LCMH Celebrates National Catholic Sisters Week: March 6th – 10th, 2017

Laura Guest, Province Coordinator

National Catholic Sisters Week will take place from March 6th through March 10th as a part of Women’s History Month. The goal of National Catholic Sisters Week is to honor and bring national visibility to the contributions of religious women, whose far-reaching work on the front lines of social change, women’s leadership, healthcare, education, and the church remains relatively unknown.

A special Mass will be held on Thursday, March 9th, at 3:30 p.m. in the hospital Chapel to honor the Little Company of Mary Sisters and all religious women around the world. All are welcome to join.

In conjunction with National Catholic Sisters Week, we will hold our annual fundraiser to help support the LCM Sisters serving in Foreign Missions. The LCM Sisters provide compassionate care for the sick and dying in the following countries: England, Scotland, Ireland, Northern Ireland, Albania, Wales, Australia, New Zealand, South Korea, Zimbabwe, South Africa, Italy, Tonga and the United States. Please stop by Café 95 between 11 a.m. and 2 p.m. each day during National Catholic Sisters Week for our planned festivities and to purchase a raffle ticket for a wonderful cause. If you would like to consider making a donation to the Foreign Mission please contact the Province Office directly at 708.229.5490.

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EMPLOYEE HEALTH DAY

Wednesday, March 15, 2017

Blood Draws begin at 6:30 a.m.
Women’s Center/
Health Education Center, W1530
Fee: $65 due at time of registration.

For registration and
information call 708.229.5830.

We hope you and your adult family members can join us for this annual event. Your comprehensive blood work includes: complete blood count, cholesterol, triglyceride levels, chemistry, HS-CRP (high sensitivity C-reactive problems), thyroid level, and more. 12-hour fast is required.

Daylight Savings Time

Jennifer Ennenbach, Payroll Supervisor

On Sunday, March 12, 2017 at 2:00 a.m., the clocks will be forwarded one hour to mark the beginning of Daylight Savings Time. For all employees here during this time, it’s very important not to clock in or out during the time frame of 2:00 to 3:30 a.m. on Sunday morning. The Kronos servers will need time to adjust to the time change.

If you are here during this time, you will need to notify your Kronos Timekeeper of your correct clock in or clock out and they will do a manual edit at a later time in Kronos. Thank you.

About the Sisters of the Little Company of Mary:

The Little Company of Mary Sisters were founded in a small stocking factory in Nottingham, England by Venerable Mary Potter, a small frail, but faithful woman in 1877. Her vision for their community of professed Sisters was to care and pray for the sick, suffering and dying. She took the image of the Calvary scene, Mary, the Mother of Jesus and those who stood with her at the foot of the cross, to represent and name her Community the “Little Company of Mary.”

On April 26, 1893, three Little Company of Mary Sisters, Mother Mary Veronica, Mother Mary Patrick and Mother Mary Philomena, set sail for America from Rome in response to a request from a prominent Chicago businessman, Charles Mair. While vacationing in Rome, Charles’s wife became terminally ill. Charles was so impressed with the compassionate care his wife received at the hands of the Sisters that he offered to sponsor any Sisters that Mother Mary Potter could send to the U.S. Charles donated a home located at 4130 S. Indiana in Chicago, for their convent and Chapel. Their special ministry of caring for the sick and dying in their homes soon became one of the forerunners in home-based hospice care.

On January 19, 1930, the Sisters opened the doors of Little Company of Mary Hospital in Evergreen Park, Illinois. Nearly 90 years have passed since the Sisters began serving the Evergreen Park area and the communities that surround it. To view the short documentary on the life of Venerable Mary Potter, visit Little Company of Mary’s YouTube channel at www.youtube.com/littlecompanyofmary. To learn more about National Catholic Sisters Week, please visit www.nationalcatholicsistersweek.org.
"Walking with Jesus Through Lent"

You are invited to deepen your faith this Lent during our Lenten Reflection series – every Thursday leading up to Easter. Each week, come for a 30 minute session of reflection. All employees are invited to attend, regardless of their faith tradition. Spend intentional time once a week to seek hope and renewal through reflection on the life of Jesus.

March 2nd
12:00 p.m.
HE INVITES US TO FOLLOW HIM
Luke 9:22-25 – Reverend and Chaplain Ed Coleman will explore Jesus’ invitation to each of us to follow Him, and how that connects to the Lenten season of fasting, and renewal of our faith.

March 9th
12:00 p.m.
HE KNOWS OUR STRUGGLES
Matthew 4:1-11 – Father Matt Litak will discuss Jesus’ temptation in the wilderness, how He understands our struggles, and that through Lent we can find hope and freedom through Jesus.

March 16th
12:00 p.m.
HE CAME TO SAVE US
John 3:1-17 – Father Karol Tyber will share his message on Jesus’ words that He came to save the world, not condemn it. It is during Lent we take time to connect with our loving Savior.

March 23rd
12:00 p.m.
HE KNOWS AND LOVES US
John 4:5-42 – Chaplain Rebecca McDaniel, BCC, will invite reflection on Jesus’ unconditional love for us, through which we find life, transformation and peace this Lenten season.

March 30th
12:00 p.m.
HE IS WITH US IN OUR TRIALS
John 9:1-41 – Arlene Duiski, MS, MA, LPC, CCTP, will share wisdom on giving glory to Jesus during our trials. As we journey through Lent, we can trust that God is with us in each moment.

April 6th
12:00 p.m.
STATIONS OF THE CROSS
John 11:1-45 – Stations of the Cross – Pat Carlucci, MA, LCMH Mission Awareness Committee and LCM Associate, will create space to journey through the Stations of the Cross with readings, prayer and music featuring the Little Company of Mary Choir.

April 13th
3:30 p.m.
HOLY THURSDAY - MASS
Join us for the Holy Thursday Liturgy to conclude our weekly Lenten reflections.
LCMH Will Recognize Nurses on Certified Nurses Day - March 19th

Lisa DiMarco, Vice President of Patient Care Services/CNO

March 19th is Certified Nurses Day, an annual worldwide event dedicated to celebrating board approved certifications as a means to ensure high standards of patient care and to promote continuing excellence in the nursing profession. Certification validates a nurse’s specialty knowledge for practice in a defined functional or clinical area of nursing.

Little Company of Mary Hospital is proud to be able to recognize Certified Nurses on March 19th:

Pamela Abbott, RN, RNC-OB
Cynthia Akels, RN, BSN, CEN
Heather Allen-Griffin, RN, BSN, CNN
Sheila Andrasco, RN, CBE
Margaret Avorio, BSN, RN-BN
Jennifer Bednarz, OCN, RN, BSN
Nancy Bresnahan, RN, CLC
Chad Busker, RN, BSN, CDN
Leslie Caballero, RN, EFM-C
Diane Coburn, RN, BSN, RNFA
Irene Copak, RN, MSN, APN, CCNS
Mary Cuilina, MSN, AOCN, APN, CNS
Cynthia Cyrankowski, RN, OCN
Geraldine Daite, RN, BSN, CDN
Catherine Daly, RN, BSN, ONC
Deborah Dando-O’Neill, RN, CLC
Gina Demas, RN, RNC, CLC
Elaine Devine, CHPN
Michelle Dignan, RNC, OB, C-EMF, APN, MSN, MBA
Lisa DiMarco, MBA, RN, NEA-BC, FACHE
Caitlin Dorgan, RNC, NIC
Dianna Douglas, RN, MSN, CNN
Margaret Egan, RN, EFM-C
Darcy Egging, RN, MSN, ANP-BC, ENP-BC, CEN
Colleen Estand, RN, BSN, CEN
Christine Ewing-Jedrzejak, RN, ONC
Cynthia Faurie, RN, CLC
Maria Fitzgerald, RN, CLC
Patricia Gelezzuas, RNC-MNN
Victoria Golden, RN, BSN, IBCLC, RLC
Mary Grimm, RN, BSN, CNML
Mary Ann Houlihan, RN, IBCLC
Theresa Hughes, RN, CLC
Jessica Hughes, RN, CLC
Kathleen Hurley, MSN, RN, CWOCN
Andrey Ilbragimov, RN, MSN, CNOR
Katrina Kelly BSN, MS, RN, OCN
Maureen Konrath, RN, RNFA
Michelle Lopez, RN, CCRN, CMN
Mary Ann Lukin, RN, CEN
Kerry Mackessy, RNC-MNN, CLC
Karen Marino, RN, MSN, ONC
Jennifer Masters, RN, IBCLC
Kathryn McDermott, RN, CLC
Lauren McGuire, RN, CLC
Cara McGuire, RN, BSN, CBCN
Roshelle Mead, RN, CCM
Marie Moore, RN, BSN, CPNS
Eileen Murphy, RN, BSN, IBCLC, RLC
Deborah Murray, RN, MSN, CDE
Mary Muravaugh, RN, CCM
Diane O’Connor, RN, RNFA
Nancy Olsen, MSN, RN, APN, CWOCN
Lisa O’Malley, RN, BSN, CCMM
Wadad Omar-Almousa, CCRN
Jessica Provost, RN, CLC
Deborah Pruit, RN, MSN, APN, CNS
Keyara Puckett, RN, SANE-A
Charlie Rasmason, MSN, RN, CCRN
Susan Rios, RN, CLC
Linda Rodriguez, RN, RNC-MNN, SANE-A
Mary Rohan, MSN, RN, APN, CWOCN
Donna Romano-Yozze, RN, MBA, IBCLC
Kathleen Styler, RN, CBE
Vanessa Suchecki, RN, BSN, OCN
Paul Tarrant, RN, CNOR
Carol Turino, RN, BSN, CDN
Patricia Vaughan, RN, BSN, CNN
Mary Weber, RN, CLC
Georgi Whalen, RN, BSN, OCN
Karen Wood, RN, DNSC, CCRN
Phyllis Zinardelli, RN, WCC
Shannon Ziolekowksi, RN, MA, BSN, CEN

Please note: the RNFA’s are board certified as CNORs.
Crystal Heart Ball Honored Two Well-Known Community Awareness Organizers and Raised nearly Half a Million Dollars for a Great Cause

Lee Batsakis, PR and Marketing Supervisor

The LCMH Foundation hosted its annual Crystal Heart Ball on Saturday, February 4th, at the Field Museum. The Masters of Ceremonies were Little Company of Mary’s very own baby alum, Patrick Elwood with WGN News Chicago, along with Nancy Loo, also with WGN News. More than 800 guests danced the night away to the musical stylings of the Indigo Orchestra while experiencing international cultures and observing artifacts from all over the world. This premiere gala, the largest on Chicago’s Southwest side, raised more than $445,000. Final proceeds will benefit the Behavioral Health Department at LCMH.

The 2017 Venerable Mary Potter Humanitarian Award was presented to Ed and Amy McNicholas – Live Like John Foundation. On March 31, 2010, Ed and Amy’s 15-year-old son, John, woke up complaining of a headache focused over one eye. Before he could even finish explaining the pain, John began vomiting on the bathroom floor. In the emergency room, their worst fears were confirmed: A brain tumor. Ed and Amy went into fight mode with the mission to save their son. Unfortunately, John passed away on January 7, 2011, only 10 months from his diagnosis. Today, it has been Ed and Amy’s mission to raise awareness and change the experience for those who follow them down this unimaginable path by offering guidance and resources to those families who are forced to endure the same journey they endured. They strive to offer comfort, peace, empathy and, ultimately, a cure.

The way John McNicholas lived his life to the fullest and faced his illness with courage and grace has inspired many to “Live Like John,” which led Ed and Amy to start the John McNicholas Pediatric Brain Tumor (Live Like John) Foundation, a non-profit organization. The Live Like John Foundation is involved in several local fundraising events each year, including: Annual Softball Tournament, Beverly Hills Turkey Trot, Go Gray in May, Dizzy Dinger Challenge, and a Cinco de Mayo Fiesta Fundraiser, to name just a few.

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Ed and Amy’s mission is to work toward advancements in both the care and treatment of pediatric brain tumor patients by facilitating coordination of information between patients and providers, improving the quality of life for patients and funding specifically targeted pediatric brain tumor research and treatment options to achieve their ultimate goal: the eradication of pediatric brain tumors.

The 2017 Sister Nancy Boyle Award for Excellence was presented to Rev. Charles T. Rubey – Loving Outreach to Survivors of Suicide (LOSS) Program. Rubey established the program in 1979 after working with families who had gone through grieving the loss of a child from suicide. The LOSS Program is a free, non-denominational program that supports individuals who are grieving the loss of a loved one by suicide and is offered by Catholic Charities of the Archdiocese of Chicago in collaboration with the Diocese of Joliet. Funding for the program comes from places such as United Way, private foundations and charitable contributions.

LOSS offers a safe, non-judgmental environment where survivors of suicide can openly talk about feelings and experiences. There are programs available to both children and adults in cities all over Illinois, including: Chicago – Downtown, Des Plaines, Wheaton, Joliet, Mundelein, Worth, Inverness, Kankakee, Wilmette, and Cary. Services provided by the LOSS Program include: Individual therapy for children and teens, ages three to eighteen; Family counseling; Peer support groups; Parent consultation; and school and community debriefings when a suicide has occurred. The goals of the LOSS Program are to provide a warm, nurturing network of other survivors, educate members about the grieving process and support each individual’s unique struggle to regain hope and strength.

Drs. Michael and Karen O’Mara were the chairs of the event with co-chairs Joe and Mary Ann Pedota. Guests at the ball enjoyed signature butterfly martinis followed by a gourmet meal prepared by Blue Plate Catering. The hospital Foundation raffled a Grand Prize of a Luxury Vacation to the Galapagos Islands for Two ($15,000 value). The Grand Prize raffle winner was Rose Kubush. For more information on Little Company of Mary’s Foundation, or to learn how you can donate, please visit www.LCMH.org/foundation. To view the honoree videos, visit www.YouTube.com/littlecompanyofmary.
We Celebrate Our February
Unsung Heroes
Mary Ellen Namoff, Physician and Patient Experience Coordinator

In February, the Patient Experience Team recognized the
tireless work and dedication of our team members in
MDC, Sterile Processing, Interventional Radiology, CHF
Clinic and Nuclear Medicine/Stress Testing. Each of them
plays a significant role in ensuring our patients receive
safe, excellent and quality care in a caring and
compassionate manner.

Please thank our heroes when you see them!

MDC (Materials Distribution)
• Serves the entire hospital in
delivering supplies and equipment
• Ensures all crash carts are
restocked and checked after each code
• Distributed 129,757,000 items of medical supplies in 2016
• Performs hourly rounds looking for and cleaning equipment to ensure all patients have what they need

Sterile Processing
• Sterilize and assemble all of the equipment required for surgery, exams and other medical procedures
• Assemble case carts for surgical procedures
• Core staff members cover the department every day, 24 hours a day

CHF Clinic
(Congestive Heart Failure)
• Team consists of an APN provider, 2 RNs and 2 MAs
• There has been an increased volume of patients with excellent quality outcomes every year since its opening (Patient satisfaction scores – 100%)
• Effective administration of treatments/interventions to reduce preventable readmissions

Nuclear Medicine/Stress Testing
• Team consists of an APN provider, 3 Nuclear Technologists, 1 RN, 1 Cardiology Technician and 1 Receptionist
• Approx. 2500 nuclear tests provided annually in our ACR accredited lab
• Despite high volumes and daily multitasking by all staff, patients have expressed that their testing is completed efficiently and by a hard-working team

IR (Interventional Radiology)
• The Physicians in the IR lab feel very strongly about their team. From the RNs to the IR Techs and the receptionists, each play a significant role in ensuring the best possible patient care before, during and after (even following up with at home phone calls). The staff always acts as a team and does a great job celebrating each other’s personal and professional accomplishments. The IR labs have seen an increase in patient volume and more complex cases that bode well for future growth which would not be possible if not for the talents and efforts of the staff.
Do you know what’s ‘Round the Hospital?

Lee Batsakis, PR and Marketing Specialist

Each month, we will be featuring an item in a prominent hospital location and our Rounds readers will have the chance to win a prize for guessing where in the hospital this can be found. This month, Doc Clemens from Brave Beginnings made another pit-stop during his recent hospital visit for a quick photo-op.

Can you guess where Doc is in the above photo?

To submit your response, contact Lee Batsakis at x 5841 or lbatsakis@lcmh.org using the hashtag #docbravebeginnings - Best of luck!

Congratulations to our February Rounds winner, Kathy Rynne, Health Education Center. Kathy received a spirited service recognition card. The correct answer for last month’s photo: Piano bench in the hospital Chapel.
Reminder: Pharmacy Network Change

Kim Goldsmith, Benefit Analyst

Effective January 1, 2017, CVS Pharmacy is no longer considered an in-network pharmacy under both of our Blue Cross medical plans – Blue Cross PPO and the Blue Choice PPO. This change also includes the CVS Pharmacies located in Target stores. All other major national and regional chains, including traditional chain retail, grocery, and mass merchandiser pharmacies, as well as independent pharmacies, are still included.

To find or verify an in-network pharmacy, you can call the pharmacy program number on the back of your Blue Cross ID card or log on to www.bcbsil.com and click the "My Coverage" tab, then "prescription drugs," then "prime therapeutics," which will then direct you to www.myprime.com.

If you choose to continue to have your prescriptions filled at CVS, you will pay the out-of-network cost. You can view the out-of-network cost on the “Summary of Benefits & Coverage (SBC)” document located in SmartBen under the “Plans & Policies” tab. You may also call the pharmacy program number on the back of your Blue Cross ID card. There is no change to the mail order process. The Evergreen Pharmacy in the Mary Potter Physicians Pavilion is happy to work with you to transfer any prescriptions from CVS. The phone number is 708.423.4700, or stop in to inquire.
Please Join Us on March 21, 2017.

You're invited!

Education is your best defense against a stroke.

Little Company of Mary Hospital
STROKE SUPPORT GROUP

TOPIC: Family Adjustment After a Stroke

WHEN: March 21, 2017 - 10 - 11 a.m.

Join us at our Stroke Support Registry Group which is held quarterly on Tuesdays from 10 - 11 a.m. in The Cancer Center at LCMH. The group meetings focus on the specific needs of our community members who have experienced a stroke or stroke symptoms. Each session will have a keynote speaker and provide an opportunity for individuals to gain support from others and hear valuable information. Refreshments will be served.

Little Company of Mary Hospital and Health Care Centers
2600 West 95th Street, Evergreen Park, IL 60805

Please RSVP for you & one guest by March 12th to Michelle Ragsdale, Patient Care Services Administration - 708.229.5412.

Location: The Cancer Center at LCMH - meeting room #1. Use Hospital Main Entrance - California Ave. at 95th Street in Evergreen Park.
Does your child suffer from seasonal allergies?

JOIN US FOR A FREE SEMINAR!

“Breaking free from spring allergies”

Each spring, does your child sneeze and cough? Do her nose and eyes itch and run? If so, attend this free seminar to learn more about common seasonal allergies and how to manage them. Pediatric allergist Nana Fenny, MD, MPH, will discuss the latest testing and treatment options, and will answer your questions.

MONDAY, APRIL 24, 2017
6:30 to 8:00 p.m.

Little Company of Mary Hospital
North Pavilion Link, First Floor
Room N1702
2800 West 95th Street
Evergreen Park, IL 60805

Seminars are open to all. Refreshments will be available. Let us know you are coming.

REGISTER NOW!
uchospitals.edu/lcmh-allergies-seminar

NANA FENNY, MD, MPH
The University of Chicago Medicine
Comer Children’s at Little Company of Mary Hospital
Welcome New Providers

Emily Alvis, PA  
Plastic Surgery  
Alan Chen, MD  
823 129th Infantry Drive, Suite 103  
Joliet, IL 60435  
815.729.9527  
815.729.9530 (fax)

Ansul Asad, MD  
Neonatal-Perinatal Medicine  
University of Chicago  
2800 West 95th Street  
Evergreen Park, IL 60805  
708.229.5390  
708.229.6598 (fax)

Rebecca Brooks, MD  
Gynecologic Oncology  
University of Chicago  
5841 South Maryland, MC 2050  
Chicago, IL 60637  
773.834.7708  
773.702.5411 (fax)

Krystyna Gal, DO  
Otolaryngology  
Century Ear, Nose and Throat  
16001 South 108th Avenue  
Orland Park, IL 60462  
708.460.0007  
708.460.0005 (fax)

Nita Lee, MD  
Gynecologic Oncology  
University of Chicago  
5841 South Maryland, MC 2050  
Chicago, IL 60637  
773.834.7708  
773.702.5411 (fax)

John Moroney, MD  
Gynecologic Oncology  
University of Chicago  
5841 South Maryland, MC 2050  
Chicago, IL 60637  
773.702.6123  
773.702.5411 (fax)

Sumol J. Nedumgottil, MD  
Anesthesiology/Pain Management  
2800 West 95th Street  
Evergreen Park, IL 60805  
708.229.5300  
708.422.8919 (fax)

Megan Okon, APN  
Gastroenterology  
Subramanian Venkataraman, M.D.  
10458 South Pulaski  
Oak Lawn, IL 60453  
708.636.1818  
708.636.2151 (fax)
Welcome New Providers

Melissa Rooney, MD
Neurology
Neurological Associates
1824 Southwest Highway, Suite 100
Palos Heights, IL 60463
708.361.0222
708.361.6450 (fax)

Ahmed Shoukry, DPM
Podiatry
T.I.F.A.R.S.
9933 South Western Avenue, Suite 102
Chicago, IL 60643
773.445.8700
773.445.4646 (fax)

Jennifer Sommer, PA
Infectious Disease
Metro Infectious Disease
13755 South Cicero
Crestwood, IL 60445
888.220.6432
708.385.2434 (fax)

Emma Tanase, MD
Anesthesiology
2800 West 95th Street
Evergreen Park, IL 60805
708.229.5300
708.422.4919 (fax)

Amit Vyas, MD
Cardiology
2315 East 93rd Street
Chicago, IL 60617
773.221.2700
773.221.5701 (fax)

S. Diane Yamada, MD
Gynecologic Oncology
University of Chicago
5841 South Maryland, MC 2050
Chicago, IL 60637
773.702.6123
773.702.5411 (fax)

The following employees joined at February orientation:

Kelsey A. Hayes, RN
Daphne L. Sebastian
Java’ Shauqi Swington, RN
Angela E. Thomas
Catherine B. Matula
Kati B. Barcas
Lucia M. Rice
Carolyn R. Ghezzi
Katelyn M. Hayden
Carolyn Paulius, RN
Jennifer Rios
Katelyn A. Orlando

Christina Deanne
Catherine B. Matthews
Chiquita Brock
Edward J. Meyer
Alice G. Lenckus, RN
Rosie A. Sykes
Priscilla A. Southern
Cecilia Garcia
Kathleen R. Moretti, AFF, RN
Michelle M. Zaker
Each month new employees attend an all-day orientation where the following topics are presented. AIDET training helps every employee understand that they are “The Patient Experience!”

Please welcome our new employees when you see them on campus.
We Are the Patient Experience!

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ROW 1: Linda Oskvarek, RN, ICU; Loretta Trigg, AFF Medical Center, Women’s Health Care Center; Ana Ustaszewski, RN Registry, Behavioral Health Inpatient

ROW 2: Shaneice Smith, RN, Surgery; Karen Jeziorny, Patient Access Specialist, Patient Admitting; Debra Sanford, AFF Medical Assistant, Practice Support Affiliated Services

ROW 1: Lacresha Richardson, Care Partner, 4W; Megan Frederickson, Unit Coordinator Registry, Nursing Reserve

ROW 2: Ashley Faust, AFF Medical Group, Dermatology Group; Nora Poland-Carusi, Kitchen/Cafeteria Assistant, Food Services; Alyssa Oswald, RN, 7W

ROW 1: Jaqueline Collins, EVS Technician, EVS; Kimberly Kincy, EVS Technician; Yasmin Banks, RN, 5W

ROW 2: Rose Imposino, Care Partner, 4W; Zachary Abbott, EVS Technician, EVS

ROW 1: Patricia Franklin, Care Partner, ICU; Tonya Brown, Unit Coordinator, Nursing Reserve; Jessica Czarnecki, Unit Coordinator, Nursing Reserve

March
2017 Southside Irish Parade
Lee Batsakis, PR and Marketing Supervisor

Little Company of Mary will once again be sponsoring a float in the Southside Irish Parade on Sunday, March 12th. The parade kicks-off at 103rd and Western at Noon.

Please contact Lee Batsakis at lbatsakis@lcmh.org or x5841 by March 8th if you and your family would like to join us in the family-friendly parade. All children must be accompanied by an adult.

St. Blasé Food Pantry
Penny Winnick, RN, ICU

About 400 families utilize the St. Blasé food pantry each month. This equates to nearly 1,000 people per month. The response from the nuns when we gave them the check was pure joy. I never thought we would reach this amount this year, but we did thanks to the overwhelming generosity of the Little Company of Mary Family. The sisters at St. Blasé are Albertine Sisters, from Krakow, Poland. Venerable Mary Potter’s mission continues after all these years... She is certainly looking down upon us and smiling!

Flake Fest 2017
Lee Batsakis, PR and Marketing Supervisor

On Saturday, February 4th, LCMH had a table at the Evergreen Park Flake Fest. Kids had the opportunity to win prizes by answering health questions. Thank you to our fabulous volunteers!
12th Annual **Kids Expo**
**Saturday, February 25, 2017**

*Lee Batsakis, PR and Marketing Supervisor*

Little Company of Mary was at *Family Time Magazine’s* Kids Expo 2017 on Saturday, February 25th. The event was at Moraine Valley Community College and had many fun and exciting events for kids. We were happy to have Dr. Nana Fenny and Dr. Nida Yousef meet and greet the kids and answer any questions from the parents!

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**LCMH to Participate in Historical Photographic Exhibit for Evergreen Park’s 125th Anniversary**

The Evergreen Park Library is working with the Evergreen Park Historical Commission to organize a photographic history exhibit to take place in 2018. Little Company of Mary Hospital has played an important role in the history of the village, and images from our history will be shared and incorporated into the photographic exhibit.

Email EPstories@evergreenparklibrary.org or call 708.422.8522 to schedule your #EPstories session.
March is Colorectal Cancer Awareness Month
Eileen McNichols, Director Community Health/Pastoral Care

Colon cancer is the number one non-tobacco-related cancer killer in the United States. Risk increases with age, and more than 90% of colorectal cancers occur in people aged 50 and older. Yet, only one-third of Americans older than 50 has been screened for colon cancer. For this reason, it is recommended that men and women aged 50–75 have routine colorectal cancer screenings. Screening tests help find abnormal growths and during a colonoscopy, they can be removed before they have a chance to turn into cancer. Precancerous polyps and early-stage colorectal cancer may not cause symptoms, especially at first.

If symptoms are present, they may include:
• A change in your bowel movement
• Blood in or on your stool
• Stomach pain, aches, or cramps that do not go away.
• Losing weight without trying

Screening tests for colorectal cancer include testing the stool for blood, sigmoidoscopy and colonoscopy. Fecal Occult Blood Test (FOBT) is a simple take home test to detect evidence of hidden bleeding. Sigmoidoscopy is a diagnostic procedure that allows the doctor to see the inside of the rectum and the lower part of the colon. Colonoscopy allows the doctor to see the entire colon and is considered the golden standard of all screening tests for colorectal cancer.

Regular screening for colorectal cancer saves lives. Guidelines for colonoscopy include beginning at age 50 and every 10 years through 75. Screening may need to be done more frequently if polyps or early stage cancer is found. Your doctor will advise you on the best guidelines for you.

The Endoscopy Center here at LCMH provides state of the art screening for this preventable form of cancer. Not sure about your personal risk factors for colorectal cancer? Visit http://tests.lcmcancercare.org/colon_test.php and take a free colorectal cancer risk test. Stop by the Women’s Center during the month of March and visit the Colon Cancer Awareness table for more information about this preventable, beatable and curable form of cancer.

Join us at our Health Academy Colon Health:
Moving in the Right Direction
MONDAY, MARCH 13• 11:15 A.M. TO NOON
West Pavilion, Room W8538

FREE program presented by Little Company of Mary Hospital to increase your knowledge of health-related issues.

CEU’s provided for nurses and radiology technicians.

Reservations required - please call 708.423.5774.

Take our FREE online colon cancer risk test: tests.lcmcancercare.org

Presenter:
Dr. Michael Hurtuk
The National Patient Safety Goals for 2017 include improving staff communication and recording and passing along correct information about patient’s medications. In May 2016, a Performance Improvement (PI) Team was formed to address these goals. Team STEPPS (focus on Hand-Off Communication) - led by Bernie Barsch, RN, One Day Surgery - began the process of creating a standardized tool for staff to use.

Situation, Background, Assessment, Recommendations (SBAR) is the format the team chose. This tool does not replace the nurses shift report, but is a snapshot of what has occurred with the patient prior to admit or transfer. It is designed to be used electronically, with each RN pulling the SBAR up during point of report and looking at the information together. At the completion of reviewing the information, each RN is to go to the patient’s eMAR and review the medications administered/still to be administered. SBAR is to be used during RN report from Emergency Department to any inpatient unit and transfers between ICU and any inpatient unit.

The electronic SBAR was implemented October 3, 2016.

Staff were observed and surveyed and feedback solicited to improve the use of SBAR. The team will now concentrate efforts on utilizing the feedback they have received to improve the use of SBAR then transferring the process to the Hand-Off Communication Impact team. This team will be given the role of developing an electronic hand-off communication format for areas including:

- Pediatrics
- ODS
- PACU
- Endoscopy
- Transport
- RN to Physician
- Behavioral Health
- Cardiac Cath Lab
- Interventional Radiology
- Ticket to ride communication

![Use of electronic SBAR](chart.png)

**Marianne Brown, RN, Quality Resources Management**
Little Company of Mary Auxiliary

IN GOOD COMPANY

Spring into Fashion & Fun

You are invited to join us at our 11th Annual Signature Spring Event!

Thursday, April 6, 2017
Ridge Country Club
10522 South California
4:00 - 8:30 pm

APPETIZERS & DESSERTS | CASH BAR
FABULOUS VENDORS | RAFFLE BASKETS

Tickets $40, $45 at the door
The first 400 shoppers will receive a signature designer shopping bag.

All proceeds will benefit Little Company of Mary Hospital Infant and Child Services.

For more information, contact the Auxiliary 708.229.5281 or http://www.lcmh.org/home/foundation/

GRAND RAFFLE

FIRST PRIZE Gift Card Tree valued at $1,000
SECOND PRIZE Mario Tricoci Gift Card valued at $500
THIRD PRIZE Wine Rack including Wine Selection

$20 each or 3 for $50
Drawing takes place on April 6, 2017
Raffle winners will be drawn at 7:30 pm.
Complimentary shuttle from St. John Fisher parking lot at 103rd Street & Fairfield Avenue.
CHEER Program
“Find Your Pot of Gold”
Putting the power of humor in healing to work for you.
March 8 from 11 a.m. - Noon
Location: North Pavilion Link, Room N1703
Free

State-of-the-Art Lung Cancer Screening
A 15-minute state-of-the-art low dose CT scan screening of the lungs. Certain criteria needs to be met to participate.
March 18 from
Location: LCM Outpatient Care Center, 6700 W. 95th Street, Oak Lawn
$125 (value of $4,000)

Wake Up Call Screening
Assess your risk for heart disease and stroke. Includes healthy heart labs, ultrasound screening of abdominal aorta and carotid arteries, peripheral vascular screening for atrial fibrillation.
March 25 from 7:30 a.m. -Noon
Location: The Cancer Center at LCMH
$155 (value of $4,000)

RESERVATIONS ARE REQUIRED FOR ALL PROGRAMS.
Programs are held at Little Company of Mary Hospital. Call 708.423.5774 or extension 5830 to register or for more information. For a full listing of classes, visit www.LCMH.org/calendar. If minimum registration is not met, classes or programs may be canceled.

“Rounds” is published 12 times a year by the Public Relations and Marketing Department. It provides information for and about the employees of Little Company of Mary Hospital and Health Care Centers.

The next “Rounds” will be distributed Friday, April 7th.

The final deadline for story submissions is Monday, March 13th.

March “Rounds” was prepared by Lee Batsakis and Dana Sorensen, Public Relations and Marketing.