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**This July, El Dorado Hills Residents Invited to Discover Everything the El Dorado Hills
Community Services District Has to Offer**

Month-long celebration highlights undiscovered roles of local parks and recreation

EL DORADO HILLS, CA – July 1, 2018 – Summer is here, which means it's time to get out and discover the great things happening at your local parks and recreation centers. This July, explore the "undiscovered" roles of local parks and recreation with the El Dorado Hills Community Services District (EDHCS D) as they celebrate Park and Recreation Month, *A Lifetime of Discovery*. A variety of fun activities are planned for residents of all ages and abilities — including Family Fun on the Fourth, the Summer Concert Series, Parent's Night Off, Flick & Float, Food Truck Festival, and more.

The El Dorado Hills Community Services District is celebrating Park and Recreation Month, an initiative of the National Recreation and Park Association (NRPA), by inviting you to explore *A Lifetime of Discovery* at your local parks and recreation locations. Playgrounds, rec centers, sports leagues, summer camps are just a few of the things that come to mind when we think of parks and rec. But, parks and recreation is so much more than that. During Park and Recreation Month, discover all the ways parks and recreation can improve quality of life, like science, technology, engineering and math (STEM) programming; art programming, senior programs; innovative health and wellness opportunities; community celebrations; outdoor education; maintenance; and more.

"July is the perfect time to highlight all the benefits parks and recreation provides right here in El Dorado Hills," said District General Manager Kevin Loewen. "Our local parks and recreation directly contribute to reduced obesity rates, an improved ecosystem and increased property values."

The District is leading initiatives and providing opportunities for people of all ages to achieve healthier lifestyles, promote and understand nature and conservation as well as bringing the community closer through a variety of programs and services. For example, the District been working toward future sustainable fiscal stewardship and in the coming months Community Park is getting new solar-covered parking, a solar-thermal shade structure at the pool, and LED



lighting retrofits in the coming months. These improvements will tremendously offset the District's annual energy consumption costs and impacts on the environment.

The District will celebrate Park and Recreation Month with events and programming for the whole family. Take photos with the Park and Recreation Month photo booth banners and be sure to post pictures on social media with the hashtags #DiscoverJuly and #EDHCSD (look for the banners throughout Community Park); check out summer camps and classes; enjoy Family Fun on the Fourth (July 4); attend the Food Truck Festival and Flick & Float on July 18 (Moana will be playing at the Community Pool); enjoy Parent's Night Off July 20-21 by dropping your kids off at the CSD for an awesome sleepover, then take in Clean Slate's performance at the Summer Concert Series the same night; or participate in any of the amazing activities happening at the Gilmore Senior Center, such as Movie Monday, Coffee Talk, and even National Hot Dog Day.

NRPA encourages people that support parks and recreation to share why they think it's important to explore and discover all the El Dorado Hills Community Services District has to offer with the hashtag #DiscoverJuly.

To learn more about Park and Recreation Month, visit www.edhcsd.org and www.nrpa.org/July.

About the El Dorado Hills Community Services District

The El Dorado Hills Community Services District was formed on May 21, 1962 by County Board of Supervisors Resolution No. 98-62 and under Government Code §61600 as an independent special district. The CSD serves the most populated community in El Dorado County and is located east of the Sacramento County Line with a boundary encompassing approximately 28 square miles (18,028 square acres). The CSD owns and manages over 294 acres of land including 191 acres of parks and 127 acres of open space. As the "heart" of community life in El Dorado Hills, the CSD provides parks and recreation services for the whole family, CC&R oversight and enforcement for over 30 villages, LLADs, waste disposal, other franchise services including cable TV and internet, as well as representation to El Dorado County and the State for local legislation. For more information, visit www.edhcsd.org.

About the National Recreation and Park Association

The National Recreation and Park Association is a national not-for-profit organization dedicated to ensuring that all Americans have access to parks and recreation for health, conservation and social equity. Through its network of 60,000 recreation and park professionals and advocates, NRPA encourages the promotion of healthy and active lifestyles, conservation initiatives and equitable access to parks and public space. For more information, visit www.nrpa.org. For digital access to NRPA's flagship publication, Parks & Recreation, visit www.parksandrecreation.org.

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