Hudson is the Executive Director of Enneagram Personality Types, Inc. and co-founder of The Enneagram Institute. Russ co-teaches the Riso-Hudson Enneagram Professional Training Programs and is a former vice-president of the IEA. He teaches in Europe, Asia, Africa, South America, Australia, and the United States.

Russ co-authored the following books with Don Riso: *The Wisdom Of The Enneagram, Personality Types* (revised edition); *Understanding the Enneagram* (revised edition); *Discovering Your Personality Type* (revised edition), and the audiotope *The Power Of The Enneagram*. Russ also assisted Don Riso in writing *Enneagram Transformations*.



# IEA FOUNDERS



## Kathy Hurley

Kathy Hurley has been teaching about various aspects of personal change since the early 1980s, devoting herself to community leadership and awakening the human spirit to reclaim its destiny, freedom and greatness.

She is co-author with Theodorre Donson of three Enneagram books: *Discover Your Soul Potential: Using the Enneagram to Awaken Spiritual Vitality*; *My Best Self: Using the Enneagram to Free the Soul*; and *What's My Type? Use the Enneagram System of Nine Personality Types to Discover Your Best Self*, now published in eight languages.



## Patrick O'Leary

Patrick H. O'Leary, MS, MDiv, is a speaker, facilitator and consultant who has been researching and teaching personality theory on four continents since 1971. His management-consulting firm specializes in developing the communication and conflict resolution skills of team leaders. He also teaches business courses at Cleveland State University.

In 1984 he co-authored *The Enneagram: A Journey of Self-Discovery*, which is now available in six languages. O'Leary has authored tape sets, articles and a psychometric instrument to identify type. He served as the IEA's Executive Director in 1996.



## Helen Palmer

Helen Palmer is a teacher of psychology and intuition and an international bestselling author of five works in the human consciousness sector. Two of her Enneagram books now appear in 28 foreign languages.

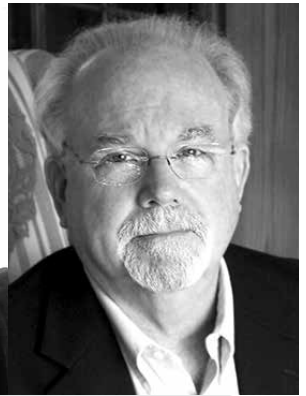
Together with David Daniels, MD, she co-founded the Enneagram Professional Training Program (EPTP) in 1988 to train and certify teachers in the Narrative Tradition. A revised and expanded version of the EPTP is now offered by the non-profit organization Enneagram Studies in the Narrative Tradition. Co-director of the first US Enneagram conference at Stanford University, she has been a faculty member at JFK University School of Consciousness and Esalen Institute. Helen is an elected fellow of the Institute of Noetic Sciences and the World Business Academy.



## Deceased Don Riso

Don Riso, MA, was President of Enneagram Personality Types, Inc., and co-founder of The Enneagram Institute. Don was also the author of five Enneagram books: *The Wisdom of the Enneagram*; *Personality Types, Understanding the Enneagram*; *Discovering Your Personality Type*; and *Enneagram Transformations*. These are currently available in multiple languages, among them English, German, Italian, Japanese, Chinese, Korean, Spanish, Dutch, Hungarian, and Portuguese.

In addition, Don taught the Enneagram in Europe, Japan, China, South Africa, South America, and throughout the United States.



## Jerry Wagner

Jerry Wagner, PhD, is the author of the *Enneagram Spectrum of Personality Styles: an Introductory Guide*; *the Wagner Enneagram Personality Style Scales (WEPSS)*; and *Two Windows on the Self: the Enneagram and the Myers-Briggs*. Jerry has been researching and teaching the Enneagram for over 30 years and has offered the Enneagram Spectrum Training and Certification Program nationally and internationally for the past 15 years: [www.enneagrampectrum.com](http://www.enneagrampectrum.com). Jerry is a faculty member of the Department of Psychology and the Institute of Pastoral Studies at Loyola University, Chicago. He is a clinical psychologist with a psychotherapy practice in Evanston, IL.

# 2017 BOARD OF DIRECTORS



## **Curt Micka: Board President**

### ► MINNEAPOLIS, MN, USA

Curt Micka, J.D., is a coach, mediator, Enneagram teacher, and facilitator. He owns and operates Conflict Transformation Services, LLC. He's a graduate of the Deep Coaching Institute, and a certified teacher of the Enneagram in the Narrative Tradition and an IEA Accredited Professional. He has 20+ years experience mediating conflicts of all sort, and he teaches workshops about how the Enneagram can help us navigate conflict more constructively, creatively and compassionately. As a coach, he specializes in helping people and workplace teams navigate conflict more productively, collaboratively, and compassionately.



## **Mette Hvied Lauesen: Vice President**

### ► BALLERUP, DENMARK

Mette is a communications advisor with the regional government in the Copenhagen area as well as a certified coach. She is fascinated by what motivates and inspires people and as such uses the Enneagram both in coaching and in her daily life. She has undergone training with both Danish and American teachers. Because of her enthusiasm for the Enneagram as an interpersonal tool, she has been an active part of the Danish Enneagram scene for a few years – including being President for the Danish IEA board.



## **Carla Smith: Secretary**

### ► MAPLE PLAIN, MN, USA

Carla Smith currently serves on the board of the Minnesota Chapter of the IEA and has chaired its Program Committee for the last several years. Carla first discovered the Enneagram almost 20 years ago while working as a corporate lawyer, and has studied with the Enneagram Institute, the Enneagram in the Narrative Tradition and other leading teachers, and received a Full Circle Enneagram Training Certification. Since leaving the corporate world, Carla has applied her governance and policy background to service on the boards of mission-driven non-profits and a start-up natural foods cooperative. In addition to the Enneagram, Carla devotes significant time and energy to her many passions, including her human and canine family (ask about her sled dogs and retrievers), organic gardening and maintaining her rural homestead, wilderness canoe travel, and supporting the performance of live acoustic music through her house concert series, Sun Dog Farm Concerts.



## **Brian Mitchell-Walker: Treasurer**

### ► REGINA, SK, CANADA

Brian is a certified coach, Enneagram Teacher and Nine Domains Facilitator. He started *Be Mindfully Well*, to work with individuals, couples, families and organizations in 2010. Brian wishes he had the knowledge of the Enneagram when he taught for 12 years in inner city Toronto. When he moved to Regina and shifted to working for the church in adult education, supporting congregations and leadership across the country, he was encouraged and supported to learn about the Enneagram. So it seemed only natural to develop a business to continue to deepen this understanding, by sharing and working with others that want to meet the challenges of everyday living with an open heart.



## **Leslie Hershberger: Conference Marketing, Nine Points Editor**

### ► CINCINNATI, OHIO, USA

Leslie is an Enneagram facilitator, coach and consultant with a background in education, theology and Integral theory. She owns and operates Living Enneagram, LLC and is certified in the Enneagram in the Narrative Tradition teacher and coach tracks and in the Enneagram in Business. She created two Integral international online courses (one focusing on Enneagram spirituality) with David Riordan and Ken Wilber. She brings team and leadership development to organizations by doing project based consulting which not only deepens employee engagement and transformation, but also supports people in sustaining intentional change. She's a devoted 12 year practitioner/member of the intentional Bergamo Enneagram Learning Community which is dedicated to individual and interpersonal transformation through the simple practice of three centered presence.



## **Patrick Kayrooz: Marketing**

### ► FIVE DOCK, AUSTRALIA

Patrick Kayrooz is an Entrepreneur and an accredited Enneagram teacher in the Narrative Tradition. He is a business development educator and motivator with a Masters in Education and a Degree in Theology. Patrick has established successful businesses and has worked in the areas of branding, policy review, development and training in the educational and corporate arenas for the past 25 years. He has established Enneagram HQ, which facilitates Team Building, Leadership and Self Awareness through workshops on the Enneagram and its application in everyday situations. Patrick is a passionate advocate of the Enneagram, endeavoring to 'walk the talk' in his own personal development and spirituality.

# 2017 BOARD OF DIRECTORS



## **Belinda Gore: 2017 Conference Chair**

### ► LEWIS CENTER, OH, USA

Belinda Gore is a psychologist and personal development coach with extensive experience in leadership development. She is a senior faculty member and a partner in The Deep Coaching Institute as well as being an IEA Accredited Professional. For many years she served as president and is now director of training for The Cuyamungue Institute, a non-profit organization that explores ancient practices from indigenous cultures that expand the capacity of contemporary healers and agents for deep change. Belinda is also a member of Sandra Maitri's International Retreat Group and a practitioner of the Diamond Approach.



## **Jan Shegda: Conference Co-Chair**

### ► LOS ANGELES, CA, USA

Jan Shegda is a career coach, consultant, and founder of Clarity Coaching. She is Enneagram certified with Jerry Wagner and holds Masters degrees in both Clinical Psychology and Spiritual Formation. She is the founding president of the IEA Colorado Chapter. Jan specializes in using the Enneagram with the MBTI and StrengthsFinder for career development. Jan's mission is to empower each individual to create a work life that aligns with their emotional and spiritual goals.



## **Tina Tornell: Global Affairs - Affiliates**

### ► STOCKHOLM, SWEDEN

Tina is a Riso-Hudson certified Enneagram teacher and ICF coach with a previous career within banking. She founded the company Enneagram Center in 2008 and has ever since – together with her business partner – used the Enneagram in organizations for the purpose of enhancing self-awareness and communication. They have also created the first ever Enneagram certification program in Sweden. In 2015 they published their own Enneagram book – one of few in Swedish. She initiated the start of the Swedish Enneagram Association in 2011. Tina is a member of the Scandinavian Diamond Approach group. What motivates her in her work is helping people understand and accept themselves and each other.



## **Earl J. Wagner: Technology**

### ► BERKELEY, CA, USA

Earl J. Wagner, Ph.D. is a software engineer at Google. He has long been fascinated by the variety of perspectives that we as different individuals hold. This led him to discover the Enneagram nearly ten years ago, and to appreciate how it illuminates our personal motivations. He has trained with Russ Hudson and the teachers of the Enneagram Institute, and Katherine Chernick and David Favre, and attended the workshops of various other teachers. He is also involved in the US Nonviolent Communication (NVC) community having trained, and assisted in trainings, on both the East Coast and West Coast.



## **Bart Wendell: External Relations**

### ► PETERSHAM, MA, USA

Bart Wendell, Ph.D. is a business consultant and psychologist. As a master facilitator and trusted adviser, his clients have included The International Monetary Fund, PBS, NPR, The Corporation for Public Broadcasting, Fidelity Investments, The Ford Foundation, The United States Air Force Academy, RockTenn (now WestRock), and the Harvard Business School Executive Leadership Program. Bart earned his B.A. from Wesleyan University in Middletown, Connecticut and Ph.D. in Psychology and Organizational Development from Duke University. He has a career-long commitment to public education as a past school board member and decades-long consultant to area public secondary schools. He is a Senior Member at The Enneagram In Business and principal behind Be A Winning Boss: A Virtual Leadership Retreat for Leaders On the Way Up. Bart currently serves as Town Moderator in Petersham, MA and is a member of the Board of Massachusetts Moderator Association. He is a past Vice President of the International Enneagram Association. He lives with his wife Sandra, a photographer and many animals. They have two adult children.

# KEYNOTE ADDRESS



**Friday, July 21 — 10:00am-11:30am**  
**Salon B&C**

**Sandra Maitri**

## **Working through your Ennea-type: The Power of Inquiry**

Inquiry is a powerful practice for diving deeper into what's actually here, the reality of the present moment. It is a practice that allows us to penetrate the Enneagram of personality so the type patterns, the Virtues and Holy Ideas all become accessible experientially, not just intellectually. Sandra Maitri will guide us through using Inquiry to access what lies beneath the surface of everyday life, the "virtual reality" where most people live. This capacity for opening up consciousness allows us to live in a fuller, richer, truer way.

Sandra Maitri has been a Diamond Approach teacher for 28 years. She leads groups in the San Francisco Bay Area and in the United Kingdom, and has a private practice in Marin County, California. In the early seventies, she was a student of Claudio Naranjo, MD, in his original SAT group along with Hameed Ali (A.H. Almaas), founder of the Diamond Approach. She has studied with various Eastern and Western spiritual and psychological teachers, focusing especially on Insight and Tibetan Buddhist meditation. She is the author of *The Spiritual Dimension of the Enneagram: Nine Faces of the Soul*, and *The Enneagram of Passions and Virtues: Finding the Way Home*. In her spare time, she paints and writes.



# ENDNOTE PRESENTATION

**Sunday, July 23 — 12:00pm-1:00pm**  
**Salon B&C**

**Marika Borg**

## **Blunt, Honest or Kind? What Really Works**

The Enneagram is a potent tool with the power to change people's lives. Like a surgeon's knife, in skilled hands it has the power to heal - but used without skill it can leave wounds. According to the latest research into human relationships, kindness is the most effective way to communicate and support transformative information. And kindness is directly related to the ways we use the centers in the brain to balance the Centers of Intelligence. In this practical and inspiration address, we will look at how the three centers in the brain affect the ways we interpret and teach the Enneagram to ensure that it continues to offer a genuinely transformative and healing presence in today's world.

Marika Borg is highly respected as an author, motivational speaker and trainer. She is the founder of The Enneagram Institute of Finland as well as the Coaching Academy of Finland, and has 40 years' experience in personal and business coaching as well as leadership training.

Marika's style is engaging and fun, and also wise and deep, focusing on wellness and framing positive messages that keep us emotionally receptive and responsive to change.





# 2017 IEA CONFERENCE SPECIAL EVENTS

## WEDNESDAY

### ► GENERAL ASSEMBLY OF AFFILIATES & CHAPTERS

12:00pm-1:00pm Lunch (Affiliate/Chapter Reps only) – Stetson Room

1:30pm-3:30pm General Assembly of Affiliates & Chapters – La Condesa

The General Assembly of Affiliates and Chapters (GAAC) is the official forum of participation of IEA countrywide Enneagram associations affiliated to the IEA. Two representatives for each IEA Affiliate and the US Chapters will gather during this seventh annual meeting, to discuss necessities, report activities, suggest plans, and influence the course of action of the IEA. The official IEA Affiliates are: Argentina, Brazil, China, Denmark, Finland, France, Netherlands, Norway, Portugal, South Korea, Spain, and Sweden. The official US Chapters are: Colorado, Greater Washington, DC, Georgia, Midwest, Minnesota, Northern Minnesota.

Our main objective is to facilitate and encourage collaboration in our global organization; exploring current and new possible benefits for the membership, sharing best practices to assist the formation and growth of newer affiliates and encouraging involvement in year round IEA activities. All IEA members are invited to observe this session.

## THURSDAY

### ► WELCOME RECEPTION

6:00pm-9:00pm El Mirador

Reception food & cash bar— This special event welcomes conference attendees from around the world. Join us for a social evening of reuniting with old friends and making new ones. Enjoy a light dinner. Wine, beer and cocktails will be available for purchase.

The reception will include a newcomer's table as well as an optional speed networking exercise to get to know your fellow conference attendees.

### ► PRE-CONFERENCE DAY EVENT

9:00am-4:30pm Salon B&C

The teaching of the three Centers – Belly, Heart, and Head – are foundational to the Enneagram, both from the Gurdjieff tradition as well as in Oscar Ichazo and Claudio Naranjo's teachings. To refresh our alignment with the Centers, we have invited two internationally known speakers, Philip Shepherd and Sheva Carr, to bring new practices and insights to this teaching. These fresh new approaches will set the spirit of learning for the entire conference.

### ► MEET AND GREET YOUR IEA BOARD OF DIRECTORS

Throughout the Conference

Visit the hospitality table in the registration area to meet the Board members and ask questions about the IEA. Learn more about Nine Points Magazine. Make suggestions and have your questions answered about accreditation, chapters, affiliates, future plans, and explore how you might become involved in the workings of the IEA.

### ► CONFERENCE PHOTOGRAPHER

Ken Sergi will be available during conference for professional photos for individual or small groups. Whether you need an updated head shot for your website or Facebook, or are ready to have a portrait photo, Ken's skill is well documented on the IEA web site's photos of board members. The cost for a head shot and a high resolution jpeg is \$50 but if you reserve in advance, the cost is \$45.

619.204.6622 ken@sergiconsulting.com

*continued*

# 2017 IEA CONFERENCE SPECIAL EVENTS

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## FRIDAY

### ► VISUAL NOTETAKING

We're joined this year by Kelly Kingman, a graphic recorder and co-creator of the book, the Visual Enneagram. Graphic recorders are essentially visual notetakers, and she will be capturing the main ideas of selected sessions in a blend of words and images. You can find out more at [VisualEnneagram.com](http://VisualEnneagram.com).

### ► AUCTION

The Auction committee has gathered up fantastic items for your bidding pleasure! Items up for bid include gift certificates to Enneagram trainings and workshops, books, CDs, DVDs, art work, pottery, jewelry, and more! If you see something you like, make a bid and sign your name. If you are the last bidder when the table closes, you win!

Auction tables will be located in the foyer, Friday through Sunday. Listen for announcements of tables closing throughout the weekend and try to outbid your colleagues for fabulous items to take home!

### ► RAFFLE

We will be raffling some awesome prizes! You may purchase a raffle ticket for \$5.00 or 5 for \$20.00. Volunteers will be walking about selling tickets, or you may visit the registration desk to purchase. Earn a FREE raffle ticket by completing some fun activities – see Page 16 for details. Raffle prize drawing will be held at the Saturday night party at 9pm.

### ► PROFESSIONAL MEMBERS, FOUNDERS & PRESENTERS RECEPTION 6:30pm-8:30pm La Vista

Reception Food & Cash Bar - Hosted by the IEA Board of Directors, our way to thank the conference presenters and recognize the Professional Level members of the IEA and our Founders. You will need your nametag with "Professional" ribbon to enter. Come and meet others who apply the Enneagram in areas such as business, counseling, or spirituality.

## SATURDAY

### ► IEA PARTY - RECEPTION, GAMES, AND DANCING! 7:00pm-12:00am La Vista (Dinner) & El Mirador (Dancing) – 22nd Floor

Guest DJ – Russ Hudson!

Reception food and Cash Bar (Ticketed Event \$25)

Celebrate the conference! Come enjoy some food and beverage and party with your fellow conference attendees. Enjoy some delicious food and drinks, play some fun games and chat with friends or head down the hall and get your dance on with special guest DJ, Russ Hudson!

This is an optional event – registered conference attendees and guests (spouses and partners) may purchase an admission ticket.

See registration desk to purchase a ticket.

## CONFERENCE BOOKSTORE:

Be sure to visit the Conference Bookstore in the La Duquesa Room. The bookstore offers Enneagram-related books and products.

### Bookstore Hours:

Thursday: 11:00am-8:00pm

Friday: 8:00am -7:00pm

Saturday: 8:30am-6:00pm

Sunday: 8:00am-3:00pm

Thank you to our Bookstore Manager, Gregg Jamback!

# SCHEDULE-AT-A-GLANCE

12

► TIME LOCATION SPEAKER / EVENT

## Wednesday, July 19

► 12:00pm-1:00pm	Stetson	General Assembly of Affiliates & Chapters (GAAC) Luncheon
► 1:30pm-3:30pm	La Condesa	General Assembly of Affiliates & Chapters (GAAC) Meeting
► 5:30pm-7:30pm	La Corona	Pre-Registration

## Thursday, July 20 (Pre-Conference Day Event)

► 7:30am-4:00pm	La Corona	Registration
► 7:30am-8:30am	Salon B&C	Morning Refreshments
► 9:00am-4:30pm	Salon B&C	<b>PreConference Day Workshop:</b> Expanding our Foundations: Awakening and Revitalizing the Belly and the Heart
► 8:30am-9:00am	Salon B&C	Welcome & Information
► 9:00am-12:00pm	Salon B&C	<b>Part I: Philip Shepherd</b> - Deepening the Wisdom of the Belly
► 11:00am-8:00pm	La Duquesa	Bookstore Open
► 12:00pm-1:30pm	Lunch on Own	
► 1:30pm-4:30pm	Salon B&C	<b>Part II: Sheva Carr</b> - Where the Enneagram, Emotional Freedom and HeartMath Science Meet: Empowering Our Authentic Selves
► 5:00pm-7:00pm	La Corona	Conference Registration
► 6:00pm-9:00pm	El Mirador	Welcome Reception

# SCHEDULE-AT-A-GLANCE

► TIME LOCATION SPEAKER / EVENT

## Friday, July 21

► 8:00am-8:45am	Hacienda II-III	<b>Nancy Markow</b> - Morning Stretch and Meditation
► 8:00am-9:00am	Foyer	Registration/Morning Refreshments
► 8:00am-7:00pm	La Duquesa	Bookstore Open
► 9:00am-10:00am	Salon B&C	<b>Welcome from the IEA President: Curt Micka</b>
► 10:00am-11:30am	Salon B&C	<b>Keynote Address: Sandra Maitri:</b> Working through your Ennea-type: The Power of Inquiry
► 11:30am-1:00pm	Lunch on Own	
► 1:00PM-3:00PM	<b>FRIDAY MID-AFTERNOON SESSIONS</b>	
	Salon B	<b>Katherine Chernick Favre</b> - The Enneagram, Pair Bonding & Intimacy. Working with the Fears and Desires of the 9 Enneagram Types by Instinct in Intimacy
	Salon A	<b>Andrea Isaacs</b> - Transformation through Movement: Increase Emotional Intelligence with the Embodied Enneagram
	Salon C	<b>Lynda Roberts, Dr. RaShon, Peter LeDuff</b> - Type and Social Structures: A Collaborative Exploration of Race Through Three Narratives
	La Condesa	<b>Renee Rosario</b> - The Enneagram and Mindfulness: A Path of Transformation
	La Reina	<b>Jerry Wagner</b> - Making Friends With and Integrating Our Shadow Using the 4 R's
► 3:00pm-3:30pm	Foyer	Afternoon Refreshments
► 3:30PM-5:30PM	<b>FRIDAY LATE AFTERNOON SESSIONS</b>	
	Salon A	<b>Devon Carter &amp; Brian Mitchell Walker</b> - What is the Sensation of that? Somatic Focusing and the Enneagram
	Salon B	<b>Peter McGaugh &amp; Angie Arendt</b> - AWP Growth Model - Getting "Un-stuck" Through the Centers
	La Condesa	<b>Patrick O'Leary</b> - Dealing With Difficult People: The Real Art of Negotiation
	Salon C	<b>Mario Sikora</b> - Instinctual Leadership: Balancing the Three Instinctual Domains
	La Reina	<b>Karen Van Zino</b> - Poetry and the Enneagram - The Power to Transform
► 6:30pm-8:30pm	La Vista	Professional Members, Founders & Presenters Reception

# SCHEDULE-AT-A-GLANCE

14

► TIME LOCATION SPEAKER / EVENT

## Saturday, July 22

► 8:00am-8:45am	Hacienda II-III	<b>Nancy Markow</b> - Morning Stretch and Meditation
► 8:30am-9:30am	Foyer	Morning Refreshments
► 8:30am-6:00pm	La Duquesa	Bookstore Open
► 9:30AM-11:30AM	<b>SATURDAY MORNING SESSIONS</b>	
	La Princesa	<b>Melanie Bell</b> - Writing Your Enneagram Journey
	La Reina	<b>Mike Block</b> - Triads - the Foundation of Transformational Practice
	Salon A	<b>Anne Geary, Renee Siegel, Michael Naylor</b> - Recovery and Transformation (Part I)
	Salon C	<b>Russ Hudson</b> - The Arising of Conscience: The Enneagram and the Turning of the Heart
	La Condesa	<b>Ann Paquin &amp; Rachel Hamilton</b> - Enneagram Improv
	Salon B	<b>Deborah Threadgill Egerton</b> - Enneagram and Race - Rebuilding The Bridge That Bias Broke
► 11:30am-1:00pm	Lunch on Own	
► 1:00PM-3:00PM	<b>SATURDAY LATE AFTERNOON SESSIONS</b>	
	Salon A	<b>Anne Geary, Renee Siegel, Michael Naylor</b> - Recovery and Transformation (Part II)
	Salon B	<b>Kathryn Grant &amp; Peter McNab</b> - "Follow the Yellow Brick Road"
	La Princesa	<b>Sandy Hogan</b> - The Enneagram: A Transformational Coaching Tool
	Salon C	<b>Joseph Howell</b> - What's the Solution to Your Problem? Ask the Living Enneagram
	La Reina	<b>Patrick Kayrooz</b> - The WID Factor - Why I Do What I Do
	La Condesa	<b>Sarah Walston</b> - Enneatools for Love
► 3:00pm-3:30pm	Foyer	Afternoon Refreshments
► 3:30PM-5:30PM	<b>SATURDAY LATE AFTERNOON SESSIONS</b>	
	Salon A	<b>Tom Condon</b> - Reframing and the 3D Slideshow Technique: Changing Enneagram Patterns in Subtle, Powerful Ways
	Salon C	<b>Sara Davis</b> - "Back to the Future" and "Bolero" - Naranjo's Magic for Balancing the Centers
	La Reina	<b>John Luckovich</b> - The Instinctual Drives and Inner Work
	La Condesa	<b>Maria Jose Munita</b> - "Back on Track" - Practices to Identify and Transform the Derailers of each Type into More Effective Patterns
	Salon B	<b>Deborah Ooten &amp; Beth O'Hara</b> - Embodying and Integrating the Seven Centers of Intelligence
► 7:00pm-12:00am	La Vista	Reception and Dance Party! (Dancing in El Mirador)

*Full event info starts on p. 17 Full bio info starts on p. 29*



# SCHEDULE-AT-A-GLANCE

15

▶ TIME	LOCATION	SPEAKER / EVENT
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## Sunday, July 23

▶ 8:00am-8:45am	Hacienda II-III	<b>Nancy Markow</b> - Morning Stretch and Meditation
▶ 8:00am-9:00am	Foyer	Morning Refreshments
▶ 8:00am-3:00pm	La Duquesa	Bookstore Open

### 9:00AM-11:30AM SUNDAY MORNING SESSIONS

▶ 9:00am-9:40am	Salon B&C	<b>Terry Saracino</b> – Bringing It Home: Integrating your Conference Experience
▶ 9:40am-10:45am	Salon B&C	Focused Small Group Discussions
▶ 10:45am-11:30am	Salon B&C	Panel Discussion – Moderated by Terry Saracino
▶ 11:30am-12:00pm	Foyer	Break
▶ 12:00pm-1:00pm	Salon B&C	<b>Endnote Address/Closing Session – Marika Borg Blunt, Honest, or Kind? What Really Works?</b>

# EARN A FREE RAFFLE TICKET

Have each NEW person you meet sign off on a question they can answer.

Complete 15 or more and show your page to an Engagement Committee member to receive a free raffle ticket.

1. Attend morning Stretch-Meditation.

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2. Meet someone who was born in the same state or country you are from.

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3. Meet Gregg in the bookstore, check out what's there.

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4. Meet someone who practices yoga. Ask what style.

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5. Meet someone who has a pet. What its name/species?

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6. Meet someone who drove to the conference. From where?

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7. Meet someone who has a vegetable garden.

---

8. Visit the Riverwalk and find La Villita (hint: turn left).

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9. Meet and share a hug with an IEA Global Board member; thank them for their hard work!

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10. Meet someone who is a vegetarian or vegan.

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11. Meet someone who speaks a different language; ask them to teach you to say "Hello".

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12. Meet someone who has published a book.

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13. Meet a first time attendee and introduce yourself (Warmly welcome them).

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14. Meet someone who shares your birthday number/date OR month.

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15. Meet someone who IS on Facebook.

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16. Meet someone who has traveled to the conference from another country.

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17. Meet someone who has taken an online Enneagram class. Which one and with who?

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18. Meet and visit with one of the Engagement Committee Volunteers.

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19. Meet someone who meditates regularly and have them describe their practice.

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20. Meet someone who has downloaded the Conference app and ask them to show you what they like!

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# PRE-CONFERENCE DAY EVENT - JULY 20

## THURSDAY

▶ 9:00am-4:30pm

▶ Salon B&amp;C

### Expanding our Foundations: Awakening & Revitalizing the Belly and the Heart

The teaching of the three Centers – Belly, Heart, and Head – are foundational to the Enneagram, both from the Gurdjieff tradition as well as in Oscar Ichazo and Claudio Naranjo's teachings. To refresh our alignment with the Centers, we have invited two internationally known speakers to bring new practices and insights to this teaching. These fresh new approaches will set the spirit of learning for the entire conference.

#### Deepening the Wisdom of the Belly with Philip Shepherd

Shepherd is recognized as an international authority on embodiment. He is the creator of The Embodied Present Process (TEPP), a unique method for moving into wholeness that heals the frantic, restless pace of the intelligence in the head by uniting it with the deep, present and calm intelligence of the body. Philip's work is based on the vision articulated in his celebrated book, *New Self, New World: Recovering our Senses in the Twenty-first Century* and his newest book, *Radical Wholeness*, to be released in fall 2017.

Philip's personal path has been shaped by his adventures as a teenager, cycling alone through Europe, the Middle East, India and Japan; his deep commitment to and studies of bodywork; his experiences as an actor, playing lead roles on stages in London, New York, Chicago and Toronto; and by the burning desire for freedom that has illuminated his entire life.

#### Where the Enneagram, Emotional Freedom and HeartMath Science Meet: Empowering Our Authentic Selves with Sheva Carr

Sheva Carr is the founding Executive Director of HeartAmbassadors and The Fyera Foundation, as well as the Co-Vice President of Pathways To Peace, a United Nations Peace Messenger Organization, and heads their delegation to the UN. She speaks to people all over the world on how to access heart intelligence and on how to receive the benefits of the heart's impact on consciousness, health, performance, creativity and social change. Sheva teaches an online course on the Enneagram and its intersection with HeartMath and Heart Science, and incorporates the Enneagram in her ongoing Heart Ambassadors Program.

## MORNING MEDITATIONS

### FRIDAY, SATURDAY & SUNDAY

▶ 8:00am-8:45am

▶ Hacienda II-III

Session Level: All Students

### Morning Stretch and Meditation

▶ **Nancy Markow** Full bio [p. 33](#)

Begin each day with guided movement and stretching, (no equipment or special clothing needed) and Enneagram Center focused Meditations. The body Center meditation will invite awareness of the physical body, our human duality, and the healing that comes from understanding we are more than our physical selves; exploring Oneness, communion, and eternal-being-ness.

The heart Center meditation will invite a connection to the heart. Guiding participants to simply be with themselves; cultivating awareness of the wholeness that is found within. Experiencing unconditional love from the inside out.

The head Center meditation will invite awareness of what is higher Knowing; connection to one's intuition. Experiencing how faith and trust comes forth with a practice of receptivity.

# FRIDAY PROGRAM - JULY 21

## MID AFTERNOON SESSIONS

▶ 1:00pm-3:00pm

▶ Salon B

Session Level: All Students

### The Enneagram, Pair Bonding & Intimacy. Working with the Fears and Desires of the 9 Enneagram Types by Instinct in Intimacy

▶ Katherine Chernick Fauvre Full bio [p. 30](#)

The purpose of this presentation is to explore the relationship between the Enneagram, the Instinctual Types and Intimacy. A survey was designed to investigate the manner in which the three instinctual drives influence and affect how each of the nine Enneagram Types form, develop, and maintain intimate bonds.

The theory of the Instinctual Drives is that they result from the basic passion of the Enneagram Type being overly influenced by three variations in the life-force energy that are instinctual to us all (Self-Preserving, Social, and Sexual or One to One). The assertion is that the ruling passion of the Enneagram Type (anger, pride, vanity, envy, avarice, fear, gluttony, lust or sloth) is colored, or skewed by the influence of the dominant instinct and shapes the manner in which we create bonds of intimacy.

This presentation will focus the 1998 findings as well as thousands of current findings. The unexpected findings were both validating and intriguing. In addition, the non-empirical research proved to be highly informative as it was written by the nine types themselves.

In this presentation we will explore the research findings and work with the fears and desires of the three instincts by Enneagram type.

▶ 1:00pm-3:00pm

▶ Salon A

Session Level: All Students

### Transformation through Movement: Increase Emotional Intelligence with the Embodied Enneagram

▶ Andrea Isaacs Full bio [p. 32](#)

One of the purposes of "transformation" is to return to a state of wholeness and back to your "true nature." That requires having the emotional range and flexibility to respond to challenging people and circumstances in whatever way best serves your highest and best self, the highest and best of the others involved, and the highest and best of what the moment requires. This often requires change. Yet for most people, change (or transformation) is difficult. When change is difficult, a step is missing. That missing step is often the body.

You will learn how to embody the gifts of each of the Enneagram types. This will increase your emotional range and intelligence, and creates a new set of options with which to respond to life's challenges. This builds confidence, gives you the ability to deal effectively with anger, sadness, resentment, fear, shyness, difficult conversations, conflict and other challenging emotions and situations in a grounded, peaceful way that reflects your wholeness and your highest and best self. This program is based on the principles of EnneaMotion.

▶ 1:00pm-3:00pm

▶ Salon C

Session Level: All Students

### Type and Social Structures: A Collaborative Exploration of Race Through Three Narratives

▶ Lynda Roberts, Dr. RaShon, Peter LeDuff

Full bio Roberts [p. 35](#)Full bio Rashon [p. 35](#)Full bio LeDuff [p. 33](#)

The Enneagram community stands at the apex of global transformation. We are uniquely situated to contribute to the healthy, harmonious integration of diverse ways of being in the global village. Invited guest Peter LeDuff joins Lynda Roberts and Dr RaShon in a collaborative engagement in which they will share their own narratives of how Enneagram type structure, fixation, and essence impact perceptions of race and "the other."

We will use the concept of spiritual bypass and the definition and nature of racism as defined by The People's Institute for Survival and Beyond in New Orleans to build a context for expanded awareness and exploration. Participants will be invited to use inquiry to (1) explore their type structures for specific thoughts, feelings, and experiences regarding race and "the other," (2) identify type based development-tal practices for a more enlightened race consciousness, and (3) contribute to the transformation of the spaces they inhabit.

# FRIDAY PROGRAM - JULY 21

## MID AFTERNOON SESSIONS

▶ 1:00pm-3:00pm

▶ La Condesa

Session Level: All Students

### The Enneagram and Mindfulness: A Path of Transformation

▶ **Renee Rosario** Full bio [p. 35](#)

The Enneagram as a map of human consciousness unites exquisitely with the transformative power of Mindfulness practice. Mindfulness helps us to meet things as they are rather than simply through the projection of our type's perspective. As a three-centered practice, it helps us to:

- witness the thoughts related to the type pattern;
- discern our emotional experience; and
- clarify and untangle the emotional experience into its sensory components. Clarifying the components of our inner experiences allows us to loosen the type structure and be more receptive to the Ground of Being.

In this session, we will practice and explore three skills essential to Mindfulness - concentration, sensory clarity and equanimity (Shinzen Young).

- Concentration allows us to focus and remain with what is arising in our inner experience in the present moment.
- Sensory clarity allows us to untangle thought from feeling from sensation, pulling apart the various components of reactivity, making them more manageable.
- Equanimity allows us to bring a gentle "matter-of-factness" to our somatic experience.

Whether you are an Enneagram teacher or enthusiast, this session will provide you with tools to transform your relationship to your type structure. The session will include didactic, guided inner practice, dyads and panel interviewing.

▶ 1:00pm-3:00pm

▶ La Reina

Session Level: All Students

### Making Friends With and Integrating Our Shadow Using the 4 R's

▶ **Jerry Wagner** Full bio [p. 37](#)

Whenever we identify with idealized aspects of our persona (me), we tend to disidentify with our opposite shadow attributes (not-me). For example, if we think of ourselves as being loving and kind, then we don't want to be thought of as being selfish and cruel. To avoid these unacceptable parts of ourselves, we put them in the basement (our unconscious) where we can forget about them. We manage this through repression and splitting. We can also throw out our garbage onto others and process it in them. We do this through projection and projective identification.

When we are divided against ourselves, we appear as one-dimensional personalities with internal conflicts and conflicted relationships. Re-owning our disavowed parts and integrating our inner polarities lead to inner wholeness with an enriched sense of self, increased energy, and less complicated connections with others.

We'll explore each Enneagram style's ego identifications (me) and their shadows (not-me), the defenses used against our unacceptable parts, and techniques for reacquainting us with and reintegrating our disowned characteristics. In short we'll learn the 4 R's: how to recognize, relabel, reown, and recycle all the parts of ourselves. If our motor is eight cylinder and we're only using four, it's time to get up to speed.

#### Workshop Objectives

- Participants will learn the self-concepts and shadows of each Enneagram style.
- Participants will learn how the defense mechanisms of projection and projective identification operate in each style.
- Through illustration, demonstration, and practice, participants will learn practices for recognizing, renaming, reclaiming, and recycling the rejected aspects of themselves.



# FRIDAY PROGRAM - JULY 21

## LATE AFTERNOON SESSIONS

▶ 3:30pm-5:30pm

▶ Salon A

Session Level: All Students

### What is the Sensation of that? Somatic Focusing and the Enneagram

▶ **Devon Carter & Brian Mitchell-Walker** Full bio Carter [p. 30](#) Full bio Mitchell-Walker [p. 34](#)

Are we allowing the full range of our human experience? Can we develop our capacity to access a more full experience? How would our life be enhanced if we could? From an early age, our thoughts, emotions, and even our ideas begin as sensory experience in the body. As our language and cognitive abilities develop, this fuller range of sensory response narrows to recognizable and predictable concepts and labels like love, joy, anger, fear. Over time we only experience the more patterned sensations associated with these labels. As our sensory abilities narrow, so does our capacity to respond to life from a broader field of depth and presence. We often fall into habitual reactions which may not be in alignment with what is occurring in the present moment. This workshop will explore how to stay present with the sensations of the body (the intelligence of our belly center) to access our full experience of any moment. With this increased capacity to stay present, participants will observe personal patterns in their sensory reactions connected to their Enneagram Type. Come and play with Brian and Devon.

▶ 3:30pm-5:30pm

▶ Salon B

Session Level: All Students

### AWP Growth Model - Getting “Un-stuck” Through the Centers

▶ **Peter McGaugh & Angie Arendt** Full bio McGaugh [p. 33](#) Full bio Arendt [p. 30](#)

From our experience and observations as Warriors for the Human Spirit and Integral Coaches, we have noticed and identified common underlying patterns and places where people tend to stumble or get “stuck” on particular issues or topics – places where development stalls, connections break down, and frustration sets in. Our deep curiosity and exploration around these recurring themes led to the creation of the AWP Growth Model (Awareness – Willingness – Practice): a framework that, when combined with the 3 Centers of Intelligence becomes a powerful and practical resource that supports the growth and transformation of individuals and teams. We have found that, regardless of Enneagram Type, the “stuck-ness” occurs in the Belly Center, the Heart Center or the Head Center and is driven by the underlying emotion associated with that particular Center – be it shame, fear or anger. This session will provide insight and awareness of the places where we get “stuck” and an experience of growth and transformation through:

- an exploration of the AWP Growth Model
- an exploration of the 3 Centers of Intelligence
- the alignment and integration of the AWP Growth Model with the 3 Centers of Intelligence

▶ 3:30pm-5:30pm

▶ La Condesa

Session Level: All Students

### Dealing With Difficult People: The Real Art of Negotiation

▶ **Patrick O’Leary** Full bio O’Leary [p. 34](#)

Conflict is the inevitable consequence of personality. Each of us has a unique perspective that develops from the interaction of our genetic traits and our life experience. We learn to think, solve problems and communicate in a fashion that produces apparent results. But, the results can also produce conflict and hostility in others. This seminar presents an innovative approach to conflict-resolution, based on ground-breaking research at Harvard Law School, and combines this negotiation strategy with the insights of Claudio Naranjo’s avoidance-defense. Participants will experiment with the approach of making one’s adversary an ally in mutual problem-solving - a creative search for multiple options based on an understanding of personality style. Many strategies for negotiation are bargaining and compromise. That entails surrendering items of value. We leave the table with a sense of loss - being “taken advantage of.” A lasting settlement is not possible. Using the insights of the Enneagram, participants will investigate methods to improve the quality of working relationships. This is a center-based approach, based on the work of Wilhelm Reich (Freud’s colleague) and Charles Kelly. Participants will use the theory of body armor as a tool to understand the instinctual basis of our disagreements. We will practice approaches to improving communication - even with most difficult people.

# FRIDAY PROGRAM - JULY 21

## LATE AFTERNOON SESSIONS

21

▶ 3:30pm-5:30pm

▶ Salon C

Session Level: All Students

### Instinctual Leadership: Balancing the Three Instinctual Domains

▶ **Mario Sikora** Full bio Sikora p. 36

Many people have experienced how knowledge of the Enneagram can be helpful at work and in leadership, but few understand how to apply knowledge of the three instinctual biases to the same topics. Truly understanding the instinctual biases can be just as important as understanding the nine Enneatypes—if not more so.

The program will begin with an overview of the three instinctual domains using language and concepts that are business-friendly and rooted in modern science without losing their depth and subtlety. Attendees will be given tips for clearly identifying their (or their clients') dominant instinctual biases, the order in which the three biases express themselves (the so-called "instinctual stack"), and how that stack shapes leadership and work performance. Participants will receive guidance for effective strategies in each of these domains, along with concrete "how-to" tips they can apply either in their own lives or in their work with others. They will discover tools for addressing blind spots and turning weaknesses into strengths.

Participants will leave with useful skills related to each instinctual domain that they can put to immediate use either as a leader, as an advisor to leaders, or as someone simply seeking a more effective and satisfying life.

▶ 3:30pm-5:30pm

▶ La Reina

Session Level: All Students

### Poetry and the Enneagram - The Power to Transform

▶ **Karen Van Zino** Full bio Van Zino p. 36

Keats called poetry a "remembrance," Faust a "distillation," and Wordsworth a "preservation" of everything which humanity loves, works for, and hopes to maintain. In other words, poetry touches all Three Centers of Human Intelligence: Body, Heart, and Mind. Engaging with a poem can awaken the reader to a new awareness, acutely felt, in his or her deepest place of knowing. The Enneagram is also a distillation and indeed also a preservation of everything which humanity loves, works for, and hopes to maintain: our actions, our feelings, and our thoughts. In this session we will engage with a variety of great poems from poets across time and culture as we tap into the extraordinary capacity of a poem to invite us, remind us, prod us, and at times startle us into awakening to our essential gifts, as well as warning us of the pitfalls of our personality. We'll explore experientially through individual and group exercises and have a chance to play with impactful words as we each try on being 'a poet for the moment.' You will gain a sharpened clarity of mind, a heartfelt caress of beauty, and a renewed instinctive grounding - each a tremendous support for the transformative journey.

# SATURDAY PROGRAM - JULY 22

## MORNING SESSIONS

▶ 9:30am-11:30am

▶ La Princesa

Session Level: All Students

### Writing Your Enneagram Journey

▶ **Melanie Bell** Full bio Bell [p. 30](#)

We all have stories about who we are, shaped by our personality and experiences. These narratives are important because they influence our behavior and define the limits of what we can do. In order to make sense of our life, we tell ourselves a story about it, and our life falls in line with our story.

Let's identify the story we've been living and explore ways of creatively rewriting it in order to uncover new possibilities for ourselves. We'll begin by unearthing our personal narratives through writing and discussion. We'll delve into our sense of self, obstacles we've faced, and ways our stories have helped us. We'll also learn the archetypal growth journeys of the nine Enneagram types. Each type follows a distinctive "hero's journey" pattern with a protagonist, obstacles, and a path toward expansion.

Drawing inspiration from our type's journey of growth, we'll use storytelling prompts to move beyond our limiting narratives and write a new journey for ourselves. Who could you be if you were more than a character in your life story? What could a happy outcome for you look like? Bring your writing materials to this creative sharing session and find out!

▶ 9:30am-11:30am

▶ La Reina

Session Level: All Students

### Triads - the Foundation of Transformational Practice

▶ **Mike Block** Full bio Block [p. 30](#)

Being stuck in one's type is one of the most common problems in the Enneagram culture. The theme of this year's conference speaks to this problem. In the rush to find one's individual place in the Enneagram circle, some critical information may be passed over. For transformative practice to be effective, we need a solid foundation to build on. Understanding the triads of the Enneagram holds the key to getting out of the revolving door of pattern management.

This session will take a look at this vital information that has been missed. It will identify the three centers, increasing our awareness of the dynamic struggle for balance inside ourselves. Each of us has come to rely on one of our centers over the other two. Any practice we begin needs to focus its work on bringing our centers into agreement. Starting a conversation with each other, about our individual patterns, will begin to build a foundation for our transformational practices. Ground work for this conversation will be self-compassion, not judging what we uncover and being kind to ourselves in the process.

▶ 9:30am-11:30am

▶ Salon A

Session Level: Beginner

### Recovery and Transformation, Part I

▶ **Anne Geary, Renee Siegel, Michael Naylor**Full bio Geary [p. 31](#)Full bio Siegel [p. 36](#)Full bio Naylor [p. 34](#)

Each of us is recovering from something in our lives. Many find themselves addicted to substance or process addictions. And whether or not we have a "socially unacceptable addiction," each of us, as we navigate our way through life and awaken to see the strategies we have come to employ to manage our lives, may see that we are addicted to our patterns of type. In this two part workshop, three experts in the field of Recovery and Addiction will speak about the way both addictions to external activities or substances and to the patterns of type are similar in how they "run the show" until we wake up and use tools that will assist us in managing our lives differently. We will look at each of the three centers of intelligence as they relate to having a preference for specific addictions, attachments and patterns. We will discuss tools we can use for waking up to these addictions and patterns. We will practice through meditation and sharing experiences accessing our inner observer ways we can move beyond and remain awake to make positive changes in our lives.

# SATURDAY PROGRAM - JULY 22

## MORNING SESSIONS

23

▶ 9:30am-11:30am

▶ Salon C

Session Level: All Students

### The Arising of Conscience: The Enneagram and the Turning of the Heart

▶ **Russ Hudson** Full bio Hudson [p. 32](#)

It is widely known in spiritual work that genuine transformation is a transformation of the heart. Yet, the traditional teachings behind the Enneagram make it clear that this can only happen through an awakening in the body and in the mind as well. It takes most of us a while to really understand what the centers are in our direct experience, and often longer to really learn how to bring presence to each of the centers. In this presentation, we will look at the experience of three-centered presence and distinguish this from our concepts about the centers. We will explore how presencing each center enables us to “disidentify” with its contents in a way that opens us to a sense of ourselves beyond the personality while including the personality patterns in a deeper, more compassionate awareness. We will then see how staying with this process begins to turn the heart’s longing toward its source, and leads to a transformation of our sense of what we are in this world. Gurdjieff called this “The arising of Objective Conscience.” The session will include discussion, exercises, meditation, and music to assist us in exploring the deeper realms of the heart.

▶ 9:30am-11:30am

▶ La Condesa

Session Level: Beginner

### Enneagram Improv

▶ **Ann Paquin & Rachel Hamilton** Full bio Paquin [p. 35](#) Full bio Hamilton [p. 31](#)

Enneagram Improv is an experiential transformative mash-up, combining the wisdom of the Enneagram with the playful games of Improvisation. We'll explore the Enneagram Types through specially designed improv exercises that invite us to play in the realms of the whole human experience. We'll see the world through the lens of each other's types and laugh ourselves silly in the process. Fun will be had!

▶ 9:30am-11:30am

▶ Salon B

Session Level: All Students

### Enneagram and Race - Rebuilding The Bridge That Bias Broke

▶ **Deborah Threadgill Egerton** Full bio Threadgill [p. 36](#)

Is it possible not see what is happening in the world around us? Is it logical to engage in doing “the work” of the Enneagram and not put this work into practice for the good of all humanity? Bias has existed from the beginning of time and will not be solved in a day. This workshop is designed to move the work through all three of our centers. We will engage our head, heart and gut centers to begin to rebuild the bridge that bias broke. In this session we will explore:

- Ways that each type breaks the connection between self and “other people;”
- Acknowledge our feelings about differences;
- Explore how our individual Enneagram types might perpetuate our unexplored stereotypes;
- Create a community of cultural allies by looking at the contribution of the strength of each Enneagram type;
- Give voice to “what gets in the way” of allowing our true self to show up when we need to be cultural allies;
- Learn how to engage with people of color to educate about the Enneagram as a mechanism for healing and rebuilding trust and relationships across differences.

# SATURDAY PROGRAM - JULY 22

## MID AFTERNOON SESSIONS

▶ 1:00pm-3:00pm

▶ Salon A

Session Level: Beginner

### Recovery and Transformation, Part II

▶ Anne Geary, Renee Siegel, Michael Naylor

Full bio Geary p. 31

Full bio Siegel p. 36

Full bio Naylor p. 34

This session is a continuation of Recovery and Transformation, Part I; see page 22.

▶ 1:00pm-3:00pm

▶ Salon B

Session Level: All Students

### Follow the Yellow Brick Road

▶ Kathryn Grant &amp; Peter McNab

Full bio Grant p. 31

Full bio McNab p. 33

"The Wonderful Wizard of Oz" - something universal within this story resonates deeply and explains its immense popularity. Peter and Kathryn have been fascinated by the story for decades and for this workshop have pooled their experiences to take you on a journey of transformation and growth. This will be a fun and enjoyable experience as we literally walk the road of yellow bricks and stand in the shoes of the main characters. The book's important themes ask us significant "centers of intelligence" questions: In what ways do we search for what we already possess - The Scarecrow's Brain, the Tinman's Heart, or the Lion's Courage? What events or "cyclones" have lifted us out of our grey lives and dropped us into a land of color, as Dorothy was? How long do we sleep in our own poppy field as Dorothy and the Lion do? Into what holes do we repeatedly fall, learning nothing in the process as the Scarecrow does? Which masks are we hiding behind as the Wizard is? What green-lens glasses do we wear to color reality? Join in - visit the Land of Oz. Allow the story to transform you.

▶ 1:00pm-3:00pm

▶ La Princesa

Session Level: Intermediate

### The Enneagram: A Transformational Coaching Tool

▶ Sandy Hogan

Full bio Hogan p. 32

The point of using the Enneagram in coaching is to help transform ego structures, to awaken and inhabit your highest levels of development. This very introspective and interactive session will teach you how to use the Enneagram in coaching by practicing a proven, step-by-step process. You will:

1. Learn the benefits of using the Enneagram in coaching;
2. Discover how the basic fear of your EnneaType can negatively affect behavior;
3. Understand how the basic desire of each EnneaType can get distorted into negative behaviors;
4. Understand the Enneagram's natural progression toward essential Self;
5. Learn how to assess your developmental level within your EnneaType;
6. Identify the top three Enneagram Transformations that are essential to your growth now;
7. Design your own customized coaching program using the integral coaching tools of self-observations, exercises and practices;
8. Understand why these tools are transformational to your growth. You will experience this proven process yourself, to identify your own level of development and the ego structures that are still getting in your way. You will receive suggestions for an individualized coaching program to help release and transform them so that you can embody your best self—a grounded, growing, deepening, more spiritually-integrated human.



# SATURDAY PROGRAM - JULY 22

## MID AFTERNOON SESSIONS

▶ 1:00pm-3:00pm

▶ Salon C

Session Level: All Students

### What's the Solution to Your Problem? Ask the Living Enneagram

▶ **Joseph Howell** Full bio Howell p. 32

Albert Einstein said, "No problem can be solved from the same level of consciousness that created it." So how do we raise consciousness above the level of the problem? In this workshop, discover solutions from the head center of intelligence. Yes, real solutions emerge, for the pressing problems facing us on a personal, family, community and global basis.

The presenter has developed a method by which the Enneagram's wisdom is tapped in powerful ways in the present moment! Experience "The Living Enneagram" through a brief lecture, through videos of the system in action, and from interactive participation, as it raises consciousness, through the lenses of each type's Virtues and Holy Ideas.

If Einstein was indeed correct, then whatever our dilemma, if the wisdom of the Enneagram can raise consciousness above the level of the problem, then workable, healthy and conscious solutions inevitably arise. "The Living Enneagram" does just that. It is a replicable and applicable method for consciousness-raising in all problem areas. The workshop calls for volunteers interested in participating in live demonstration.

▶ 1:00pm-3:00pm

▶ La Reina

Session Level: All Students

### The WID Factor - Why I Do What I Do

▶ **Patrick Kayrooz** Full bio Kayrooz p. 32

Have you ever thought, "Why do I do what I do?" When it comes to decision making - are you ruled by your heart, your head or your gut? All three play a factor, and one will dominate your personality and influence the way you view the world. Much has been presented around the Enneagram, but little has been presented to show the system in a more accessible form using easy English and info-graphics. For many, including corporations, the Enneagram is considered too complex, too text heavy, negative in its connotation, filled with psychological jargon. The WID Factor - Why I Do What I Do has taken the complex theories of Enneagram's personality types and translated them into an easy-to-understand methodology which introduces a three-step practice to personal freedom. This practice helps you to recognize and further understand your path of purpose. Through a workshop style, using adult learning practices we will:

- Overlay theory and practice so as to more deeply integrate self awareness;
- Discover the WID Factor methodology;
- Be introduced to and participate in the three step practice to freedom of choice; and
- Reflect upon and state our own personal path of purpose.

▶ 1:00pm-3:00pm

▶ La Condesa

Session Level: All Students

### Enneatools for Love

▶ **Sarah Walston** Full bio Walston p. 37

Are you blocking yourself from the love you want? The Enneagram offers a powerful map for understanding where we lose connection in love and why. But insight alone doesn't allow us to drop our defenses or forget our vulnerabilities. We need support in finding our way back. In this session you will learn how each Enneagram type unintentionally gets in the way of giving and receiving love. You will also learn practices to navigate through the challenging and fertile territory that close relationships necessarily present us with. These tools will help you:

- Work with your defenses, encouraging yourself back to the present
- Unravel core negative beliefs about yourself and the other
- See past surface conflicts to understand true needs
- Reclaim the wholeheartedness you are made for
- Engage the wisdom of your head, heart and belly
- Cultivate the generative, tender, and brave place love asks us to stand in

Through experiential exercises, lecture and discussion, we will explore how to reduce the grip of our types in this tender territory, and how to show up more willingly for the gifts love wants us to receive.

# SATURDAY PROGRAM - JULY 22

## LATE AFTERNOON SESSIONS

▶ 3:30pm-5:30pm

▶ Salon A

Session Level: Intermediate

### Reframing and the 3D Slideshow Technique: Changing Enneagram Patterns in Subtle, Powerful Ways

▶ Tom Condon Full bio Condon p. 31

A workshop to help you translate the Enneagram's theories into fruitful, effective practice. I will offer two unique, solution-focused approaches to applying the Enneagram's insights. The techniques will benefit anyone using the Enneagram for personal or professional growth as well as those who use the Enneagram to promote change in others. We will begin with a group demonstration of the NLP technique of Reframing, newly applied to the Enneagram, with feedback about the experience from group members. Reframing reveals the unconscious motives — called secondary gains — that drive both healthy and unhealthy expressions of Enneagram styles.

Next I will explain and demonstrate the powerful 3D Slideshow Technique, combined with the Enneagram. This approach uses guided imagery to identify the hidden, subtle images that anchor and drive each Enneagram style. The method then converts and transforms these images - to spontaneously release their healthy, high-side potentials. The results are usually pleasant, powerful, surprising and lasting, creating a deeper integration and presence in the user.

▶ 3:30pm-5:30pm

▶ Salon C

Session Level: All Students

### "Back to the Future" and "Bolero" - Naranjo's Magic for Balancing the Centers

▶ Sara Davis Full bio Davis p. 31

In this session, you will be treated to one of the most profoundly transformative processes from Claudio Naranjo's SAT (Seekers After Truth) program. First I will help you discover the "crazy ideas" that you are holding deep in your psyche. These generally form along Enneagram lines, reveal core issues of shame, fear and anger, and subconsciously influence your beliefs and actions. (They are ideas like, "if I do X, I will be abandoned" or "I will never be supported")

Once you find your juiciest crazy idea, you will be guided back through your life so that you can find instances where this crazy idea was formed or expressed. The journey will continue prior to your birth where you will gather resources in order to "rewrite" the crazy idea. Then you will travel back through life - experiencing the same instances but with new thoughts, feelings and reactions. Once back in the present, the new resources will be projected into the future. After that exercise, we will end with one of Naranjo's favorite meditations - a special musical treat that is profoundly balancing for the 3 centers.

▶ 3:30pm-5:30pm

▶ La Reina

Session Level: Intermediate

### The Instinctual Drives and Inner Work

▶ John Luckovich Full bio Luckovich p. 33

Instinct is the most basic organization of awareness in an organism. More than mere survival strategies, instincts are the platform for our physical, psychological, and spiritual well-being. However, the Personality becomes identified with these drives, confusing the survival of our organism with the survival of the ego, providing one of the primary ways we lose presence. With that in mind, how do we understand the instinctual drives? How do we use leverage them for our inner work and development of presence?

This presentation offers a new look at the Instinctual Drives, with an emphasis on usefulness in Inner Work. Each Instinct is a biological drive to meet three basic needs. Identifying these needs helps us to not only understand what the Instinctual Drives really are and what fears motivate them, but also offers a toolbox for understanding associations, self-images, and vulnerabilities associated with these needs. Together, we will explore presence with Instinct and Sensation, to better see how these drives are foundational to presence.

# SATURDAY PROGRAM - JULY 22

## LATE AFTERNOON SESSIONS

27

▶ 3:30pm-5:30pm

▶ La Condesa

Session Level: All Students

### **“Back on Track” - Practices to Identify and Transform the Derailers of Each Type into More Effective Patterns**

▶ **Maria Jose Munita** Full bio Munita [p. 34](#)

There are some predictable work-related behavioral patterns, or derailers, that tend to undermine the performance of each of the types. These derailers occur when the stress and challenges of work interact with a thinking pattern and an emotional need. This interaction results in a pattern of behavior that may not seem like a problem to the individual but it derails their performance. This session will provide a map of derailers for each type, together with a process to work with them in a type-specific way.

During the first part, participants will learn some of the derailers of each type, through an interactive group experience, applying this understanding on themselves and other people. The second part of the session will address the transformation of those behaviors into more effective ones, understanding how there is a particular logic in the distortion of emotion, cognition and behavior for each type, and learning how to remove the obstacles for change. People will leave the session with a practical tool to identify those derailers that hinder our performance, and with a concrete process to transform those behaviors into more effective ones, for themselves and their clients.

▶ 3:30pm-5:30pm

▶ Salon B

Session Level: All Students

### **Embodying and Integrating the Seven Centers of Intelligence**

▶ **Deborah Ooten & Beth O'Hara** Full bio Ooten [p. 35](#) Full bio O'Hara [p. 34](#)

The Enneagram of Personality teaches three centers of intelligence, the mind, heart, and body. Gurdjieff's original system taught the Enneagram as a system of transformation through awakening and integrating the seven centers of intelligence: instinctual, moving, sexual, emotional, intellectual, higher emotional, and higher intellectual. To be fully awake, all seven centers must be expanded and integrated.

We will explore each of the seven centers of intelligence and how they operate. The instinctive center involves involuntary physical functions, physical senses, sensations, and reflexes. The moving center is responsible for external movements like walking, writing, and eating. The sexual center governs sexual function and produces energy for creation. The emotional center expresses feelings while the intellectual center expresses thinking. The higher emotional center functions in expanded self-consciousness and self-awareness. The higher intellectual center is awakened with objective consciousness.

Discover how the moving, instinctual, sexual, emotional, and mental centers operate in your life, through movement, video, music, and experience. At the end of the session, you will have an opportunity to experience embodied presence with all seven centers of intelligence integrated. This session will be highly interactive and experiential allowing participants to access new levels of transformation in their lives.

# SUNDAY PROGRAM - JULY 23

## MORNING SESSIONS

▶ 9:00am-9:40am

▶ Salon B&amp;C

Session Level: All Students

### Bringing It Home: Integrating your Conference Experience

▶ **Terry Saracino** Full bio Saracino [p. 36](#)

This session is a unique opportunity to integrate all the information and practices shared during the Conference. Terry will begin with a brief overview of the use of the Enneagram as a transformative tool emphasizing the importance of practices and methods in the arenas of psychology, spirituality, and somatic work. Consciously working with these methods and practices, together with the wisdom inherent in the Enneagram map, can lead to a more embodied and integrated life. Participants will gather in small groups by interest area to share their experience of the conference and how to incorporate it into their work and relationships. Finally, we will hear from a panel of representatives from each interest area to weave an overall perspective on our collective transformational process.

▶ 9:40am-10:45am

▶ Salon B&amp;C

Session Level: All Students

### Focused Small Group Discussions

▶ 10:45am-11:30am

▶ Salon B&amp;C

Session Level: All Students

### Panel Discussion – Moderated by Terry Saracino

▶ 12:00pm-1:00pm

▶ Salon B&amp;C

Session Level: All Students

### Endnote Address/Closing Session – Marika Borg

### Blunt, Honest, or Kind? What Really Works?



**Make  
A  
Difference**

## **SUPPORT THE IEA:**

Imagine a world in which the Enneagram helps people engage with one another in conscious, compassionate, and creative ways!

Through a donation, you can partner with the IEA to create a world in which the Enneagram is widely understood and constructively used. Your contribution can support the IEA in two ways:

### **ASSIST WITH IEA ACTIVITIES, SUCH AS:**

- The creation of **IEA National Affiliates** around the world and **IEA Regional Chapters** within the U.S., thus creating a world-wide Enneagram community.
- The **IEA Accreditation Program** which serves as a mark of excellence and provides recognition for teachers and professionals, as well as adherence to the IEA Ethical Guidelines.
- **Nine Points** – our online publication containing articles highlighting different applications and theory regarding the Enneagram, along with global and local news and activities regarding IEA Chapters and Affiliates.
- The **IEA Website** – a resource for both members and for those seeking to find an Enneagram professional.
- The **IEA Global Conference** – bringing together a dynamic gathering of Enneagram professionals and aficionados worldwide and offering opportunities for engagement and education.

### **MAKE OUR COMMUNITY MORE INCLUSIVE THROUGH THE IEA SCHOLARSHIP FUND**

- Because of limited resources, many individuals are challenged in learning additional practices and gaining increased knowledge about the Enneagram. Your support will help more people participate in our community by attending IEA Global Conferences.

We hope that you will consider donating to the IEA – either the **IEA General Fund** or the **Conference Scholarship Fund**. Donations to the IEA are tax deductible where allowable by law. You may donate online at: [www.internationalenneagram.org](http://www.internationalenneagram.org) or mail check payment to:

International Enneagram Association  
4010 Executive Park Drive, Suite 100  
Cincinnati, OH 45241

We offer our sincere thanks for your support of the IEA and Enneagram Community!

# SPEAKER BIOGRAPHIES A-C

30

## ► Angie Arendt



Angie Arendt is a gifted minister, teacher, coach, and consultant with a knack for engaging people in life-giving, soul-growing conversations. She is a Warrior for the Human Spirit, a founder of Deep Life, and creator of the Center for Courageous Living—a community of spiritual practice, connection and transformation.

**Session info:** p.

## ► Melanie Bell



Melanie Bell is an Enneagram Institute Authorized Teacher, writer, and coauthor of *The Modern Enneagram*. She leads Enneagram workshops through Berghoef & Bell Innovations and teaches writing as a faculty member at Academy of Art University in San Francisco.

**Session info:** p. 22

## ► Mike Block



I encountered the Enneagram over 10 years ago and my life has never been the same. It gave me access to long-term change. My passion is to be a part of expanding the influence of the Enneagram to a younger generation, and also make it more accessible to conservative Christians. I am a type 7 and an expert at avoiding and running from pain. The wisdom of the Enneagram has opened a door for the deep spirituality – being present to the moment with all of my availability and potential.

**Session info:** p. 22

## ► Devon Carter



Devon is an IEA Accredited Professional, Certified Deep Coaching Professional, Certified Leadership Embodiment Associate, with 35 years as a Somatic Therapist and Teacher. She enjoys witnessing as people rediscover aliveness through applying the Enneagram as a tool for embodied awareness and presence, coming home to the here and now, embodied in this moment.

**Session info:** p. 20

## ► Katherine Chernick Fauvre



Katherine is an internationally recognized author, teacher and coach. Her cutting-edge research on the Types, Instinctual Types and Tritypes® has made her a leader in the field. She is a former member of the IEA Board of Directors and is a certified teacher with Palmer-Daniels, Riso-Hudson and Hurley-Donson.

**Session info:** p. 18

# SPEAKER BIOGRAPHIES C-H

## ► Tom Condon



Tom Condon has taught over 900 workshops in the United States, Europe and Asia. The Director of the Changeworks in Bend, Oregon, he has been an adjunct faculty member of Antioch University and the University of California at Berkeley. He is the author of over 50 audio and video programs and books and has worked with the Enneagram since 1980. Website: [www.thechangeworks.com](http://www.thechangeworks.com)

**Session info:** p. 26

## ► Sara Davis



Sara Davis has taught the Enneagram since the 1990's. She is educated in Psychology and Systems Theory and is an IEA Accredited Professional certified by Palmer/Daniels and taught by Riso/Hudson, Naranjo, Condon, and more. She is also certified in NLP; Core Transformation; Wholeness Process; Reiki; Matrix Energetics and Coaching.

**Session info:** p. 26

## ► Anne Geary



Anne Geary is an International Enneagram Association Accredited Professional and holds professional certifications with The Enneagram Institute, Enneagram in the Narrative Tradition, and The Enneagram in Business. She is a board member of the Enneagram Association in the Narrative Tradition. Currently, I am developing and presenting an awesome workshop series integrating Enneagram Theory and The Twelve Steps of Recovery called The Transformation Workshops: Breaking your Spiritual Glass Ceiling.

**Session info:** p. 22

## ► Kathryn Grant



Kathryn Grant is a long time believer in the power of story to transform. She is a graduate of the University of Illinois, certified with Jerry Wagner in 1997 and is now an Associate with Spectrum Trainings. She is a Spiritual Director and Coach, and served on the IEA Board (2011 - 2017) as Global Conference Chair.

**Session info:** p. 24

## ► Rachel Hamilton



Rachel Hamilton is an Improv Teacher and Performer based in San Francisco. Rachel began teaching while on stage at The Second City, Chicago, sharing the stage with geniuses like Tina Fey and Amy Poehler. She's been dedicated to sharing this magical art form ever since.

**Session info:** p. 23



# SPEAKER BIOGRAPHIES H-K

## ► Sandy Hogan



Sandy Hogan, Professional Certified Coach, and IEA accredited teacher, has studied the Enneagram for 17 years. She uses its inherent wisdom to help transform each of her clients, and is committed to bringing the Enneagram's myriad gifts to Life through her clients' mastery of their unique "Human Operating System."

**Session info:** p. 24

## ► Joseph B. Howell



Joseph B. Howell Ph.D., a practicing Clinical Psychologist, has taught the Enneagram since the 1980's. He holds a Ph.D. in Clinical Psychology from the University of Virginia, a Master of Arts in Religious Studies from Yale University, and was a Fellow in Clinical Psychology at Harvard Medical School.

**Session info:** p. 25

## ► Russ Hudson



Russ Hudson is one of the principal scholars and innovative thinkers in the Enneagram world today. He is the co-Founder of The Enneagram Institute and has been teaching the E.I. Trainings and workshops since 1991. He is also a Founder and former Vice-President of the International Enneagram Association, and the co-author with Don Riso of *The Wisdom of the Enneagram, Personality Types (Revised Edition)*, and several other books. He holds a degree in East Asian Studies from Columbia University in New York, from which he graduated Phi Beta Kappa.

**Session info:** p. 23

## ► Andrea Isaacs



Andrea Isaacs, a pioneer bridging body wisdom, the Enneagram, emotional intelligence and neuroscience, has been teaching, coaching, training and speaking about her original work, EnneaMotion and Somatic Focusing, to thousands of people in over 20 countries over the last 20+ years. She is a founding faculty member of the Riso-Hudson Enneagram Institute Part II training.

**Session info:** p. 18

## ► Patrick Kayrooz



Patrick Kayrooz is a transformational educator. He is a business development educator and motivator. He has degrees in Philosophy and Theology, as well as a Masters in Education. He is an entrepreneur and serves on the board of the IEA with a focus on Marketing and Brand Development. He is an Enneagram teacher and facilitator trained in the Narrative Tradition. Patrick's passion is to foster self-awareness and to deepen understanding of self and others in relationships and in the workplace. He is an author, having recently released *'The WID Factor - Why I Do What I Do'* and has a passion in bringing *'The WID Factor'* to youth and to corporations in a simple and accessible form.

**Session info:** p. 25

# SPEAKER BIOGRAPHIES L-M

## ► Peter LeDuff



Peter LeDuff has studied, researched and taught in the areas of Sociology, Anthropology and African American Studies for thirty five years, incorporating race as a central concept of analysis. He has also lived in various spiritual communities over the past twenty years, experiencing the influence of race in these communities.

**Session info:** p. 18

## ► John Luckovich



John Luckovich has been involved in studies of the Enneagram and inner work and practice for over ten years, and is completing teaching certification with the Enneagram Institute. His interests have led to a deep involvement in Gurdjieff and meditation practice, and he is an apprentice psycho-spiritual facilitator in Integrative Breathwork through the Inspiration Consciousness School in Baltimore, MD, where he has been studying for five years. John has taught numerous Enneagram workshops and classes in the United States and Italy for children, teens, and adults.

**Session info:** p. 26

## ► Nancy Markow



Nancy Markow is the founder of Connecting You with Yourself, Littleton, Colorado. She weaves together Yoga, Meditation, Enneagram, Spirituality and Metaphysics to illuminate the importance of a loving relationship with Self. Her intentionally diverse 20+ years of Enneagram and other studies, support the personal and creative approaches she shares. [www.connectingyouwithyourself.com](http://www.connectingyouwithyourself.com)

**Session info:** p.

## ► Peter McGaugh



Peter is a Warrior for the Human Spirit, committed to nurturing leaders and communities through his work as a Founding Partner at Deep Life. He has a deep understanding of leadership and teams: how they work, where they stumble and the need for simple, meaningful and lasting practices that “stick”.

**Session info:** p. 20

## ► Peter McNab



Peter McNab is an INLPTA Master Trainer of twenty years standing. He has taught NLP, Spiral Dynamics, Ken Wilber's Integral Model and The Enneagram on four in over twenty countries. Peter is the author of “Towards an Integral Vision: Using NLP and Wilber's AQAL Model to Enhance Communication.”

**Session info:** p. 24

# SPEAKER BIOGRAPHIES M-O

34

## ► Brian Mitchell-Walker



An IEA Accredited Professional, certified with the Enneagram Institute and Deep Coaching Institute, Brian uses his life experiences as a dancer, school teacher, and Reiki practitioner to support people, through workshops and coaching practice, to deepen their presence in the moment - discovering their wisdom through their fully sensed experiences.

**Session info:** p. 20

## ► María José Munita



María José is an executive coach and Enneagram trainer who works on leadership development and team effectiveness with clients from different industries. She provides Enneagram-based training and certification programs for HR and OD professionals, coaches, consultants, therapists, and the general public in countries of North and South America, and Europe.

**Session info:** p. 27

## ► Michael Naylor



Michael Naylor, M.Ed., CPCC, LADC, CCS. Michael has worked in the field of addictions the last 26 years as therapist, coach, and educator. He is a faculty member of the Enneagram Institute and the founder of The Enneagram Center for Transformation and Change. Michael is an IEA Accredited Professional, a Certified Professional Co-Active coach and facilitates Men's Spiritual Transformation groups at the HETI Institute.

**Session info:** p. 22

## ► Beth O'Hara



Beth O'Hara is a certified Life Coach, Iyengar Yoga Teacher, and Enneagram teacher in the Narrative Tradition. She is a senior teacher in the School of Conscious Living. Beth holds a degree in Physiological Psychology and is pursuing her Master's in Marriage and Family Therapy.

**Session info:** p. 27

## ► Patrick H. O'Leary



Patrick H. O'Leary, M.S., M.Div., co-authored the first Enneagram text, *The Enneagram: A Journey of Self-Discovery*, in 1984. He is an international management consultant specializing in organizational development since 1972. O'Leary teaches a continuing series of Enneagram courses at Cleveland area universities. He is a Founder of IEA and served as Executive Director in 1996. O'Leary has trained and certified Enneagram teachers internationally since 1991.

**Session info:** p. 20

# SPEAKER BIOGRAPHIES O-R

## ► Deborah Ooten



Dr. Deborah Ooten has her doctorate in clinical psychology and is a certified Enneagram teacher in the narrative tradition. She is CEO of Conscious Living Center and Conscious Dynamics and founder of the School of Conscious Living and community. Dr. Ooten also teaches the SCL Consciousness Ascending programs.

**Session info:** p. 27

## ► Ann Paquin



Ann Paquin, an intuitive soul coach, teaches the Enneagram on Maui. She has completed Teacher Training requirements at the Enneagram Institute working towards certification. She has studied intensively with well respected, brilliant teachers in both the Enneagram and Improv worlds, inspiring the creation of Enneagram Improv.

**Session info:** p. 23

## ► Dr. RaShon



Dr. RaShon is a certified Enneagram coach, trainer and consultant. She is a Traditional African Priest with over four decades of experience working with individuals, groups and organizations and has studied, trained, and worked in Africa, Brazil, Europe, and the United States.

**Session info:** p. 18

## ► Lynda Roberts



Lynda Roberts is an IEA Accredited Professional and Riso-Hudson Certified Enneagram teacher. She designs and facilitates Enneagram workshops and programs, including self-awareness and authentic leadership programs for businesses and organizations. Lynda served on the IEA Board for six years and as IEA President for two of those years. She has served on the faculty of The Enneagram Institute and the Deep Coaching Institute. As a certified Project Management Professional, Lynda teaches in Georgia Tech's Professional Development Program.

**Session info:** p. 18

## ► Renée Rosario



Renée Rosario, MA, LPC, is Core Faculty for Enneagram Studies in the Narrative Tradition and has been teaching for 15 years. A graduate of Naropa University, Renée has been a psychotherapist for 23 years, a meditation practitioner for nearly 30 years, and trained as Mindfulness Instructor in 2002 at Naropa.

**Session info:** p. 19

# SPEAKER BIOGRAPHIES S-V

36

## ► Terry Saracino



In the middle of a career transition in 1989, the Enneagram landed in Terry's heart and it's been her life's work ever since. She founded Enneagram Studies in the Narrative Tradition (ESNT) in 2009, a nonprofit organization dedicated to sharing the interactive Narrative teaching method developed by Helen Palmer and David Daniels, MD. Terry is currently a member of the Core Faculty of ESNT and is its past President. Through training grounded in the Narrative Tradition, which integrates spirituality, psychology and somatic work, she fulfills her passion of transforming lives and creating a more compassionate world.

**Session info:** p. 28

## ► Renee Siegel



Renee Siegel, Drug & Alcohol Counselor, MA, LISAC, NCGC-II, LMT, HHP I believe in the new paradigm that there is a blueprint for wellness. Individuals can access this blueprint by utilizing various tools and partnering in the wellness process with a like-minded clinician. Simply put, this is accomplished by accessing the knowing that is in the head, heart and gut, and connecting to a source greater than themselves. Rather than looking for what is pathological, we can look at the strength of the character structure.

**Session info:** p. 22

## ► Mario Sikora



Mario Sikora has used the Enneagram in his work with executives as an executive coach and consultant to multinational organizations since 1997. A past president of the IEA, Mario is coauthor of the book "Awareness to Action: The Enneagram, Emotional Intelligence and Change."

**Session info:** p. 21

## ► Deborah Threadgill Egerton



Deborah Threadgill Egerton, PhD, is an internationally respected psychotherapist, coach, and diversity and inclusion practitioner. Dr. Egerton founded Trinity Transition Consultants to facilitate growth and development as an authentic and inspirational Enneagram teacher who focuses her efforts on respecting the uniqueness of individuals and honoring the humanity in us all.

**Session info:** p. 23

## ► Karen Van Zino



Karen Van Zino, M.D. is a Stanford trained physician who now focuses her healing work as teacher and coach with the Enneagram Institute, the Deep Coaching Institute, and as Clinical Instructor at Stanford Medical School. She is a scholar of literature and has written the book "Poetry and the Enneagram - The Power To Transform."

**Session info:** p. 21

# SPEAKER BIOGRAPHIES W

## ▶ Jerry Wagner



Jerry Wagner, Ph.D. is a clinical psychologist, therapist, supervisor, and faculty member in the psychology department at Loyola University, Chicago. Named an honorary IEA Founder, Jerry is the author of two Enneagram books and an inventory, and has offered his Enneagram Spectrum Training and Certification Program nationally and internationally for the past 20 years ([www.enneagramspectrum.com](http://www.enneagramspectrum.com)).

**Session info:** p. 19

## ▶ Sarah Walston



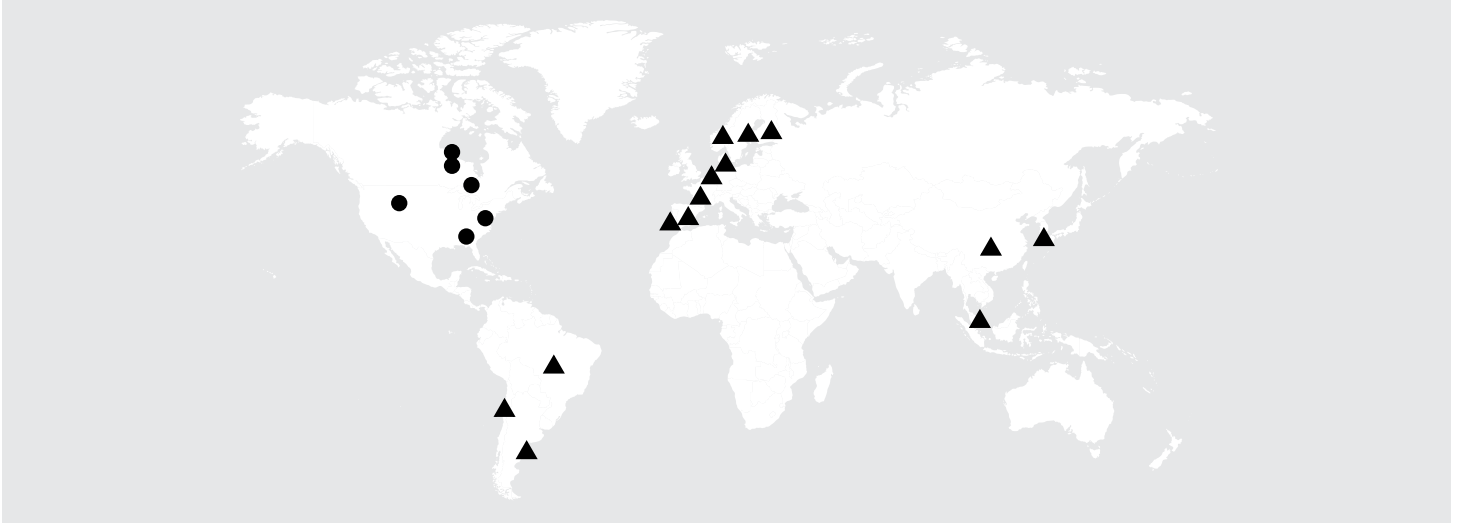
Sarah Walston, MA, MEd, LMHC is an Enneagram coach and teacher, who has worked deeply with Enneagram for 18 years. As owner of Ninesight - Enneagram for Transformation, it is Sarah's joy to help people create lives their souls are longing for. An IEA Accredited Professional and a Certified Teacher in the Narrative Tradition.

**Session info:** p. 25



# THE IEA: AN AFFILIATE AND CHAPTER SUPPORTED ORGANIZATION

The phenomenal growth of the Enneagram speaks to its power to affect individuals and organizations in profound ways. The gathering of communities to explore the richness of the Enneagram that contributes to our awareness and transformation is an integral part of this growth and of the vision of the IEA.



## ▲ AFFILIATES

As the Enneagram movement grows on all continents, the IEA also continues to expand internationally through its Affiliates. IEA Affiliates are countrywide nonprofit Enneagram Associations that work as the official IEA branches within their countries. Affiliates congregate and grow the local Enneagram communities and are committed to promoting the IEA's vision, mission, and values.

There are currently 12 affiliates and a few more are in the process of formation. If there isn't an Affiliate in your country, and if you have a strong local community, we encourage you to seek more information from IEA on how to form an affiliate. The Board of Directors of the IEA is available to support you in exploring the possibility of forming a local Affiliate, and there is a toolkit with information, guidelines, criteria and steps that can help as a guide through the process.

Please contact Tina Tornell, International Affairs at [tina.tornell@internationalenneagram.org](mailto:tina.tornell@internationalenneagram.org)

## ● CHAPTERS:

Within the United States, Chapters serve local Enneagram communities by providing and supporting Enneagram events and learning opportunities. There are currently six local IEA Chapters.

Active Chapters are listed below. If there isn't a Chapter in your area, we invite you to organize one. The Board of Directors of the IEA is available to support you in exploring the possibility of forming a local Chapter.

Please contact Carla Smith at [carla.smith@internationalenneagram.org](mailto:carla.smith@internationalenneagram.org)

### IEA AFFILIATES:

#### **Argentina**

Contact: Viviana Trucco

#### **Brazil**

Contact: Marilena Bigoto

#### **China**

Contact: Gloria Hung

#### **Denmark**

Contact: Jette Abildskov

#### **Finland**

Contact: Laura Valtonen

#### **France**

Contact: Gérard Battarel

#### **Netherlands**

Contact: Albert Kamphius

#### **Norway**

Contact: Kristin Aase

#### **Portugal**

Contact: Paulo Antunes

#### **South Korea**

Contact: Young Ja Kim

#### **Spain**

Contact: Isabel Salama

#### **Sweden**

Contact: Rebecka Bartolomé

### IEA CHAPTERS:

#### **Colorado Chapter**

Contact: Diana Allen

#### **Georgia Chapter**

Contact: Martha Eskew

#### **Minnesota Chapter**

Contact: Debbi Horton

#### **Northern Minnesota Chapter**

Contact: Karen Karls

#### **Midwest Chapter**

Contacts: Clare Loughrige

#### **Greater Washington, DC**

Contact: Wonhee Kang

# IEA ACCREDITATION



IEA Accreditation serves as a mark of excellence for teachers and professionals, training programs and schools, so that those within and outside of the international Enneagram community can have a way of knowing that specific teachers and professionals, training programs, and schools have achieved a certain standard of quality in their Enneagram work and have formally agreed to adhere to the IEA ethical guidelines.

## REASONS FOR IEA ACCREDITATION

- To provide a way to communicate to the public that accredited Enneagram teachers and professionals, training programs, and schools meet certain minimum standards and agree to adhere to a defined set of ethical guidelines.
- To promote a high international standard of quality for Enneagram teachers and professionals, training programs, and schools through establishing an accreditation that demonstrates the achievement of certain minimum standards of ethical Enneagram work.
- To reinforce to the public that the IEA is a self-regulating community that maintains a high level of standards worldwide for the teaching and communication of the Enneagram system by its members.
- To support the proliferation of multiple perspectives and ways of using the Enneagram in ethical and respectful ways.

## CATEGORIES OF IEA ACCREDITATION

### IEA Accredited Professional (AP)

This level of accreditation indicates advanced knowledge and application of the Enneagram when working within a certain professional field or teaching the Enneagram professionally while adhering to the ethical standards of the IEA.

### IEA Accredited Training Program (ATP)

This level of accreditation indicates an Enneagram training program that is designed and delivered from advanced knowledge and application of the Enneagram, while adhering to the ethical standards of the IEA. This applies to IEA Accredited Professionals who offer training programs that are not necessarily associated with a school or institution.

### IEA Accredited Enneagram School (AES)

This level of accreditation indicates a school as a professional training institution offers basic and advanced Enneagram training by professional teachers while adhering to the ethical standards of the IEA. All teachers of the school must first be IEA Accredited Professionals before the school may apply for this level of accreditation.

### IEA Accredited with Honor (AH)

This level of accreditation indicates honored members of the International Enneagram Association such as founders or others who have contributed to the Enneagram community in a remarkable or extraordinary way with new knowledge or influential theories. This level is only selected and offered by the IEA Accreditation Committee.

## APPLY FOR IEA ACCREDITATION

Before applying for accreditation, you must be a Professional member of the IEA. To apply for IEA Accreditation, review the information and applications online:

[www.internationalenneagram.org/Accreditation/](http://www.internationalenneagram.org/Accreditation/)

# IEA MEMBERSHIP IS MEANINGFUL AND FULL OF VALUE

Membership in the IEA sends a signal to the world that you are part of an international community of Enneagram practitioners and enthusiasts committed to excellence in their personal and professional practices. As an IEA member, you not only support the work of the IEA to create a world in which the Enneagram is widely understood and constructively used, but you have a voice in the direction and the methods that the IEA pursues to attain its vision. And as part of an international community of Enneagram enthusiasts and practitioners, you become part of something bigger than what any of us can be or achieve alone. Only together can we work to awaken the wisdom, understanding, and compassion that resides within all of us and that is revealed through our work with the Enneagram.

## MEMBERSHIP IN THE IEA ALLOWS YOU TO:

- Stay current with the latest, cutting-edge ideas about and applications of the Enneagram in the fields of psychology, spirituality, academia, and business
- Meet and network with other Enneagram enthusiasts and professionals from around the globe, building relationships with people who seek to understand themselves and others at a deep and meaningful level.
- Enjoy a discounted registration to the annual IEA Global Conference
- Enjoy discounts on selected Enneagram resources and training programs
- Access the “Members Only” section of the IEA website
- Submit articles for publication in IEA’s NinePoints, the online magazine of the IEA – [www.ninepoints.org](http://www.ninepoints.org)

## PROFESSIONAL MEMBERS ALSO RECEIVE:

### GREATER PROFESSIONAL VISIBILITY

- Free listing of your training events on the IEA website
- Free listing on the IEA website “Find-a-Professional” (e.g. Find-a-Teacher, Find-a-Therapist, Find-a-Coach, Find-a Business Consultant, Find-a Health Care Professional, Find-an-IEA Professional Member)
- Eligibility to purchase E-blasts to the IEA Distribution list to promote your events
- Eligibility for IEA Accreditation, a visible and public symbol of your commitment to upholding ethical and professional standards of teaching and using the Enneagram.
- Upon request, IEA Accredited Professionals can be included in a listing as an IEA Speakers Bureau presenter. This means that you can offer to present a complimentary Enneagram-related workshop for IEA Affiliates and Chapters with the Affiliate or Chapter paying your travel and other expenses.

### A RICHER IEA CONFERENCE EXPERIENCE

- Eligibility to present at the IEA International Conference, Regional Conferences, and other events
- Free admission to the Professional Members, Presenters and Founders reception at IEA Global Conferences — a chance to build relationships with other professionals who are using the Enneagram



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# THANK YOU!

It was a daunting thought to consider stepping into the shoes of our IEA Conference Queen, Kathryn Grant, who has successfully orchestrated FIVE previous conferences. Kathryn has just left her role as a member of the IEA board of directors, but she has made an impact on all of us. I am so appreciative of her wisdom, encouragement, and willingness to step in when I stumbled in taking up the job she fulfilled so well. Thank you Kathryn, for all you have given me and the IEA.

The only way I would accept the role of conference chair was with the assurance that our IEA administrator, Sandy Hatmaker, would still be here with her many years of experience in producing our conferences and her amazing set of skills: project management, negotiating, soothing wounded feelings, and setting us straight when we get off track. She is also a smart businesswoman and had developed an outstanding staff who likewise keep us focused and who attend to the myriad details. So much gratitude to you, Sandy!

Thankfully the board agreed to invite a new board member who could join me in co-chairing this conference. Jan Shegda, former president of the IEA Chapter in Colorado, has been more than a lifesaver. She is a joy to work with and we're teaming up for 2018!

Once again Sandy Jaffe-Belanger agreed to be the volunteer coordinator, gathering and directing all the wonderful volunteers who make the conference a welcoming and more smoothly organized experience for all of us. Thanks Sandy and your crew.

I want to call out several special volunteer committees, people who are not board members but who have jumped in with their skills and enthusiasm to make this conference even better.

First, the Auction committee: Rosie Picchi, Karen Van Zino, and Susan Hansch. When I first met with them in Half Moon Bay last year, I knew the auction was in great hands. These women have brought new ideas to making this fundraising project the most fun way you can imagine to spend your money for a good cause. Don't miss checking out the auction tables!

Next, Searl Vetter and Tracy Keenan volunteered to assist the board's marketing team and took charge of our presence on Instagram (Searl) and of interviewing our invited speakers (Tracy). Leslie Hershberger, our Marketing task group chair, joins me in expressing our deep appreciation for all you have done. And while Patrick Kayrooz is a board member, he deserves special acknowledgement for his very professional services in creating the unique graphics for our marketing materials and the Conference Program cover.

Also, the Conference Engagement Committee - Roland Legge, Nancy Markow and Ginger Steel. Together they are behind some of the new and exciting ways to connect at the conference. Keep a lookout for fun activities throughout the conference, and you'll recognize these committee members from their special cowboy hats!

The following familiar names and faces are our team of support people who have for many years helped us to produce the visual and audio services, and provide all the books we want to be sure to take home with us. Thanks guys!

Conference Video/Recording Services, Inc: Richard Page

Conference Book Store: Gregg Jamback

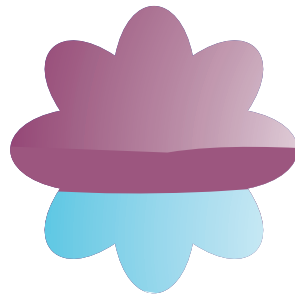
Conference Photographer: Ken Sergi

And of course my deep appreciation to all of the invited speakers and presenters who have brought together their knowledge, creativity, and rich experience to expand our understanding of the Enneagram. Obviously we wouldn't have a conference without you!

Best of all, I thank each of you, people who have traveled from around the world to be part of this annual gathering of Enneagram teachers, professionals, and enthusiasts. Your commitment to our community makes us just that, a community. Our collective presence here in San Antonio can only enrich a world greatly in need of the wisdom of the Enneagram as well as the commitment of people who care about becoming all we can as human beings. Enjoy the conference and each other!

*Belinda*

Belinda Gore  
2017 Conference Chair



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