

# Physicians Program

(Program is tentative and subject to change)

Thursday, April 27

## Track 1

**8:00 AM - 9:00 AM**

Juvenile Hallux Valgus

*Invited Faculty: Richard Goad, DPM*

**9:00 AM - 9:30 AM**

Morning Coffee Break

**9:30 AM - 10:30 AM**

Management of Pediatric Foot Neoplasms

*Invited Faculty: Lukas Nystrom, MD*

**10:30 AM - 11:30 AM**

Sports Related Issues in Children with Forefoot Deformities

*Invited Faculty: Louis DeCaro, DPM*

**11:30 AM - 12:00 PM**

Continuing Education

**12:00 PM - 1:00 PM**

Lunch / CE Scanning

**1:00 PM - 3:30 PM**

Continuing Education

**3:30 PM - 4:30 PM**

Afternoon Break / CE Scanning

## Track 2

**8:00 AM - 9:30 AM**

Continuing Education

**9:30 AM - 10:00 AM**

Morning Coffee Break

## Track 2 (cont.)

**10:00 AM - 11:00 AM**

Conversation on Tendonitis/Tendon Rupture Treatment

Rehabilitation of the Athlete with Tendonitis & Preventative Techniques *Michael Fredericson, MD*

Conservative Management of Tendonitis: Start to Finish

*Ludgyr Gerdesmeyer, MD*

Surgical Management of the Diseased or Ruptured Tendon

*Amol Saxena, DPM*

**11:00 AM - 12:00 PM**

Elective Surgical FAQ's and Pearls

*Invited Faculty: Robert Mendicino, DPM; Chris Hyer, DPM, Ludgyr Gerdesmeyer, MD; Richard Bouche, DPM; James Mazzuca, DPM*

**12:00 PM - 1:00 PM**

Lunch / CE Scanning

**1:00 PM - 1:30 PM**

Do Biopsychosocial Patient Attributes Affect Our Outcomes in Hallux Valgus Surgery? Preliminary Results

*Invited Faculty: Rachel Albright, DPM*

**1:30 PM - 2:00 PM**

Outcomes of Early Weight Bearing in Isolated Fibular Fractures

*Invited Faculty: John Baca, DPM, FACFAS*

**2:00 PM - 2:30 PM**

Cost-Effectiveness of Routine Low Molecular Weight Heparin DVT

Prophylaxis Following Select Foot and Ankle Surgeries

*Invited Faculty: Arezou Amidi, DPM*

**2:30 PM - 3:30 PM**

Afternoon Break / CE Scanning

**4:30 PM - 6:30 PM**

Till Death Do Us Part

*Invited Faculty: Michael King, DPM; June Baker Laird, Esq.*

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Friday, April 28

## Track 1

**8:00 AM - 9:00 AM**

Orthobiologics

*Invited Faculty: Chris Hyer, DPM; Ludgyr Gerdesmeyer, MD;  
Michael Frederiscon, MD*

**9:00 AM - 9:30 AM**

Morning Coffee Break

**9:30 AM - 10:30 AM**

Trauma Panel Discussion & Case Study

- First Ray Trauma (Fractured 1st Metatarsal/Dislocation of Seismoids and 1st MPJ, Dislocations of Metatarsal Cunieform Joint) *Robert Mendicino, DPM*

- Lesser Ray Trauma (Multiple Metatarsal Fractures, 2nd Cunieform Fractures, Dislocations of the Lesser MPJ) *Paul Bishop, DPM*

- Mid-Tarsal Trauma *James Mazzuca, DPM*

- Talar Fractures *Neranda Patel, DPM*

- Ankle Fractures / Dislocations *Chris Hyer, DPM*

**10:30 AM - 12:00 PM**

Nerve Repair Panel Discussion

**12:00 PM - 1:00 PM**

Lunch / CE Scanning

**1:00 PM - 5:00 PM**

Diabetic Foot Sessions: The FAQ's of DFU's

*Invited Faculty: Lawrence Lavery, DPM; Lee Rodgers, DPM;  
Warren Joseph, DPM*

**3:00 PM - 4:00 PM**

PM Break / CE Scanning

## Track 2

**8:00 AM - 8:45 AM**

The Importance of Core Strength to the Athlete

*Invited Faculty: Michael Fredericson, MD*

## Track 2 (cont.)

**8:45 AM - 9:30 AM**

Achilles Tendonosis in the Athlete

*Invited Faculty: Amol Saxena, DPM*

**9:30 AM - 10:00 AM**

Morning Coffee Break

**10:00 AM - 10:30 AM**

Running Shoe Update - A New Paradigm

*Invited Faculty: Paul Langer, DPM*

**10:30 AM - 11:00 AM**

Comprehensive Biomechanics

*Invited Faculty: Louis DeCaro, DPM*

**11:00 AM - 11:30 AM**

Clinical Impressions on Stress Fractures & Cramping

*Invited Faculty: Louis DeCaro, DPM; Michael Frederiscon, MD*

**11:30 AM - 12:30 PM**

Frequently Seen Clinical Emergencies

*Invited Faculty: Mark Monahan, MD*

**1:00 PM - 2:00 PM**

Lunch / CE Scanning

**1:45 PM - 2:15 PM**

Pre-Op Evaluation

*Invited Faculty: Yelena Boumendjel, DPM*

**2:15 PM - 2:45 PM**

Updates in Insulin Treatment

*Invited Faculty: Terry Swade, MD*

**2:45 PM - 3:30 PM**

Dietary Considerations

**3:30 PM - 4:30 PM**

PM Break / CE Scanning

# Physicians Program

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## Saturday, April 29

### Track 1

**7:00 AM - 12:00 PM**

International Post Graduate Research Symposium

**9:00 AM - 10:00 AM**

Morning Coffee Break

**12:00 PM - 1:00 PM**

Lunch / CE Scanning

**1:00 PM - 2:00 PM**

Continuing Education

**2:00 PM - 3:00 PM**

Panel Discussion on Hallux Limitus

*Invited Faculty: John Grady, DPM; Doug Spitalny, DPM*

**3:00 PM - 3:30 PM**

PM Break / CE Scanning

**3:30 PM - 4:30 PM**

Panel Discussion on Equinus

- Equinus Management Options *Patrick DeHeer, DPM*

- Equinus Considerations in Children *Prasad Gourineni, MD*

- Equinus in the Athlete *Amol Saxena, DPM*

**4:30 PM - 5:30 PM**

Panel Discussion on Lateral Ankle Instability

*Invited Faculty: Chris Hyer, DPM; Michael Fredericson, MD*

### Track 2

**8:00 AM – 8:45 AM**

Continuing Education

**8:45 AM - 9:30 AM**

Morning Coffee Break

**9:30 AM – 12:00 PM**

Continuing Education

**12:00 PM - 1:00 PM**

Lunch / CE Scanning

**1:00 PM – 3:30 PM**

Continuing Education

**3:30 PM - 4:00 PM**

PM Break / CE Scanning

### Sunday, April 30

**8:00 AM – 12:00 PM**

Continuing Education

**12:00 PM – 1:00 PM**

Last Conference Scan