

Recognize the 7 Talents of ThriveTypes®

with Intuitive Eye Readings & Body Psychology

THE
sweet
spot

Leveraging Your Talents
in Leadership and Life

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and Laureli Shimayo

with Stephen Harrison



Why ThriveTypes

Recognize Diversity

Understand + Love YOU

Live, Love & Work in Your Genius

Stretch to Potential + Grow

Solve Challenges, Collaborate

Know What Resources You Want + Find Them

Spirituality, Purpose, Fulfillment



ThriveTypes in **Business**

- **Strategically steer** with the people onboard
- Get the **right people** on the bus
- **Place people** in the right seat on the bus
- **Grow people** deeper into their Genius
- Grow **authentic leaders**
- Coach and train people to **work together** well
- **Meet and motivate customers** and clients
 - Interactions
 - Offerings



Your Genius or “Sweet Spot”

the “place” of your most
authentic gifts and contributions

WHAT You Do Best

HOW You Best Do Everything

WHY You Love What You Love



WHEN in Genius or Sweet Spot

Energy

Joy + Ease

Time Shifts (Fast or Slow)

Others Request It

Contribute Great Value

Often Unique (but you might think it's not)

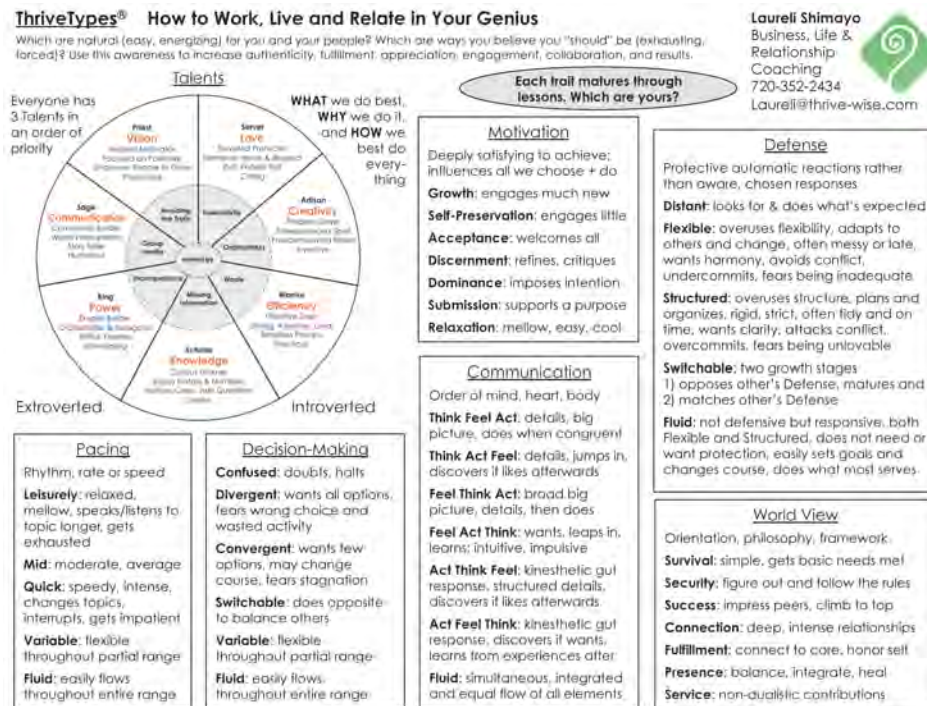


Shortcut to Genius: ThriveTypes

Precise, Comprehensive Insight

Fast, Easy (with some tools)

Big Impact

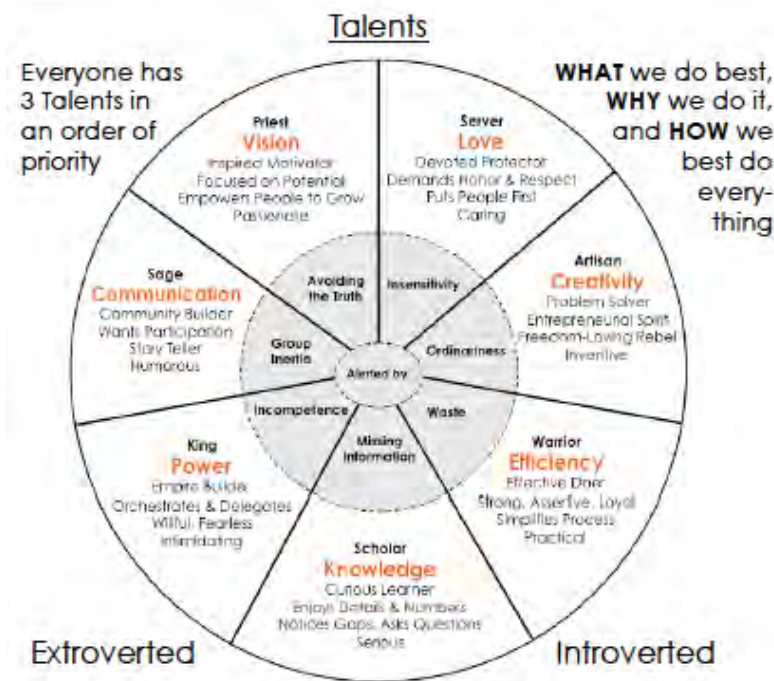


The 7 Talents

Big Rocks of Genius

Engaging, Playful

Sense of Being Seen



7 Talent Wheel



Talents

1. Each person has **3 in an order**

- 1st = Being
- 2nd = Doing
- 3rd = Learning

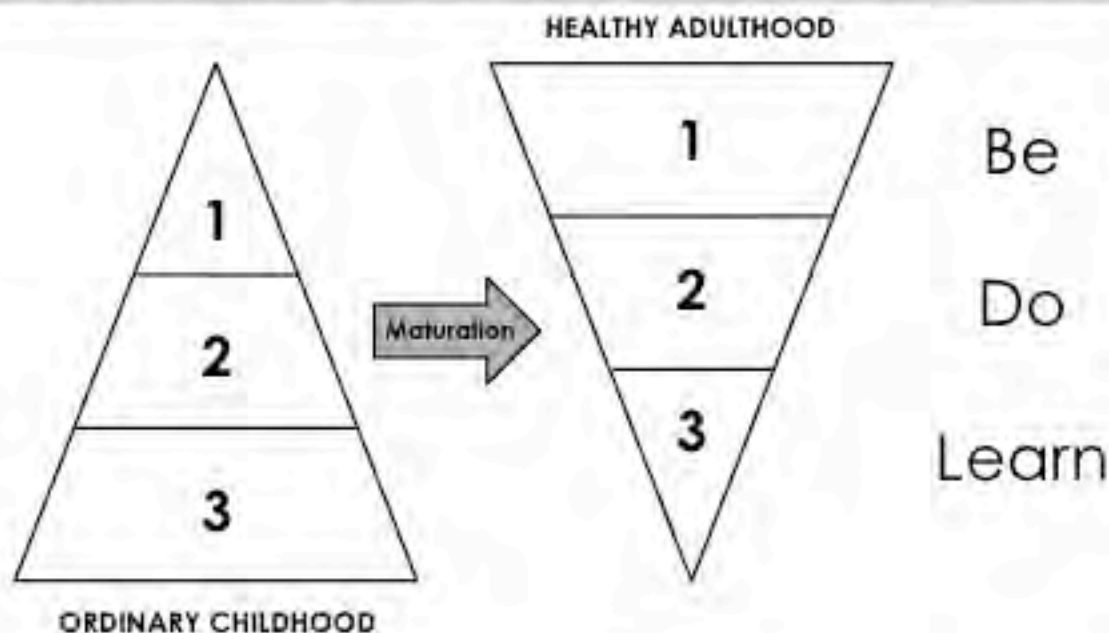
2. Likely everyone also has **Masks**

- Hard, Work, Scarcity, Exhaustion
- Not appreciated and valued
(except by those who got you to do it)



Talent Integration & Maturation

Everyone typically takes on Masks as a child – aspects that are not authentic, to get love and attention – then grows into their 3rd, then 2nd, then ideally 1st Talent. We typically are growing into our 2nd when choosing a career. Growing into our 1st can be a mid-life crisis – we want this fulfilled, and we've not set up our life this way.



Masks



Talent Growth & Maturation

1. Loosen Masks

2. Grow into 3rd, 2nd, 1st (Learn, Do, Be)

3. Integrate Talents Together

4. Grow in Lessons (Underbelly → Gift)
(coming in the next few slides)



Talents & Genius Wheel: Underbelly & Gift



Talent Lessons

1. Overdo

2. Prove

3. Share & Contribute

4. Savor & Flow



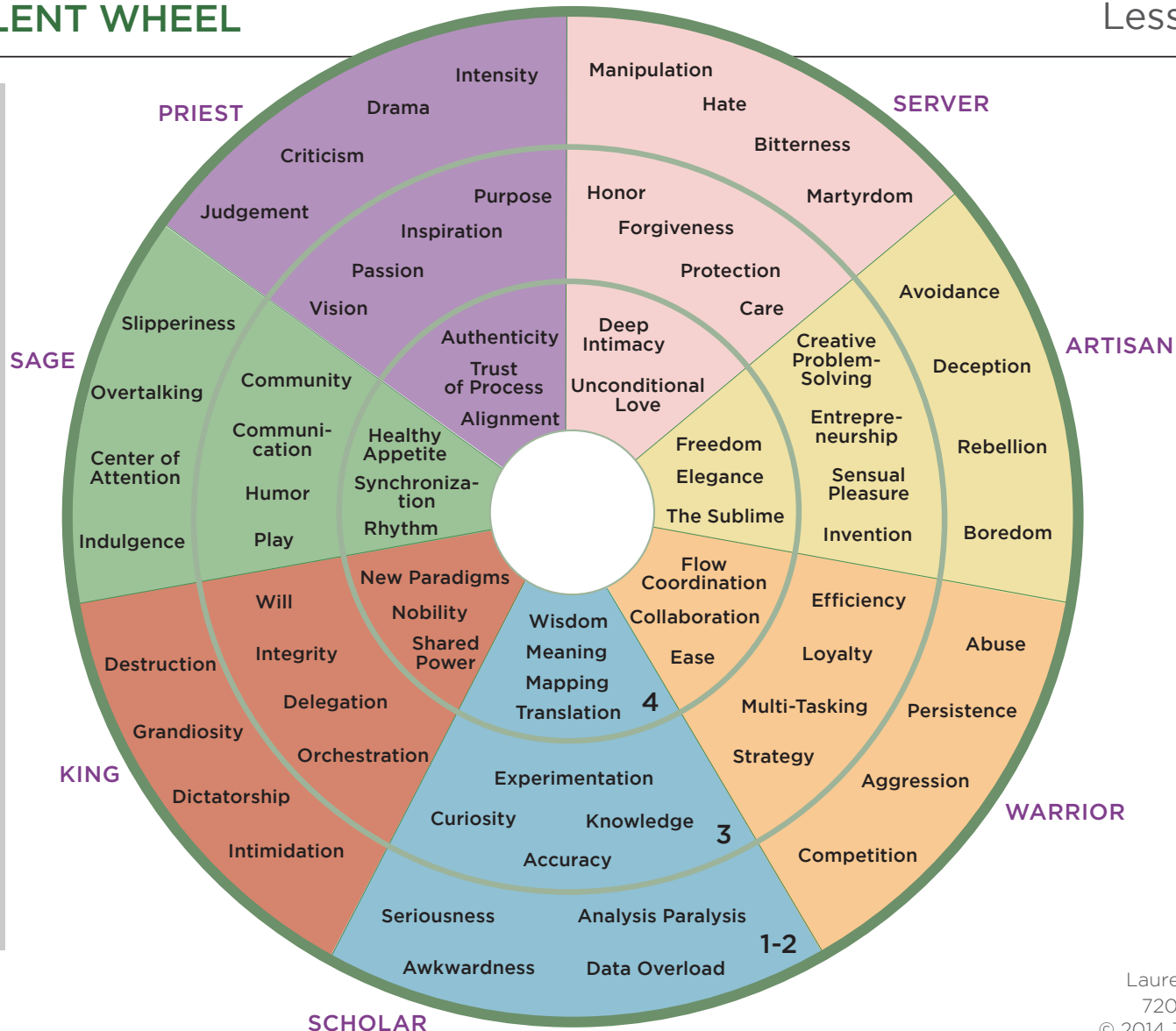
Talent Lessons Wheel



TALENT WHEEL

Lessons

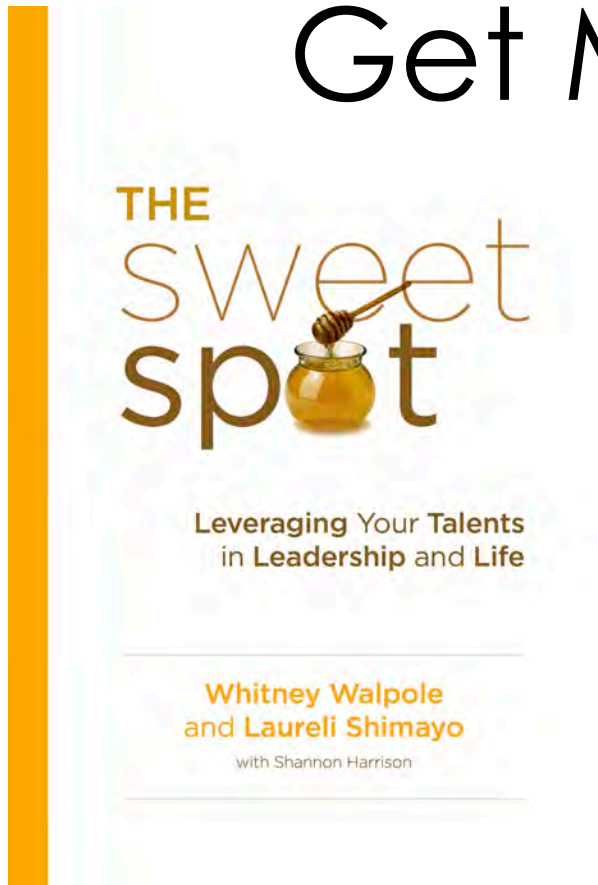
We grow from the outside in. Making it to Lesson 3 is great; this is what is described in the other wheels. We are generally growing in to the centre, and when we temporarily feel scared or stressed, we move back towards the outside. There are ways to strategize your growth inwards – book a session with Laureli or get The Sweet Spot book (next slide).



This is the simplified chart in which Lessons 1 & 2 are combined. To get the complex chart, book a session with Laureli!



For a Deeper Dive about Talents Lessons Get My Book



https://www.amazon.com/gp/product/0996826173/ref=as_li_tl?ie=UTF8&tag=thriv02-20&camp=1789&creative=9325&linkCode=as2&creativeASIN=0996826173&linkId=b5893dfd76ba3be6b831f9ae2ab803aa



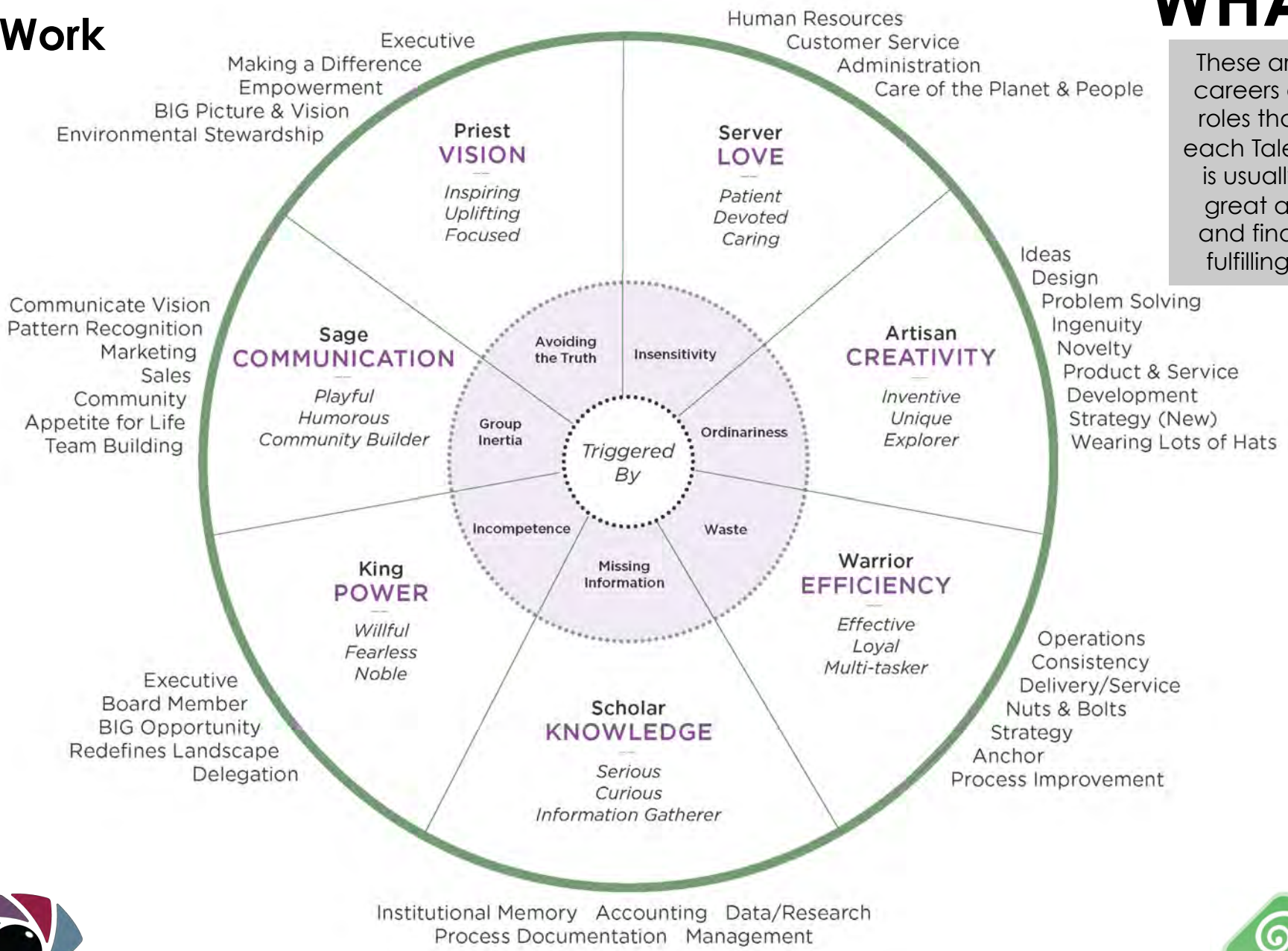
7 Talent Wheel



Talents at Work

WHAT

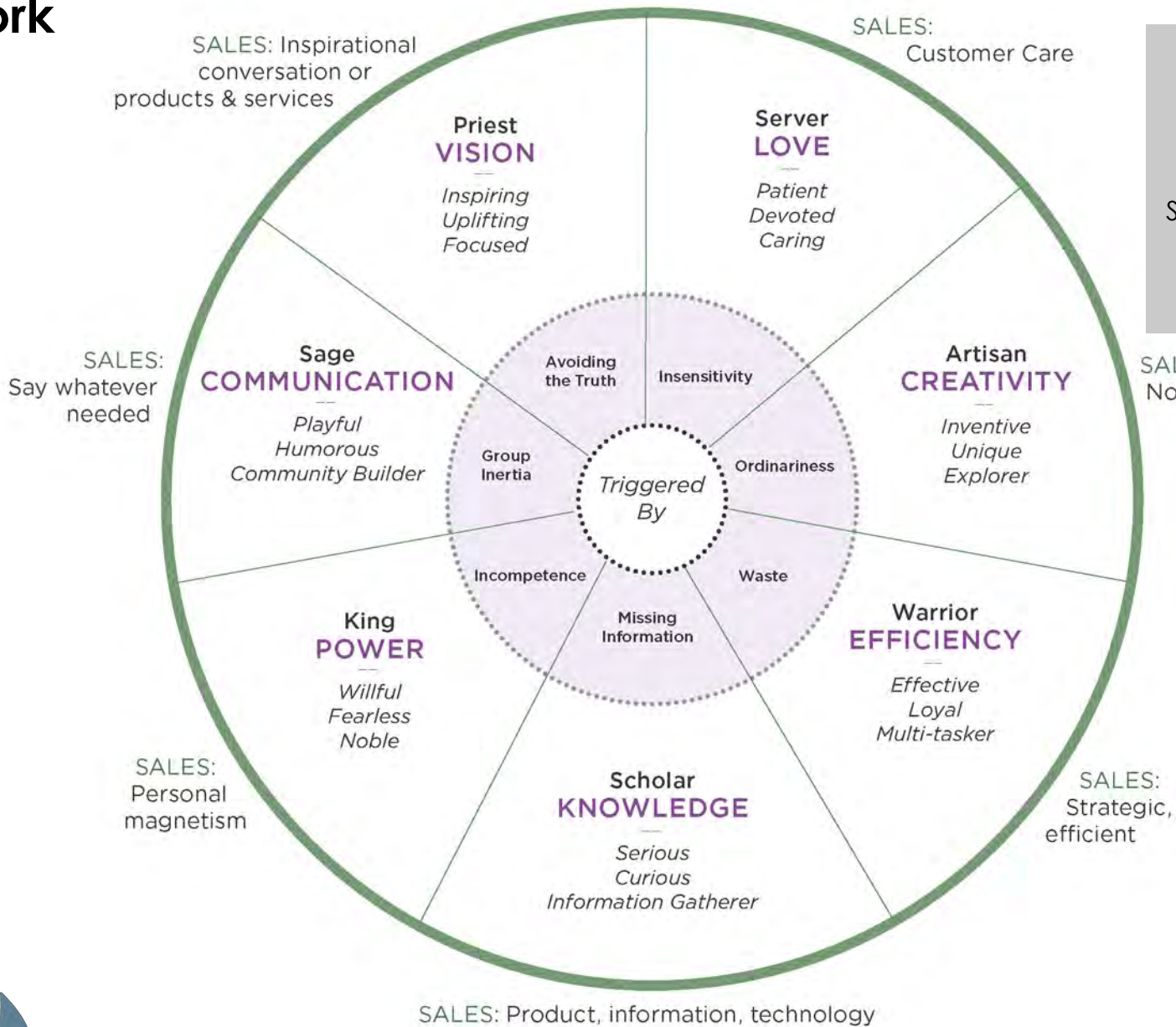
These are careers or roles that each Talent is usually great at and finds fulfilling.



Talents at Work

HOW

Talents also recommend how we can best do everything we do. This example is Sales. Everyone can sell, but how and what we best sell differs.



How to “Read” People

How to Read Eyes

1. Values & Behavior, Their Intention

- Triggers
- Words
- Actions

2. Physical Traits: Eyes, Face, Body

3. Energy: Flow

4. Your Map: Sensations, Feelings, Intuition, History

5. Distinguishing Masking: Eyes, Congruence

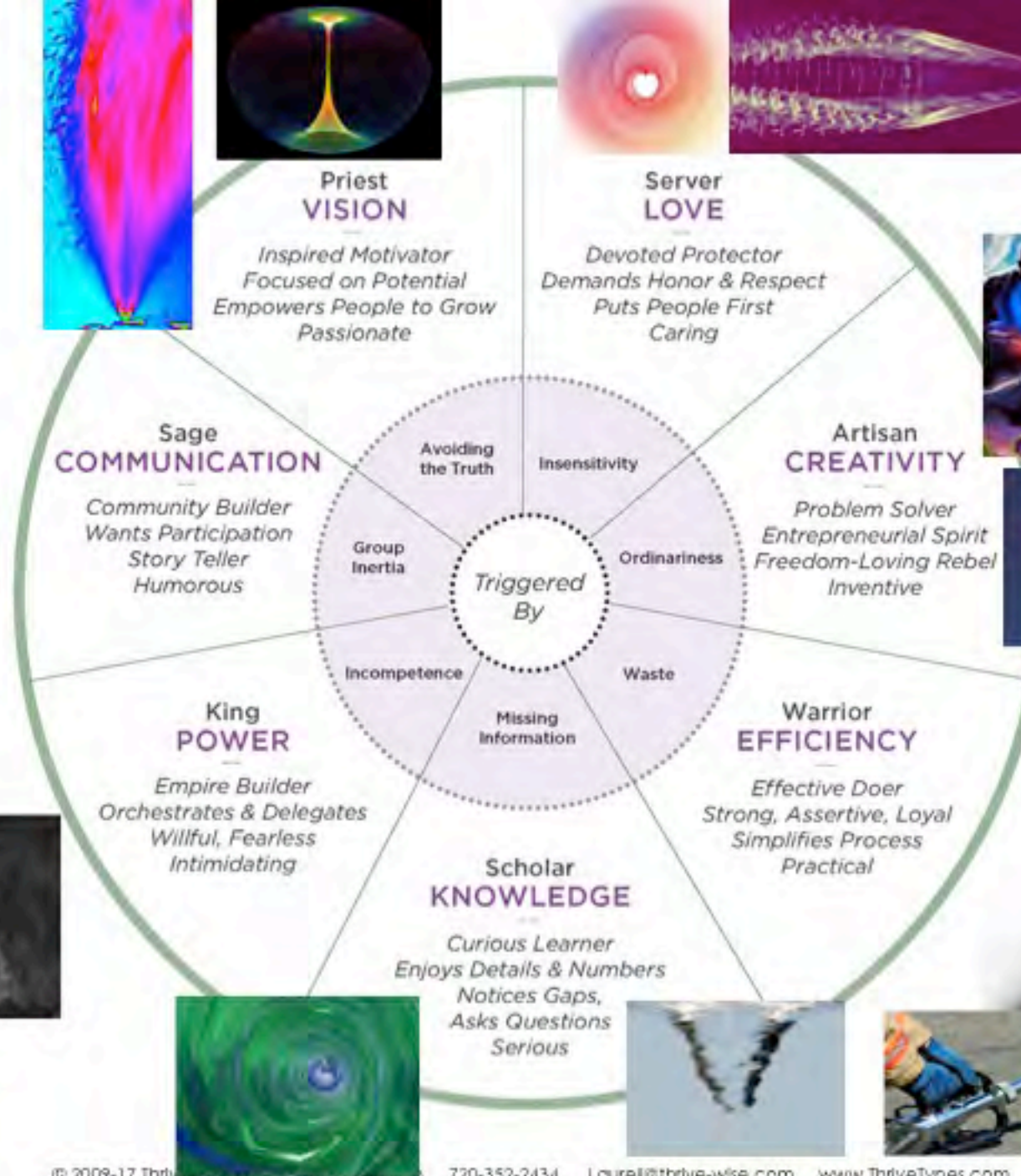
6. Ask Questions (being aware of possible Masking)

These are strategies for reading people. 1) learn about the 7 Talents so you can recognize them in action. 2) See the slides coming shortly. 3) See the very next slide. 4) Learn how you respond to each Talent, such as what feelings and body sensations you experience when looking at each Talent. 5) There are tricks to distinguish masking – sign up for a class or book a session to learn more. 6) When in doubt, you can ask questions of people – do you do this, would you choose x or y – but this can be misleading (masking).



Energy Flow

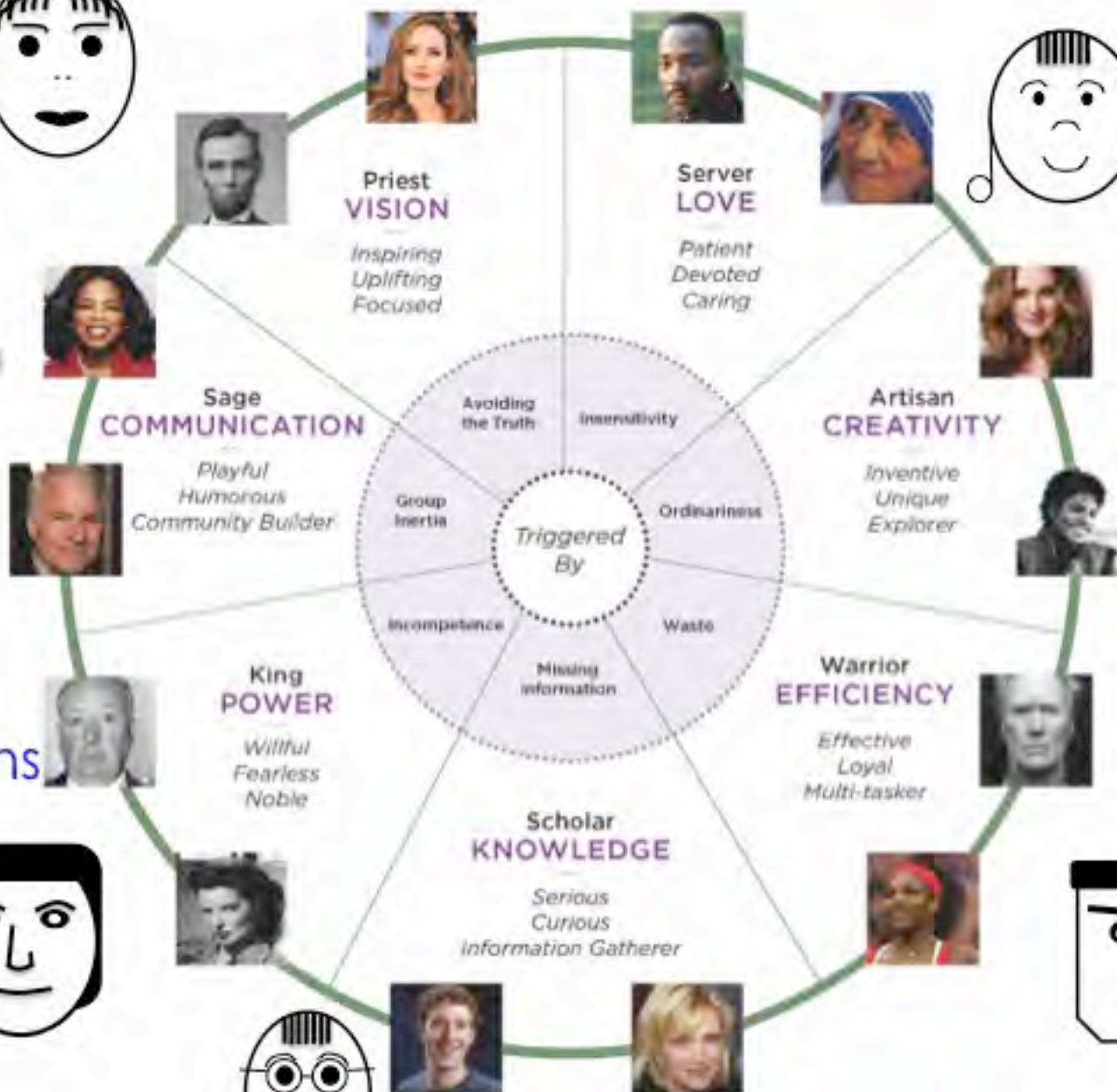
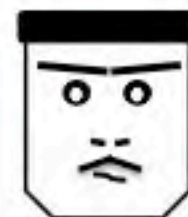
Talent Wheel



Eyes
Face

Talent
Wheel

History
Feelings
Sensations

















Eyes Most Consistently Reveal Talents

The next few slides show:

1. The “energy” of each Talent, shown as fluid flows
2. Caricature faces of each Talent
3. Details about the eyes – the directions they face or move plus the direction energy moves (e.g., Priest and Server the energy moves out of their eyes and Scholar draws things in). The eyes are the most trustworthy as people can have Masking in their behavior, but the eyes don't lie.



Seeing Talents

Priest Vision Inspiration	 
Server Love Honor	 
Sage Communication Community	 
Artisan Creativity Innovation	 
King Power Orchestration	 
Warrior Efficiency Effectiveness	 
Scholar Knowledge Accuracy	 

These are stereotypic cartoon depictions of faces of the 7 Talents and what their eyes do. Join a class or book a session to learn more.



Stereotype Physicality of Priestess/Priest

BODY	<ul style="list-style-type: none">• tall with long limbs or shorter and smaller than avg.• stiff and rigid (more common in men due to shaming)• often more sexual (including clothing, makeup)• less often overweight (yoga is common exercise)
HEAD	<ul style="list-style-type: none">• elegant and strong
EYES	<ul style="list-style-type: none">• piercing, intense, focused, strong eye contact + gaze• angled outwards, looking beyond you to potential• long, thick eyelashes and eyebrows• can appear to have "light" beaming out of their eyes
PHYSICAL BEHAVIOR	<ul style="list-style-type: none">• 1st looks outwards broadly, 2nd is softer and sweeter with tightness in neck, 3rd has beady-eyed narrow look• sense other's presence (in all directions, e.g., behind)
PRESENCE	<ul style="list-style-type: none">• stereotypic goddess, U.S. feminine ideal• often more refined and elegant, particularly w/Artisan



Stereotype Physicality of Server

BODY	<ul style="list-style-type: none">• soft, curvy, rounded body• soft, cuddly• hard, solid, curled in and rounded shoulders if bitter• tendency towards sweeter or cuter colors and dress
HEAD	<ul style="list-style-type: none">• soft features, rounded cheeks• often smaller features – chin and nose• round
EYES	<ul style="list-style-type: none">• soft, gentle, deeply connecting (or beady and mean)• angled inwards, as if to one person's heart
PHYSICAL BEHAVIOR	<ul style="list-style-type: none">• loving presence• reaches out and touches others (with care if okay)• most likely to share kinds words and do caring deeds
PRESENCE	<ul style="list-style-type: none">• calm, gentle



Stereotype Physicality of Sage

BODY	<ul style="list-style-type: none">• larger and rounder, jolly OR skinny and wiry
HEAD	<ul style="list-style-type: none">• round head shape, rounder and redder cheeks• mouth often active• importance of lips, jaw, throat (larger, more energy)• nose and ears flesh keeps growing as age• curly hair and red hair are more common
EYES	<ul style="list-style-type: none">• goofy, rolling, playful, joking energy + trickster gleam• wild eyebrows
PHYSICAL BEHAVIOR	<ul style="list-style-type: none">• rhythmic movement and walk, like music playing• easy, flowing motion• often talking, laughing, sounding, whistling, singing• makes great, entertaining, engaging expressions
PRESENCE	<ul style="list-style-type: none">• deep, resonating voice• energetically moving even if body is still



Stereotype Physicality of Artisan

BODY	<ul style="list-style-type: none">• skinny/geeky or powerful/fit are common• unusual or refined clothing and accessories• bright colors• tattoos and piercings in unusual places or patterns
HEAD	<ul style="list-style-type: none">• all shapes except round
EYES	<ul style="list-style-type: none">• 3 versions<ul style="list-style-type: none">• Sparkly, shiny, glittery• Rebellious, feisty• Distracted, moving a lot, daydreaming
PHYSICAL BEHAVIOR	<ul style="list-style-type: none">• everything is less predictable• they speak/play with ideas that may never happen• they leave a trail of in process/unfinished items
PRESENCE	<ul style="list-style-type: none">• sensitivity to the environment (light, sound, temp)• most diffuse energetically, hard to "see" at times• energy is outside of them, won't stay in their head



Stereotype Physicality of Queen/King

BODY	<ul style="list-style-type: none">• large, sturdy bone structure – hands, feet, frame• holds posture and stature, seems big even if short• power throughout body
HEAD	<ul style="list-style-type: none">• large head and face, features (nose, jaw)• classic Greek chiseled features• their presence or energy comes from deep within their head either projecting intensity and fierceness or calm, almost gentle knowing; 1st is usually head, 2nd or 3rd can be or may be from guts/pelvis instead
EYES	<ul style="list-style-type: none">• steady, firm gaze• can have both an in/out and view, mostly directly out
PHYSICAL BEHAVIOR	<ul style="list-style-type: none">• tends to not be in groups unless they are leading• stands back determining 10,000 foot view• quiet, does not speak without clear purpose, then brief• quiet determining strategies and actions, taking action
PRESENCE	<ul style="list-style-type: none">• dignified in attitude, dress, surroundings



Stereotype Physicality of Warrior

BODY	<ul style="list-style-type: none">• thick and sturdy body, arms and legs• workhorse• sometimes trapezoid shaped (wider lower down)
HEAD	<ul style="list-style-type: none">• square, blocky shape (blockhead)• strong bones in skull, jaw, strong brow
EYES	<ul style="list-style-type: none">• serious, focused, steady• stares down if something is in the way• looking at something useful, doing something useful
PHYSICAL BEHAVIOR	<ul style="list-style-type: none">• movement, action or cutting through fluff stillness• little talking or anything not absolutely necessary• grounded, serious, focused, steady walk
PRESENCE	<ul style="list-style-type: none">• grounding• calming• no-nonsense



Stereotype Physicality of Scholar

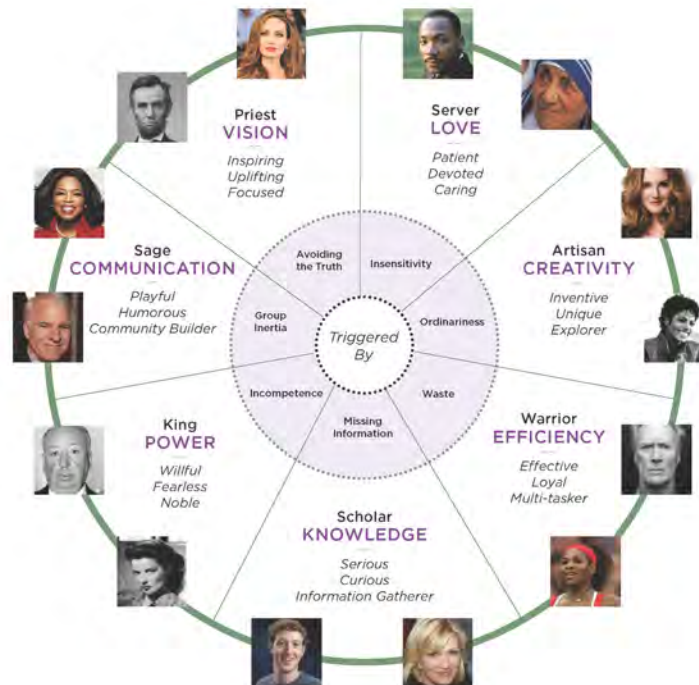
BODY	<ul style="list-style-type: none">• geeky, awkward• usually non-sexual• plain clothing
HEAD	<ul style="list-style-type: none">• large head and forehead• might be awkwardly shaped
EYES	<ul style="list-style-type: none">• large open eyes, absorbing; brow bones hold open• pulling/sucking everything in like a funnel• eyeglasses are common (so much reading)• eyes are parallel, not pointing in or out
PHYSICAL BEHAVIOR	<ul style="list-style-type: none">• asks and answers questions• methodically looks all around, observing• may not participate
PRESENCE	<ul style="list-style-type: none">• neutral, impartial• serious and unemotional



List of Famous Examples of Talents at

<http://www.thrivetypes.com/examples/>

and many stories about them **in the book**



Which are Your ThriveTypes?
What is Your Sweet Spot, Your Genius?

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Buy the Sweet Spot Book

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