

ThriveTypes®

Lessons of the 7 Talents

**One of the Best Ways to Love
Yourself is to Grow in Your Talents**



ThriveTypes

Archetypes for Thriving

Provide a **MAP** showing

WHO people are

WHERE they are on their journey

HOW they can grow

What is an
Archetype?



ThriveTypes

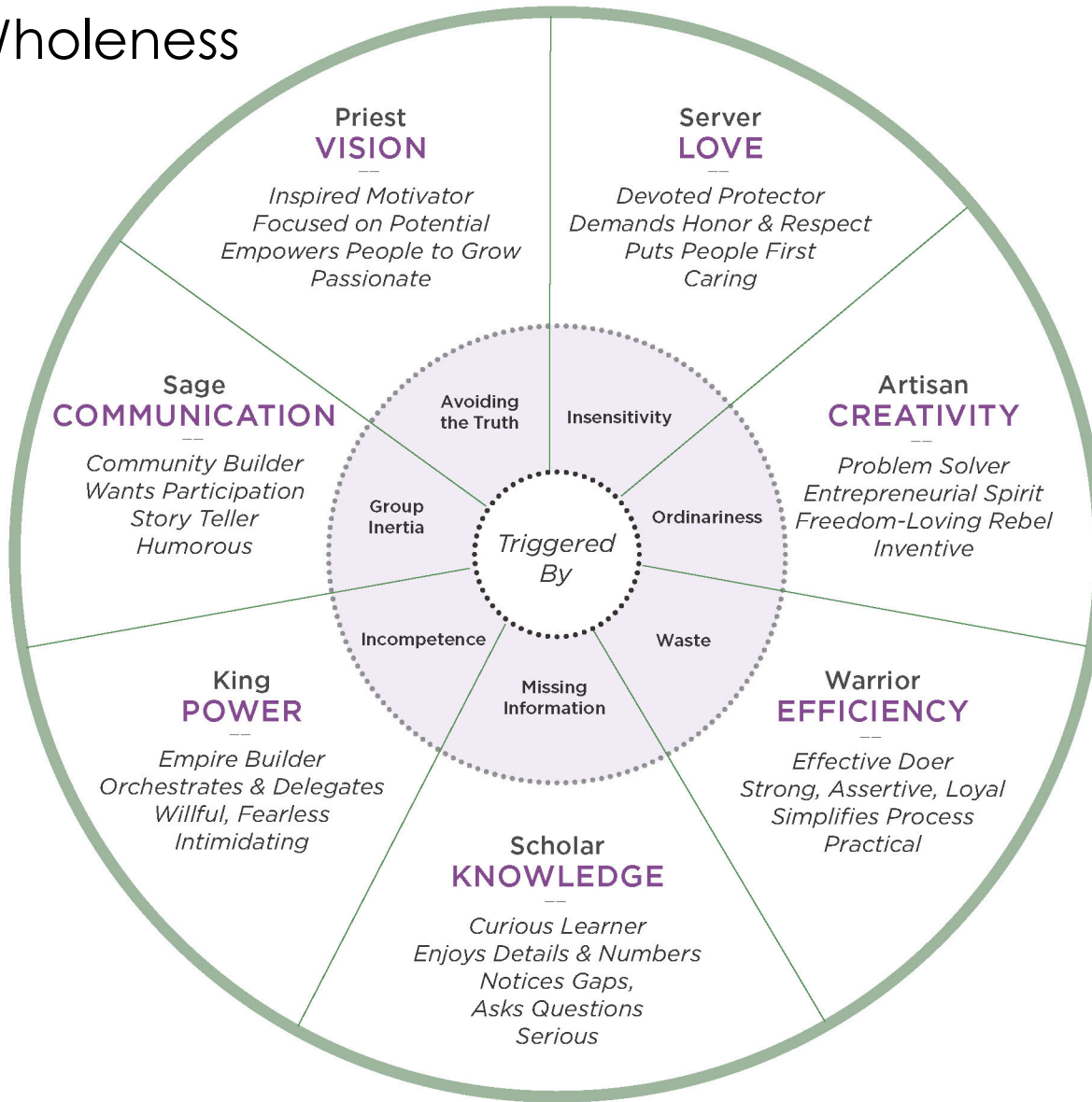
Archetypes for Thriving

- 7 Talents
- ∞ Uses
- Assessing Your Talents



The 7 Talents Wheel

7 Paths to Wholeness



The 7 Talents Wheel

7 Paths to Wholeness

Triggers
Contributions

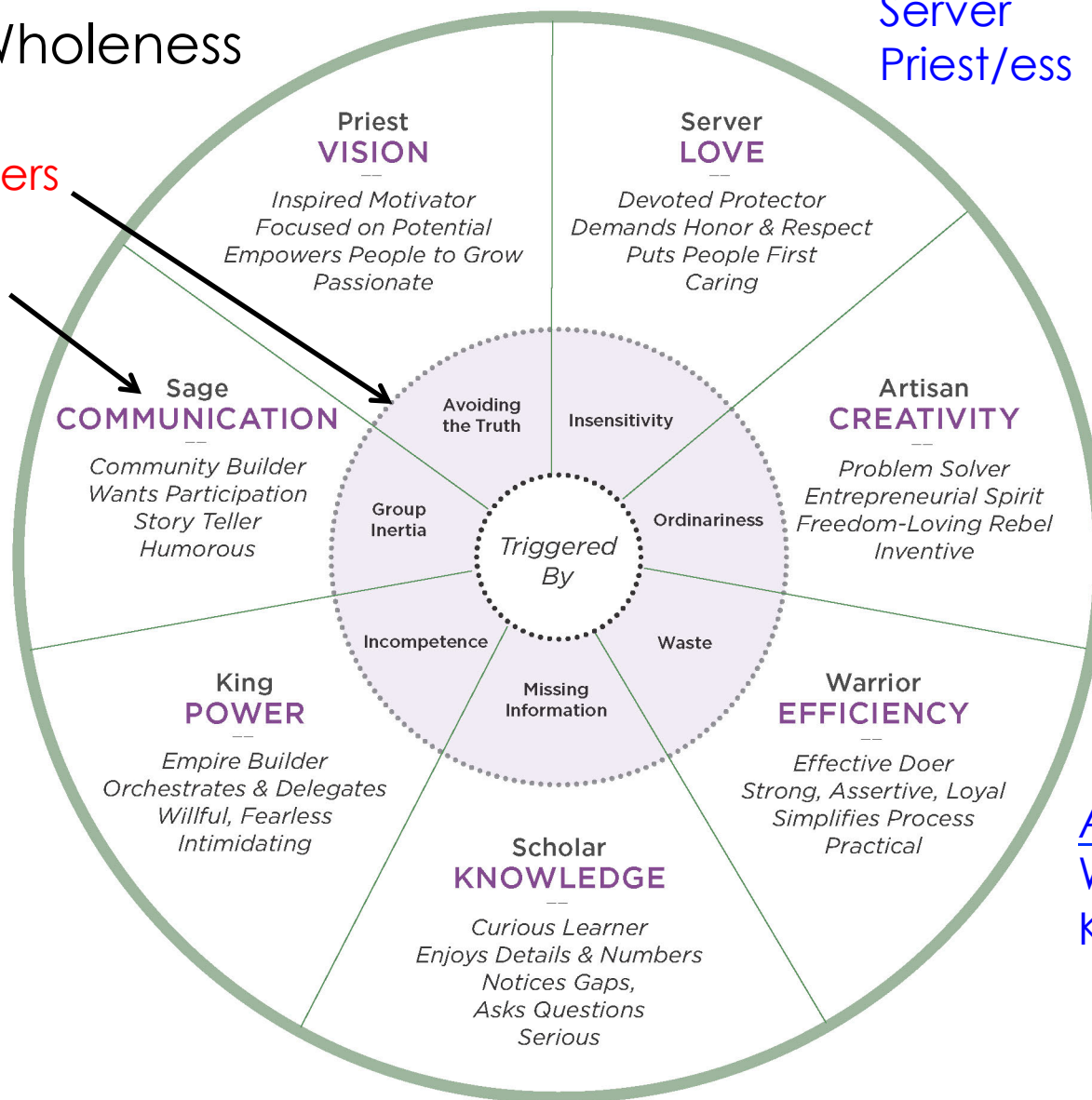
Extroverted
Priest/ess
Sage
King/Queen

People/Life
Server
Priest/ess

Introverted
Server
Artisan
Warrior

Space
Between
Artisan
Sage

Action
Warrior
King/Queen



Assimilation Scholar



Everyone Has 3 Talents + Optional Masks

1

Be (the core of our soul)

2

Do (often our career path)

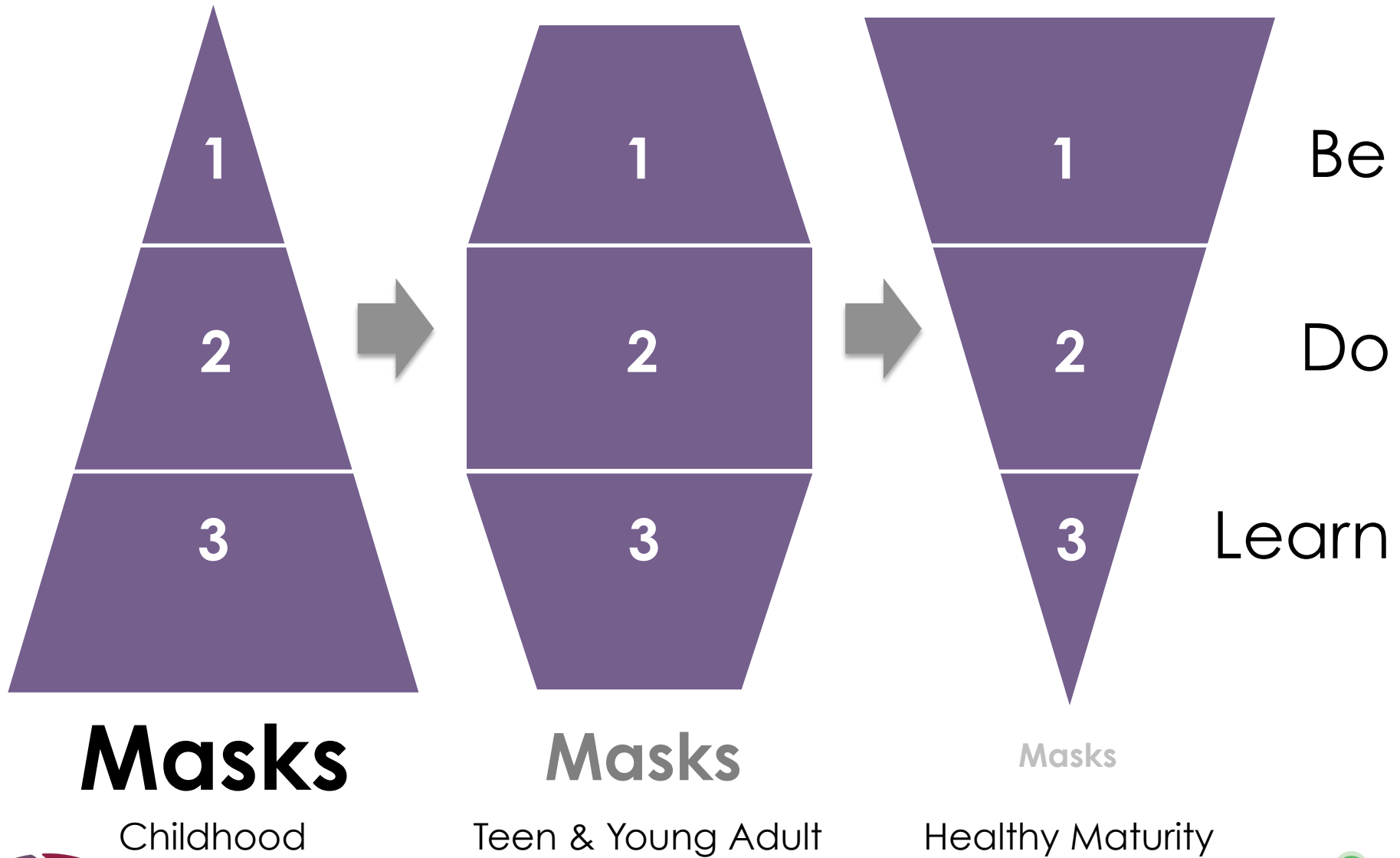
3

Learn (throughout life)

Masks (what we did to get attention)



Typical Talent Expression as We Grow



Talents

- **Which 3 are Real?**
- **Which are Masks?**
- What order are our 3 Talents in?
- How much of each is expressed?
- How integrated together are they?



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How is Knowing Talents Useful?

- Honoring Diversity
- Discovering Genius & Purpose
- Selecting & Easing Relationships
- Speeding Growth



Honoring Diversity

- People are Unique
- Only considering 7 Talents, 3 each in a specific order, and unlimited Talent Masking, there are more than

$7 * 7 * 7 * 7 * 7 = 16,000$ combinations

Coaching Clients	Students	Sales & Marketing
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Discovering Genius & Purpose

- Fulfillment – Joseph Campbell's Follow Your Bliss
- Great Results
- Career Direction
- Hiring – Hire4Genius.com

Spiritual – Soul, Life Purpose
Career – Teens, Mid-Life
Talent Management

- Promoting Self
- Organizational Design



Organization Roles & Genius: The “WHAT”

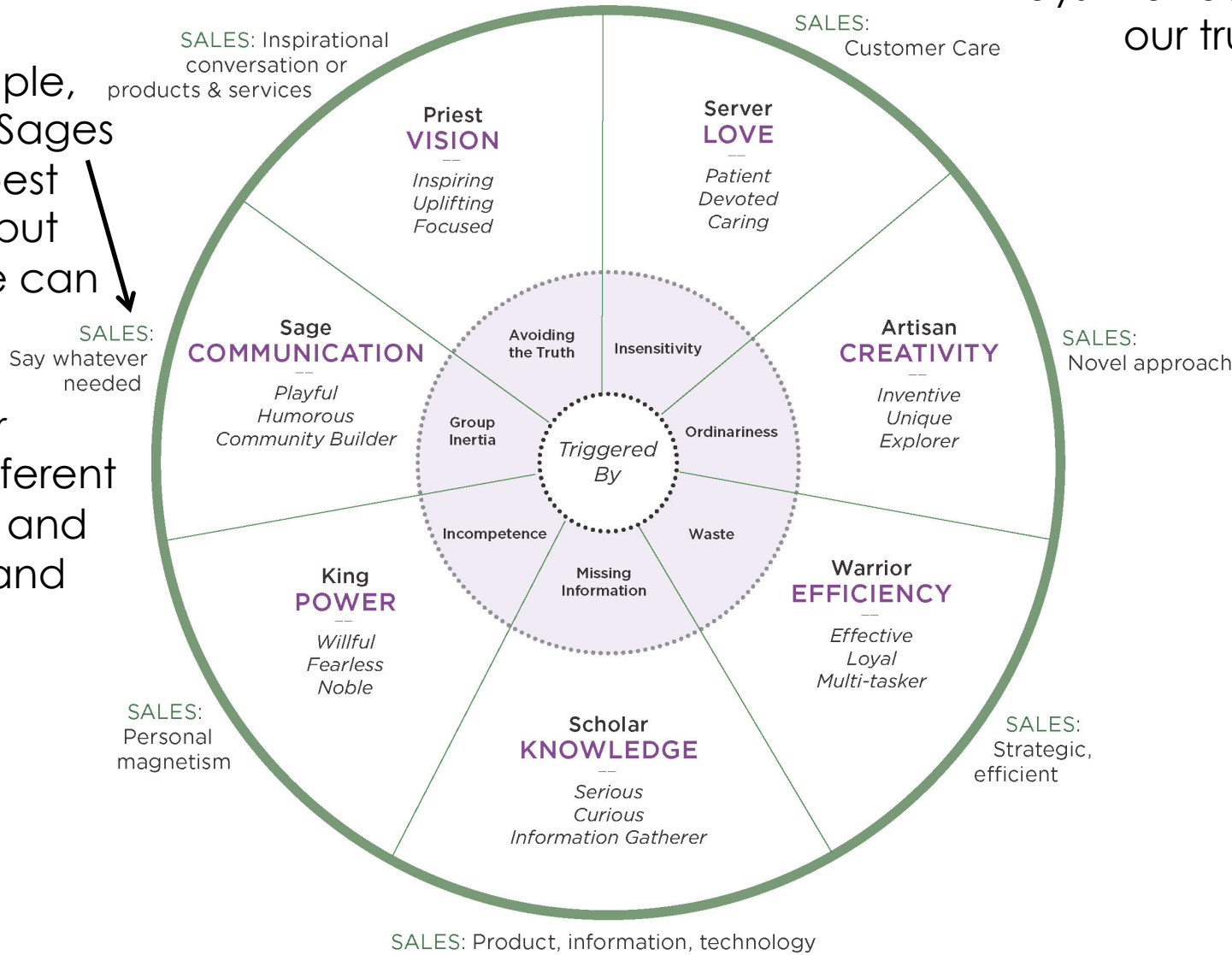
These are the careers we're typically best at.



Organization Roles & Genius: The “HOW”

And we can do anything
in ways that best match
our true Talents

For example,
typically Sages
are the best
At sales, but
everyone can
sell,
they just
do better
selling different
products and
services and
selling in
different
ways.



Selecting & Easing Relationships

- Business: boss, employees, peers, team dynamics
- Romance: couples, matchmaking
- Friends & Family: raising kids, etc.

Artisan vs. Warrior
Scholar 1st vs. Scholar 3rd
Dating Patterns Repeating
Online Dating
Hiring

Navigating Differences &
Choosing Compatible
People



Speeding Growth

- Joy, Bliss
 - Bigger Contributions
 - Much More Fun!!
-

1. Loosen Masks
2. Integrate all 3 Talents Together
3. Grow in Talent Lessons

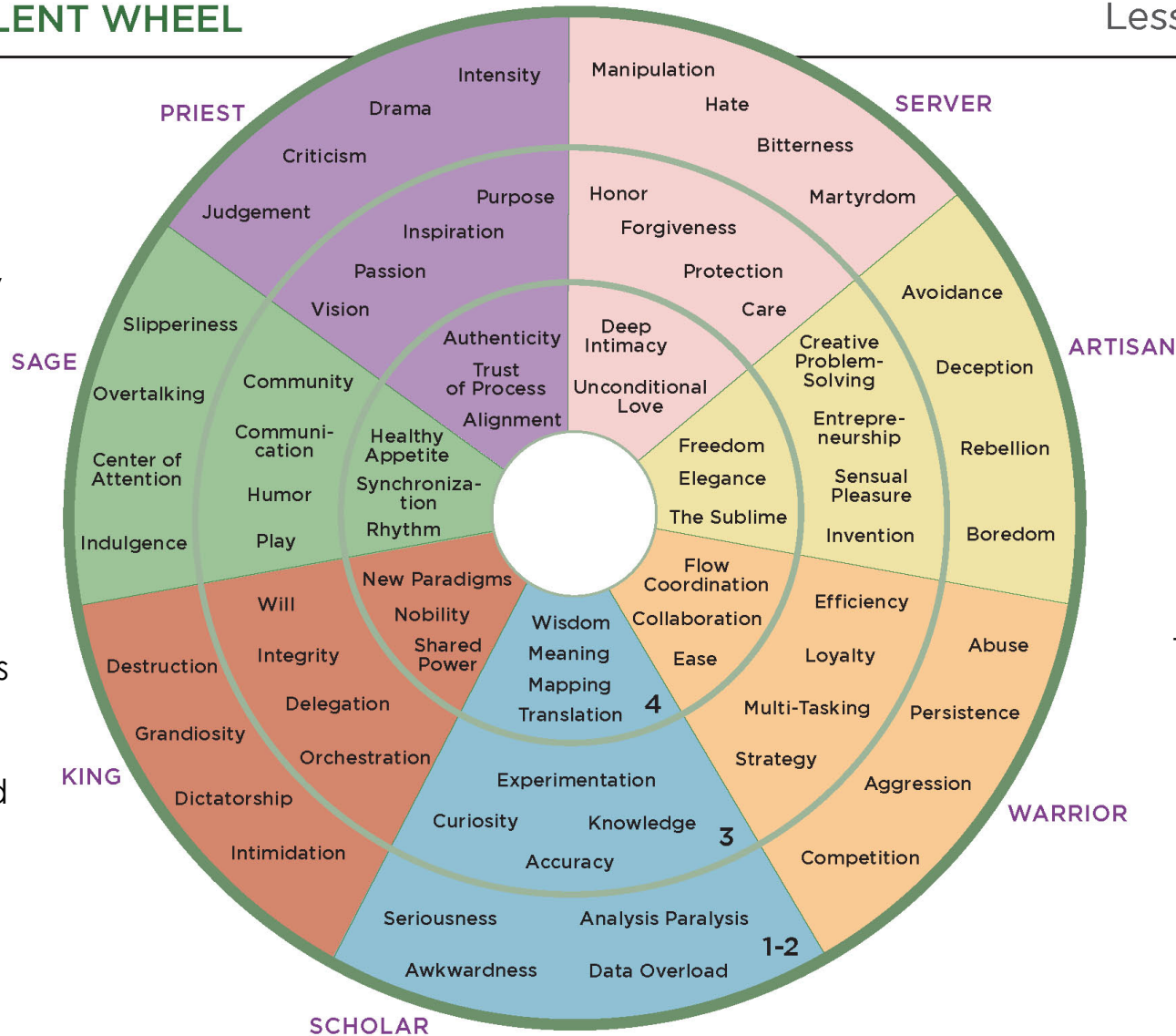


Talent Lessons

- Each Talent has a series of Lessons
- Some people skip Lesson 1
- Many are in Lessons 2-3
- Big journey to get to Lesson 4
- We usually can grow more deeply in our 1st Talent than in our 2nd or 3rd



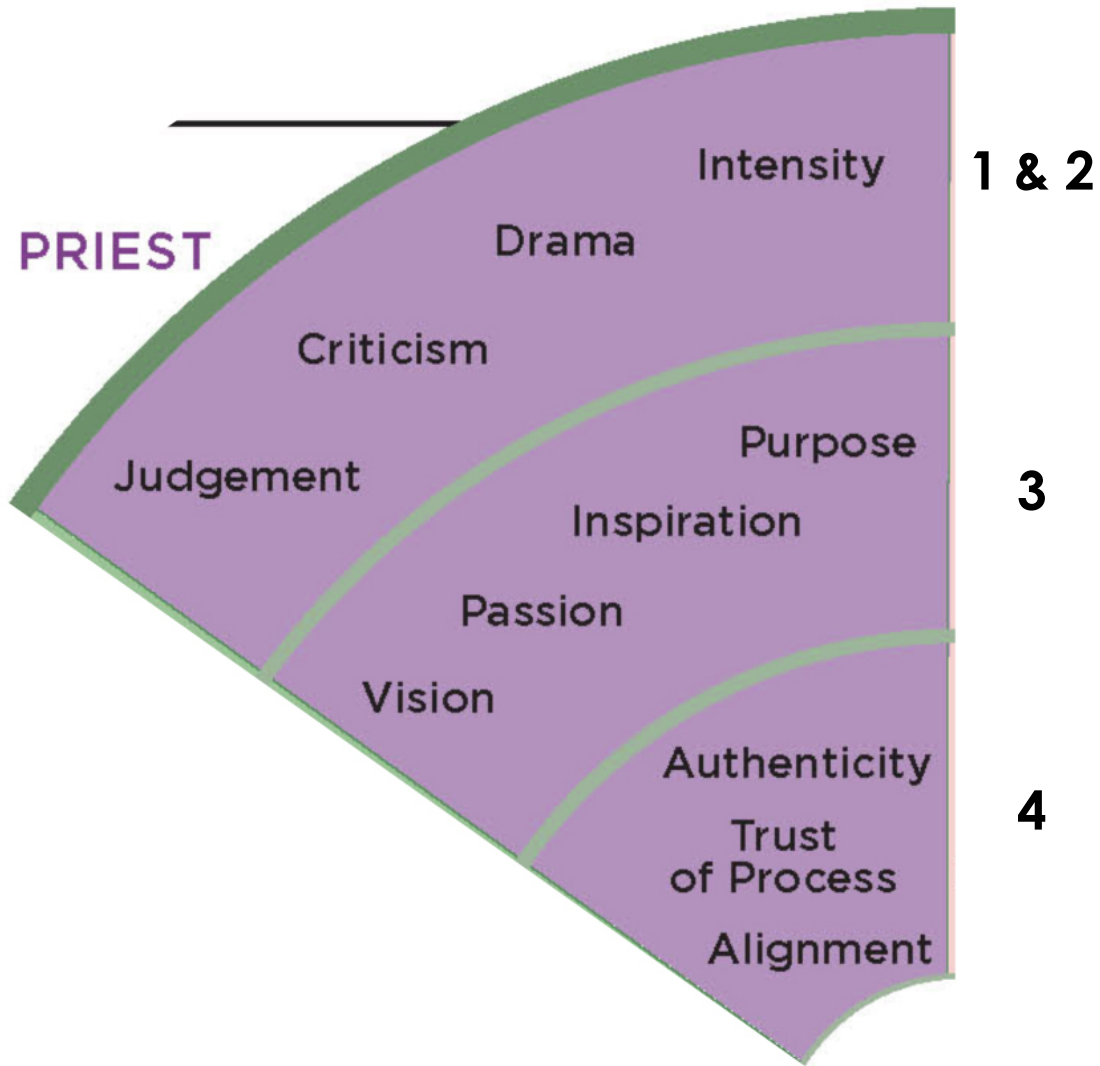
1. Overdo and cancel out contribution
2. Push intensely to make a small impact
3. Share in a good way, making a good impact
4. Sharing in the most spacious way, feeling the most fulfillment and making the greatest contribution



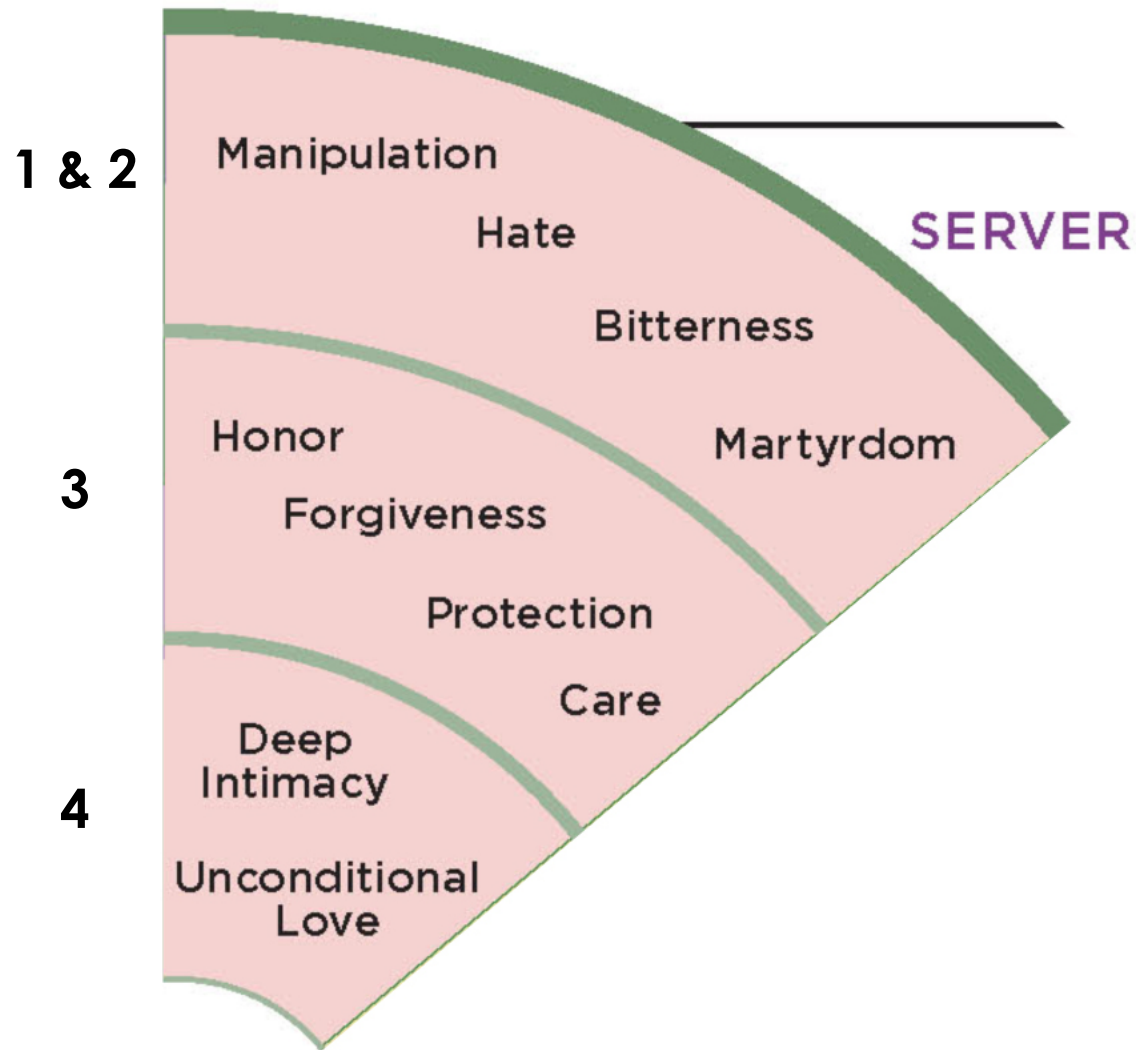
We are at a stage of growth, and then when we feel scared or stressed we temporarily go backwards towards the outside.



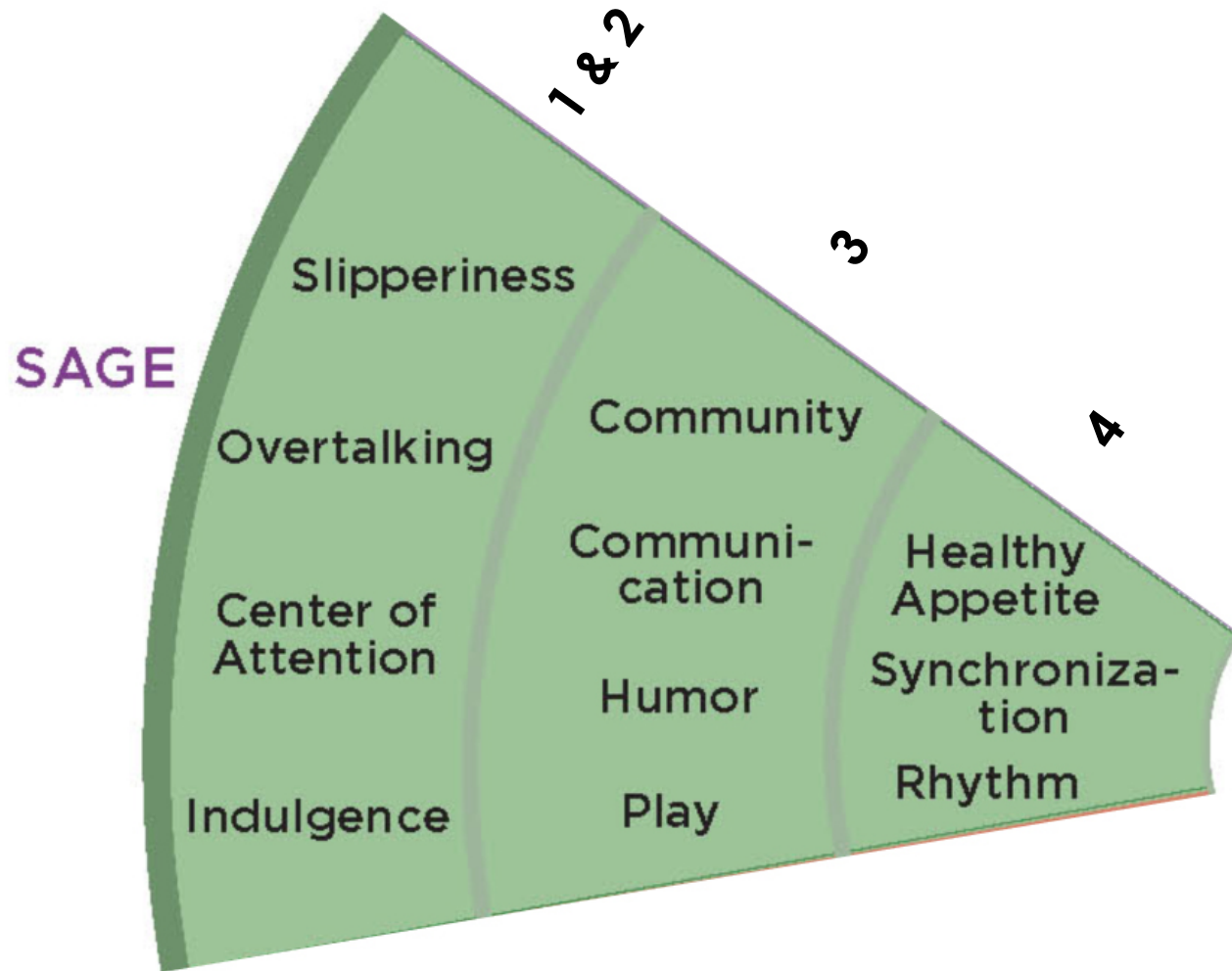
Priest Lessons



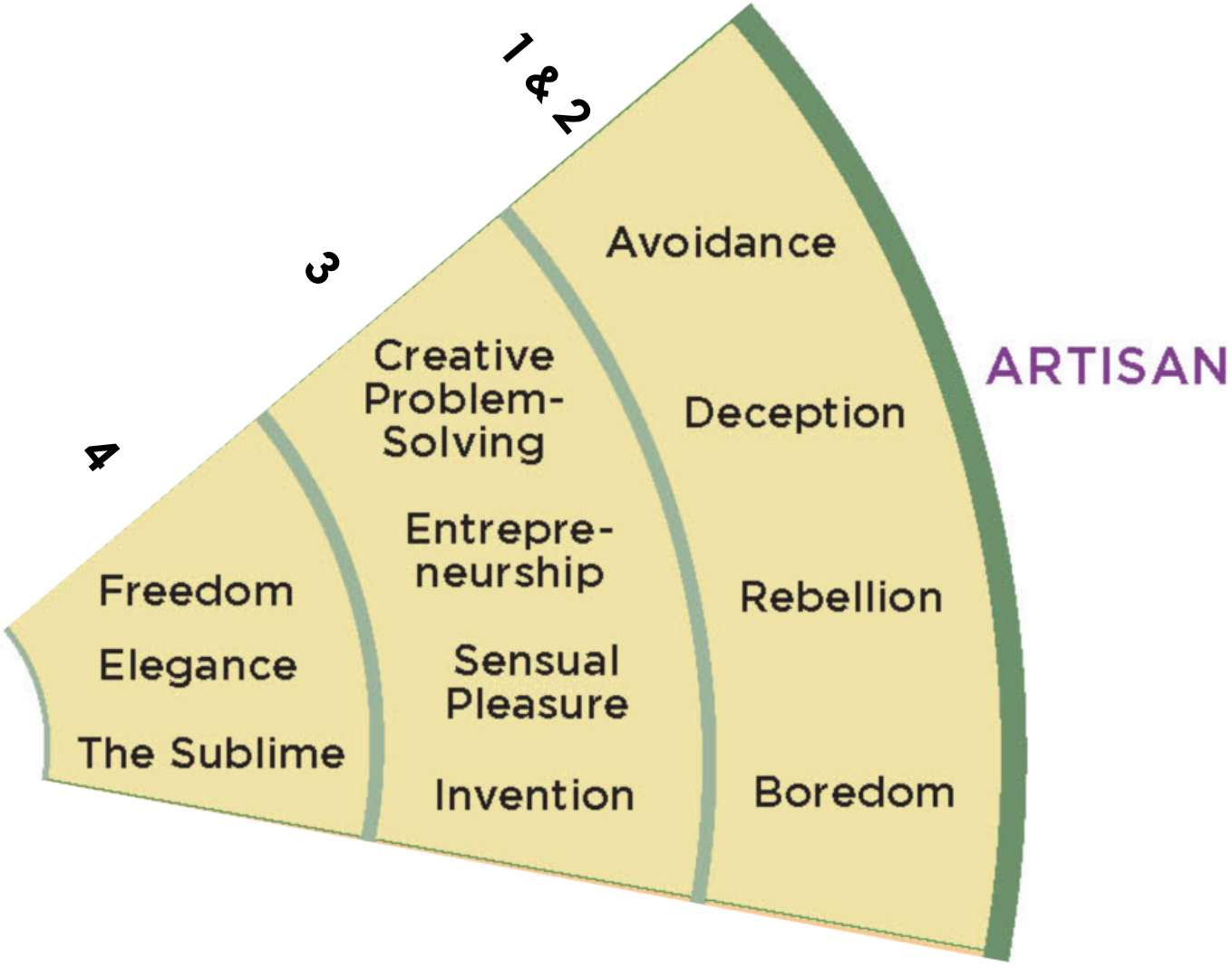
Server Lessons



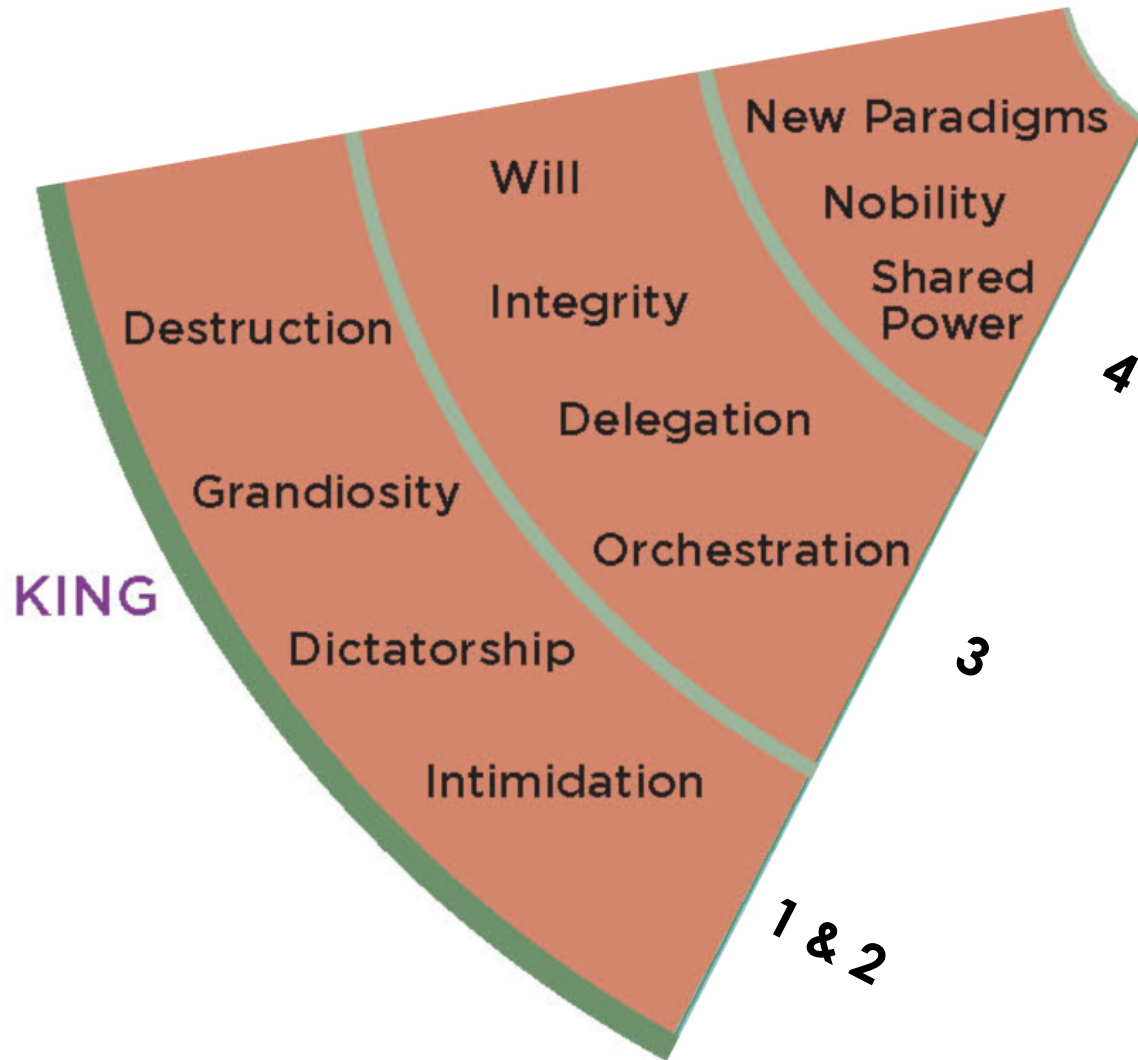
Sage Lessons



Artisan Lessons



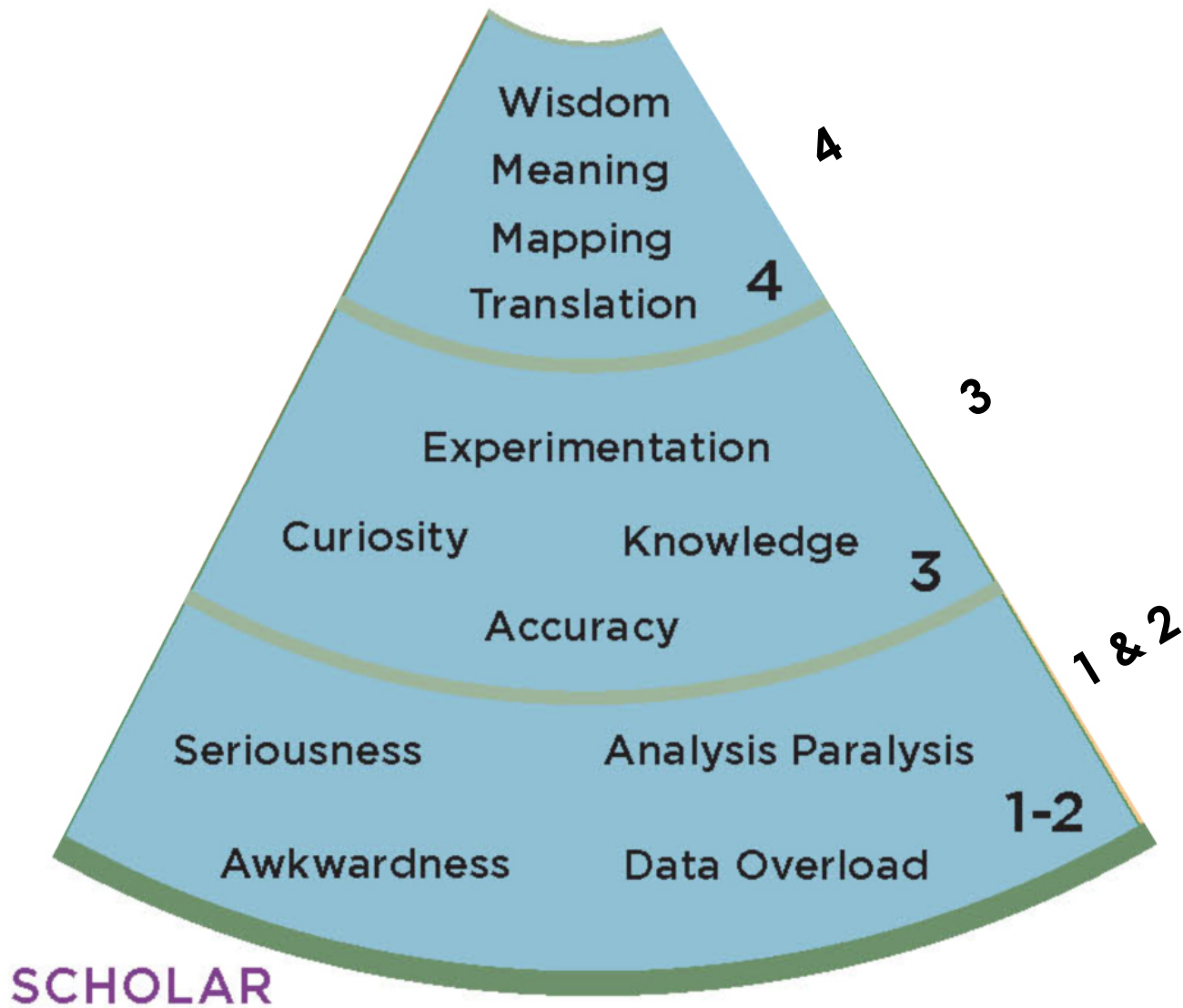
King Lessons



Warrior Lessons

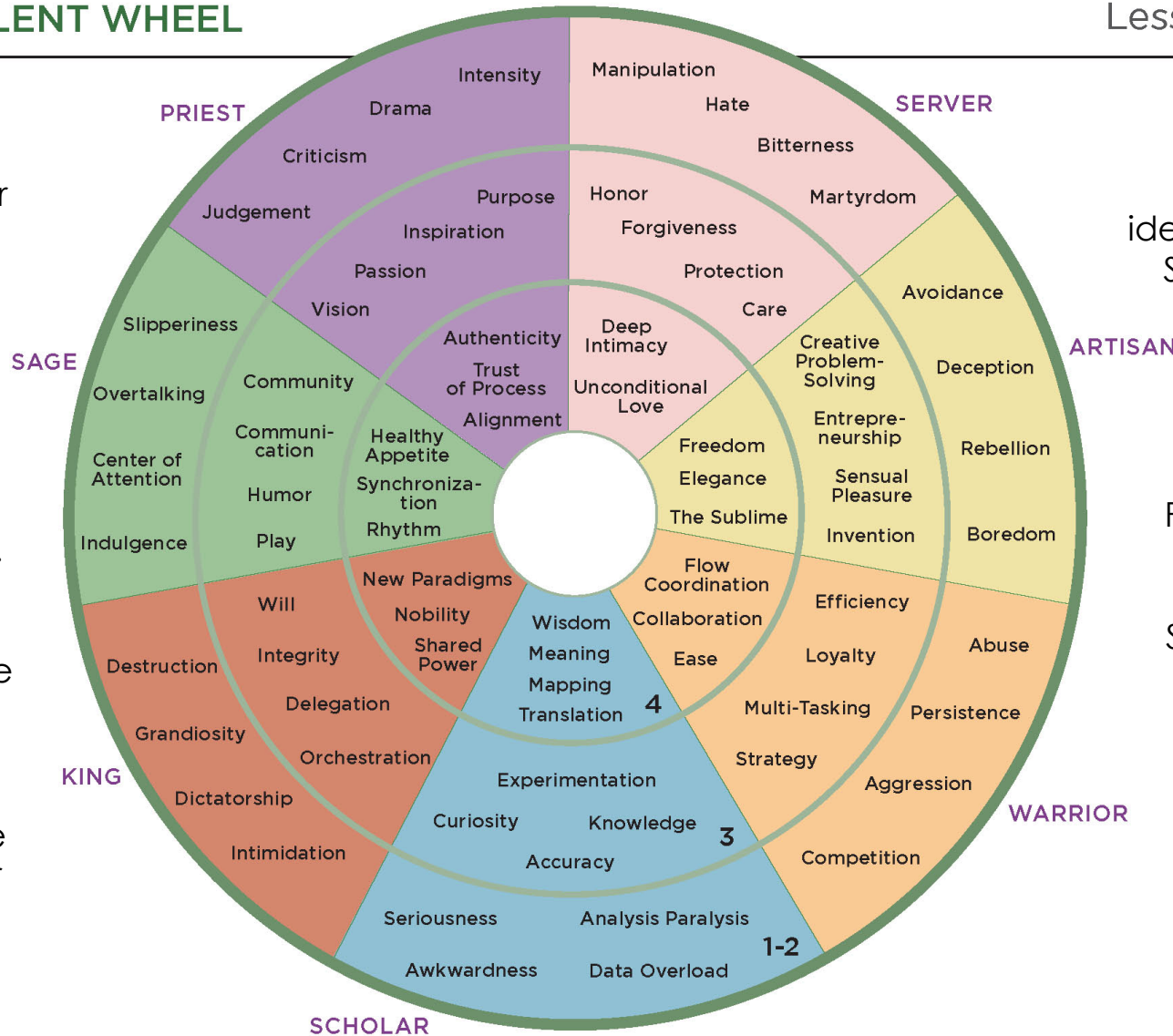


Scholar Lessons



There are tricks for advancing through the lessons.

Notice how you are not being as effective at getting what that Talent is all about. Feel how much you really want that thing and see how that opens things up for you. Or tease yourself that perhaps there might be a better way – this opens you up to explore...



For example:
Artisans want pleasure and ideas to manifest;
Sages want the whole group to play;
Scholars want holistic knowledge;
Priests want the highest goals achieved;
Servers want all life (including their own) honored;
Warriors want results;
Kings want the most powerful outcome



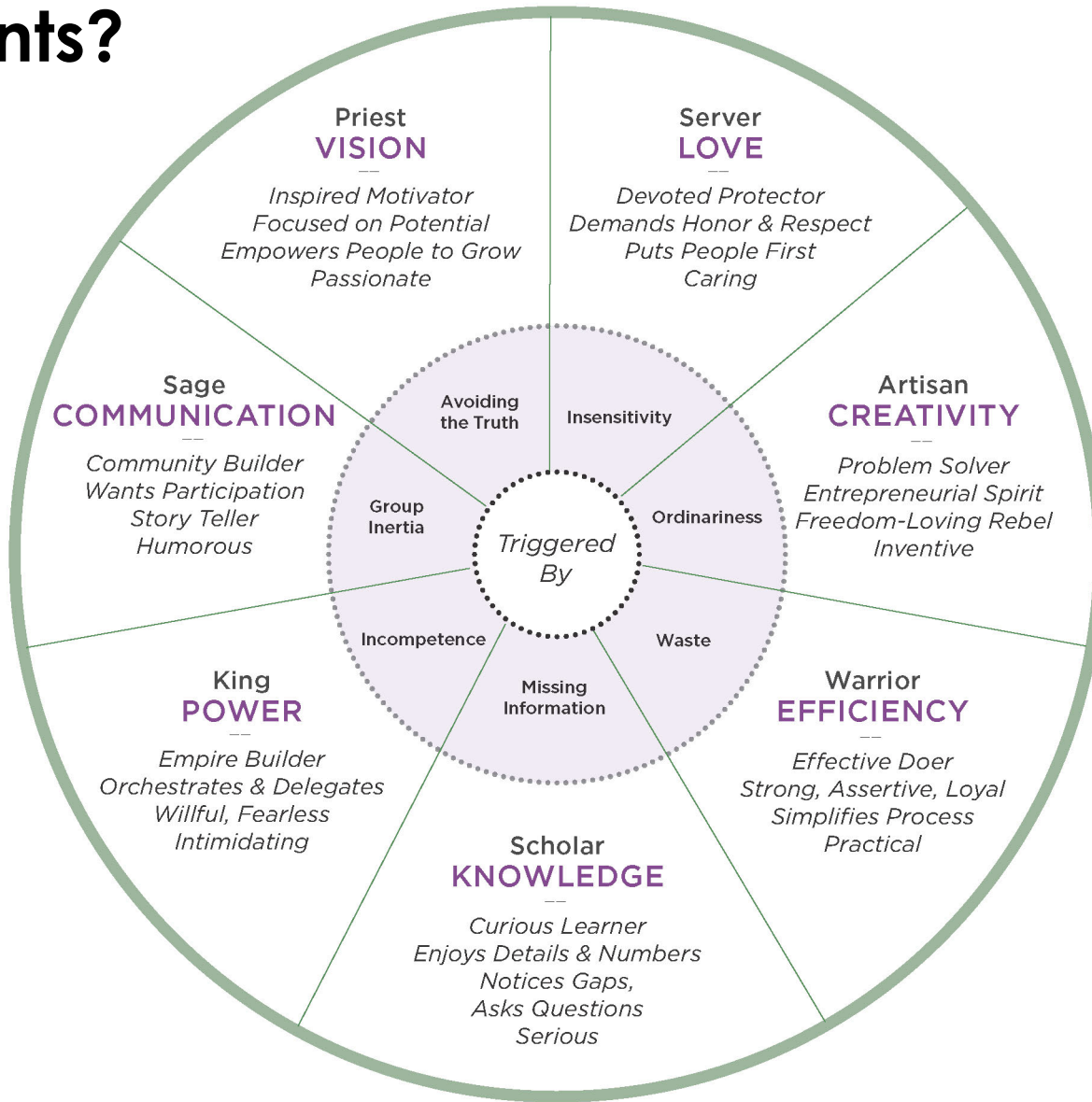
ThriveTypes

Archetypes for Thriving

- 7 Talents
- ∞ Uses: Diversity, Genius, Relationships, Growth
- Assessing Your Talents



Which are your Talents?



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- ∞ Uses: Diversity, Genius, Relationships, Growth
- Assessing Your Talents
- There is more too...



ThriveTypes

Archetypes for Thriving

- Talents
- Pacing
- Communication
- Decision-Making
- Motivation
- Defense
- World View
- Masking

*There's
More!!*



Know Your ThriveTypes® to Lead, Live & Love Powerfully from Your Authenticity

Which ways of being and behaving are natural for you, and how do you believe you should be? What's easy + energizing vs. forced + exhausting? Use this awareness to increase joy, fulfillment, engagement, collaboration, contributions, ease and results.

Laureli Shimayo

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Leadership,
Life & Love
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www.ThriveTypes.com



Talents

WHAT we do best,
WHY we do it,
and **HOW** we
best do every-
thing



Each trait matures through lessons. Which are yours?

Motivation

Deeply satisfying to achieve;
influences all we choose + do

Growth: engages much new

Self-Preservation: engages little

Acceptance: welcomes all

Discernment: refines, critiques

Dominance: imposes intention

Submission: supports a purpose

Relaxation: mellow, easy, cool

Fluid: easily accesses each

Communication

Order of mind, heart, body

Think Feel Act: details, big picture, does when congruent

Think Act Feel: details, jumps in, discovers if likes afterwards

Feel Think Act: broad big picture, details, then does

Feel Act Think: wants, leaps in, learns; intuitive, impulsive

Act Think Feel: kinesthetic gut response, structured details, discovers if likes afterwards

Act Feel Think: kinesthetic gut response, discovers if wants, learns from experiences after

Fluid: simultaneous, integrated and equal flow of all elements

Defense

Protective automatic reactions rather than aware, chosen responses

Distant: looks for & does what's expected

Flexible: overuses flexibility, adapts to others and change, often messy or late, wants harmony, avoids conflict, undercommits, fears being inadequate

Structured: overuses structure, plans and organizes, rigid, strict, often tidy and on time, wants clarity, attacks conflict, overcommits, fears being unlovable

Switchable: two growth stages

1) opposes other's Defense, matures and
2) matches other's Defense

Fluid: not defensive but responsive, both Flexible and Structured, does not need or want protection, easily sets goals and changes course, does what most serves

World View

Orientation, philosophy, framework

Survival: simple, gets basic needs met

Security: figure out and follow the rules

Success: impress peers, climb to top

Connection: deep, intense relationships

Fulfillment: connect to core, honor self

Presence: balance, integrate, heal

Service: non-dualistic contributions

Pacing

Rhythm, rate or speed

Leisurely: relaxed, mellow, speaks/listens to topic longer, gets exhausted

Mid: moderate, average

Quick: speedy, intense, changes topics, interrupts, gets impatient

Variable: flexible throughout partial range

Fluid: easily flows throughout entire range

Decision-Making

Confused: doubts, halts

Divergent: wants all options, fears wrong choice and wasted activity

Convergent: wants few options, may change course, fears stagnation

Switchable: does opposite to balance others

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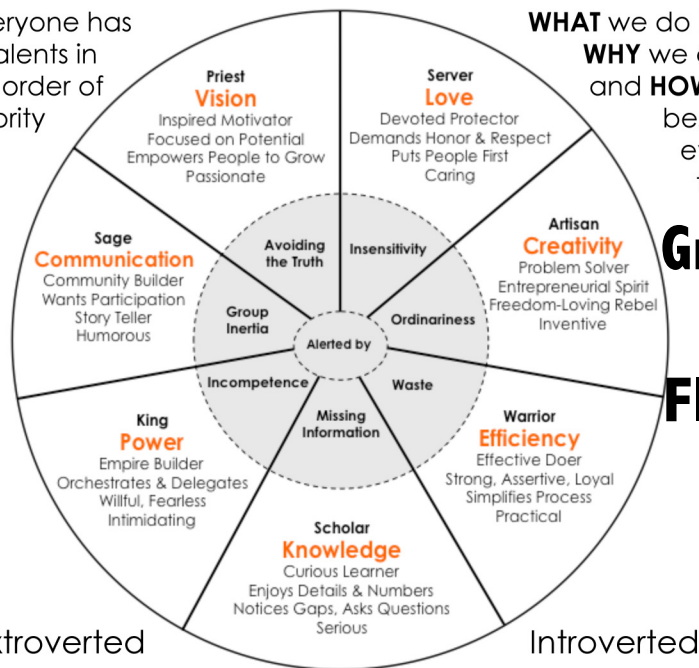


Talents

Everyone has
3 Talents in
an order of
priority

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WHY we do it,
and **HOW** we
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thing

**Grow
to
Fluid**



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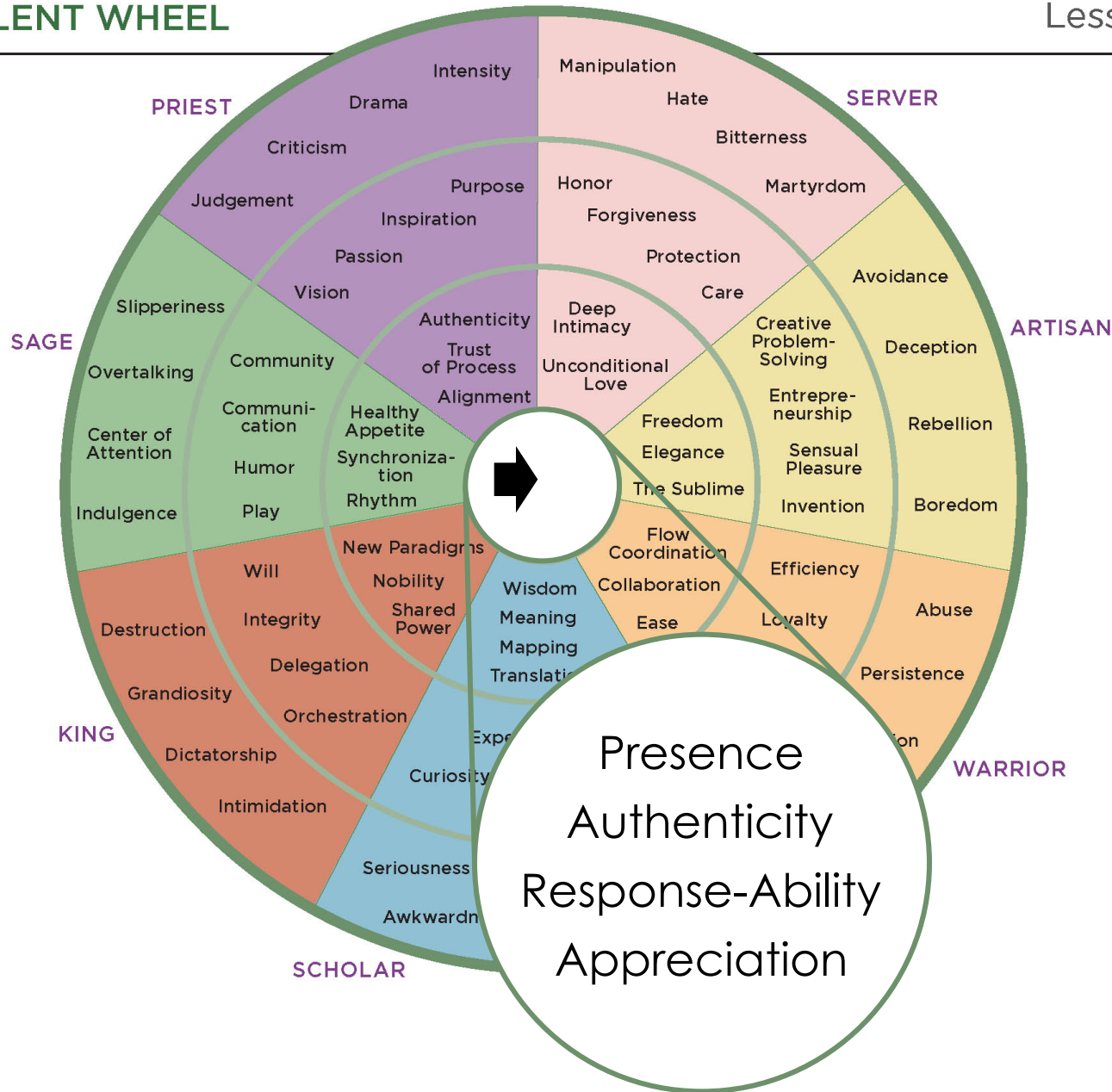
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ThriveTypes®

Intuitive Eye Reading

Personality Assessments

Body Psychology Coaching

