World renowned Motivational Speaker, Linda Edgecombe, is going to help you get fired up and ready to change from overwhelmed to resilient.

March 20, 2017 - The Bonnyville and District Centennial Centre, in partnership with the Bonnyville and District Chamber of Commerce, is pleased to announce that award-winning celebrity humorist, speaker, trainer and consultant, Linda Edgecombe, will be here on a mission to get Bonnyville fired up and energized. Edgecombe’s morning-long workshop, ‘Holy Crap I’m Busy - Building Energy and Resilience in Crazy Times’ will take place on Thursday, April 27, 2017. This fabulously engaging and educational session is sure to have participants thinking ‘that was the best meeting I’ve ever attended.’

Linda Edgecombe is one of the top 60 Motivational Speakers in the world. She prides herself in delivering powerful messages, creating lasting shifts, while increasing accountability and momentum—all wrapped in a package of humour and laughter.

Get energized, loosen up, lighten the load, and laugh. Linda Edgecombe will lead you through a hands-on and highly humorous ride that will help you to re-focus, re-energize and re-invent how you see your life and your work. Get moving toward a more balanced, energized work and home life today!

‘Holy Crap I’m Busy - Building Energy and Resilience in Crazy Times’ will focus on:

- **CHANGE**: What's really getting in the way of you and your team moving forward?
- **CLUTTER**: How we sabotage our success with terminal piles! Literally, mentally, emotionally.
- **FATIGUE**: Tools to re-energize and re-engage yourself and your teams.
- **CLARITY**: Get down to what you really want, and become more accountable.
- **LEADING**: Lead with values or don’t lead at all.
- **GIVE BACK Intentionally**: It’s good for you, your team, your business, and is NO longer an option.
- **LAUGHTER**: This may be the best laugh you have had in a long time.

‘Holy Crap I’m Busy - Building Energy and Resilience in Crazy Times’ with Linda Edgecombe
Thursday, April 27 / 9:30am to 12:00pm
Workshop: $30.00 / Workshop plus buffet lunch: $45.00

Tickets for individuals and groups may be purchased at the Bonnyville Centennial Centre Welcome Desk, by phone at 780-812-3400, or at www.centennialcentre.ca

For additional artist information, please visit www.lindaedgecombe.com

This special event is brought to you by

![Bonnyville and District Centennial Centre]

in partnership with

![Bonnyville and District Chamber of Commerce]


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Thursday - APRIL 27 - 2017 / 9:30am-12:00pm

~ Register by phone, online, and at the Centennial Centre ~

LINDA EDGECOMBE WORKSHOP: $30.00
WORKSHOP & BUFFET LUNCH: $45.00

Bonnyville & District Centennial Centre
4313 - 50 Ave Bonnyville | 780.812.3400 | www.centennialcentre.ca