

# Opioid De-Implementation Initiative

**De-implementation** means stopping low-value ways of prescribing opioids and replacing these with better approaches. Low-value practices either don't work, make things worse or have an unknown effect. This project will help teams cut back on low-value practices but NOT stop using opioids altogether. This could mean using lower doses of opioids. It could also mean lower doses of OTHER drugs and/or helping patients manage their pain in other ways

**This initiative has three arms. Teams may choose how many they want to be a part of.**

- **Arm 1** will help **build your team's capacity** for changing opioid processes. It will focus on helping teams care for people with pain and addictions, with enhanced in-house capacity.
- In **Arm 2**, teams that are ready will work with CAMH and other addictions agencies to **build shared care pathways** (i.e., between teams and other agencies). It will take building on what your team and the other agencies already are able to offer to patients.
- In **Arm 3**, a small group of teams will work with CAMH to **partner with other sectors** (criminal justice, social services, public health, mental health agencies, etc.) to expand what teams and others can bring to their patients.

This project will reach out to HQO and others at the HQO Partners' Table for their advice. All partners will work together to keep changing and improving ways to help primary care teams make high-value choices when prescribing opioids for their patients.

## **How will this project help your team?**

- You will learn high-value ways based on solid science to help patients to manage their pain, with or without opioids.
- You will get the support *you* need to set up pathways for prescribing opioids in safe ways.
- Your doctors and other staff will get high-quality accredited paid training courses and resource materials.
- You will receive tools to get data from your EMR so that you can see how your prescribing rates change over time.
- You will be linked with addictions agencies near you to help you with patients who need more intense care.
- You will get detailed updates to help you keep learning and improving along the way.

The CAMH team includes leaders, front line staff, health records specialists, scientists, and many others. They are here to help make sure that you have all you need to succeed in moving from low to high value ways to manage patients with pain and opioid challenges.

Please contact Elise if you would like to know more about how this project might help you and your patients.

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