



Western Nebraska  
Community College

Business & Community Education

# UPCOMING CLASSES & EVENTS

Most classes are held at the John N. Harms Center.  
Visit [wncc.edu/bce](http://wncc.edu/bce) for more information or to sign up for our monthly newsletter.

**Remembering World War I:  
Its Lasting Influences Into the  
21<sup>st</sup> Century**  
1:00 – 3:00 p.m.  
\$12 per session

**Sep 18: Why This War? America  
Joins the European War**

**Sep 25: Military/Soldies**

**Oct 2: Homefront, Food & Economics**

**Oct 9: Media, Entertainment & Sports**

**Oct 23: Gender Roles & Clothing**

**Oct 30: War Ends Repercussions**

**Nov 6: Ready for the Next World War**



Interest in World War II remains high with public; however, most of the civilian and government programs, military innovations, use of media, gender roles, and world involvement, to name a few, did not begin with this war. It began with the first World War that set into motion the 20<sup>th</sup> century, and its ramifications are felt well into the 21<sup>st</sup> century. In April 2017, the U.S. commemorated its 100<sup>th</sup> anniversary involvement in this "war to end all wars."

## CPR

Aug 2, 1:00 – 5:00 p.m., \$45

## Ko Heichi Fitness: Bushidokan

Aug 2 – Aug 30 (M, W) or

Sep 6 – Sep 27

5:30 – 6:30 p.m.

Single: \$30

Family: \$45 (up to 4)

## Healthy Low Back

Aug 10, 6:30 – 8:30 p.m., \$12

## ZUMBA™

Aug 20 – Oct 12 (M – TH)

6:00 – 7:00 p.m., \$55

## How to Use Essential Oils for Everyday Living

Aug 24, 6:30 – 8:30 p.m., \$12

## Stress Relief

Sep 9, 9:00 – 11:00 a.m., \$12

## Be A Writer

Sep 11 – Oct 23 (M)

5:30 – 7:30 p.m., \$35

## Fun Food Experiences

6:30 – 8:00 p.m., \$7 per class

**Sep 12: Swimmers 'n' Floaters  
(dolphins, turtles and more!)**

**Sep 18: Fake 'n' Food (sausage & egg,  
donuts, etc.)**

**Sep 26: Penguins**

**Oct 2: Holi-day and Any-day**

## Powerpoint 2016

Sep 19 – Oct 3 (T, TH)

6:00 – 9:00 p.m., \$115

(Gold card \$17.50, plus book)

## Inside – Outitude

Sep 20 & 27, 10:00 – 11:30 a.m. or

6:00 – 7:30 p.m., \$25 for individuals

or \$40 for two

## Be Happy, Live Longer

Sep 27, 9:00 a.m. – 12:00 p.m., \$10

## Pickleball

Oct 11, 6:00 – 8:00 p.m.

**FREE!, Terry Carpenter Center**

## Excel 2016

Oct 16 – Oct 30 (M, W)

6:00 – 9:00 p.m., \$115

(Gold card \$17.50, plus book)

## Healthy Low Back

Oct 21, 9:00 – 11:00 a.m., \$12

## QuickBooks™ Basics

Oct 25, Nov 8, Dec 6, or Dec 20

9:00 a.m. – 5:00 p.m., \$55

(Gold Card does not apply to this class.)

## Publisher 2016

Nov 7 – Nov 21 (T, TH)

6:00 – 9:00 p.m., \$115

(Gold card \$17.50, plus book)

## True Colors

Nov 15, 8:30 a.m. – 12:00 p.m., \$20

## 2017 Scotts Bluff Valley

### Fiber Arts Fair

Sep 8 & 9, 8:30 a.m. – 4:00 p.m.

For more information on classes, times,  
fees and instructors, visit  
[nebraskafiberfair.com](http://nebraskafiberfair.com).

### Friday All-Day Classes

- Color Blending on the Loom
- Lattice Lace Scarf: Learn to Weave
- Zipper Needle Felted Art
- Traditional Rug Hooking
- Wagon Wheel Weaving

### Friday Morning Classes

8:30 – 11:30 a.m.

- Secrets to Planned Pooling for Crochet
- Lace Sampler Scarf
- Needle Felting in 3D
- Annetarsia: A Fresh Approach to  
Intarsia Knitting
- Silk Painting/Dyeing
- Get Twisted: Learn to Spin on a  
Spinning Wheel
- Wool Dyeing in the Brown Sheep Lab

### Friday Afternoon Classes

1:00 – 4:00 p.m.

- Wool Dyeing in the Brown Sheep Lab
- Miter Me This, Miter Me That
- K1B Treasure Hunt
- Bobbin Lace: The Adventure Begins
- Sweet Sheep Toy: Needle Felting
- Freddie's Blanket-You Can Knit Colorwork
- Beginning Spinning on the Drop Spindle
- Nuno: Wool and Silk Together

### Saturday Morning Classes

9:00 a.m. – 12:00 p.m.

- Fringe and Beyond
- Inspired Yarn
- Addictive Entrelac Knitting – The Basics
- Create Your Color Palette – For All  
Fiber Media
- Annetarsia: Intarsia "In The Round"
- Crocheted Edges for Knitting

### Saturday Afternoon Classes

1:00 – 2:00 p.m.

- One-Hour Weaving Demonstration

For more information or to register,  
call **308.635.6700** or visit [wncc.edu/bce](http://wncc.edu/bce).