

Monthly Grief Support Group

At

Adath Shalom Synagogue

For Those Who Have Lost a Loved One



The support group meets the 4th Thursday of each month*

(*except for holidays - please check website to confirm dates)

Start the group in any month

Heal through Grief

Connect with Others

Monthly Discussions

January Topic: How Grief Effects Your Health

Thursday, January 25, 2018

7:15pm – 8:45pm

No Charge and Open to the Public

Group Leaders:

Grief Counselor: Eileen Appelbaum

Rabbi Moshe Rudin

Social Work Services Coordinator: Carol Berman

841 Mountain Way, Morris Plains, NJ 07950

To RSVP or for more information:

Contact Carol Berman

973.539.8549 x108 or cberman@adathshalom.net

**The Adath Shalom Synagogue Social Worker is a Synagogue Coalition
Partnership Project of Adath Shalom, JFS MetroWest, and the Jewish Federation
of Greater MetroWest**