

Strength-Based Strategies for Managing Challenging Behaviors in Children 0-5

Friday, October 27, 2017

Featuring
Jacquelyn Christensen, Ph.D.



Today's Schedule

8:30 – 9:00 Registration

9:00 - 10:30 Culture, Development & Behavior;
Development of self-regulation; Stress responses

10:30 – 10:45 Break

10:45 – 12:00 Sources of children's challenging behavior;
It starts with US!; Being a detective

12:00 - 1:00 Lunch

1:00 – 2:30 Review of the sensory system;
Interventions to help children be successful

2:30 – 2:45 Break

2:45 – 4:00 Interventions to help children be successful;
Review activity

4:00 – 4:30 Review / Questions /
Evaluations



**Los Angeles
Child Guidance Clinic**

Improving children's mental health since 1924

Learning Objectives

1. Describe differences between typical development and atypical development, specifically regarding behavior, while considering individual differences and cultural context.
2. Identify goals for change in our own behavior that support child development and pro-social behavior.
3. Identify and implement strategies for promoting positive behaviors in children, especially through focusing on the needs of the child.
4. Identify and implement strategies for managing challenging behaviors in children while attending to their individual differences.
5. Utilize strategies for managing challenging behaviors in children while attending to their individual differences.

Presenter Bio



Jacquelyn Christensen, PhD has over 13 years of mental health experience, focused on supporting children and families using a trauma-informed, interdisciplinary lens. She currently serves as Participating Adjunct Professor and Assistant Chair of Psychology at Woodbury University. She has served as adjunct faculty at Woodbury since 2008 and occasionally at Pitzer College, primarily teaching developmental psychology, child development, research methods, cross-cultural psychology, and psychology of fashion. Dr. Christensen joined Los Angeles Child Guidance Clinic in 2007 as an Evaluation Fellow and became gradually more

involved with program evaluation and training, especially in early intervention. Using her expertise on self-regulation and the impact of trauma on children, she designed and co-facilitated a 7-week trauma seminar for the Clinic's CAPIC psychology doctoral internship program during two consecutive years, and regularly trained staff on Managing Vicarious Trauma. From 2012-2015, Dr. Christensen served as the Early Intervention Training Institute Coordinator, helping to bring high-quality, 0-5 focused trainings to staff in LA and surrounding counties. Currently, Dr. Christensen is an Assistant Faculty Trainer for EITI, continuing to support knowledge dissemination and promotion of empirically-based, interdisciplinary assessment and intervention strategies. She also previously provided day treatment services for emotionally disturbed children at LACGC and the Help Group.