

NAMI Iowa Education Day 2016

*First Unitarian Church
1800 Bell Ave.
Des Moines*

Friday, November 11th -- Education Day

9:30-10:00 a.m. Registration and coffee

10:00-11:30 *An Overview of NAMI Signature Programs: Why We Do What We Do and How We Can Do It Best* – Speaker from NAMI national invited

11:30-12:30 Lunch/break – resource table sharing, networking, "Ask the Expert"

12:30-2:00 Breakout sessions I (4)

2:00-2:15 Break

2:15-3:45 Breakout sessions II (4)

3:45-4:00 Break

4:00-5:15 Peer to Peer in Iowa Prisons -- David Lange and Terri Shipman, representative from the Department of Corrections
Teacher & Facilitator Training Planned for 2017 – Peggy Huppert

5:15-6:00 Reception

6:00-7:30 **Dinner** with program including honoring John Rowley for his service to NAMI Iowa and celebrating his retirement

Planned breakout session topics and potential leaders:

- Iowa Office of Consumer Affairs (OCA) programming -- Judy Davis & David Lange
- Peer & Family Peer Support Specialist training program – David Lange & Peggy Huppert
- Running Support Groups – Vicki Walters, Terri Shipman
- Use of social media to promote training and classes – Rachel Peterson, NAMI Iowa Communications & Outreach Manager

- Scheduling, Promoting and Funding Classes – Matthea Smith, Judy Davis
- Offering classes that are not signature programs, like Mental Health First Aid and Yoga – Teresa Bomhoff
- Update on Research from NIMH – Iowa researcher
- News from the Regions: What's New and What You Should Know – TBD

RSVP DEADLINE: November 4th, 2016

RSVP ONLY if you are attending

RSVP to namiiowa@mchsi.com or by calling 515-254-0417