

Thrive in Your Genius: The 7 Talents of ThriveTypes®

with Intuitive Eye Readings & Body Psychology

THE
sweet
spot

Leveraging Your Talents
in Leadership and Life

Whitney Walpole
and Laurel Shimayo

with Stephen Korman



Why ThriveTypes

Recognize Diversity

Understand + Love YOU

Live, Love & Work in Your Genius

Stretch to Potential + Grow

Solve Challenges, Collaborate

Know What Resources You Want + Find Them

Spirituality, Purpose, Fulfillment



ThriveTypes in **Business**

- **Strategically steer** with the people onboard
- Get the **right people** on the bus
- **Place people** in the right seat on the bus
- **Grow people** deeper into their Genius
- Grow **authentic leaders**
- Coach and train people to **work together** well
- **Meet and motivate customers** and clients
 - Interactions
 - Offerings



Your Genius or “Sweet Spot”

the “place” of your most
authentic gifts and contributions

WHAT You Do Best

HOW You Best Do Everything

WHY You Love What You Love



WHEN in Genius or Sweet Spot

Energy

Joy + Ease

Time Shifts (Fast or Slow)

Others Request It

Contribute Great Value

Often Unique (but you might think it's not)

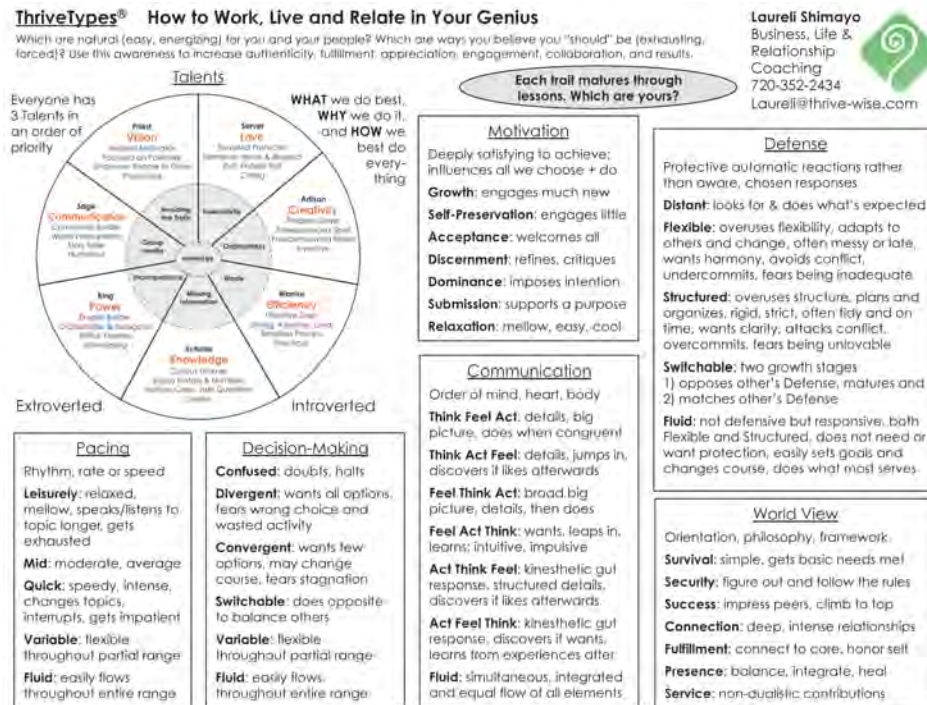


Shortcut to Genius: ThriveTypes

Precise, Comprehensive Insight

Fast, Easy (with some tools)

Big Impact

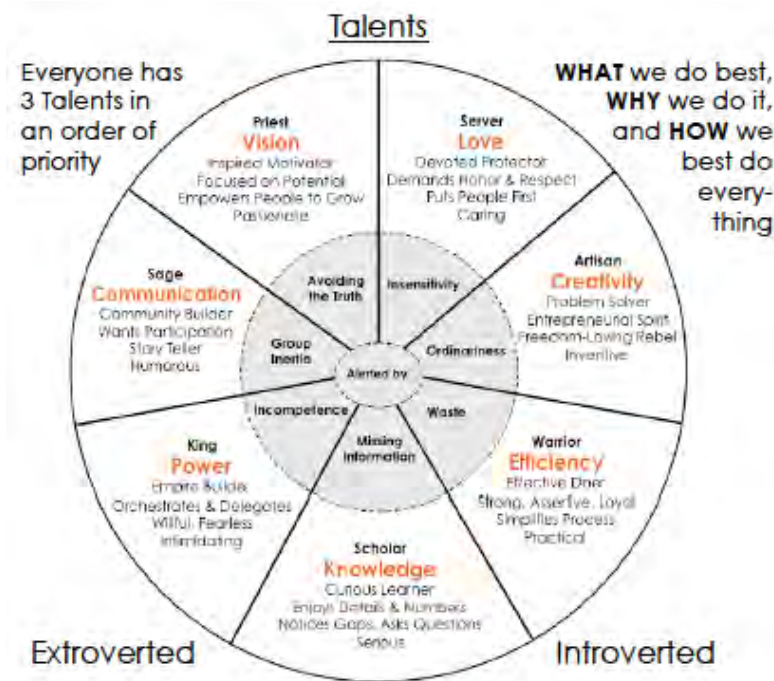


The 7 Talents

Big Rocks of Genius

Engaging, Playful

Sense of Being Seen



7 Talent Wheel



Talents

1. Each person has **3 in an order**

- 1st = Being
- 2nd = Doing
- 3rd = Learning

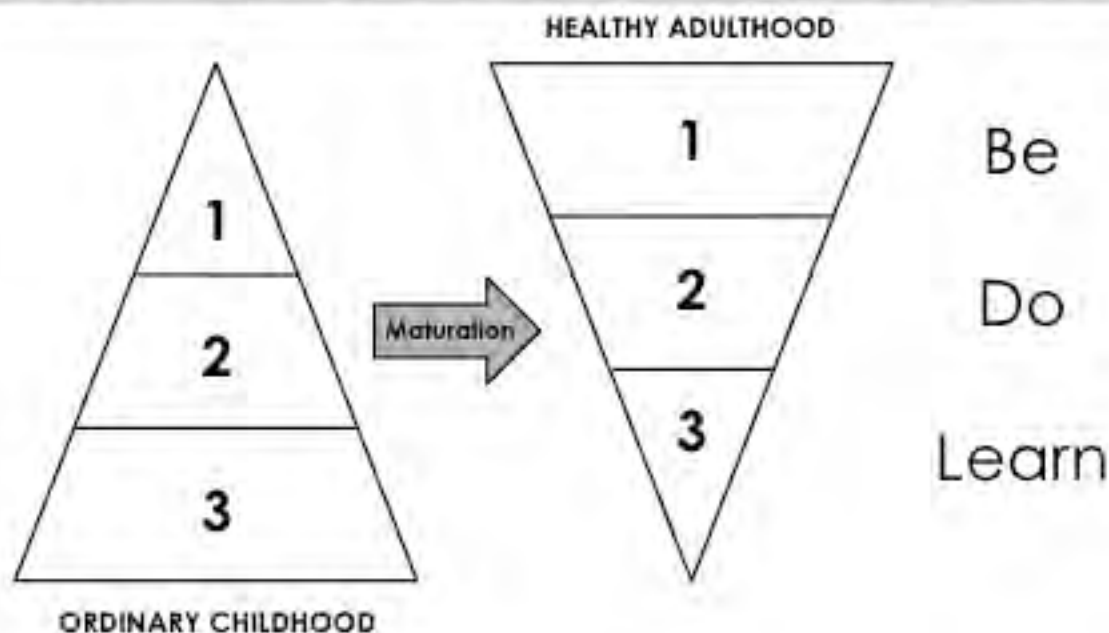
2. Likely everyone also has **Masks**

- Hard, Work, Scarcity, Exhaustion
- Not appreciated and valued
(except by those who got you to do it)



Talent Integration & Maturation

Everyone typically takes on Masks as a child – aspects that are not authentic, to get love and attention – then grows into their 3rd, then 2nd, then ideally 1st Talent. We typically are growing into our 2nd when choosing a career. Growing into our 1st can be a mid-life crisis – we want this fulfilled, and we've not set up our life this way.



Masks



Talent Growth & Maturation

1. Loosen Masks

2. Grow into 3rd, 2nd, 1st (Learn, Do, Be)

3. Integrate Talents Together

4. Grow in Lessons (Underbelly → Gift)
(coming in the next few slides)



Talents & Genius Wheel: Underbelly & Gift



Talent Lessons

1. Overdo

2. Prove

3. Share & Contribute

4. Savor & Flow



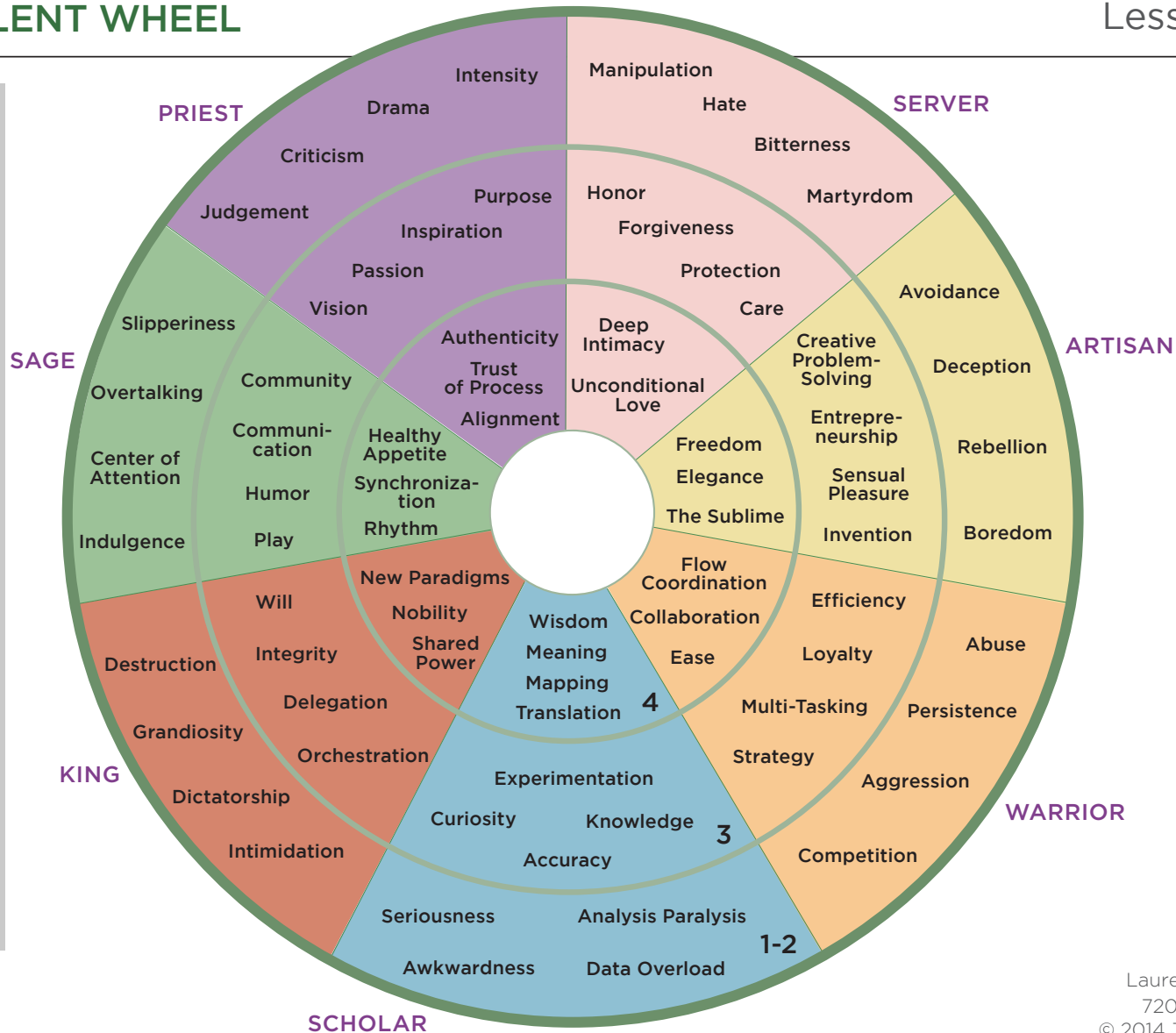
Talent Lessons Wheel



TALENT WHEEL

Lessons

We grow from the outside in. Making it to Lesson 3 is great; this is what is described in the other wheels. We are generally growing in to the centre, and when we temporarily feel scared or stressed, we move back towards the outside. There are ways to strategize your growth inwards – book a session with Laureli or get The Sweet Spot book (next slide).



This is the simplified chart in which Lessons 1 & 2 are combined. To get the complex chart, book a session with Laureli!



For a Deeper Dive about Talents Lessons Get My Book



Leveraging Your Talents
in Leadership and Life

Whitney Walpole
and Laureli Shimayo

with Shannon Harrison

https://www.amazon.com/gp/product/0996826173/ref=as_li_tl?ie=UTF8&tag=thriv02-20&camp=1789&creative=9325&linkCode=as2&creativeASIN=0996826173&linkId=b5893dfd76ba3be6b831f9ae2ab803aa



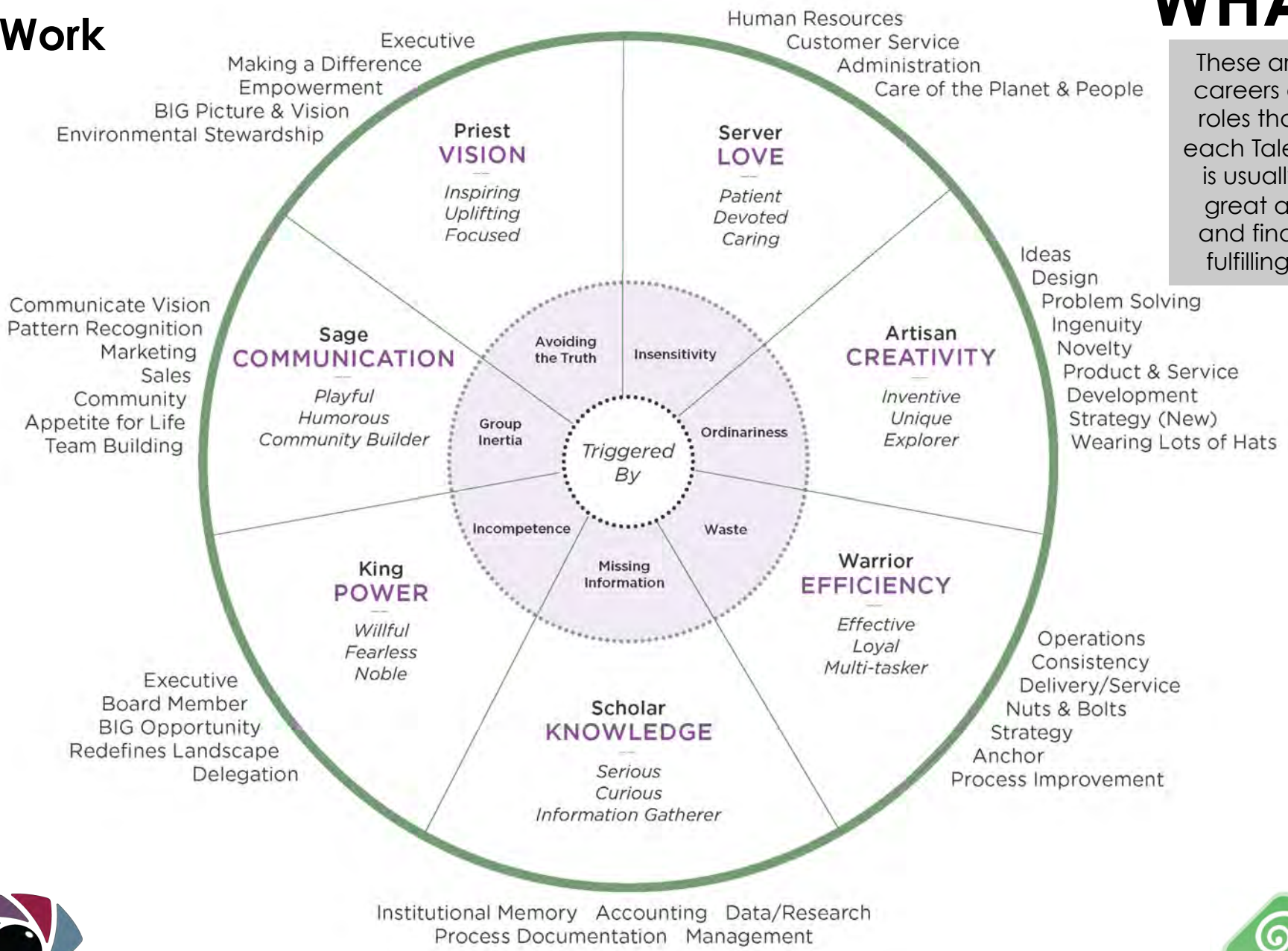
7 Talent Wheel



Talents at Work

WHAT

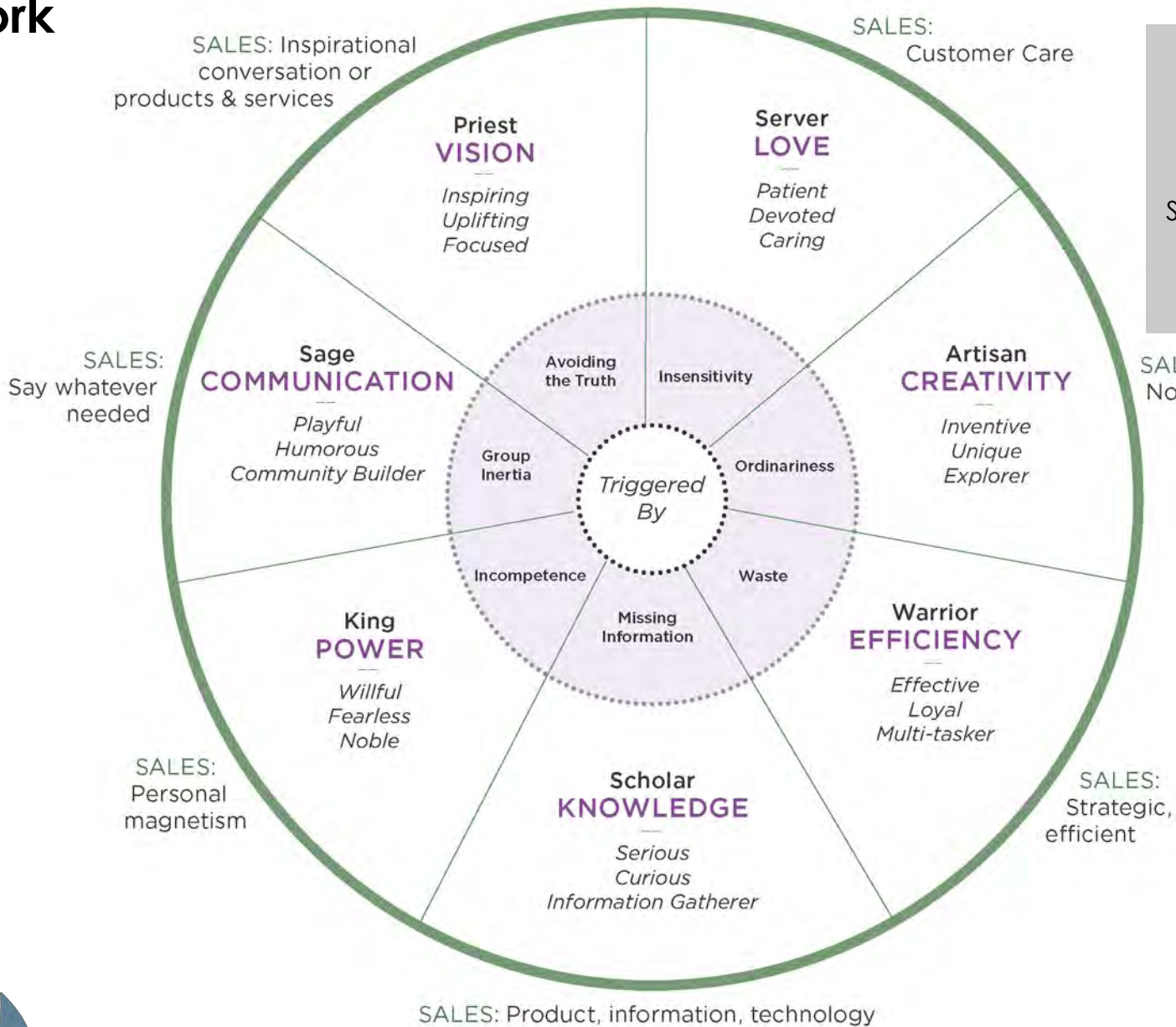
These are careers or roles that each Talent is usually great at and finds fulfilling.



Talents at Work

HOW

Talents also recommend how we can best do everything we do. This example is Sales. Everyone can sell, but how and what we best sell differs.



How to “Read” People

How to Read Eyes

1. Values & Behavior, Their Intention

- Triggers
- Words
- Actions

2. Physical Traits: Eyes, Face, Body

3. Energy: Flow

4. Your Map: Sensations, Feelings, Intuition, History

5. Distinguishing Masking: Eyes, Congruence

6. Ask Questions (being aware of possible Masking)

These are strategies for determining YOUR & OTHERS' Genius. 1) learn about the 7 Talents so you can recognize them in action. 2) See the slides coming shortly. 3) See the very next slide. 4) Learn how you respond to each Talent, such as what feelings and body sensations you experience when looking at each Talent. 5) There are tricks to distinguish masking – sign up for a class or book a session to learn more. 6) When in doubt, you can ask questions of people – do you do this, would you choose X or Y – but this can be misleading (masking).



Eyes Most Consistently Reveal Talents

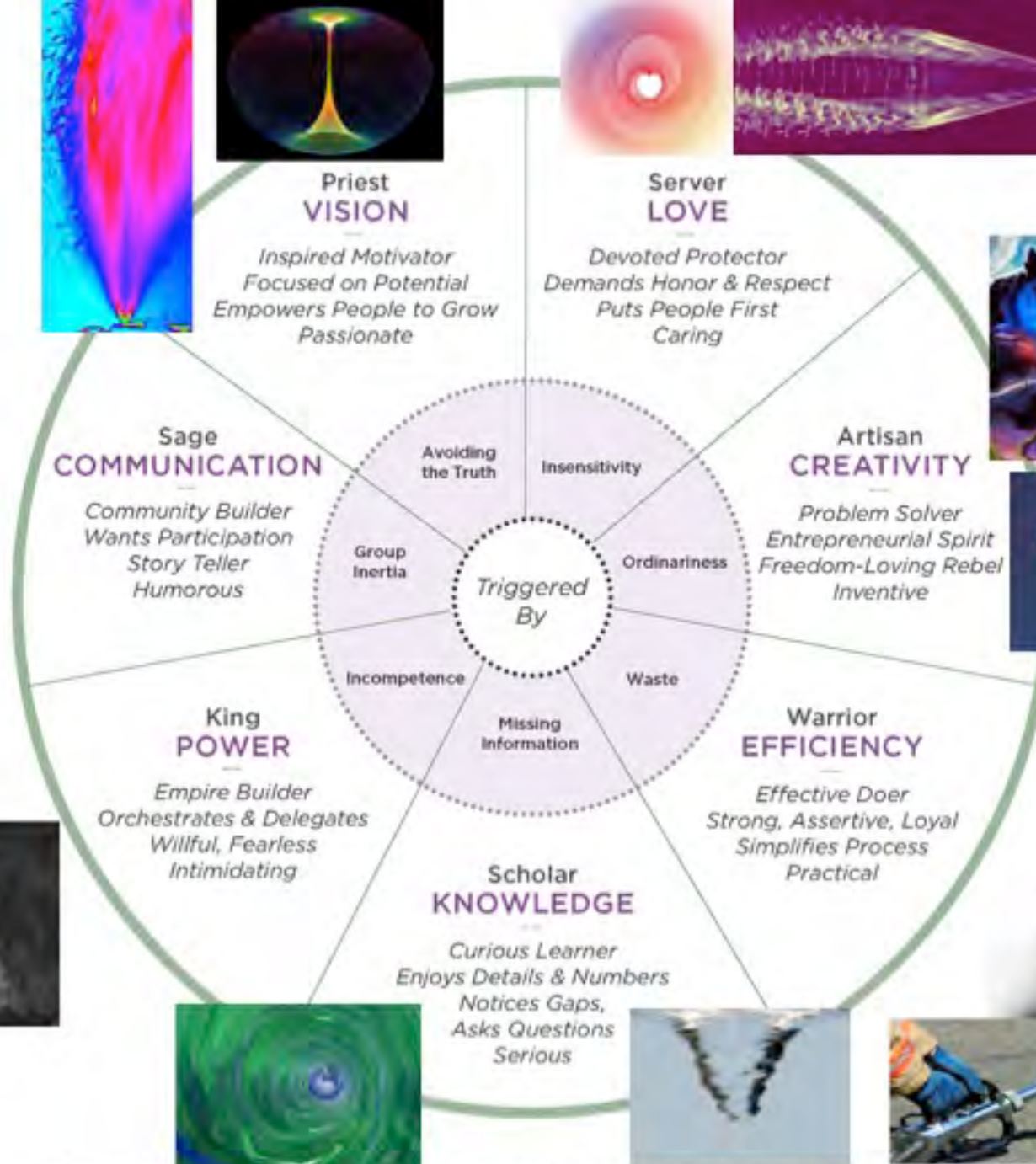
The next two slides show:

1. The “energy” of each Talent, shown as fluid flows
2. Caricature faces of each Talent
3. Details about the eyes – there are differences in the directions they face or move plus the direction energy moves (e.g., Priest/ess and Server the energy moves out of their eyes and Scholar draws things in). The eyes are the most trustworthy way to read people as they can have Masking which impacts their behavior and also things like makeup and accessories, but the eyes don't lie.



Energy Flow

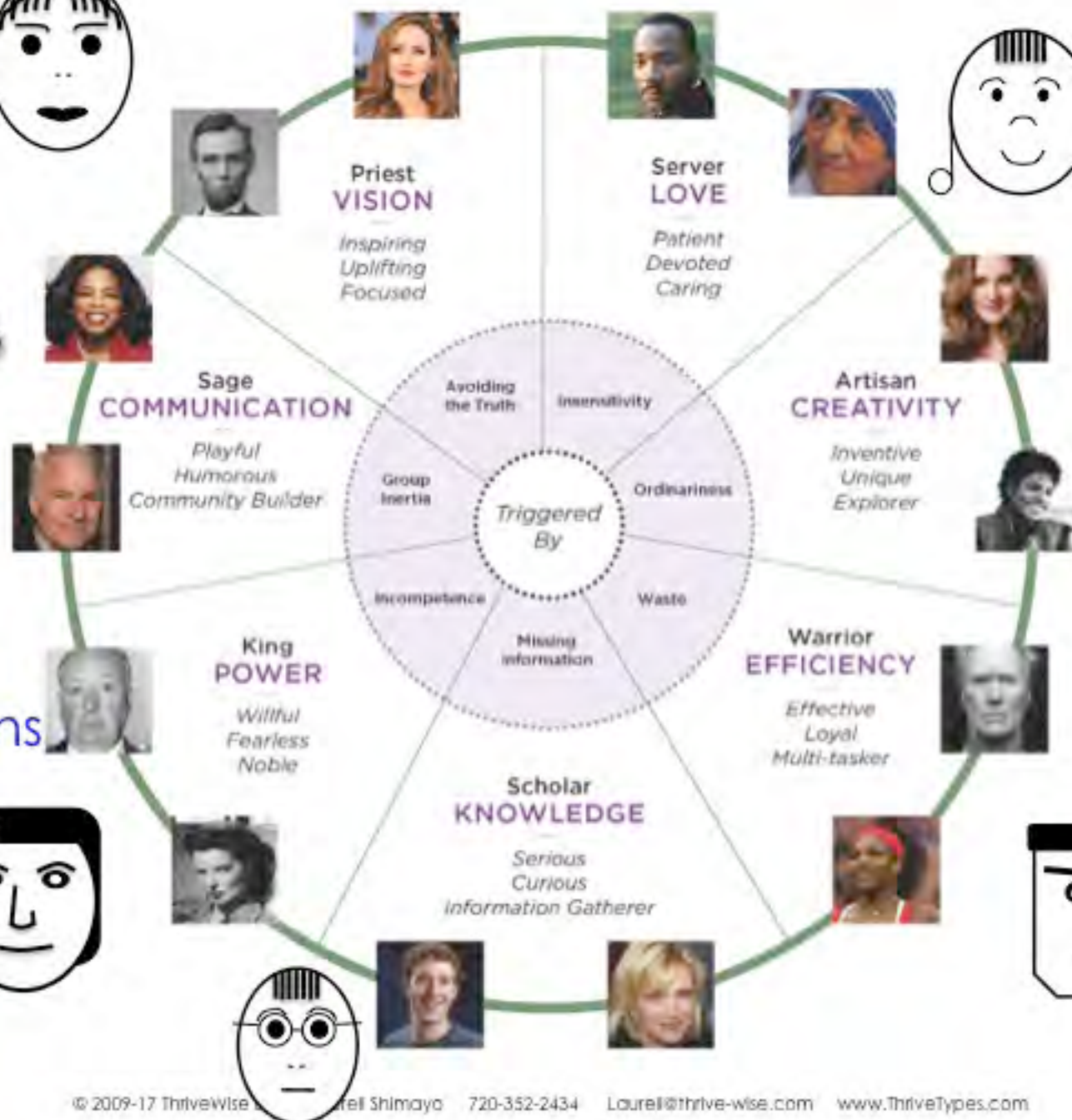
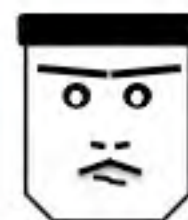
Talent Wheel



Eyes
Face

Talent
Wheel

History
Feelings
Sensations



Know Your ThriveTypes® to Lead, Live & Love Powerfully from Your Authenticity

Which ways of being and behaving are natural for you, and how do you believe you should be? What's easy + energizing vs. forced + exhausting? Use this awareness to increase joy, fulfillment, engagement, collaboration, contributions, ease and results.

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Talents

Everyone has
3 Talents in
an order of
priority

WHAT we do best,
WHY we do it,
and **HOW** we
best do
every-
thing



Each trait matures through lessons. Which are yours?

Motivation

Deeply satisfying to achieve;
influences all we choose + do

Growth: engages much new

Self-Preservation: engages little

Acceptance: welcomes all

Discernment: refines, critiques

Dominance: imposes intention

Submission: supports a purpose

Relaxation: mellow, easy, cool

Fluid: easily accesses each

Defense

Protective automatic reactions rather
than aware, chosen responses

Distant: looks for & does what's expected

Flexible: overuses flexibility, adapts to
others and change, often messy or late,
wants harmony, avoids conflict,
undercommits, fears being inadequate

Structured: overuses structure, plans and
organizes, rigid, strict, often tidy and on
time, wants clarity, attacks conflict,
overcommits, fears being unlovable

Switchable: two growth stages

1) opposes other's Defense, matures and
2) matches other's Defense

Fluid: not defensive but responsive, both
Flexible and Structured, does not need or
want protection, easily sets goals and
changes course, does what most serves

Communication

Order of mind, heart, body

Think Feel Act: details, big
picture, does when congruent

Think Act Feel: details, jumps in,
discovers if likes afterwards

Feel Think Act: broad big
picture, details, then does

Feel Act Think: wants, leaps in,
learns; intuitive, impulsive

Act Think Feel: kinesthetic gut
response, structured details,
discovers if likes afterwards

Act Feel Think: kinesthetic gut
response, discovers if wants,
learns from experiences after

Fluid: simultaneous, integrated
and equal flow of all elements

World View

Orientation, philosophy, framework

Survival: simple, gets basic needs met

Security: figure out and follow the rules

Success: impress peers, climb to top

Connection: deep, intense relationships

Fulfillment: connect to core, honor self

Presence: balance, integrate, heal

Service: non-dualistic contributions

Pacing

Rhythm, rate or speed

Leisurely: relaxed,
mellow, speaks/listens to
topic longer, gets
exhausted

Mid: moderate, average

Quick: speedy, intense,
changes topics,
interrupts, gets impatient

Variable: flexible
throughout partial range

Fluid: easily flows
throughout entire range

Decision-Making

Confused: doubts, halts

Divergent: wants all options,
fears wrong choice and
wasted activity

Convergent: wants few
options, may change
course, fears stagnation

Switchable: does opposite
to balance others

Variable: flexible
throughout partial range

Fluid: easily flows
throughout entire range

Know & Work from Your Genius

Get an Intuitive Eye Reading

Determine which are your Talents & which are Masks.
You can do this by:

- following your bliss – joy and energy (Joseph Campbell)
- reading the website – www.ThriveTypes.com
- reading the book – The Sweet Spot (see link on other pages)
- getting an Intuitive Eye Reading – most accurate and includes all your ThriveTypes (previous page) and leadership & entrepreneur coaching

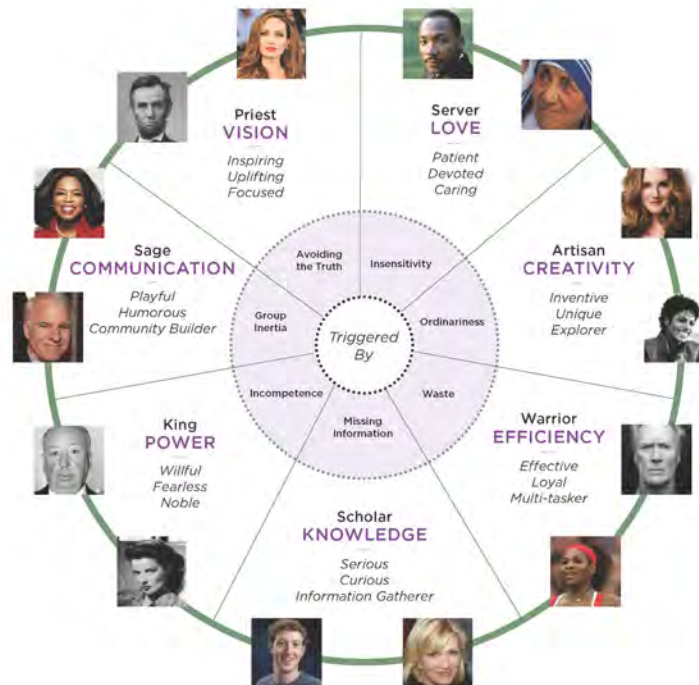
Make changes in your life & work to do more Genius and hand off other things – give them away, hire others, etc.



List of Famous Examples of Talents at

<http://www.thrivetypes.com/examples/>

and many stories about them **in the book**



Which are Your ThriveTypes? What is Your Sweet Spot, Your Genius?

Get an Eye Reading
LearnToReadEyes.com
Buy the Sweet Spot Book

Amazon Link: https://www.amazon.com/ap/product/0994826173/ref=ps_li_118?ie=UTF8&tag=thrivy02-20&camp=1789&creative=9325&linkCode=as2&creativeASIN=0994826173&linkId=b5893d76ba9be4b83119ae2ab603aa

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