



# NEBRASKA LOSS TEAMS

*Surviving Suicide*

If you have been affected by suicide, are a mental health professional interested in supporting for those impacted by suicide, or a caring community member, this is for you.

LOSS stands for Local Outreach To Suicide Survivors. A LOSS team offers immediate support to individuals impacted by suicide.

Outreach is important.

- Over twenty years of research shows that those who experience the loss of a loved one to suicide are at higher risk for suicide themselves.
- Suicide survivors, those directly affected by the loss of a loved one, provide the needed outreach and support

LOSS teams are forming in the area. Contact Ryan Larson at (308) 635-3173 or at [rlarson@region1bhs.net](mailto:rlarson@region1bhs.net) to learn more.



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