



Frequently Asked Questions for MST in a Day - Sept 9, 2017

Do we have to start at 7 a.m.? Ignore the MeetUp 7 am start time. There is no official time to hike but we suggest daylight hours, mornings probably cooler, & don't want folks getting caught by darkness.

Who is leading the hike? You are. These are not guided or organized hikes but if you feel insecure, find a hiking partner.

Who will pick me up and take me back to my car? Uber may be available but don't bet on it. Otherwise, you have two options. One, you can walk back. Or, if you've signed up through Meetup, go to the Comments section and see if anyone else who has signed up might be interested in hiking with you and possibly setting up a car shuttle. The best way to set a shuttle is to click on the meeting place for the hike: that will bring up a Google Map with a pin at the trailhead. Locate your end point and determine the quickest route to set a shuttle. Remember, it doesn't matter which direction you hike your leg.

Is there a special t-shirt for MST in a Day? You bet! Order by August 28th at www.MSTinaDay.org & shirt will be mailed to you for wearing Sept 9th. Great unique design for \$20.

What if it rains on Sept 9th? You & others will get wet but the event goes on without a "rain date." Check the weather; take precautions if there is lightning.

Will people be hiking the road sections? Absolutely & taking in the sights & sounds of North Carolina. For safety, we request no children on the road. Walk facing traffic, on the shoulder & wear bright colors. The road may be sunny so wear your hat, use sunscreen, spray insect repellent.

Do you want my pictures from my hike? You bet - we envision a special video covering the entire state from your pictures. Don't send all 50 that you take, but send us the best people picture (selfie), best to show location you're hiking, and a couple of unique shots. More details to follow.

What is the registration fee? We'll accept donations to support the MST maintenance, signage, bridges, etc. but there is NO entry fee.

Can I hike more than 1 leg? It's best to hike on 2 legs (just joking)... yes, you can hike/paddle more than one "leg".

Do I have to use MeetUp to register? Yes and No. We prefer MeetUp for good record keeping, but if you prefer not to, notify the segment leader that you are hiking "outside MeetUp."

Can I bring friends and family? You bet! The more the merrier. If you could, leave a note in the “Comments” section of the Meetup page that you will be bringing friends.

How can I get my questions answered? Check out www.MSTinaDay.org or contact the segment leader where you want to hike.