

7 Simple Steps to Teach Responsibility at Home

1. Discuss the problem with the parent(s) and student.
2. Ask if the student has any responsibilities at home.
3. Have the student and parent brainstorm 3 things he/she could be responsible for at home.
4. Record them on a chart such as in this example.
5. Have the student put a check mark or sticker on the chart each time they complete their responsibility.
6. Return the chart to school at the end of the week.
7. Repeat for the next 6-8 weeks.

Responsibility	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Set the Table							
Clear the Table							
Wash the Dishes							

Note:

After the first week, the student must take initiative (not be asked to complete the task) with the task and with the sticker/check mark.

This requires training over a period of time. They say it takes 6 weeks to change a habit. Having the child bring the chart to school every week to be acknowledged by the teacher, also holds the parents accountable.

Give it a try and let me know how it goes!