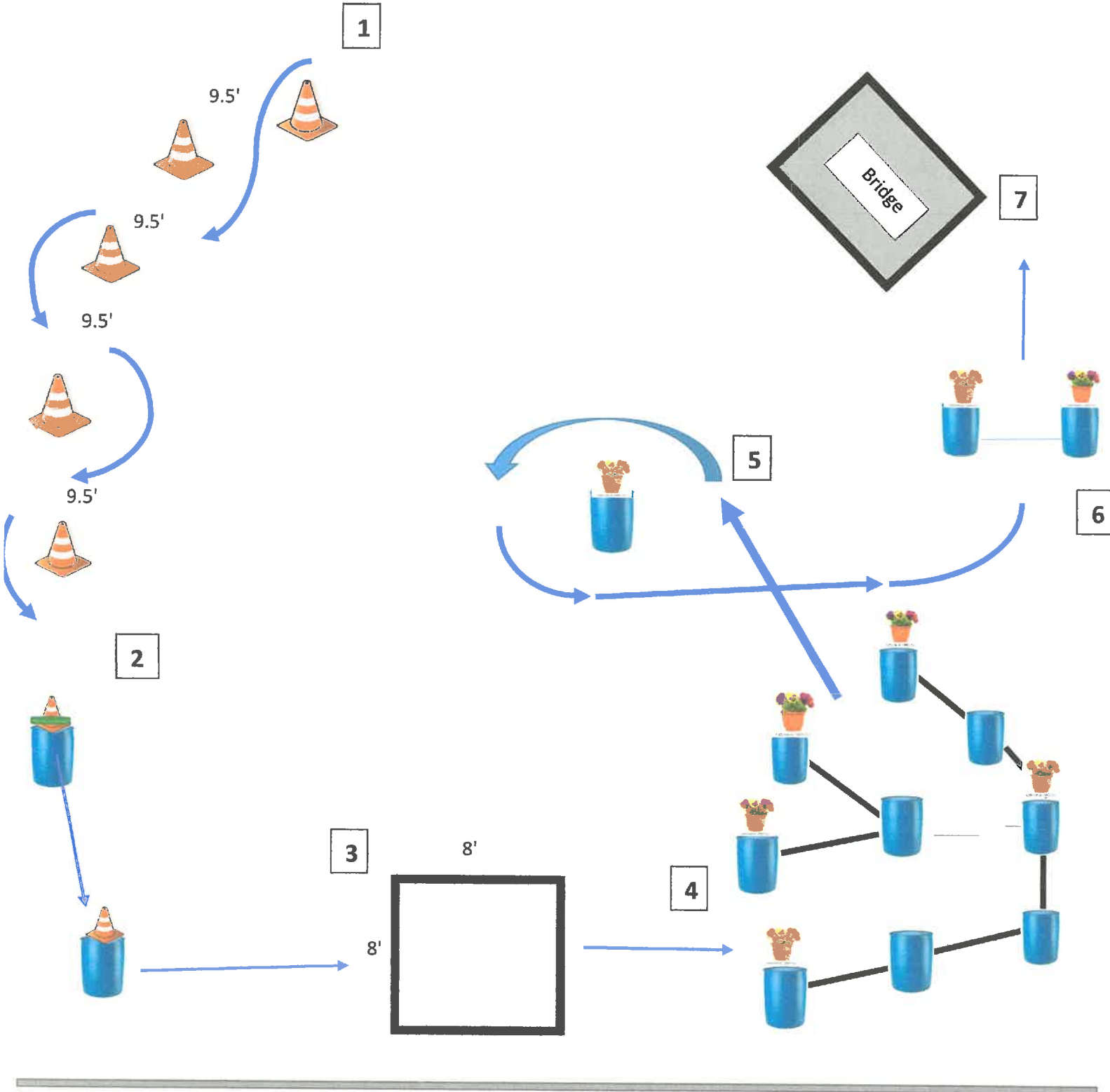


**GATE**



## 2018 Special Olympics Maine Working Trail Instructions

Enter through the gate and proceed to the right.

1. Navigate the serpentine, beginning on the right of the first cone. Cones will be placed 9.5' apart.
  - Level A & B riders trot/jog the pattern
  - Level C riders walk the pattern
2. Proceed to the barrel with cone on top (athletes may choose to go to the left **OR** the right of the obstacle.) Stop, remove the ring from the cone, walk to the second barrel, stop again, and place the ring on the cone before moving to next obstacle.
3. Proceed to the 8' box.
  - Level A riders perform a 360 degree turn in either direction before exiting.
  - Level B riders stop in the box before exiting.
  - Level C riders walk straight through the box and exit.
4. Proceed through the V-shaped chute at a walk.
5. Proceed to the right of the barrel, making a complete circle around the barrel before moving on.
6. All riders stop at the "gate" (this will have either jump standards or barrels on either side, depending on materials available)
  - Level A & B riders will look behind them both ways, then back 3 steps.
  - Level C riders will stop for a count of three seconds.
7. Proceed over the bridge at a walk

All athletes should stop once over the bridge (not on the bridge) and look for acknowledgement from the judge (a nod or "thank you") before exiting the ring.

*Please feel free to email Ashley Ellis with any questions, [ashleyellis@roadrunner.com](mailto:ashleyellis@roadrunner.com)*

**\*\*\*Have a question and want to chat with other coaches? Join our Facebook group! Search for [Special Olympics Maine - Equestrian \\*\\*\\* Networking & Chat](#). Request to join, answer a couple quick questions and an admin will add you. The working trail diagram and instructions will be posted in the group.**