



Over 850 Bariatric Professionals Certified!

What participants are saying about our courses

"I would highly recommend BSCI's Support Group Leader training course to anyone that facilitates a support group or works with bariatric patients. The classes were fun and educational. We learned how to motivate and encourage others. The importance of accountability and commitments was demonstrated through fun interactive games and activities."

– Carolyn Williams, FNP
Mayo Clinic, Scottsdale, AZ

"We appreciate BSCI so much for providing a reliable source of education and support for patients and professionals alike. The training and services they make available (always with a smile!) have raised the role of the support giver to a new level. As this community continues to expand rapidly, what they do becomes increasingly important."

– Tom Kinder, President & CEO
– J. Jacques, ND, Chief Science Officer
Bariatric Advantage

"Being both a bariatric patient and a professional counselor, the Bariatric Coaching Skills Class taught me the rudimentary skills I need to be the best that I can be, personally and professionally. I highly recommend the class to anyone who is interested in the coaching profession and working with bariatric patients. You will walk away from the experience changed for the better both as a person and as a professional."

– Cheryl Gates Spear, LPC, NCC, CEAP
Brownsville, Texas

"I am amazed by your passion and dedication to this work. It shines through in everything you say and do. The experience I had this weekend was truly profound. I feel inspired and excited about developing our support program. You are doing such wonderful things- you have made such a difference for so many-both patients and supporters of every kind."

– Elissa Gross, Psy.D.
Tenafly, NJ



BARIATRIC UNIVERSITY

Support Group
Leader Certification

Back on Track
Facilitator Certification

Bariatric Coaching
Skills Courses

Success Habits™
Instructor Certification

Back On Track
Facilitator Certification





Hi, I am Colleen Cook, a weight-loss surgery patient from 1995, President of Bariatric Support Centers International, and author of the book, *The Success Habits of Weight Loss Surgery Patients.*

Since 2000, BSCI has provided long-term educational and support resources for thousands of weight loss surgery patients. Meeting the needs of those beginning their weight-loss journey and those who are struggling to maintain their weight loss or get back on track.

Our professional training programs and resources offered through **Bariatric University**, are designed to support the people who support the patients. We provide valuable insight into the long-term needs of bariatric patients and provide the resources necessary to help professionals meet those needs.



Dana Schroeder, PHN, RN

Sue Lassetter, M.A., CHT

Janean G. Hall
Bariatric Coach

BSCI Instructor and Licensee Opportunities

BSCI is actively seeking candidates who are committed to establishing quality education and support programs in their local areas as BSCI Instructors or Licensees. For more information about possible opportunities in your area, contact: Colleen Cook, President at 800-339-9129 or cmcook@bariatricsupportcenter.com



Bariatric Support Group Leader Certification - \$495.00 (23 CE's)

Since 2000, BSCI has certified over 600 bariatric professionals through our courses. Support Group Leader Training Participants learn how to organize, coordinate and facilitate "Support Groups of Excellence." This course features topic development, facilitation skills, agenda planning, attendance boosters, and more to educate, motivate and celebrate with your bariatric patients. The course also features teaching ideas and techniques, and each participant will receive six months of lesson materials, visual aids, handout masters, learning activities, object lessons, and games. Offered as a webinar or live in the locations listed below.

Success Habits



Success Habits Instructor Certification - \$495

The Success Habits of Weight Loss Surgery Patients Educational Program is a researched based, educational offering designed to improve both initial outcomes and long term weight maintenance. The Success Habits Educational Resources have become an integral part of many bariatric aftercare programs. Participants learn the history and research behind the Success Habits of Weight Loss Surgery Principles and become familiar with each concept. Each participant will have opportunity to work with lesson materials, visual aids, object lessons and handouts. Each will prepare and present a lesson to the group to receive helpful feedback and tips.



Back on Track Facilitator Certification - \$595.00 (15 CE's)

In a recent BSCI survey on bariatric weight regain, weight loss surgery patients who have regained weight indicated that they would likely participate in a Back on Track Program if offered by their bariatric facility. BSCI's Back on Track Facilitator Course provides participants with lesson plans, teaching aids, materials and instruction to implement BSCI's 6 week Back on Track Program in their local facilities. Participants receive Back on Track Facilitator Guidebook, Kit, and Participant set. There is no prerequisite, however BSCI Certified Support Group Leaders save \$100 and Intro to Coaching Skills Course is strongly recommended. Offered as a webinar or live in the locations listed below.

Introduction to Coaching Skills \$795

30 CEU's Available

This 12-week telephonic course is designed to provide bariatric professionals and the bariatric support community an experience with the skills necessary to "coach" bariatric patients throughout their weight-loss journey and beyond. This course is designed to enhance the effectiveness of those working within the bariatric community either in a group setting or with individuals. Telephonic sessions are scheduled regularly. \$100 discount for BSCI Certified Support Group Leaders.

